

**BETTER**

In contrast with 1938 when the farm family felt the effects of the general decline in business activity, 1939 gives promise of being a better year, believes Dean I. O. Schaub, director of the State college extension service.

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The stomach should digest two pounds of food daily. When you eat heavy, greasy, coarse or rich foods or when you are nervous, hurried or chew poorly—your stomach often pours out too much fluid. Your food doesn't digest and you have gas, heartburn, nausea, pain or sour stomach. You feel sour, sick and upset all over. Doctors say never take a laxative for stomach pain. It is dangerous and foolish. It takes those little black tablets called Bell-sans for indigestion to make the excess stomach fluids harmless, relieve distress in no time and put you back on your feet. Bellier is so quick it is amazing and one six package proves it. Ask for Bell-sans for indigestion.

**Loyal Order  
of Moose**  
Franklin Lodge, No. 452  
Meets  
In Americal Legion Hall  
Every Thursday Night  
7:30 O'CLOCK  
Billy Bryson, Secretary

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Your kidneys are constantly filtering waste matter from the blood stream. If kidneys sometimes lag in their work—do not act as Nature intended—fail to remove impurities that, if retained, may poison the system and upset the whole body machinery.  
Symptoms may be nagging backache, persistent headache, attacks of dizziness, getting up nights, swelling, puffiness under the eyes—a feeling of nervous anxiety and loss of pep and strength. Other signs of kidney or bladder disorder may be burning, scanty or too frequent urination.  
There should be no doubt that prompt treatment is wiser than neglect. Use Doan's Pills. Doan's have been winning new friends for more than forty years. They have a nation-wide reputation. Are recommended by grateful people the country over. Ask your neighbor!

**DOAN'S PILLS**

**This Month On The Farm**

The following good farming practices are suggested by State college specialists for the month of January:

**Agronomy**  
E. C. Blain, extension agronomist at State college, says to be sure to finish turning under all corn, cotton, and tobacco stalks as well as soybeans, cowpea, and velvet bean vines if you live in the Coastal Plain area. The plant food in this material cannot be utilized in 1939 unless it is disced into the soil in time for it to decay before spring. If you live in the Piedmont, run the plows every day that the weather and the condition of the soil will permit.

**Swine**  
During the cold weather of winter, adequate shelter should be provided for every animal on the farm, including the fattening hogs. If these hogs are exposed to cold, they will use up considerable feed in keeping warm. January also is a good month to build self-feeders and farrowing houses to be used by spring litters. H. W. Taylor, State college swine specialist, says. Blue prints for building these may be secured from the county agent.

**Poultry**  
Watch out for winter colds, says Roy S. Dearstyne, head of the State college poultry department. Colds are contagious and spread rapidly. Some of the most common causes are: faulty diet, direct drafts, and faulty ventilation. When colds occur, check all factors of management, and remove all ailing birds from the flock. Then clean and disinfect the house and keep a germicide in the drinking water as

**Mrs. M. L. Downes Dies In Lincolnton**

Mrs. Margaret Lucinda Downes, 77, of the West's Mill section, died Thursday morning, January 5, at the home of her daughter, Mrs. Iris Shuford in Lincolnton.  
Mrs. Downes, who was a native of Macon county, was active in church work for many years. She was the widow of the late Zeke Downes, of the West's Mill community.  
Funeral services were conducted at 2 o'clock Friday afternoon at Snow Hill Methodist church, near West's Mill, by the Rev. Harry S. Williams, pastor, assisted by the Rev. W. L. Bradley, a Baptist minister of the Oak Grove community.  
Surviving are two sons, Alex Downes, of Morganton, and S. R. Downes, of Baltimore, and one daughter, Mrs. Shuford.

**Home-Mixed Grass Seed Recommended**

Never buy a mixture of grass seed without knowing the contents, says John H. Harris, landscape specialist of the State college extension service. Select the mixture for your local conditions and buy the seed separate, mixing them yourself, he advises.  
If the seed bed is poor and especially if it is lacking in humus, a crop of peas or beans should be grown and turned under to improve the fertility and texture of the soil. Unless the soil is very fertile, a one- or two-inch layer of well-rotted manure should be worked into the soil. To stimulate quick growth some commercial fertilizer such as 6-8-6 can be added. The soil should be allowed to settle and only the top layer pulverized for sowing the seed.  
Harris recommends that the seed be sown at the rate of three to five pounds per 1,000 square feet, or about 130 pounds per acre. Half of the seed should be sown in one direction and half in the other to assure a uniform distribution.  
The quickest and most economical way to start Bermuda (wire grass) is by its roots. Scatter these roots over the lawn and cover them with soil. It is advisable to sow Italian rye grass with the Bermuda roots to provide a quick lawn and hold the soil until the Bermuda gets started.  
While September and October are the best months for sowing grass seed, the lawns can be started in the spring, especially in the mountain sections.  
"Too few people realize that in order to keep a good turf, especially where there are trees, one must fertilize annually," Harris says. "During the winter or early spring of each year give the lawn an ap-

plication of 300 to 400 pounds per acre (8 to 10 pounds per 1,000 square feet) of a 4-8-4 in the Coastal Plain and 4-10-4 in the Piedmont and Mountains."

**Forestry**  
Plant trees on those idle acres, advises R. W. Graeber, extension forester at State college. One thousand trees will plant an acre if they are spaced 6 by 7 feet. See your county agent for definite information on planting.

**Tobacco**  
Locate tobacco seed beds on new sites where there is good drainage, good ventilation, and plenty of sunshine, says R. F. Poole, plant pathologist of the experiment station at State college. By following this suggestion, growers are less likely to have blue mold and other troubles strike their plant beds.

**Cattle**  
Save out some good quality legume hay for the weaned beef calves and nursing cows, says Dr. J. E. Foster, associate in animal husbandry investigations at the experiment station. The lower quality roughage can be fed to the older cattle and dry cows.

**Farm Records**  
R. E. L. Green, economist at State college, believes every grower should put his farming on a business-like basis by keeping accurate records of all income and expenditures. January is the time to start these farm accounts.

**Sheep**  
Earl H. Hostetler, professor of animal husbandry, advises sheep growers to have their ewes in a good, strong condition before lambing. If some of them are run-down and poor, they should be separated from the rest of the flock and given extra feed and care.

**A. B. Slagle Buys Registered Guernsey**

A registered Guernsey cow has recently been sold by Dean Mashburn to A. B. Slagle, of Franklin. This animal is Rose Laly's Daughter 567103 according to The American Guernsey Cattle Club, Peterborough, N. H.

**Holly Springs Wins Over Cowee**

The "Happy Five" from Holly Springs played a speedy basketball game with Cowee last Saturday afternoon on the Cowee court, winning by a close score of 16 to 14.

**State College Answers Timely Farm Questions**

**Q.** What is the best fertilizer for Irish potatoes in Eastern North Carolina?  
**A.** On light sandy soils and dark loamy soils a mixed fertilizer containing five per cent nitrogen, seven per cent phosphoric acid, and five per cent potash should be used at the rate of 2,000 pounds to the acre. This should be thoroughly mixed in the furrow a week or two before the seed pieces are planted. When the early season is rainy, the sandy soils should be sidedressed with 100 pounds of sulphate of ammonia or 150 pounds of nitrate of soda when the plants are from four to six inches high.  
**Q.** How can I regulate my incubator before starting the hatch?  
**A.** Place the incubator in a room where the temperature does not vary more than 20 degrees in 24 hours. It should then be cleaned, disinfected or fumigated and allowed to dry before using. All machines should be run at least 24 hours before eggs are set. After the heat is applied note the temperature on the inside of the incubator and gradually tighten the thumbscrew on top of the incubator until the disc on top of the heater flue is raised one-fourth inch and the inside temperature is as recommended by the manufacturer.  
**Q.** How much tobacco seed is required to sow 100 square yards of bed?  
**A.** The most convenient measure is to use one tablespoonful of re-cleaned seed to each 100 square yards. One ounce of seed will be sufficient for 300 square yards of bed space. Mix the seed with cottonseed meal, dry sand, ashes, or fertilizer for sowing. For an even stand, half the seed should be sown in one direction and half across the bed at right angles to the first sowing.

**Information About Moose Orphans' Home**

At the request of members of the Franklin lodge of Loyal Order of Moose, we reprint the following information concerning the home for dependent children of deceased members of the order, which is located at Mooseheart, Ill.:

Mooseheart was founded by the Hon. James J. Davis as a home and school for dependent children of deceased members of the Loyal Order of Moose?  
Mooseheart was dedicated July 27, 1913, by the Vice-President of the United States, the late Thomas R. Marshall. Mooseheart comprises an area of more than 1,200 acres and has 150 buildings.

Since its founding 3,157 students have been admitted, 1,813 boys and 1,344 girls. From its high and vocational schools 1,321 students have been graduated—706 boys and 615 girls.

Eleven per cent of its graduates have, or are, attending institutions of higher learning. The Mooseheart high school class of 1938 represented 24 states and one province of Canada. Its membership came to Mooseheart from 75 different lodges. The class roll of 82 included 44 boys and 38 girls. The average age of the members of this graduation class was 18 years, three months. The average length of residence at Mooseheart was 10 years, six months. There were four graduates in this class from North Carolina. They were Leslie and William Stanley, Goldsboro Lodge No. 661; David Honeycutt, Greensboro Lodge No. 685, and Mabel Hanes, Winston-Salem Lodge No. 466.

**Tobacco Still Under Conservation Program**

E. Y. Floyd, AAA executive officer at State college, reminds North Carolina farmers that the vote rejecting tobacco marketing quotas did not affect the agricultural conservation program for tobacco.  
"Each tobacco grower can earn a payment on the normal production of his acreage allotment by planting within the allotment, unless he also grows cotton and knowingly overplants his cotton allotment," Floyd said.  
"In that case he cannot receive a conservation payment on cotton, tobacco, or any other crop, or for carrying out soil-building practices if he knowingly overplants his cotton allotment in a year when cotton marketing quotas are in effect. Cotton quotas for 1939 were approved in the referendum December 10.  
The Triple-A official also said it was important for tobacco growers to remember that if they overplant their tobacco acreage allotments under the conservation program they run the risk of losing all of their conservation payments on cotton and other crops.  
"If a tobacco grower overplants," he said, "deductions will be made from his tobacco payment. The deduction will be made not only from the payment calculated on the normal production of his tobacco allotment, but also from the conservation payment that otherwise might be due on cotton, peanuts, and other crops and for soil-building practices.  
"This means that the tobacco grower who overplants stands the risk of having such a large deduction made that he will not get any conservation payment on any crop or for any soil-building practice carried out."

**Credit Association To Meet January 20**

The fifth annual meeting of members of the Asheville Production Credit association will be held in Asheville at courthouse on January 20, 1939, at 10 a. m. o'clock, according to an announcement by Mr. John A. Hudgens, president of the association.  
Complete and detailed reports will be made by the officers of the association on its operations for the past year at this meeting, directors will be elected and other highly important business will be attended to, according to Mr. John A. Hudgens, who says it is desired that every member shall be present.  
The Asheville Production Credit association serves 16 Western North Carolina counties and in 1938 made 401 loans totaling \$94,500.00. Officers serving the association are: John A. Hudgens, president; S. J. Dills, vice-president; W. H. Overall, secretary-treasurer.

**GREEN FIELDS**

Fields of Madison county which were in corn or Burley tobacco last summer are now green with small grain and winter legumes and farmers have come to realize the necessity for conserving their land. The idea now is to have more green spots and fewer bare spots in winter.

**MORE TOBACCO**

Many Wilson farmers, though concerned about the prospects for tobacco this season are joining in the plan to plant more. There will be exceptionally large seedings of plant beds according to present preparations.

World wheat supplies for the 1938-39 crop year will be the largest on record if the Argentine crop—now being harvested—turns out as indicated.

**LEGAL ADVERTISING**

**NOTICE OF SALE**

**North Carolina  
Macon County**  
Under and by virtue of the power of sale contained in a deed of trust given by Lula Jane Wiley and husband, D. W. Wiley, on December 9, 1931, and recorded in the Office of the Register of Deeds for Macon County, North Carolina, in Book No. 31, of Mortgages and Deeds of Trust, Page 382, and default having been made in the payment of the indebtedness secured by said deed of trust and demand having been made on the undersigned Trustee to sell the property described in said deed of trust, the undersigned Trustee will, on Tuesday, the 31st day of January, 1939, at 12 o'clock, noon, at the courthouse door in the Town of Franklin, Macon County, N. C., sell to the highest bidder for cash, the following described property, to-wit:  
In Highlands Township, BEGINNING at a stake in the east line of First Street, said stake being North 22 deg. East 166 min. from the northeast corner of First and Main Streets, go with the east line of First Street North 22 deg. East 100 min. to stake in said east line of First Street; then south 52 deg. West 101 min. to a stake in the west line of No. 7; then with said line south 22 deg. West 100 min. to a stake; then North 52 deg. West 101 min. to BEGINNING, being same property bought of Joshua and Nannie Rogers September 27th, 1927.  
This December 30, 1938.  
S. T. MARETT, Trustee.  
J5-4tc-J26

**NOTICE**

The annual stockholders meeting of the Macon County Building & Loan Association will be held in the Building & Loan office, Bank of Franklin Building, at seven-thirty o'clock P. M. on Thursday, January 19, 1939. Please be present either in person or by proxy.  
H. W. CABE,  
President.  
J5-2tc-J12

**ADMINISTRATORS' NOTICE**

Having qualified as administrators of H. O. Penland, deceased, late of Macon county, N. C., this is to notify all persons having claims against the estate of said deceased to exhibit them to the undersigned on or before the 14th day of December, 1939, or this notice will be plead in bar of their recovery. All persons indebted to said estate will please make immediate settlement.  
This 14th day of December, 1938.  
A. C. PATTERSON,  
H. R. PENLAND  
Administrators.  
D15-6tp-J19

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