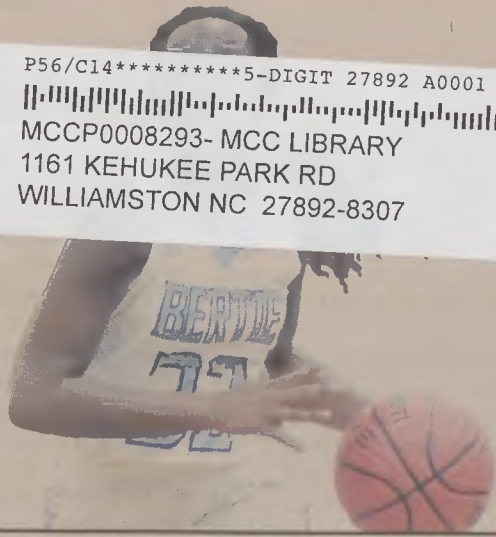


# Bertie Ledger-Advance

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Round 4  
 SPORTS | B1

## Farmer's 5K slated for Ag Festival

Event slated for April 1

BY THADD WHITE  
 Bertie Ledger-Advance

**ROXOBEL** – The inaugural Roxobel Ag Festival is taking shape.

Monday evening the Roxobel Revitalization Committee met with members of the Roxobel Board of Commissioners and Roxobel Fire Department along with community leaders to iron out plans for the festival, which is slated for April 1.

Plans made for the festival include the Farmer's 5K Fun Run, children's games and musical entertainment.

The inaugural festival is being planned to draw people to the northern Bertie County town, according to or-

ganizers.

The event will kick off at 11 a.m. with a parade planned for 11:30 a.m. Immediately following the parade, Farmer's 5K will start. The event will offer a prize for the male and female who are best dressed as farmers.

Those wishing to sign up or who want learn more about the Farmer's 5K should contact the Windsor/Bertie County Chamber of Commerce, who traditionally organizes such events for local festivals, at 252-794-4277.

During the day there will be a variety of entertainment, including amusements provided

See FESTIVAL, A3

## NATIONAL Women's HISTORY MONTH



LESLIE BEACHBOARD / Bertie Ledger-Advance

The Rev. Alma O. Lucas reads her Bible in her study at Mt. Herman Missionary Baptist Church. Rev. Lucas is the first female pastor of the church, which dates its history back more than a century.

## Lucas 'called' to ministry

BY LESLIE BEACHBOARD  
 Bertie Ledger-Advance

**WINDSOR** - A local woman is preaching God's word throughout Bertie County.

The Reverend Alma Lucas says going into ministry was a calling.

Lucas is a native of Bertie County and was raised in the

rural area outside of Windsor.

Lucas graduated from Bertie High School.

She attended Shaw University in Raleigh and graduated Summa Cum Laude with a Bachelor's degree in Religion and Philosophy.

Lucas continued her education, graduating Cum Laude with a Master's degree in Divin-

ity from Samuel Dewitt Proctor School of Theology of Virginia Union University.

Lucas was ordained in 2004 at Mt. Olive Missionary Baptist Church.

"I have been a Pastor for 12 years in Bertie County," said Lucas.

See LUCAS, A5

## Vidant Bertie celebrates heart health

Zonya Foco speaks

BY LESLIE BEACHBOARD  
 Bertie Ledger-Advance

**WINDSOR** - Vidant Bertie Hospital hosted a dinner to celebrate heart health month.

Heart disease claims the lives of many women.

That is why Vidant Bertie Hospital and other Vidant Health entities, East Carolina Heart Institute and their physician partners work together to offer risk assessments and screenings, education, advanced treatment options and eight Heart Truth luncheons and dinners in our region each year.

A large crowd attended the Vidant Bertie

Hospital Heart Truth Social on Feb. 16 at the Cashie Heritage Convention Center in Windsor.

Guests learned more about how to "Love Your Heart" in celebration of American Heart Month.

The keynote speaker of the event, America's Nutrition Leader Zonya Foco, invigorated everyone with her message of finding simple things to do to improve your heart health.

Foco's tips on healthy eating, exercise, stress management and wise lifestyle choices energized the audience.

Foco enlisted several

See HEART, A3

## Perry selected Chief Deputy

BY THADD WHITE  
 Bertie Ledger-Advance

**WINDSOR** - Bertie County Sheriff John Holley has named a new Chief Deputy.

Kenny Perry, who has served for the past year as Lieutenant, has been chosen to fill the spot which has been vacant since Greg Atkins retired.

"I wanted to make sure I took my time and found the right person for the job," Sheriff Holley said. "The staff highly respects Kenny and he has proven himself as a hardworking officer. I have confidence he'll do a great job."

Perry joined the Ber-

tie County Sheriff's Office in 2002 when Atkins was sheriff, and was promoted to Corporal two years later. He took over sexual assault investigations in 2006, and then began working in all areas of the sheriff's office.

"I did a little bit of everything," he said. "I filled in wherever I was needed - be that in patrol or doing investigations."

Last year, Sheriff Holley promoted Perry to take the place of the retiring Lt. Carl Hoggard. At that time, he began overseeing the entire patrol division. His du-



THADD WHITE / Bertie Ledger-Advance

Bertie County Sheriff John Holley (left) pins the new Chief Deputy badge on Kenny Perry Tuesday.

See PERRY, A3

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GOOD MORNING,  
 EMILY SHINABERRY

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Volume 119; No. 9



**ROXOBEL VOLUNTEER FIRE DEPARTMENT**

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**\$8.00** w/ red potatoes, slaw, and bread

as a part of **ROXOBEL AG FESTIVAL**

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