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HOME NURSING AND NUTRITION

Classes Will Be Conducted Under Red Cross Program

The Macon Red Cross will offer classes in home nursing and care of the sick and also in nutrition as part of the home defense program. Harley Cabe, chairman, announces this week.

Mrs. George R. Pattillo of Franklin, a graduate nurse, has volunteered to assist the county health nurse, Miss Katherine Shuford, in teaching the classes. Miss Gladys Maxwell, of the Farm Rehabilitation office, is chairman of the group arranging the classes throughout the county. They will be held at the following places: Sealy, with Mrs. Albert Brown; Burningtown, Mrs. Robert Parrish; Cartoogechaye, Mrs. Carl Slagle; Walnut Creek, place to be announced.

Mrs. Florence S. Sherrill, head of Home Demonstration, and an experienced teacher of home economics, has volunteered to add to her duties the teaching of nutrition classes in communities where there are no home demonstration clubs. The neighborhood leaders chosen by the Extension Service will organize these in the following places: Kyle, Pine Grove, Higdonville, Oak Grove, Upper Cartoogechaye, Watauga and Sineah.

All courses will require 24 hours, in 12 sessions of two hours each. The nutrition classes will be taught from 9 to 11 a. m. on Tuesdays, Wednesdays and Thursdays, dates to be announced later.

High School Seniors Take TVA Exams

The following Franklin high school seniors who are over 18 years of age, went to Asheville and Murphy on February 28 to take the examinations for clerical work under TVA:

To Asheville: Mary Ruby, Elsie Brendle, Margaret Guest, Virginia Bryant, Jessie Barnard, Helen Edwards, Marie Cloer, Lucile Calloway, Geraldine Wells, Barbara Hurst, Delma Edwards, Elura Belle Sanders, Lois Clark, Rob Carpenter, Carl Mason and Edgar Welch.

To Murphy: Merle Kinsland, Christine Hugg, Gladys Stiles, Evelyn Norton, Edith Sellers, Frances Mashburn, Mildred Shope, Kate Sanders, Hazel Carpenter, Frances Dowdell, Mericus McCoy, Alex Keener and J. C. Cunningham.

Physical Defects

Of School Children Listed By Mrs. McCracken

A talk before the Franklin P. T. A. on the subject, "Are We Physically Fit?" by Mrs. J. R. McCracken of Waynesville, district supervisor of public health nursing, cited the serious physical defects found among men examined for military service. A large percentage showed some form of physical unfitness, as shown by quoting national statistics, stating that the prospect for those now in the schools is no brighter.

Reporting the findings of examinations from time to time by the county health department of children in the Franklin school, Mrs. McCracken listed the following:

Of 329 children examined, 62 were underweight ten per cent or more; 101 were found to be undernourished, 239 had poor posture and two had orthopaedic defects.

Dental defects were found in every one of the 329, with poor oral hygiene (lack of mouth cleanliness) in 271 of these. Of 100 reporter to parents as having diseased tonsils. Only 12 had their tonsils removed.

These examinations showed that none of the 4-H girls had full chest expansion, and 80 per cent needed dental care. Three were found to have thyroid, and nearly all had poor condition of scalp and skin.

No Follow Up

Mrs. McCracken called attention to the disturbing fact that there was no follow-up of reports of the health department of physical defects of school children.

"Do we practice what we desire for our children and try to get them to do?" asked the speaker, stating that the object of health supervision is not only to prepare the child for life, but for participation in life. She defined health as "That quality of life that renders the individual fit to live best and serve most."

Macon Women Work In "Food For Freedom Gardens"



This typical scene of food growing for health and freedom shows Mrs. Amy Hall, Mrs. Lillie Smith and Miss Ella Evans in their WPA garden last summer as they worked a field of corn and beans, with plots of other vegetables nearby. Free lunches for undernourished school children have been served from these gardens all over the county. Now, war needs will speed up this good work begun six years ago.

Honor Certificate For Distinguished Service To Macon Red Cross

The following letter has been received by Harley Cabe, chairman of the Macon county chapter of the Red Cross:

My dear Mr. Cabe:
The Chairman has awarded to your Chapter an Honor Certificate for distinguished achievement in the 25th Roll Call and I take pleasure in forwarding it to you under separate cover. This certificate is awarded to Chapters reaching their goals or enrolling 15 per cent or more of their Chapter population.

Please extend our congratulations to your Roll Call Chairman and members of his committee, and our sincere appreciation to all who assisted in making the Roll Call successful.

We are faced with unprecedented tasks at this time, but with a united membership the Red Cross will continue to carry on in the name of the American people, doing those things which are vital and essential to the war effort.

Very sincerely yours,
Wm. Carl Hunt, Acting
Mgr. Eastern Area.

Men In The Service

J. Norman Blaine, son of Mrs. Dave Blaine of Franklin, who has recently enlisted in the U. S. Army, is now stationed in the Army hospital at Haan Field, Riverside Cal.

Doyle DeHart, son of Mrs. E. B. DeHart of Franklin, now stationed in the U. S. Navy at Boston, Mass., spent three days of the past week with his mother. He has been in the Navy six months.

Corp. Harry Bryson, son of Mr. and Mrs. C. A. Bryson, who has been stationed at Seattle, Wash., in the 162nd Inf., has been transferred to New York.

Frank Swafford, son of Mr. and Mrs. Perry Swafford of Franklin, now stationed in the U. S. Army, spent a few days of the past week with his parents.

Howard Emerson Barnard, son of Mr. and Mrs. Lee Barnard of Franklin, has entered the Army and is now stationed at the Civil Aeronautics Barrage Balloon Training Center at Tyson, Tenn. He had been an engineer with the U. S. Bureau of public roads with headquarters at Buena Vista, Va.

A. J. Davis, Jr., grandson of John C. Dills, is in Army Air Corps, and is now stationed at Scott's Field, Ill.

Hugh Johnston, son of Mrs. T. J. Johnston, has been promoted to Corporal attached to staff headquarters in Montgomery, Ala.

Gus Baldwin, part owner of the Baldwin and Liner grocery store, Franklin, is now stationed in the 4th Regiment F. A. R. Training Center at Fort Bragg.

Pre-Easter Topics
Rev. C. F. Rogers is preaching a series of sermons leading up to Easter, on the outstanding characters associated with Jesus in His life and death on the cross. The evening worship hour is changed to 8 o'clock.

P. T. A. Committee To Look Into Need Of School Equipment

At the last meeting of the Parent-Teachers association, which was postponed on account of the weather, the committee appointed to look into the matter of seats reported that the primary grades needed 25 seats. The need of lights, lavatories, drinking fountains, and also seats for the high school was also reported with an estimate of the cost.

The following committee of men was appointed to look into matter of the above equipment needed: Rev. J. L. Stokes II, Jack Sanders, R. S. Jones and W. H. Finley. The president, Mrs. Wasilak, asked Mr. Jones to interview the County Commissioners and the Board of Education and find out how much of the money recently coming to the county from Nantahala Forest timber sales is available for the schools. (This amount which has been paid to the county for roads and schools has been announced as \$5,410.17.)

The summer roundup committee appointed is Mrs. Elizabeth Guffey and Miss Amy Henderson.

Employment Service Representative to be Here

In order to give a better service to the citizens of Macon county, the representative from the United States Employment Service will be in the county two days each week. The office has had a representative stationed here Tuesdays of each week for several years. Now that men are so needed and we are having so many calls for persons of all skills, it is felt our service to the county should be extended. Beginning March 9 the representative will be in Franklin Monday and Tuesday of each week.

James R. Bates Dies At Prentiss

James Rufus Bates, 66, a farmer of the Prentiss community, died at his home on Saturday morning February 28, at 11:30 o'clock. He had been ill a week and death was due to a stroke of paralysis.

Funeral services were held at the Coweta Baptist church, Sunday afternoon at 3:30 o'clock. Burial was in the church cemetery. Rev. George A. Cloer officiated, assisted by Rev. Lester Sorrells.

The pallbearers were, Lee Phillips, Lee Bates, Roy Arnold, Ned Teague, Vannie Sanders and Raleigh Bingham.

Surviving are the widow, Mrs. Mary Phillips Bates; three children, Mrs. Emma Stockton and Mrs. Lola Bingham, of Franklin Route 2, and Jesse of the U. S. Army; two brothers, N. S. and Henry, of Franklin Route 2, and seven grandchildren.

Girl Scouts Elect Officers

The Franklin Girl Scouts Troop 1, have elected officers as follows: Patrol leader, Elizabeth Wasilak; assistant patrol leader, Ida Mae Dowdle; secretary, Louise Pendegras; treasurer, Mary Margaret Davis; reporter, Merrily Brooks.

The refreshment committee for the next meeting is: Inez Crawford, Ida Mae Dowdle and Louise Pendegras. The new troop is under the leadership of Mrs. Herbert Wardlaw. They are now planning to do some kind of defense work.

Commissioners Pass On Jail Repairs And Other Business

At the meeting of the county commissioners last Monday, repairs to the jail were authorized, which will amount to an expenditure of \$500 or more. The condition of the concrete flooring of the second floor has been unsafe for some time, which will necessitate strengthening the floor supports and a new floor.

Completion of the Jacobs Branch road in the Iota community was authorized, following favorable consideration of a petition of citizens in that section by L. B. Prince, chairman of the State Highway and Public Works Commission in Raleigh.

Twenty dollars a month was voted towards clerical help for the office of the home demonstration agent, which has previously been supplied by NYA funds.

The meeting adjourned to complete its business on Saturday, March 7, when they will draw the jury for the April term of court.

Final Rites For Mrs. Elliott

Final rites for Mrs. Nancy Jane Elliott, 87, were held at the Holly Springs Baptist church, February 26. The pastor, Rev. J. I. Vinson, of Dillard, Ga., officiated.

Mrs. Elliott died with pneumonia at the home of her son, Walter D. Elliott, Franklin Route 4, on Wednesday. She had been confined to her bed for several months suffering from injuries received in a fall.

She was born in Cherokee county on January 22, 1855, the daughter of the late Mr. and Mrs. Andrew McConnell. She moved to this county with her parents at the age of five and had lived here since that time. She married George W. Elliott in January 1877, who died several years ago. She was a member of the Holly Springs Baptist church.

Pallbearers were: Theodore Elliott, Lefferts Higdon, Frank Elliott, Roy Crisp, Dewey Elliott, and Naaman Elliott.

Surviving are four children, Walter D., Charlie, and Mrs. Robert Crawford, of Franklin Route 4, and Mrs. Hester Dowdle of Franklin Route 2, and one brother, Charlie McConnell, of Martin, Ga.

Dominick And Miller Meet Death At Nantahala

Joe Dominick 28, of New York and Edward W. Miller 26 of Texas, were discovered dead in a shaft where they were working on the Utah Construction company's Nantahala project, Sunday afternoon between 4 and 5 p. m.

The accident was not discovered until after 8 p. m. when Mrs. Dominick, who resided in a trailer in Andrews, went to the project to see why her husband had been detained.

Both men, welders, who have been employed since the work began on the project, were using electric welders about 100 feet down in a 300-foot shaft. They were on an eight-foot-wide wooden scaffold when either a short circuit or spark caused the scaffold to catch fire. Miller's body, which was found on the scaffold was recovered at 11 a. m. Sunday. Dominick fell 200 feet to the bottom of the shaft, and his body was not recovered

Record Breaking Snowfall Of 13 Inches Covers Macon

Income Tax Advisor To Be Here March 10

A representative of the Internal Revenue Service of the U. S. Treasury will be in Franklin on March 10 at Bryson Hotel to assist taxpayers in filing their income tax returns, is announced from the state office of internal revenue in Greensboro by C. H. Robertson, collector.

Mr. Robertson states, "We are anxious to serve as many taxpayers as possible during the day that our representative will be in Franklin."

Macon Enrollees

Who Have Been Given New Classifications

The Macon County Selective Board has posted the following classifications and re-classifications of enrollees according to the revised rulings:

Carlyle Shepherd, continued in I-A; Raymond Frank New, continued in I-A; Clint Teague, white and George McDonald, colored, were classified in I-A first classification, coming from a tentative I-A temporary classification. Daniel Sylvester Vinson, a conscientious objector to combatant service, but physically fit, was placed in Class I-A-O.

Charles Herbert Carpenter was placed in I-B, physically qualified for limited military service; John Clifford Dendy was changed from I-A to I-C, having enlisted and being accepted in military service; John Irving Kerns was moved from tentative class I-A to I-C, having enlisted in the regular army.

Earl Alton Dendy was classified III-A, man with dependents; Norval Woodrow Norton was classified III-A, man with dependents; Robert Bell Hill Dupree was changed from III-A to IV-D, an ordained minister; and Madison Monroe Ledford was classified IV-F, physically disqualified for military service.

Those upon whom the burden of this record-breaking snowstorm fell were the highway, telephone and power crews who worked two days and two nights to clear the road, repair broken wires and keep communications open. Much of this work took heroic measures, which were dangerous and exhausting.

Few citizens enjoying the comfort and safety of their fireides realized how much they owed to these field crews of the Nantahala Power and Light company, the Western Carolina Telephone company and the State Highway for their uninterrupted services and safe travel.



Cars Stalled, Traffic Held Up, Wires Down, Schools Closed

Early Monday morning a beautiful snow covered the landscape at daylight, falling in featherly flakes fast and steadily all day, continuing through the night, and in fitful flurries on Tuesday. By 5 o'clock Monday afternoon, many cars were so snowed under on Main street and other parking places that their owners did not attempt to move them until Wednesday morning. Others attempting to get home landed in snow banks on the streets. Only those unsighted enough to put chains on earlier in the day were able to successfully combat the dangerous highways.

Buses failed to make schedules, and schools were closed until the snow could be cleared from country roads as well as highways.

No Serious Accidents Reported

No serious accidents resulting in injury to motorists or pedestrians had been reported on Wednesday, when the snow began to melt and people resumed normal traffic. In adjoining counties the snowfall was deeper, and casualties were reported.

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Federation

Stockholders Meeting On Friday, March 13

The annual meeting of the Macon county stockholders of the Farmers Federation will be held at the Franklin Federation warehouse at 10 a. m., on Friday, March 13, instead of March 6, as previously announced.

Prizes of 30, 20 and 10 baby chicks respectively will be given to the three winners in a stockholders' drawing at the close of the meeting.

A. L. Ledford Passed At Prentiss

Funeral services for Abraham Ledford, 75, were conducted at the Pleasant Hill Baptist church on Skeensah on Thursday afternoon. The Rev. C. F. Rogers, pastor of the Franklin Baptist church, officiated. Interment was in the Pleasant Hill cemetery.

Mr. Ledford has been ill for 17 days and suffered a stroke of paralysis four days before he died.

He was the son of the late George Ranson and Eliza Ledford and was born in Clay county, September 28, 1866. He married Miss Calista Sanders on October 28, 1897 and lived several years in this county.

Mr. Ledford was a farmer and merchant and operated a general merchandise and grocery store on the Georgia highway about five miles south of Franklin.

Pallbearers were: Harry Tallent, Ralph Waldrop, Frank Howard Ledford, Fred Cowart and Charlie Stamey.

Surviving are the widow; one son, Walter Ledford; two daughters, Mrs. Essie Dills and Mrs. Lola Hopkins of Franklin Route 2, and eight grandchildren.

Home Demonstration And 4-H Schedules

Home Demonstration appointments: Monday, March 9, 2 p. m. Otter Creek school; Friday, March 13, Union, at school house, 2 p. m.; Saturday, March 14, Stiles-Tellico, with Mrs. Maud Mason.

4-H Clubs will meet: Monday, March 9, Slagle school,