

State College Hints To Farm Homemakers

By VERA STANTON
(Assistant State Agent)

Prunes are plentiful on markets now, marketing specialists of the U. S. Department of Agriculture remind housewives. For variety, the family may enjoy spiced prunes, served hot or cold, as a relish with the first course or as a lively fruit dessert. For spicing, wash prunes, then put them in a saucepan and cover with boiling water. Let them soak about an hour, or until plump. Then cook them in the same water in which they have soaked. Simmer for 15 or 20 minutes until tender, adding more water if necessary during cooking. Toward the end of the cooking add sugar to taste, a few grains of salt, spice, and a little vinegar.

Turnip greens are as familiar on southern dining tables as corn pone and pork. But southern cooks differ in the way they prepare these greens. Some discard all the stems and even midribs and cook only the leaves. Others cook and serve the greens as they come, leaves and stems together.

Because turnip greens are so prominent in southern diets, scientists at the Texas experiment station recently made tests to learn the best method of preparation from the nutritional standpoint. They tested and compared the mineral values of both leaves and stems and found that in calcium, leaves rated as excellent, and stems as good to fair. In iron, the leaves rated good, and the stems fair to poor.

Although the leaves proved to have more nutritive value, the scientists believe the stems have enough to warrant their use. Discarding this part of greens is wasteful and also takes extra

time in preparation. Some people object to the fiber or "stringiness" of older stems, but to many they are useful as roughage in the diet.

The southern custom of using the "pot liquor" or water in which the greens have cooked has long been approved by the nutritionists because the liquor contains soluble nutrients from the greens.

State College Answers Timely Farm Questions

Q. What does it take in the way of feed to produce poultry products?

A. In figuring how much feed is required to raise chickens and produce poultry products, Prof. Roy S. Dearstyne, head of the State college poultry department, says that the quality of the feed, its efficient utilization by the birds, the amount lost by waste during feeding, and flock mortality are factors to be considered in any answer to your somewhat broad question. A great deal of variation will occur in all of these factors, due to breeding variations and management efficiency. Range-reared birds require about 23.5 pounds of feed to bring leghorns up to a weight of about 4 pounds in 24 weeks, and about 28.5 pounds of feed will carry a general purpose bird for the same period of time and to a weight of about 5.6 pounds. After production starts, it requires about 8 to 9 pounds of feed per bird per month to keep the birds in action.

Q. How many farm tractors are there in North Carolina?

A. A recent check disclosed that about 27,000 tractors are now in operation.

Q. When will the State college farm and home week be held this year?

A. This event has been set for August 25-30.

Willis McCoy

Taken By Death Just Before Graduation

Willis McCoy, 16-year old son of James D. McCoy, of the Glenville section, died in an Atlanta hospital Monday morning at 1:40 p. m. His death occurred following an illness of two months. The young man would have graduated from high school this spring.

Funeral services were held Wednesday at 2 p. m. at the Hamburg Baptist church at Glenville. The Rev. J. H. Macaway and the Rev. C. C. Welch officiated at the service, and interment followed in the church cemetery.

Pallbearers were Tommy Bryson, Harold Bryson, Kenneth Fowler, Willard Monteith, J. T. Reed, and Thomas William Hunter.

Surviving, in addition to his father are two brothers, Padgett and Curtiss; one sister, Betty June, all of home; and three half-brothers, Emory and Gilmer, of Florida, and Furman of Detroit, Mich.

Bryant funeral home was in charge of arrangements.

Rites Held At Mt. Hope For D. B. Parker

Funeral services were held at the Mt. Hope Baptist church last Friday at 2 p. m. for David B. Parker. Burial followed in the Mt. Zion church cemetery. The Rev. W. L. Sorrells conducted the service.

Mr. Parker, 57-year old veteran of World War 1, died April 10, following an illness of one year. He had moved from Towns county, Georgia, to Macon County two years ago when he and his brothers purchased the Maxwell school farm.

Pallbearers were Ausborn C. Parker, Edwin B. Parker, Orvil B. Parker, Robert C. Parker, Charles Parker, John L. Parker, Robert Watts, and Earl Watts, all nephews.

Mr. Parker is survived by two sisters, Mrs. C. M. Harbin and Mrs. J. B. Watts, of Prentiss, Star Route, and two brothers, J. L. Parker, of Asheville, and W. W. Parker, of Franklin.

Juniors Show Profit From Steer Sales

Seven hundred seventy-two head of 4-H and FFA steers went through shows and sales in North Carolina last year, Leland Case, in charge of animal industry for the state college extension service, said this week.

According to Mr. Case, these animals weighed 614,115 pounds and sold for \$192,972.75, or an average of \$31.43 per hundred.

Financial reports on 537 head, showed that 98 per cent of these steers made a net profit of \$54,383.53, or an average of \$101.27 per head.

"These profits will help to pay college tuition for many of the boys and girls participating," Mr. Case said, "but this is only one of the benefits derived from this popular boys' work."

"These youngsters are learning to love livestock. They will become better citizens through their associations with good animals. They are learning good feeding, breeding and management methods, and their parents and neighbors are learning through the youth."

Raleigh E. Justice Returns Here After 35 Years In West

Raleigh E. Justice has returned here from Harlowton, Montana, where he has made his home for the past 35 years.

Mr. Justice left Franklin in 1912, and at one time owned a

Rep. Redden, Friends Pay Visit To Franklin

Rep. Monroe M. Redden, accompanied by Don S. Elias, of Asheville, and Ben Prince, of Hendersonville, were visitors in Franklin a few hours Wednesday of last week. Rep. Redden, who explained that the house is in informal recess, has been making a tour of his district ranch in Montana. He served

Route 1. Funeral arrangements were under the direction of Potts funeral home.

in the armed forces in World War 1 for 21 months.

He has been in declining health for several years, and due to his inability to work, has returned to make his home with his sisters, Mrs. John C. Smith, of Franklin, Route 2, Mrs. Lawrence Vanhook, and Mrs. Roy Vanhook of Prentiss.

THURSDAY, APRIL 17, 1941

PLAN 4-H SUNDAY
National 4-H Club Sunday will be observed on May 25, with emphasis being placed on the spiritual implications of the theme: "Working Together For a Better Home and World Community."

Boiled linseed oil should never be given internally to animals.

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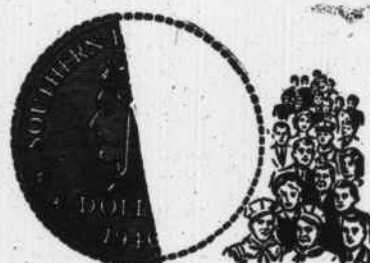
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APPRECIATE YOUR BUSINESS

This is where our dollar went



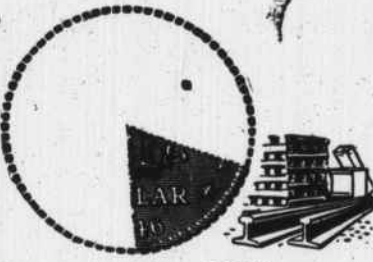
This represents each of the 276,526,571 dollars the Southern Railway System took in last year. And this is how each dollar was spent



EMPLOYEES - 50 1/2% was paid out for the services of our employees



OFFICERS - 1 1/2% was paid out for the services of all of our officers



MATERIALS, Etc. - 19 1/4% was used for materials, supplies and other operating expenses. We bought everything we could in the South



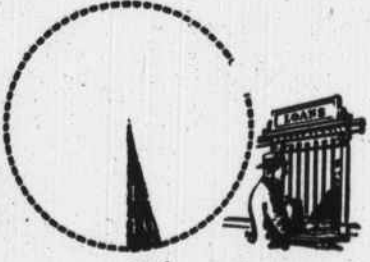
FUEL - 8% was paid for fuel—coal and oil—to keep trains running and to provide heat and power for shops, offices, stations



TAXES - 5% went for local, state and federal taxes... money which supports schools and other government services... even highways and airports



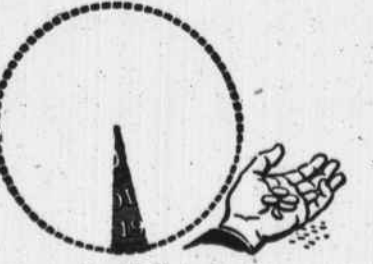
DEPRECIATION - 3 1/2% out of each dollar went for "wear and tear" on equipment and facilities



INTEREST - 4 1/2% paid the interest on the mortgages on our property and equipment



RENT - 3 1/2% was spent to pay rental charges on the equipment of other railroads, joint facilities and leased roads



LEAVING - 4 1/2% for our owners, and for improvements and emergencies.

LAST YEAR, the American railroads as a whole earned a return of only 2 1/2 per cent on the money invested in their property.

This year - with recent freight rate increases and current wage and material costs - the return is expected to be not more than 3 per cent, which is only half the 6 per cent return that the U. S. Supreme Court has said time and again is "fair and reasonable" for public utilities.

Only financially-strong railroads can provide the efficient, economical mass transportation service so essential to the growth and prosperity of the nation.

Ernest E. Norris
President

SOUTHERN RAILWAY SYSTEM

