

8-Point Plan Seeks Better N. C. Teachers

An eight-point program has been suggested by a State Education commission group to combat what it calls an urgent need for improved teacher education in North Carolina.

The program was proposed by the teacher education committee, headed by W. M. Jenkins of the Durham county schools.

"Strong attacks" should be launched to do these eight things, the committee said: Professionalize teacher education; select and secure good candidates; equip colleges to do professional preparation of beginners; provide continuation education; develop qualified leadership; improve organization and administration; improve certification; and provide for statewide planning.

The report to the State Education commission says that the teacher shortage is so serious

It Was Slim Clue, But Lady Got Her Picture Anyhow

RALEIGH—The State Advertising division owns no crystal ball, but it is a good soothsayer just the same.

A lady wrote Thad Eure saying that she was in a red dress standing with her husband on a street in Newport News on July 4 when some photographer made their picture. He was in a car bearing N. C. license plates. She wanted prints of it, and could the secretary of state help?

Eure sent the letter to the Advertising division. Carl Sink of that office went into reverie and remembered that Bugs Barringer, photographer, of Rocky Mount, had said he was going to Virginia on the 4th. He sent the letter to Bugs and the lady got her prints.

HERE ARE WAYS YOU CAN AVOID HEAT SICKNESS

Difference Between Heat Exhaustion And Sun Stroke Explained

With the approach of high temperatures and the rush of the harvesting season, it is easy to be overcome by heat illness, says H. M. Ellis, in charge of extension agricultural engineering at State college.

When heat illness strikes, it can be serious, sometimes fatal, Mr. Ellis said. Be on the guard against heat sickness and take the necessary precautions this summer to avoid over-exposure to the sun or prolonged physical exertion in extreme heat.

Heat exhaustion and sun stroke are two entirely different things, even though both may seem to result from exposure to high external heat. With heat exhaustion, the patient's skin is cold and clammy—while with sun stroke, the skin is hot and dry. A simple rule may serve as a guide and avoid confusion regarding the treatment. Briefly, it is this: If the patient is cold, make him warm; if he is hot, make him cool.

You can protect yourself that some 3,000 qualified white elementary teachers must be secured this fall from places other than teacher training schools in the State.

It continues: "It is necessary to emphasize the fact that the day has passed when any college graduate can teach. A great deal is known today about how to teach. As much is known about the technique of teaching reading as about the technique of removing the appendix. . . . Changing teacher education into professional education cannot be done overnight, but a strong beginning in that direction should be immediate."

Wiley R. Tallent, Now In Army, Is At Fort Dix

Pvt. Wiley R. Tallent, son of Mr. and Mrs. Jeff Tallent, of Franklin, has arrived at Tilton General hospital, Fort Dix, N. J., for assignment with the Medical detachment, according to an announcement received here. Pvt. Tallent, who formerly was stationed at Fort Jackson, S. C. enlisted in the U. S. Army April 19.

against heat sickness by following these National Safety council recommendations:

Avoid over-exertion, particularly in the early part of the heat wave.

Avoid too much exposure to direct sun rays, or extreme indoor temperatures and high humidity—wear a hat while out of doors.

Wear light, porous clothing and avoid tight fitting clothes.

Increase the use of salt on food, or use salt tablets or salt in drinking water to offset the excessive loss of salt from the body through perspiration.

Drink water often throughout the day, one glass at a time.

Eat nutritious food but avoid overeating—vitamin C lost through perspiration should be replaced with fruit juices.

Get plenty of sleep and bathe regularly.

Avoid ice cold water and alcohol.

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