Masons To Observe Feast Of Triangle at Waynesville
J. E. Allen, of Warrenton At Meeting
(Special to The Press-Maconian)
WAYNESVILLE, Dec. 9.-Thre hundred Masons from Buncombe
and the counties west are expected and the counties west are expected
to assemble in the Masonic temple in Waynesville Tuesday, December 15 , for the outstanding Masonic
event of the year-the observance event of the year-the observance
of the mystic feast of the triangle, which will be held for the first time
state.
given special ceremony will be Edward Allen, of Warrenton, grand North Carolina and junior grand warden of the grand lodge of Masons. The distinguished also grand reviewer correspondent for all of the state
Masonic bodies, as well as Masonic, bodies, as well as author
of several texts on Masonic subof several texts on Mast summer he attended Scotland and the grand lodge of England, and he will therefore have 2 message of special interest to will be accompanied by several high cluding William Ritchie Smith, of Raleigh, grand recorder of the Carolina, who is also scheduled to address the meeting.
While the district
While the district assembly will ninth division of Knights Templar cansisting of Cyrene Commandery ville Commandery No. 31 of
Waynesville, the meeting is intend ed for all Masons, according to an divisional delegations in this prort of the state. p. m. with in official reception of
the distimguish ad guests, followed serve
the lodge room followed at $8: 4.5$
with the solemn cercrionies of the
mystic fenst of the triangle.
A number of Mas. ns from Franklin, Highlands, and
tend.
The "lie detector" has been used

Reindeer were imported into Alaska 44 years ago

George Washington was a strong docate of vaccination.
Maximinus, Roman emperor, third century, who was eight feet tall, could eat 30 to 40 nounds of meat
daily. daily.

G-IIEN TO TRAIN LOCAL OFFICERS
Sheriffs and Policemen Invited to Training School

The police, sheriff and deputie
f Franklin and Macon county have been invited to send repre
sentatives to the ten-day training sentaolives which the Institute of Gov erament will hold for officers
Chapel Hill beginning January This is the first 10-day police have one of the strongest instruc
ional staffs of any school in th country. The federal bureau of vtstigation is supplying six in-
structors from the staff of the structors from the staff of the
National Police academy headed by Director Hugh H. Clegg. The local phases by officials of the Vorth Carolina officers, and the The 10-day state-wide school i
part of the institute's expanded system of state, district, and local The main divisions of the train-
ing course will be criminal law criminal investigation and appre hension, scientific aids in crime de-
tection, patrol work, traffic, crime prevention, co-operative measures All lectures and demonstrations wil be held in Chapel Hill except

Winter Weather Helps Farmer Till the Soil
cultivate your soil if you give it
half a chance," according to E.
half a chance," according to E.
Blair, extension agronomist State college, Raleigh. thawing in cold weather will d more to make a good seed be
than all the tilling you can do in the spring.
But if your land is to get th
full benefit of this freezing an thawing, it must be broken in now for land to be planted to on red clay soils and on fields turned under.
$\qquad$ also absorbs and retains more mes does land with a hard compac Blair also pointed out that winte reezes kill insects in great numb . The killing action is more ef fective in freshly plowed land,

THE FAMHY DOCTOR JOHN JOSEPH GAINES.M.D.

TRY AND BE CONVINCED I am not prone to giving recipes 1 my newspaper work. Rarely do actually prescrib ipe for a physical exercise that should have free publicity, because of its genuine worth in practice. I am not the originator of this sort of self-treatment. I do not know who is. And the advice here in is not cop

for the using.
I believe the "laziest" muscles of the human body are those of the abdomen and colon. Especially so
in cases of corpulency, very common in middle-age and beyondthose "bay-windows," if you get what I mean. Those unwelcome hammocks, hanging-baskets which make 41 , look and feel ponderous, as if we were carrying dead weight too much ballast for the ship; not actual disease-just laziness in bel
lies.
Try it when in bed. On retiring and on awakening in morning. Li
abdomen. See how high you can lift the hand with the abdomina
muscles, then, how low you can the hand settle by the same muscles. Up-down, -up, down, twelve
times! that's all for each treatment times! that's all for each treatment Continue a month, night and morn-
ing, in bed. The lungs need no enter into this exercise.
You will note beneficial result activity of these in the increased which leads to a better feeling all over; your waist-band will actually you keep up your treatment faith
fully. You get a nice degree voluntary control of muscles in this old hanging-basket of your that may have caused you backaches in the past from only mod "belly-breathing" the benefits of "belly-brcathing.
"Kissing a horseshoe is said to bring luck," states a playright
Provided of course one doesn't tempt this when the horse is still

## tempt this wh


working model. No inventor has
produced a model that works.

## \section*{PATENTS . . . celebratio} <br> They have been holding a cele- bration in Washington for the cen- rays gran



| For years the Patent Office re- | at a pitch too high for the human |  |
| :--- | :--- | :--- | :--- | :--- |
| fused to consider applications for | ear to detect. These vibrations, or | A match set off the charg |
| patents on flying machines on the | "ulitrasonic" sounds have remark- | matchlock pistol. |

## wosis Sulent no AT AOF ANY LOW Price: of



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