March 1, 2017 | A3

The fabric of Bertie County since 1832

Continued

Perry

From A1

ties included vehicles, guns, ammunition, certification and grants, among others.

Sheriff Holley began discussing the possibility of Perry becoming Chief Deputy in September of last year, and made the move official Tuesday.

"I appreciate Greg (Atkins) continuing to work part-time during his retirement to help us. That has allowed me to take my time to make sure this decision was done correctly," Sheriff Holley said. The sheriff said Perry will move into more of an administrative role as he becomes Chief Deputy. His duties will include budget, grants, and other leadership responsibilities.

"I served as Chief Deputy for 11 years, and I know how important this position is for our county," Sheriff Holley said. "I want Kenny to be well-prepared. I want him to know as much as I do about the Bertie County Sheriff's Office."

Perry said he respected the position, and understood the importance of it.

"I think its almost impossible to be a sheriff without serving as chief deputy," he said. "I think it is why Sheriff Holley was so prepared. There's no way to know what we do, or how we do it without having experienced it."

Perry said he was particularly honored to serve in his native Bertie County.

"It has been an honor and privilege to serve in the same county I grew up in and still live in," he said. "I knew what I wanted to do a long time ago. I'm home and protecting and serving the. people I grew up with and that matters to me.

"I am looking forward to the challenge of the administrative side," he added. "I want to help keep the office strong, and even help make it stronger. I want to keep the respect of the guys in the office and the respect of the community.'

Sheriff Holley said he was proud of Perry, and of his entire staff. Both men said they were proud of the sheriff's office and some of its recent accomplishments.

The list of accomplishments included:

being named last year as the sixth safest county in North Carolina by Niche.com;

starting a drug task force along with Hertford and Northampton counties and the Ahoskie Police Department;

earning a grant, written by Perry, to put computers in 10 Bertie County Sheriff's Office vehicles:

continuing the process of making the Bertie County Courthouse safer;

working towards a pre-trial release program; and

establishing a place to leave old prescription drugs at the sheriff's office.

In addition, both Sheriff Holley and his new Chief Deputy were pleased with the establishment of a satellite office in Roxobel at the former Southern Bank building.



One of the groups who were able to participate in Vidant Bertie Hospital's Hearth Health banquet.

Heart

From A1

attendees to humorously help demonstrate how the digestive system works.

"When we eat a well-balanced diet, the digestive tract works properly, which in turn, is beneficial to heart health," said Foco.

Foco emphasized that even moderate exercise is essential in combating heart disease. She also provided several simple tips to help reduce stress, such as sitting quietly for a couple of minutes and taking deep, cleansing breaths.

Vidant Bertie Hospital Laboratory Supervisor Stephanie Swain regaled the audience with an account of her own personal

heart health journey.

Swain reminded the attendees not to ignore even subtle warnings of heart issues, including jaw pain, and to pay close attention if you experience left arm pain, and/or chest pain or discomfort.

"Women, in particular, put off seeking medical attention because life gets in the way," said Swain.

Each attendee received a Red Dress Kit, which included a special gift- a bracelet created especially for the 2017 Vidant Heart Health Tour by North Carolinabased Moon and Lola.

The "Love Your Heart" charm on the bracelet has floating hearts, which represent all the ways that you can take care of your heart and all the people who love you for it.

CONTIRUBTED PHOTO

Red hearts, decorated by various departments of Vidant Bertie Hospital, representing what each department does to help patients keep their hearts healthy, adorned the stage at the event.

Vidant Bertie Hospital reminds women that heart disease is not just a "men's disease," and that the Heart Truth is that one in four women who lives in the United States is a victim of heart disease.

That is why it is so important that women learn about their risk factors for heart disease, and learn how their lifestyle choices can affect their health now-and in the future.

Festival

From A1

the students from West Bertie Elementary School in Kelford.

There will be a lot to do for

followed by the cornerstone of the event - the Roxobel Fire Department's annual BBQ chicken dinner. The dinner will include red potatoes, slaw and bread for children at the festival includ- a donation of \$8. The plates will

Ledger-Advance and the forms appear also on on the Roxobel Ag Festival Facebook page.

Those wishing to help shape the first festival are invited to attend the planning committee ing many games and crafts. The be served on a first-come, first- meetings, which are held at 7

"With no police department in Roxobel or Kelford, it helps tremendously to have an office there," Perry said. "Our officers can do reports there, and it can be used a command post should the need arise."

Sheriff Holley said the office is also being used by the N.C. State Bureau of Investigation and the drug task force as needed.

The two said they are working with officials in the town of Aulander to establish a similar satellite office there.

"Neither Aulander nor Lewiston Woodville have been able to find the right person to serve as police chief," Sheriff Holley said. "We are working with them to help in those towns as much as possible while they continue their search."

Perry began his duties Tuesday. Sheriff Holley said a decision as to who will assume the role of Lieutenant hasn't been made at this time.

Perry and his wife, Jennifer, reside in Colerain with their son, Matt.

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Yes, I woul	d like to become a sponsor of the Roxobel Ag Festival!
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Sponsors will be recognized in all advertising including t-shirts, print, and on-site signage at the event. Sponsors will also receive a complimentary Roxobel Ag Festival t-shirt. Please indicate the size t-shirt you would like. SMLXL2X	
Please make checks payable to the Town of Roxobel. Please put Roxobel Ag Festival in the memo line.	
Contact Johnna Lewis or Danielle Baker for additional information. Phone: 252-344-2120	
Ema	il; roxobelrevitilization@gmail.com
Please mail forms to PO Box 91, Roxobel NC 27872	
or Fax 866-753-8404	
Т	hank you for supporting the
1	Roxobel Ag Festival!
	AUAUUEL AR LESILVILL

West Bertie Library will be offering arts and crafts for those in attendance. There will also be rently is seeking additional agricultural-based games.

Food will be available as well, with lunch being served by vendors from 11 a.m. until 2 p.m. served basis.

The Roxobel Ag Festival cursponsors and more vendors. Those wishing to aid in either way can find sponsorship forms in today's edition of the Bertie

p.m. each Monday from now until the April 1 event. Next week's meeting will be held at the Roxobel Community Building. Suggestions are also welcome on the event's Facebook page. -

