nuarters in Asheville.

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PATTON LEADERS FEEL -

4-H Program Develops **Highest Type Citizen**

Mrs. Harley Stewart

The you have ever attended a The Th'club begins with state or county fair. You are at people at the age of ten most sure to have seen the 4 m with their minds are still parties. Under the sign, boys and and gives them guidance girls have exhibited the work they time when it is most heeded.

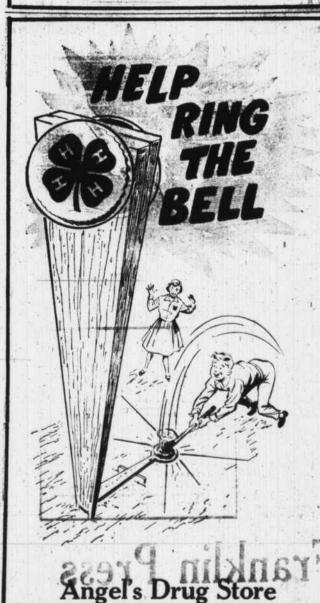
rural boystand girls.

But, everthing in life must gives him a feeling of indiv

CAROLINA PHARMACY

Spiringa Bernie M. etery Shy. But in Wonithmanging Now CHECK YOUR

TO OBSERVE NATIONAL 4-H CLUB WEEK **DOWNS & DOWDLE**





the home ation. purpose. That of giving the doing" This is exactly what these youngster something of his own. boys and girls are doing as they in most instances, a nice bank take a project and carry it account, and that of bringing the

s and girls shy boy meetings group this f the

of deapership businessines, and Children are competitive by nature and the friendly comtact with in the 4-H program teaches them how to do the wholesome, helpful things and to play

the game fairly. The 4-H program is not confined solely to work. Recreation plays a large part in the life of 4-H club member. They enjoy their projects because they like to do a job that is worth doing and they like to do it well. But there is plenty of real fun in the

Foods Project Is 'Adventure' For 4-H Girls

Karen Houston Iotla 4-H Club) who enroll in 4-H club work for the first year and be interested in the foods proje Kitchen' This was one

baking of drop sugar cookies. My manual told me each step to take in every detail. My first cookies were good.

Everyone who ate my cookies

old me they were very good. I can now travel this adventure without having a road map or recipe.

My next adventure was making

hot cocoa. In the second adventure I learned the value of correct measuring. Other foods which we beginners learn to prepare are salads, sandwiches, hot dogs, muffins, and cook-out meals.

Table setting is also one of our najor subjects we study and learn When this first foods manual s finished we are ready to enroll o Unit I of the 4-H Food Prepara tion Project.

COOKING CORNER Favorite Recipes

FABULOUS PIE

Of MACON WOMEN

packages 'cream chees large 8 oz. size 1 cup sugar

3 egg yolks, beaten pinch of salt i teaspoon vanilla 3 egg whites, beaten

cup whipping cream To cheese and egg yolks, su salt and vanilla. Mix thoroug Fold in whipped cream and whites. Pour in graham cra

crust. Child thoroughly. May frozen for future use. Serve with fresh or frozen st berries praches, or other fru

Mrs. George Byrd (Cowee Club)

self-re-program, too. Part of each club through.
often meeting is given over to games. In summary, we might say that

The 4-H slogan is "to learn by em;

ects are singing, and other kinds of recre- the 4-H program develops leaderne. Above all,

> Station Neet Congratulations to members...



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Awards Program ka Important Part Of 4-H Work as

Elizabeth Ann Hammons was chosen winner in the beef production project. Both these proects carry a state award of a

On the local level, "Achievement Days" are held and medals are given to outstanding club members for their work in their pro ject activities. These project ac-tivities include Farm and Home Electric, Tractor program, Field Crops, Dairy, Entomology, For estry, Garden, Beef, Swine, Clothing, Foods, and Home Manage-ment. Records are the basis of selection for winners at our local "Achievement Day", as well as on a district state and national level.

In most awards program, the state level prize is a trip to the "National 4-H Club Congress" in Chicago, which those who have made the trip say is an unfor gettable experience. On the na tional level, prizes are usually in the form of scholarships.

The awards programs were initiated to stimulate interest and competition among the members interested in the different pro-jects. This is just another method 18 of making the best better.

BOOSTING CAREERS

Highlands Commanie Hospital one of several in the area taking part in a planned program to guide direction making from high schools throughout Western North Carolina into nursing and other careers. The program will



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