

## Fourth

From 81 what he started
I still believe there are we enrolled him in an- valuable lessons to b other soccer program, learned in losses and I praying that he would continue to believe ex ence this time. Much to our relief, he did.
The program was focused almost solely on participation, and it turned out to be exactly what he and some of teammates needed.
At the end of the "season" last week, Miles got
his first ever trophy...for his first ever trophy...for participation. My son was beyond thriled, taking incredible pride in his trophy. proud as well. as well.
He hadn't received his trophy for "nothing." Miles kept his commitpractices and finished

## Local athlete holds triathlon clinic June 1

Local athlete Jonathan Huddleston will offer a triathlon clinic at 6 p.m. on Thursday, June 1 a the Bertie County YMCA Huddleston is a 2011 Florida Ironman finishe Tho has competed in more than 20 triathlons. ing for the upcoming Pound the Sound triathlon. For more information, call 794-9622

Does everything you eat cause you pain? It could be your gallbladder.

Do you suffer from pain in the upper right or upper middle part of your stomach after eating? Have you been told that you have gallstones or should have your gallbladder removed? If you answered "yes" to either of these questions, then you owe it to yourself to schedule an appointment or get help. Larry Watson, M.D., Vincent Iannace, M.D., and Cameron Martin, PA-C, are dedicated to providing Larry Watson, M.D., Vincent lannace, M.D., and Cameron Martin, PA-C, are dedicated to providing Call 252-809-6350 today to schedule an appointment, and we will coordinate with you


