Old age pensions might prolong

My own observation leads me to

believe that nobody really knows

there's anything to the law of

averages. In the past 158 years the

The history of human progress

tional cultures in close juxtaposition and sooner or later they'll

HONESTY on labels

Cummings (with an "s").

doesn't 'matter much.

Seventh Regiment.

many lives.



nich contains Four Great Tre

ABRAHAM

OST of the pioneers since the world began have lived and med and left no memory of their deeds. They blazed the trails which

those who followed trod to paths, and by the time that these had become macadamized highways it was too late to find the record of him whose adventurous feet had first passed that way. Edward Everett Hale found himself profoundly moved by his contemplation of the Bruce Barton



nameless saints

whose heroism we have inherited: What was his name? I do not knowshis name; I only know he heard God's voice and came. No pealing trumpet thunders forth his fame; He lived, he died: I do not know his name.

But a few of the heroic adven-turers left authentic records that defy the effects of oblivion. Prince his own household. God said: of the pioneers is Abraham. He lived, as his ancestors had lived, in the fertile valley of Mesopotamia, a great landowner and shepherdafel braceard sange

Lot, his nephew, was also rich. And there was strife between the herdmen of Abram's cattle and the herdmen of Lot's cat-

More pasture was needed for their regard "economic pressure" as the qualify? whole explanation of the journey

much about keeping himself in of the Pilgrim Fathers and of so many other important movements in history.

Now the Lord said unto Abram, Get thee out of thy country, and from thy kindred, and from thy father's house, unto a land that I will shew thee.

And he went out, not knowing whither he went. In those two sentences, one from the Old Testament, the other from the New, you have the real story

of Abraham's migration. He was sage came to him.

God changed the name of Abram "My school teaches that every good tees. o Abraham.

Neither shall thy name any more be called Abram, but thy name shall be Abraham; for a father of many nations have I made thee,

He was given children when more United States has been engaged han ninety years old, and he lived in six major wars, averaging about to be a hundred and seventy-five, 261/2 years apart. The last one an old man and full of years." ended late in 1918. That would Among many elements which com- make the next one due about 1944. bined to make him great, one is particularly worthy of remem- is, after all, mainly a history of brance-he was the real head of war. Put two contradictory na-

Abraham shall surely become a great and mighty nation, and all the nations of the earth shall be blessed in him.

Why? For I know him, that he will command his children and his household after him, and they shall keep the way of the Lord, to do justice and judgment,

If leaders were chosen in our day flocks, and to their neighbors that on the basis of their proved power was a sufficient explanation of their to govern their own families in migration; just as many historians righteousness, how many would

(Next week: Joseph)

Worry kills more people of middle and advanced age than all of the infectious and preventable diseases. So the recent convention of Life Insurance presidents was told.

District Officers Named; R. D. Sisk Elected Councilor

good health until he has reached the age where whatever he does At a meeting of the Junior Order of United American Mechanics, PEACE and war District No. 1, which was held I met the young son of a friend here last Thursday night, the folthe other day, all dressed up in a lowing officers were elected: R. gorgeous uniform. He had just D. Sisk, councilor; W. C. Reid, been promoted Captain, he said, of vice councilor; George Womack, the Knickerbocker Greys, the cadet chaplain; J. V. Hall, recording seccorps which serves as a training retary, financial secretary and treasschool for officers of New York's urer; John Jones, conductor; A. J. Rickman, warden; J. L. Higdon,

"Don't they teach you in school inside sentinel; Calvin Wilson, outalready on the way when the mes- that war is wrong?" I asked him. side sentinel; W. P. McGuire, W. "Not on your life" he replied. C. Cagle and B. W. Justice, trus-

citizen ought to be ready to District No. 1 is composed of fight. Gee! I hope I'll get a Graham, Swain, Clay, Cherokee, chance to go to war some day!" Jackson and Macon counties. The boy may have his wish, if

The next district meeting will be held here on May 2.

The Roman Empire at one time included 1.544,000 square miles. "Sam Hill" is a euphemism for

Saved by new Vitamins of Cod Oil in tasteless tablets.

JOHN JOSEPH GAINES, M.D.

NOTES BY THE WAY

Some months ago I reported a farmers wife in a western state, that had been bitten by a "Black best western hospitals; in spite of the efforts of the specialist, she kept ready for use-with the condied from the venom of the pois- sent of your family doctor. onous insect.

prisons. He at once wrote me, ad- confined to one locality. vising the use of a "flax-seed" poul- Get a paper bagful of ground there was something good in the for opening. Not bad treatment.

unfortunate fellow, even though shut in prison, convicted of a crime. Speaking of the old flax seed poultice, it is by no means an outcast, for, many good surgeons em-Widow" spider. She was then suf- ploy it with satisfaction. As a fering very intensely in one of the household remedy for acute inflammation, it should always be

Now I want to tell you an oc- us suppose you have a threatened currence that happened just the abcess, due to a focus of infection have been conducted in California. other day: The paper containing that has somehow been acquired. the account of the spider-bite hap- To encourage the "boil" into suppened to fall into the hands of a puration is often the quickest way convict in one of our northern state of getting rid of it, and keeping it ports some, and very small amounts

tice in the very next case of se- flax-seed from the drug store; vere insect bite! He condemned over your gas-burner convert some the modern methods of treatment of the meal into a mushy hot which he said always failed; this mass; this may be wrapped in a was diverting to me, coming from cloth and applied to the affected the source it did; it made me think surface continuously until it is ready

Senator Copeland of New York has rewritten the so-called "Tugwell Bill" regulating the labelling and advertising of food and drugs. All that the proposed law does, in its present form, is to insist upon honest labels of packaged foods and drugs, telling exactly what is inside of them, and making no professions that they will "cure" certain diseases for which medical science knows no cure. In other words, all that the law would require, if enacted in its

present form, is common honesty on the part of the makers of packaged products.

I think that a lot of ballyhoo has been raised over the presumed danger to public health under present conditions. With the Government promoting the sale of alcoholic liquor for the sake of revenue, it doesn't seem to have much of a leg to stand on in the matter of "protecting" people against the effects of what they put into their stomachs.

KAPOK

Kapok is the silken down of the tree Ceiba pentandra. It is not The old flax-seed poultice! Let grown commercially in this country although experiments in its culture Kapok is shipped into this country from the Federated Malay States, Java and Ecuador. Ceylon also exare exported from the Philippine

ANCIENT SOAP FACTORY

The use of soap is of great antiquity. A well-equipped soap factory was found in the ruins of Pompeii, which was destroyed in 79 A. D.





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ULCERS, POOR DIGESTION, ACID DYSPEPSIA,
SOUR STOMACH, GASSINESS, HEARTBURN, CONSTIPATION, BAD BREATH,
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mile,

-Troy Horn.

Troy F. Horr





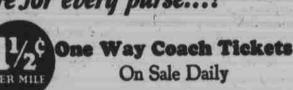
'go.' And they never throw

BANK TELLER, (Left) "I've noticed that after any strain or when I need cheering up, I get a 'lift' in energy from a Camel," reports Baxter Davidson. "They taste so



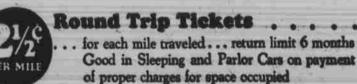


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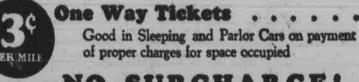




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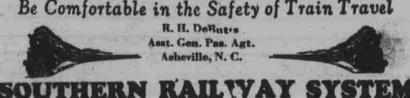
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ADVERTISING . . . The Times

I have just been looking over the 150th anniversary edition of the HEALTH very good London Times, founded in 1785. and one of the most prosperous Service, reports that the nation's newspapers in the world. It has death-rate for 1933 was the lowest FRANKLIN SHOE SHOP SAYS never tied itself up with any party yet. That seems to blow up the or group of political leaders, but common charge of the uninformed has given its powerful support to that thousands of people are dying It's not just how they stay in style, whatever person or party seemed at of starvation in the United States. the moment to be in the best po- Dr. Cumming doesn't say so, but sition to further the interests of I have a shrewd suspicion that the people of England, and had the more people die every year from soundest program.

Explaining its independence, The ment. Times points out that it is due to Incidentally, don't get the surits great variety of advertisers. A geon-general mixed up with the atnewspaper must have support out-torney-general. Their names are side of what it gets from sales of ery much alike. The head of the Box 212 the paper. It can only get that department of justice is Homer S.

support from political subsidies or from advertising. If it accepts a subsidy it cannot be independent. But no single advertiser can be powerful enough to influence the paper's policies,

Advertisers don't care what a paper's policies are; they only want to know that it reaches readers who are able to buy their wares. American newspapers generally understand and are guided by that principle, but the London Times was the first to discover it.

Surgeon General Hugh S. Cume Times is the most independent ming, of the U. S. Public Health

overeating than from undernourish-