## 4

GRANDMA A
My grandria talks of the "good ol To me and my little broher Ben;
But if you won't tell, I'll whisper
 My grandma's doll couldn't shut he
eyes, For. you see, they were only daubs
of paint, yarn,
Itell , oou, I'm glad that my dolly's
ain't Such funny books as they used to have
And the pictures weren't pretty single bit:
The old New England primer was one-
I guess you'd laugh if you looked There weren't any furnaces in church,
And sometimes grandma would almost freeze
And she says, when she was a child
like me,
She never had seen any Christmas My grandma is dear, and wise, and And I love her a lot, but anyhoiv,
think that the good new times are
the test the best,
And I'm glad that Benay and I live
now.

## hints on running.

Alvin Kraenzlein Telis How to BeAlvin C. Kraenzlein, who made a
new world's record in the running new world's record in the running
broad jump, has this to say regarding
his wonderful powers as an athlete:his wonderful powers as an athlete:-
"From the tume when I was a very
small youngster I was very fond of mall youngster I was very fond of
thletice sports of all kinds, but at that
tme there were plenty of boys that
ould beat me in short and long disime there were plenty of boys that
could beat me in short and long dis-
ance running. I determined to make
a study of running, and become the a study of running, and become the
fastest runner in the sehool. In the
first place I read a number of hints given by trainers, and these 1 adopted
as mueh as was possibe. To begin
with I was always careful to take care of myserf, and I n never ruined my mungs
with tobacco or my stomach with coffee every morring.
"My training Each mornin think very effective. Each morning and night used to go
through the setting up exercise that
are used at WVest Point, which almot every one knows and which so very
few practice. Personally I beliere home gymnasium it is possible to have,
and some of my records, perhaps. may be directly attributed to them. Grad-
ually I kept on running and practising,
until I was acknowledged the fastest runner in the school, and 1 am sure
that I felt more proud of this dstinc-
tion than I have over any of my later "If you are going to quote me as to
my methods, I won't know where to my methods,
begin. but first of all II would are avise
any voung boy to get his body and
mind so that they will work together at all times. By this 1 mean that the true runner or jumper depends upon his
head quite as much as his legs, for the
fastest runner when rattled is beaten fastest runner when rattled is beaten
before the race begins. Another thing, you want to cultivate confidence in
your abilities. Go into the race with
the idea of winning, and if you lose. have it because the other man could
run faster and, what is more, admitit.
"This same admission may be up to "This same admission may be up to
him in the future, and you will enjoy
your victory more because vou had to practising wy light runningeg, allowing your
plenty of development for your lungs. Don't strain yourself at the start, but
try to build up a physique and acquire lied upon when yon are in a race-
Keep your stomaeh in good order. ach than poor legs. Add to this good
American sand and faithful and con-
Scientious sractice scientious practice and ou may find
yourself a world's champion some
day."

"With fright I feel Im turningMRS. BIRD.
"Although it may resist and-
He'll Win.
were playing ca
"I wish, I were playing cards just
now,"
He said to the maiden fair.
He was clasping her fingers close to
his
As they sat in the twilight there.
"I knew Ishould win if I ventured in-
Win money galore and lands.
Whatever the game it would be the
same,
For Tm holding such lovely hands."
 Ared Doad by a society, He was

 death. He He was offense punishable by
way before a tried in the usual The night of the ordeal was sixed
The culprit was The culprit was represented by abl
counsel, but the sentence was death
as was expected. An executioner was called from an adjoining room. He
was a strapping big Chinaman, and wore one of those hideous wooden
masks that art critics think so beautifully five feet long. To test the edge he
folded a newspaper in eight parts, and the knife went through those eight bit of butter in summer time.
The culpiti was brought in upon his
knees, and another Chinam his knees, faced him and caught the
traitor by the cue. He drew the cul prit's neck toward him, the smock wa
pulled over the shoulders, and wit
one mighty pole mighty swing the double-edge
one
sword sword descended. Like a flash it clove
the air and then stopped. A frational
part of an inch separated the swor
from the from the vietim's neik. Very, very
gontly the executioner brought the
weapon down until it just touched the traitor's neck. Then, as it is a a crime to
kill a man in San Francisco he stop kill a man in San Francisco, he stop-
ped. He brought the sword to his side
again, turned to the jugdes and said "The curprit is dead." The newly executed got on his feet
and said something to the judge. The
judge did not heed- for the culprit
was dead. He tried to was dead. He tried to speak to the
Chinamen, who were hurrying from the hall But he spoke to deaf ears.
To all intents and purpose he was a
dead man He made his way into the street,
and the first thing that caught his ey
was a hugh poster proclaiming to al Chinatown that he had been executed
that evening. No one would speak to him, no one look at him-he was cutionarn-just as dead as if the exe
scended. scended.
For a
dered about Chinatown, the posters
proclai proclaiming his execution, the poring him
in the face at every turn. Not a crust
of bread could he beg. ful of water. His people knew him
as dead-he was past, gone, buried. the American portion of San Fran
cisco and stole a revolver from a mes
senger boy senger boy, Who was showing it
some companions. Then he ran down
into Chinatown, sat down on the pave ment beneath one of his own death
notices and blew the addled brains out
of his
 Exclusive young matrons of the
smart set who are also doting
mothers have just introduce into
fashion a new ring, which is exciting the greatest attention.
The woman who first wore one of it the other day to a girl friend who
was admiring it and wanted to copy She said, "Why, the little white
stone wouldn' be considered a gem to
any one but me. It is only one of my
int baby girl's pearly white teeth. She knocked out a as it was too precious
long ago, and as
to throw away, I took it to my jewel ers and aske. him here is the result.
set in a ring. And
I told set in a ring. And here is the resuith
I told him to surround the tooth with
diamonds and turquoises, alternatin with one another, as I think just the
touch of blue adds much to the beauty cieu with diamonds looks too white.
A number of my friends who have
copied my idea bave taken one of their baby's tasesth to the jeweler's and
had it surtounded with the child's
birth stone."

Now that hatnins are selling for $\$ 1$, geniuses are terning toward a pin that
will stay in the hat, past all danger of
保 patented out plit that was prove was ad with
a little spring which worked by presA very nice hatpin, with a head of
amber, had an amber fastening accomchain. The fastener was stuck a in the
chat so that to lose the hatpin you must hase the hat also.
is a band of pearls connected with the
hatpin by a gold chain. The pearl
band is used as a hatpin by a gold chain. The peari
band is used as a broach or as a pin
npon the breast. The gold chain dangles from one finery for the woman
pretty piece of fine
who likes "fixings." The band may or plain gold.
Any device is good so long as it
holds the pin; and when you reflect that every year there are hundreds o
dollars lost in hatpins, the economy o
little fastener is easily a little fastener is eas
Philladelphia Times.
When a man has married a charming woman, tf he doesn't continue to make
love to her some other man will!
When a man is suffering from an aching head-a sluggish body-whe
his muscles are lax and lazy-his brai dull and his stomach disdaining foodhe will, if wise heed these warnings
and resort to the right remedy, before
it is too late "Pand RILLA", the ""GING OFERLOOD PURIII-
ERS,", makes the appetite keen and hearty, invigorates the liver, purifies
the blood and fills it with life siving el ements of the food. It is a wonderful
blood maker and flesh builder. Sold
by B. W. Hargrave,

$$
\begin{aligned}
& \text { blood maker and fle } \\
& \text { by B. W. Hargrave, }
\end{aligned}
$$

 the Occupations of Home. Constant change in occupation is the
aw of the growing child, because the
aw of his aw of his growth demands it. The
work of the home and its environs is
dmirably adapted to this necessary onstant change. Let the children work with you.
Share with them, and they with you,
in all the occupations of the home Talk, explain, sing, while at work, and
there will be no lack of interest. It is only when the little ones are left to
work alone or with other children, on
tasks which they do not compreliend The they become listless. y an enthusiast in any anthing is natural which he
undertakes. He likes work. His play
is workis work-business-and he would pre-
fer to spend his energies in some way
that will "help," if he only knows how o do it. of course he must not be
ent at one thing until the muscles
nd faculties employed become wearAfter he has kept his arms, hands, or a few minutes, he must change. ee will change so as to bring other
arts into play, unless he is arbitrari-
prevented; and when that happens e loses interest and becomes a dull,
udged by the ordinary onlooker, when
in fate, lie is only tired out and suffer-
in ng. Make the work light and pleasant
nd do not let the children be counted
ut of the homemaking and housekeepns
Women using male attire are taxed
or the privilege in France. For the privilege of wearing menance. For trousers the
prench government charges women a
Tx of about $\$ 10$ a year.
Thowerer does not give every
woman who is willing to pay the tax Woman who is willing to pay the tax
a right to wear such garments. The
overnment confers the right as a triyovernment confers the right as a trifact, a sort of decoration given to
women, as the ribbon of the Legion of
Honor is given to men. The only women to whom has been ranted he right to wear male attire
are Georges Sand, Roza Ronheur, Mme.
Dieulafoy, the Persian archaeologist Mme. Foucalt, the bearded woman,
and two feminine sculptors, Mme.
Fourreau and Fourreau and La Jeanette.
How jealously the right of wearing
male attire by women in France has been guarded may be seen in the re-
cent case of Mme. Nee Valsayre. This
lady is well known for her propensity fight duels and her efforts to get
lected to the French assenbly.
Last year she petitioned the government for the right to. wear men's
clothes, but the French authorities re fused her petition. She is a pretty wo
man. with a profusion of blonde hair.-Tit-Bits.
Why Bables Are Cross.
It seems almost absurd
mothers not to pinch babies' feet, and et physicians say that much of the retfulness and irritation of babyhood standpoint, but sufficiently snug to
hurt the tender, soft flesh of baby
feet. The shoes that are got for the
very little baby are often actual instruments of torture because of some II If the shioe fits or prussure. no matter
how soft it is, the sole is sure to press nto the sensitive flesh and irritate the nothers or nurses often do not notice crowded until impeded circulation tells he story of suffering.
And small stockings are frequently a
means of injury as are small shoes means of injury as are small shoes.
Always buy both shoes and stockings
at least one size larger than the so called "enesy fize "targer than rule she so
hold good unt the foot has ceased to
hold
grow. The result would be a generagrow. The result would be a genera-
tion of healthier, better-tempered an
more graceful men and women.--Dem.
orest Magazine.

## A corset made of rubber is adapte for the use of women who are learning

 o swim. This corset is cut on the samegeneral lines as all corsets, and made double, so that the air space betwee
the two thitcknesses may be blown up,
nd serve not only to present a neat ap and serve not only to present a neat ap-
pearance to the figure, but also to buoy it up and give confidence to the mind.
A lack of confidence is responsible for
the slowness with which this accomthe slowness with which this accom-
plishment is learned by woman, and
this corset should prove aboon to wo men who delight in aquatic sports bu have no hardihood for them. The ver
knowledge that they can not sink
leaver of the proper strokes for hands and eet, and as soon as they ind they ca
move through the water from one
place to another, and become ace place to another, and become accus-
tomed to these movements, the corset
may be discarded. It is much more shapel
cork li
not sho
shape not show at all, as it
shape of the wearer. The ne
Oriental
ring, whi
hana, and
a jad st
other no
also a h h
suspende
bangles
dogs and
ites an
much us whic
and
and
no
a he
nde
les
and
Th
u-apor

ALLIGATORS PLAA PYRAMID
RuIs of the came As It Appear to

 time Graeco-Roman boys. and strain
and struggle in all sorts of ways at it.
When, finally, one wins by getting the When, finally, one wins by getting the
other on his back, a funnier thing oc-
curs. The victor makes ar sound like
oscaping stenn make sscaping stean-alligators aple aplase,
if you poase. Then they all beome
still and watch the vanquished brother
squirm to get ofr his back and onto his squirm to get off his back and onto his
legs aqain. If he's longer in doing it
than the gang the than the gang think is proper, they
move up in single file and give him a
jab with their jaws in his upturned Jab with their jaws in his upturned
belly. When finally he gets himself
righted all hands gain set up the
steamescapaping racket. cheering him
long and as loud as they did his ric. steain-escaping racket, cheering him
long and as loud as the did his vi--
tor. Their meaning no fight shown
by their never hurting each other. Another of the preat midsummer
pastimes of these $\begin{aligned} & \text { Zoolingator is is } \\ & \text { pramid. The gators play }\end{aligned}$ olaying pyramid. The 'gators play
pyramid several times a day. To see
it done yourd declare that the ugly
ithons had been trained to it. But no. things had been trained to it. But no.
tt's just one of the ways of the sporty
side of their life. The game comes n by one of the biggest galligators ut- ut-
tering the steam.hissing nolse. This
zalls the others to attention. Then the
bis one sars the zals the others lo attention. Then aligator
big one says a line or two of and stretche himself full lenth
talk
in the centre of the pen. No sooner is this centre of the than a pen. No sooner
ligator bit smaller al.
livas on top of the other and ugator crawls on top of the other and
stretches out lengthwise, but head to
tail with the other. The second one
being settled, he lets oft a little stene being settled, he lets off a little steam
talk, and a third, a little smaller alli-
gator, climbs up on top of the second and settles down as the second did.
They keep this up until six or seven
hare builded themselves into as
strange and wonderful a pyramid as
over an eye beheld ever an eye beheld. After each one
has settled on topo © the other he lies
perfectly motionles, so that when the
pyramid is completed it appears as some marvellous carving.
But this effect lasts only about two
minutes after the pyramid is finished. minutes after the pyramid is finished.
Then comes a new chapter of the act.
The Sandow 'gator underneath all, the
starts to craw criling. He heads for ap-
and-down places in the pen, the game
zlearly being to see how long it will laearly being to see how long it will
take him to jolt his strange pyramid
load to pieces. And right here de-
 the pyramin. and the sixth from the
oottom jolts off first. taking, of course.
:he seenenth one with him. Yound
aaturally think the came done for that aaturally think the came done for that
sith and serenth alligator. But not
at all. It seems that the sixth one is
n dis grace for having been shaken off
oefore the seventh one, who was on oefore the seventh one, who was on
oop of the heap. Therefore, what does
星e seventh bo but cling to the back
of the sixth, after they've fallen off, nud proceed to ride Mr. Alligator No.
3 around the pen until Mr. Sandow
Alligator has succeeded in dumping
he whole. shooting match. If the he whole shooting match. If the
ourth is shaken of before the fifth,
he tift, like the soventh. proceeks to
ide his diskraed "vent". ide his disgraced "next" until Sandow
rets rid of alt his load and another That Famous Black bird Pie.
An interpreter of Mother Goose says: An interpreter of Mother Goose says;
"The 'four-anditwenty blackbirds
epresent the four-and
The bottome of the the pie is the hoors.
Thile the 'crust' is the sky that orld, "Thes 'opening of the pie' is the day awn, when the birds begin to sing
nd surely such a sight is fit for a
ing.
"T. "The 'king." who is represented as
sitting in his counting-house, counting
jut his money, is the sun, while the fold niseces that slip throung hhis fingers
is he counts them, are the golden sun-
"The 'queen' is the moon, and the
1oney with which she regales herself
the moonlight.
"The industrious maid, who is in the
arden hanging out the clothes is day rarden hanging out the clothes, is day
lawn, and the colothes are the clouds.
"The 'blackbird who so tragicall
whe snds the song by 'nipping off her nose'
s the sunset.
'so we have the whole day, if not in
i nutshell, in a pie."
Whoever thought Mother Goose
aught lessons in astronomy!

Hand Blown Bubbles.
Have you ever tried blowing bubbles
crom your hands instead of trom a
ope? It can be done, and the bubbles
inill be cousiderably larger than those he ordinary clay pipe produces. The
next time you are in the bath tub you
ana give the experiment a test. Lather
our hands well with suds; then place our hands well with suds; then place
them in the position of a cup, just as
f you were scooping up water from a spring, leaving, however. a small hole
n the bottom. Hold your hands about
i foot from the mouth and blow a cur-
ent of air into them. After one or simo trials
simming
in diamet


Frey's


To those living are malarial dispensible stem in
an ans
for sick headacin
malaria, torpid liver, constip
Tutt's Liver Pills

## (SAL)

tLANT
WILMINGTON, AIHE
NEW ORLEANS Chattanooga, Nashvill NEW YORK, BOSTON, PHIL NORFOLK. RICHMOND.
SCHEDULE IN EffECT MAY 8 , 1898 . SOUTHB
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