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The dairy industry of North Carolina will be featured at the 1956 N. C. State Fair, according to Dr. J. W. Pou, head of the animal industry department at North Carolina State College. He states that the theme will be "North Carolina Dairying on Parade" and the slogan will be "Refresh Naturally with Milk and Dairy Products."

**This Week With Macon County Agents**

By MRS. JESSE D. CABE (Assistant Agent)

September and school days are a good time to find the answer to the question: What's America's favorite food? By any measure, it's the sandwich meal. Sandwiches make a hit from breakfast to the last snack before retiring. There's no end to the variety of sandwich combinations. They can be served with soups or salads for lunch, or baked for dinner. Use a variety of breads or rolls. Include garnishes of your own choice. Nutritionists suggest pickle fans, olives, radish roses, green pepper rings or carrot curls, and pickled fruit or French-fried onion rings to give sandwich meals extra eye-appeal. Make them open-face or closed, three "stories" high or a foot long.

According to Miss Ruby Uzzle, extension specialist in Consumer Food Marketing, an estimated 90 million sandwiches are eaten every day in America — with peak consumption in late summer. Forty percent of each day's 70 million restaurant meals calls for sandwiches — 28 million. Twenty-three percent of all noon lunches in the 48 million homes of the nation are built around sandwiches — 22 million. Seven percent of the evening meals in 48 million homes have sandwiches as a main course — 12 million. More than half of the nation's 55 million city people pack lunches with sandwiches as the mainstay — 28 million daily. In addition, sandwiches are eaten as snacks all hours of the day.

Miss Uzzle also gives the reasons why sandwiches are so popular:

1. Sandwiches accommodate to the modern pattern of quick and easy living.
2. Sandwich meals provide endless nutritious variety—the opportunity of eating favorite foods in easy-to-prepare, easy-to-eat form.
3. Sandwiches are the mainstay of "pack-lunches" for school, for office lunch, for workers in plants and factories, and for picnics.
4. Sandwiches and their accompaniments appeal to people of all ages and all pocketbooks. Although largely "out-of-hand" food, sandwiches range from the lowly hot dog to delicate tea sandwiches, from the hamburger to glamorous concoctions of famous chefs. They are a chosen food in all strata of American life. SANDWICHES FEED A CROWD! Choose sandwiches for a cool and speedy summer meal-making. For the family or for the crowd, sandwiches fill the bill.

Sandwich-making in quantity will be easy if you use the following simple, step-by-step procedure which is used in many restaurants:

1. Set out a large cutting board, a knife with a rigid blade for cutting, a two-tine fork for picking up sliced fillings, small spatulas for spreads and a scoop or large spoon for placing just the right amount of spread-type filling on each bread slice.
2. Cream butter or margarine to easy spreading consistency. Keep bowl close to work area.
3. Arrange platters of sliced meat or cheese and bowls of salad-type breads close to work area.
4. Arrange bread for desired number of sandwiches in rows on cutting board. For peak efficiency, work in only one direction.
5. Spread each bread slice with softened butter or margarine in one stroke with spatula.
6. For spread-type fillings, use spoon or scoop to place exact amount of filling slightly to the right center on every other slice of bread. Measure out fillings for all sandwiches before spreading any of the filling.
7. Spread filling lightly to the edge of the bread using an "S" motion with a small spatula or sandwich spreader.
8. Cover fillings with lettuce leaves.
9. Cover fillings with slice of plain buttered bread next to each filled slice, working in one direction.
10. Stack two sandwiches at a

time and cut through both at once.

11. For freezing, wrap sandwiches in moisture-vapor proof material, labeling each sandwich package with name of sandwich and date.

And, so they say, "Any time is sandwich time".

**Demonstration**

**Club Meetings For Week Are Announced**

Meeting of home demonstration clubs in this county for the coming week have been announced by Mrs. Florence S. Sherrill, county home demonstration agent. They are as follows:

Today (Thursday): Clark's Chapel club at the church at 9:30 a. m.; Higdonville club with Mrs. W. W. Berry at 1:30 p. m.

Friday: Watauga club at 1:30 p. m. at the home of Mrs. Jim Thompson.

Monday: Longview club with Mrs. Bertha Smart as hostess at 2 p. m.; Otto club at the school at 7:30 p. m.

Tuesday: Olive Hill-Oak Dale club at the home of Mrs. Carlos Rogers at 2 p. m.

Consumers are eating a lot more beef these days, yet they are paying about the same share of their income for it, say specialists in the U. S. Department of Agriculture. The amount of beef eaten by the average American was 63 pounds in 1949. By last year this had climbed to 81 pounds. For both years, however, the amount spent for beef amounted to 2.7 per cent of disposable consumer income.

**Legal Advertising**

**EXECUTRIX NOTICE**  
Having qualified as Ancillary Executrix in Macon County, North Carolina, of the estate of H. Le Roy Brink, deceased, late of Palm Beach County, Florida, this is to notify all persons having claims against the estate of said deceased to exhibit them to the undersigned or to J. H. Stockton, Process Agent, Franklin, North Carolina, on or before the 4th day of September, 1957, or this notice will be pleaded in bar of their recovery. All persons indebted to said estate will please make immediate settlement.  
This the 4th day of September, 1956.  
HELEN MARIE BRINK  
Ancillary Executrix  
c/o J. H. Stockton, Atty.  
Franklin, North Carolina  
S6-6tcJHS-011

**EXECUTOR'S NOTICE**  
Having qualified as executor of the Estate of S. P. Pierson, deceased, late of Macon County, N. C., this is to notify all persons having claims against the estate of said deceased to exhibit them to the undersigned on or before the 7 day of August, 1957, or this

notice will be plead in bar of their recovery. All persons indebted to said estate will please make immediate settlement.  
This 7 day of August, 1956.  
W. P. PIERSON  
Executor  
A16-6tcJHS-S20

**ADMINISTRATOR'S NOTICE**  
Having qualified as administrator of the Estate of O. H. Burnside deceased, late of Macon County, N. C., this is to notify all persons having claims against the estate of said deceased to exhibit them to the undersigned on or before the 10 day of August, 1957, or this notice will be plead in bar of their recovery. All persons indebted to said estate will please make immediate settlement.  
This 10 day of August, 1956.  
G. L. HOUK  
Administrator  
A16-6tcGLH-S20

**ADMINISTRATRIX NOTICE**  
Having qualified as administratrix of the Estate of Roy Cantrell deceased, late of Macon County, N. C., this is to notify all persons having claims against the estate of said deceased to exhibit them to the undersigned on or before the 1 day of September, 1957, or this notice will be plead in bar of their recovery. All persons indebted to said estate will please make immediate settlement.  
This 1 day of September, 1956.  
HAZEL CANTRELL  
Administratrix  
S6-6tp-011

**IN THE SUPERIOR COURT  
NOTICE OF SERVICE OF  
PROCESS BY PUBLICATION**  
NORTH CAROLINA  
MACON COUNTY  
JACK LEE WOMACK  
vs.  
MARY W. WOMACK  
To Mary W. WOMACK:  
Take notice that a pleading seeking relief against you has been filed in the above entitled action.  
The nature of the relief being sought is as follows: An action to obtain divorce on the grounds of two years separation.  
You are required to make defense to such pleading not later than October 29, 1956.  
This the 31st day of August, 1956.  
KATE M. WRINN  
Clerk of Superior Court  
S6-4tcJJ-S27

**NOTICE OF SALE**  
STATE OF NORTH CAROLINA  
COUNTY OF MACON  
MACON COUNTY,  
Plaintiff  
vs.  
HENRY MASHBURN and wife, RUTH MASHBURN, HOMER MASHBURN & wife, PEARL MASHBURN, ARTHUR MASHBURN & wife, IRENE MASHBURN, ROY MASHBURN, & wife, BLANCHE MASHBURN, NORA DOBSON, widow, LIZZIE WALDROOP & husband, JAKIE WALDROOP, ELLA MASHBURN, single, TOM JENNINGS & wife, HATTIE JENNINGS, CHARLIE JENNINGS & wife, BECKY JENNINGS, ALMA RUSSELL & husband, PRITCHARD RUSSELL, MAY SHOOK & husband, TROY SHOOK, MINNIE GIBSON, widow, FRED ANGEL & wife, CORDIE ANGEL, LEX ANGEL & wife, KANSAS ANGEL, JOE ANGEL & wife, TUDE ANGEL.

HELEN GIBSON & husband, PETE GIBSON, GROVER ANGEL & wife, EVELYN ANGEL, CARRIE GIBSON & wife, BIDIE GIBSON, FALIE GIBSON & husband, JOHN GIBSON, JOHN ANGEL & wife, OPAL ANGEL, RUTH ANGEL, single, MAMIE H O W E L L, widow, M A T T I E DAVES, widow, DORITA DAVES ASHE & husband, BOB ASHE, FRANK WOOTEN & wife, DORA WOOTEN, LILLIE ANGEL, widow, SALLIE ANGEL, widow, DAVE ANGEL & wife, BELLE ANGEL, BOB ANGEL & wife, PEARL ANGEL, the unknown heirs at law of T. A. Angel, deceased, and all persons and corporations owning or claiming to own any interest in the subject matter of this action,  
Defendants.

Under and by virtue of a decree of the Superior Court of Macon County entered in the above entitled action on the 22nd day of August, 1956, the undersigned Commissioner will on the 24th day of September, 1956, at 12 o'clock noon, at the Courthouse door in Macon County, North Carolina, sell to the highest bidder for cash the following described real estate:

Lying and being in the County of Macon, in the 12th district, lying on Celes Branch joining W. F. Mashburn and others, and bounded as follows: BEGINNING on a white oak, runs thence North 16 West 2 poles to a white oak bush; thence North 45 East 30 poles to a b. oak; then North 70 East 33 poles to a locust; thence North 45 East 36 poles to a black oak; thence North 72 East 88 poles to a chestnut on the top of Bryson Knob; thence South 10 East 25 poles to a white oak; thence South 20 West 30 poles to a Spanish

oak; thence South 40 West 104 poles to a poplar; thence South 10 poles to a sourwood; thence South 63 West 70 poles to a chestnut; thence North 55 West 16 poles to a hickory; thence North 16 poles to a white oak; thence North 20 West 60 poles to the BEGINNING, containing 75 acres, more or less.  
This, the 22nd day of August, 1956.

R. S. JONES  
Commissioner  
A30-4tc-S20

**NORTH CAROLINA  
MACON COUNTY**

Under and by virtue of the power of sale vested in the undersigned trustee by a deed of trust executed by H. L. BRYANT and wife, MAE BRYANT, dated the 30th day of December, 1955, and recorded in the office of the Register of Deeds for Macon County, North Carolina in Building & Loan Book No. 4, page 391, said deed of trust having been executed to secure certain indebtedness therein set forth, and default in the payment of said indebtedness having been made, I will on Friday, the 12th day of October, 1956, at 12 o'clock noon, at the courthouse door in Franklin, North Carolina, sell to the highest bidder for cash the following described land:

All the land described in a deed from W. W. McConnell and wife, Cassie McConnell, to Dewey Guffey and wife, Marie Guffey, dated November 3, 1953, and recorded in the office of the Register of Deeds for Macon County, N. C., in Deed Book D-6, page 547.

This the 11th day of September, 1956.  
MARIE JENNINGS, Trustee  
S20-4tcJJ-011

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