

Farm And Home Week Attracts Big Crowd

With the return of approximately 1,500 delegates to their homes, books were closed last Saturday on the 35th chapter of Farm Home Week, one of the most successful ever held.

Most of the delegates remained at State college, scene of the annual event, the entire week, while others attended only a part of the program. Separate and joint sessions of the men and women were arranged, as well as classroom work, and recreation.

George Sockwell, prominent Guilford county farmer, will head the men's division of Farm and Home Week in 1939. President of the women's division for next year is Mrs. W. E. Neal, Mecklenburg county farm woman. Both were elected unanimously.

Entertainment was mixed with education so as to produce a well-balanced program. Group singing, contests, and other forms of recreation were features of the evening sessions.

Joint sessions and classroom work occupied the delegates during the morning, and demonstrations, exhibits, and tours were featured during the afternoon.

Among the resolutions adopted by the delegates were those calling for sufficient State appropriations to match federal funds for agricultural research, federal aid to the public schools, the early establishment of a 12th grade in the public schools of the state, a better farm marketing program for North Carolina, and the transfer of the state prison farm near Meredith college to State college for the "development of real livestock work."

Governor and Mrs. Clyde Hoey addressed the men and women in the State college stadium Thursday night. These two talks were the only ones scheduled for the evening program.

State College Answers Timely Farm Questions

Q. When is the best time to seed alfalfa in North Carolina?

A. Fall seeding is more satisfactory than spring seeding and these dates are recommended by the agronomy department: Coastal plain and lower piedmont, September 1 to 30; upper piedmont, August 15 to September 15; lower mountain elevations, August 1 to 31, and in the higher mountain elevations seed in the spring from April 1 to 30, depending on the season.

Q. Where can I get a good boar to build up my head of swine?

A. If your county agent cannot tell you, write to H. W. Taylor, swine extension specialist at State college. A number of breeding animals have been sold at the 15 co-operative swine association shipping points and Mr. Taylor says some good animals have been purchased in this way. However, Mr. Taylor can give you the names of breeders of the different kinds of hogs. Let him know the breed you desire. It is interesting to note that 595 pure bred boars were purchased by North Carolina farmers last year.

Q. How can I increase the size of eggs laid by my pullets?

A. Roy Dearstine says egg size is inherited and little can be done to build this up by feeding a particular ration or handling the birds in any particular way. Egg size must be bred into the flock, so head your breeding birds with pedigreed males which have large egg size back of them. The time is coming in North Carolina when poultry breeding will receive the same attention as the breeding of the animals on the farm.

Watch Your Kidneys!

Help Them Cleanse the Blood of Harmful Body Waste

Your kidneys are constantly filtering waste matter from the blood stream. But kidneys sometimes lag in their work—do not act as Nature intended—fail to remove impurities that, if retained, may poison the system and upset the whole body machinery. Symptoms may be nagging backache, persistent headache, attacks of dizziness, getting up nights, swelling, puffiness under the eyes—a feeling of nervous anxiety and loss of pep and strength. Other signs of kidney or bladder disorder may be burning, scanty or too frequent urination. There should be no doubt that prompt treatment is wiser than neglect. Use Doan's Pills. Doan's have been winning new friends for more than forty years. They have a nation-wide reputation. Are recommended by grateful people the country over. Ask your neighbor!

DOAN'S PILLS

Is Sea-Tiny Living Mermaid with Marine Show



Sea-Tiny, pictured above, has become a mecca of interest with the Mammoth Marine Hippodrome. Sea-Tiny is one of life's tragedies for where ever she is placed, there she must stay until someone goes for her. She must always, when not in the water, have someone within call and consequently she can never know the meaning of an individual life. Sea-Tiny is one of the feature attractions with the Mammoth Marine Hippodrome which will exhibit in Franklin for one day only, Wednesday, August 17. The exhibition will be located near the courthouse and will be open to the public from noon until 11 p. m. Admissions ten cents.

Macon County Children To Receive Dental Treatment

Hundreds of underprivileged school children in this county will have dental treatment provided for them without cost during the next few weeks.

Treatment will be administered at clinics to be conducted in several schools of the county by Dr. Robert Mastin and Dr. C. W. Stevens, of the division of oral hygiene of the North Carolina board of health.

Insofar as time permits, all school children who so wish will be examined. Free treatment will be given those whose parents, in the judgment of the school authorities, are unable to bear the expense. Children deemed able to pay will be referred to their family dentist.

Like others being conducted throughout the state, this clinic has the hearty endorsement of the local board of health, school authorities, and dentists, who point out that the program supplements but does not compete with the work of the local members of the profession.

Dr. Mastin and Dr. Stevens have done postgraduate work at the Forsythe Infirmary for Children in Boston, the largest of its kind in the country, and at the School of Public Health Dentistry at the University of North Carolina, the first of its kind in the world.

More than two-thirds of the counties of the state have availed themselves of this program, which was inaugurated in 1918 and which now has the full-time services of 22 white and five colored dentists.

Last year approximately 69,000 underprivileged children in schools of this state were the recipients of free dental treatment administered in these clinics, and the number probably will be greater during the coming school year.

In addition to the 69,000 treated, an even greater number, judged able to pay for such service, were referred to their family dentist for treatment.

The state-wide program is under the direction of Dr. Ernest A. Branch, of Raleigh, who is director of the oral division of state board of health, which is a pioneer in this field.

At least 85 per cent of the million children in the public schools need dental care, that a dentist's office is unknown to 55 per cent of these children.

Degenerative diseases, such as those of the heart, lungs, and kidneys, are on the increase in North Carolina, and 75 per cent of these diseases enter the body through the mouth or nose. The mouth is a perfect incubator for germs. Hence the importance of a clean, healthy mouth.

One-third of the children in our schools are repeaters, and surveys have shown that this fact is due

largely to poor health, in many instances bad teeth. It has been pointed out that in one county, dental care through these state clinics had reduced the number of repeaters approximately 50 per cent in one year.

The program has a two-fold purpose. It is educational and corrective. In addition to 69,000 children treated last year, our doctors gave lectures on the care of the mouth before audiences totaling half a million. Many of these lecturers were illustrated by lantern slides, charts, and pictures showing mouths before and after treatment.

The best preventive dentistry, is before the child is born when the mother should take care to eat certain foods. After that the teeth should be watched closely until the child reaches 12, and after that it is mostly a question of repair work.

4-H Club Members Enjoy Camping Trip

On Monday, July 27, at 10 o'clock 30 of us 4-H Club boys and girls, with Mrs. O'Neil, Mr. Mendenhall and Mr. Williams, left the agricultural building for our camping trip to Swannanoa. Four cars carried us and our provisions there.

We had good luck until we got within about 25 miles of Swannanoa. We passed Mr. Williams, not knowing that he was going to have car trouble. The bearings burned out in the left wheel of his truck. He got it fixed, and we all arrived at camp.

The first thing we did was to unpack, then went in swimming, ate our suppers washed the dishes, played games, and by that time all were ready for their bunks and a good night's sleep.

The next morning at 6:45, we went in swimming before breakfast, then Mr. Nutting came to camp and made us a very interesting talk on forestry. That night we saw a show, "Forest Fires," and after the show played games and sang songs.

The following day Mr. Nutting showed us the three different kinds of pine trees we have. During the afternoon we went to the Recreation Park at Asheville and we had a wonderful time riding the merry-go-round, ferris wheels and electric cars. We saw animals from different countries.

The next day we were taken to the Swannanoa Test Farm, where we saw many interesting things pertaining to farm life. We saw their fine cows, and how they kept their fine cows, and how they kept clean milk. We saw corn fields where they had used different fertilizers, and the results. We saw 75 different grape vines growing. We came back to camp, went in

swimming and that night we built a campfire, roasted marshmallows and played all kinds of stunts.

The last morning we got up at our usual time, went in swimming after which we had our breakfast, then began packing to come home.

We had good luck on our way back, and arrived at the agricultural building about 4 o'clock.

We hope that all the 4-H Club boys and girls will go to camp next year, for you surely will have a good time.

The 4-H Club boys and girls want to thank Mrs. O'Neil, Mr. Mendenhall and Mr. Williams, for the care and good time they gave us during our camping trip.

ROY RAMSEY, 4-H Club Member.

Elijay

By HAZEL AMMONS

Rev. Jim Moore, of Florida, conducted service at the Elijay Baptist church Sunday morning. A large crowd attended.

Mrs. Maud Higdon has been very ill for the past week.

Mrs. John Ammons and daughter, Hazel, of Winston-Salem, recently visited Mrs. Ammons' parents, Mr. and Mrs. Jake Williams.

Mr. and Mrs. Fred Mincey, of Highlands, were visiting relatives here Sunday.

J. W. Henry, who has been very ill, is improving.

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The department of commerce has reported indications that farm living conditions have improved materially since 1930. A 1938 census survey of selected homes in 40 states showed substantial increases in the number of farm dwellings having electricity and radios and provided with bathrooms.

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