

State College Hints To Farm Homemakers

By VERA STANTON
Assistant State Agent

An important rule for keeping home-canned food as well as jellies and jams in best condition is to put them away in a cool, dry place—and promptly. If these foods are allowed to stand around in the hot moist air of the kitchen, they lose quality and may not keep well. In heat colors fade, and flavor and texture deteriorate. Also paraffin seals on jelly glasses may loosen. In dampness tin cans and metal tops of glass jars may corrode and

eventually cause leakage. The specialists add that cool, dry storage is needed also for best keeping of commercially canned goods. These products often deteriorate if left on upper shelves in the kitchen where they suffer from both heat and humidity, or if they stand in sunny grocery store windows.

The cook who saves time by putting sweet potatoes in the oven or kettle without peeling also saves vitamins. Tests made at experiment stations show what sweet potatoes, boiled or baked in their skins, hold their naturally rich content of carotene (for Vitamin A) and vitamin C very well. Tests of a number of varieties of sweet potatoes show that, when baked or boiled without peeling, these vegetables retain from 69 to 83 per cent of their vitamin C. Potatoes cooked in a pressure saucepan held the most C. Those peeled and then boiled lost the most. Many people add a little sugar to the boiling water to give the potatoes a sweeter flavor. The tests showed that this helps save C—a tip for the future when sugar is more plentiful.

State College Answers Timely Farm Questions

Q. What can I do to control diseases and weeds in tobacco plant beds?

A. Cyanamid will control weeds but not tobacco diseases in the soil. Uramon will aid in killing weeds and will also kill such soil borne diseases as black rot, black shank, root knot, and Granville wilt.

Use 1 pound of Uramon and one-half pound of Cyanamid per square yard of plant bed. Where there have been toxic effects, change the rate to one-half pound of Uramon and one-half pound of Cyanamid per square yard.

After the soil has been well disced, pulverized, and smoothed so as to break up small clods, mark the bed into small plots. This will make it easier to get the same quantity of chemicals on all parts of the bed.

After 100 pounds of Uramon and 50 pounds of Cyanamid have been mixed, spread 100 pounds, or two-thirds of the mixture, over the 100 square yards of bed evenly by hand. Work chemicals in the first 3 or 4 inches of the soil with a light drag harrow or hand rake, but no deeper. A peanut weeder may be used or a disc harrow, with the disc set at a very slight angle, depending upon firmness of the soil. Broadcast



WHO IS THE PROUDER?—Pictured above is Bobby Henry, son of Mr. Robert Henry of Ellijay, with a registered Guernsey heifer calf, which has just been presented to him by the Macon Theatre. The gentleman on the left is Clyde Gailey, theatre manager, who has just made the presentation.

the remaining 50 pounds of chemicals on bed and scratch into the upper 1 inch of topsoil with a hand rake so as to get it no deeper than this.

The chemicals need moisture to become active. If the soil is drying out, give the bed a good watering soon after application.

Q. Is it necessary that hogs be fed a protein supplement made up of products from animal sources?

A. Yes, at least one-fifth, by weight, of the protein supplement for breeding animals and growing pigs should come from animal sources, such as digester tankage or high grade fish meal. Two gallons of skim milk or buttermilk will replace one pound of tankage or fish meal. The remainder of the protein supplement may be provided from plant sources, such as cottonseed meal, soybean meal and peanut oil meal. Fattening hogs with average weights of 100 pounds or more may receive all of their protein supplement from a mixture of the oil meals. Cotton-seed meal should not be fed alone, especially to pregnant sows, because it sometimes proves toxic.

Young People's Singing Convention To Be Held

The Young People's Singing convention, under the direction of the Rev. T. A. Slagle, will meet at the courthouse at 1:30 p. m. on the third Sunday in this month (October 19). Anyone who desires to bring this singing convention to their church is urged to be present at this meeting. All singers and lovers of gospel songs are invited.

Canada is the world's third largest nation in area, but only its 34th in population.



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McMahan Back In States From Asiatic Cruise

Verlyn C. McMahan, torpedo-man's mate, third class, USN, nephew of Mrs. Myra Britton of Franklin, has returned to the United States aboard the submarine USS Entemedor after

er completing a four-month cruise in Asiatic waters.

Letters in the first books printed from movable metal types by Johann Gutenberg of Mainz, Germany, in the middle 15th century were modeled after the hand letters of medieval scribes.



REV. SIMMS

Is Conducting a

REVIVAL

At The

REV. SAMUEL E. SIMMS

Prentiss Baptist Church THIS WEEK

and invites everyone to attend these services.

Rev. Simms' Schedule for Next Week is as Follows:

Sunday Morning

At 11 o'clock at the Oak Grove Baptist Church.

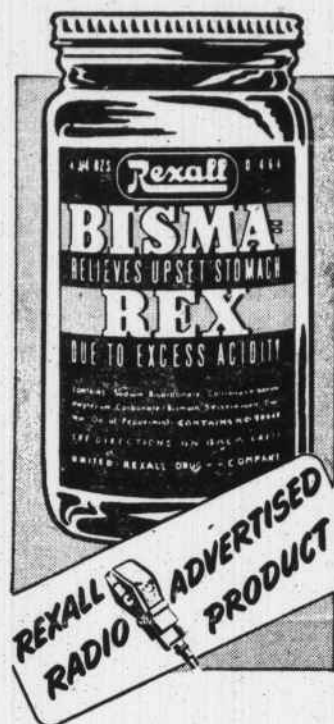
Sunday Afternoon

At 2:30 at the Windy Gap Church.

Monday Night

At 7:15 at the Courthouse, by the request of so many people, I will present "Blackout at Calvary". Hundreds of people have been turned away because of lack of room, so come early to get a seat. We are expecting a great service.

Special singing. There will be no charge, only a free will offering.



ANGEL'S
Rexall
Drug Store

MARKETING with Marjorie

You needn't be rich to serve meat fairly often (though nowadays it certainly helps if you are!). You can stretch small amounts surprisingly far by combining them with A&P's sensibly-priced cereals and canned foods. Here's how:

ENJOY A GOOD, LONG LOAF!

To make a man-size meat loaf at a budget-wise price, combine 1 1/2 lbs. ground meat, 1 egg, 1/4 tsp. pepper, 2 tps. salt, 1/4 cup chopped celery, 2 tps. chopped onion, 1/2 cup chopped celery leaves and 1 can tomato soup. Mix well. Add 4 cups of A&P's crispy SUNNYFIELD CORN FLAKES or SUNNYFIELD WHEAT FLAKES (slightly crushed). Pack into greased 9"x5"x3" loaf pan and bake in moderate oven, 375°F., 1 1/2 hours. 6 to 8 servings.

BAKED BEANS? BY ALL MEANS

When finances are low, give thanks for franks and A&P's thrifty ANN PAGE BEANS... and put them together like this: To two 16-oz. cans of beans, add 2 or 3 sliced frankfurters, 1 tsp. brown sugar, 1/2 tsp. grated onion and 1/4 cup tomato juice or ketchup. Pour into baking dish or bean pot and bake in a moderate oven, 350°F., 25-30 minutes. 6 satisfying servings.

STRETCH IT OUT WITH KRAUT!

You won't hear a single beef about ground beef prepared this way: To 1/2 lb., add 1/2 tsp. salt; shape into balls and cook in 2 tps. fat until browned, turning occasionally. Add 1 cup boiling water, 2 onions (cut in halves), 1 cup cooked or canned tomatoes and 1 #2 can of A&P SAUERKRAUT. Simmer about 1 hour. Serves 4.

LEFT-OVER "PUSH-OVER"

Two cups of left-over meat will serve 4 to 6 people... right... if it's stretched so: Mix together 1 finely chopped onion, 1/2 tsp. salt, 1 tsp. horseradish, 1 tsp. mustard and 1/4 tsp. pepper. Add to 2 cups mashed potatoes. Combine 1 egg (beaten), 1/4 cup WHITE HOUSE EVAPORATED MILK from the A&P (undiluted), 1 tsp. melted margarine and 2 cups left-over or ready-cooked meat (chopped). Add to potato mixture and pile into greased 1 1/2 quart casserole. Bake in hot oven, 425°F., 25 minutes.

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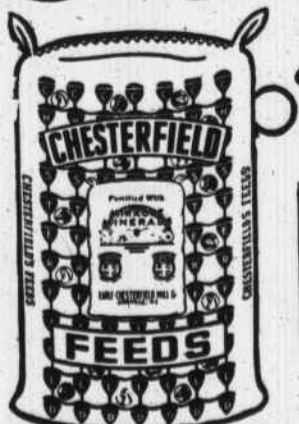
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- Covered Bowls—Each ———— 1.00
- Coffee Scalders—Each ———— 1.00
- Small Handled Bowls—Each ———— 39c
- Waffle Batter Pitcher ———— 1.00
- Milk Pitcher ———— 79c
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