

PATTON LEADERS FEEL 4-H Program Develops Highest Type Citizen

Mrs. Ted Blaine
and
Mrs. Harley Stewart
(Patton Leaders)

have a beginning. This is particularly true with the 4-H program, which is an educational program designed primarily for rural boys and girls.

The 4-H club begins with young people at the age of ten years while their minds are still plastic and gives them guidance time when it is most needed.

The projects that the 4-H member selects are his own. But, everything in life must



Franklin High Basketball team captain, Joyce Cole (left) and Guy Sportsmanship Trophy awarded to Franklin High for the teams' play in the Sportsmanship Conference tournament. Also pictured are boys' coach, C. K. "Ike" Olson, and girls' coach, Rose (Harry) Corbin, who holds the trophy she won as Coach of the Year in the girls' basketball division. (Staff Photo)

Awards Program Important Part Of 4-H Work

In addition to regular club meetings, actual project work, and learning to meet people effectively, 4-H club members also have the opportunity to win national, state and district awards for their work in long time records. Many projects carry national awards as well as state and district achievements.

Macon County 4-H club members have been interested in long time records for some time, and two of these records have been judged best in the state. While a 4-H club member, Don Brown, of Clark's Chapel, was declared state winner in the Farm-Home Electric project. Last year, Elizabeth Ann Lammons was chosen winner in the beef production project. Both these projects carry a state award of a trip to Chicago.

On the local level, "Achievement Days" are held and medals are given to outstanding club members for their work in their project activities. These project activities include Farm and Home Electric, Tractor program, Field Crops, Dairy, Entomology, Forestry, Garden, Beef, Swine, Clothing, Foods, and Home Management. Records are the basis of selection for winners at our local "Achievement Day", as well as on a district state and national level.

In most awards program, the state level prize is a trip to the "National 4-H Club Congress" in Chicago, which those who have made the trip say is an unforgettable experience. On the national level, prizes are usually in the form of scholarships.

The awards programs were initiated to stimulate interest and competition among the members interested in the different projects. This is just another method of making the best better.

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program, too. Part of each club meeting is given over to games, singing, and other kinds of recreation.

The 4-H slogan is "to learn by doing". This is exactly what these boys and girls are doing as they take a project and carry it through.

To those girls who have worked closely with their boys and girls, it is sometimes surprising and gratifying to watch a shy boy or girl learn to conduct meetings, give demonstrations and public talks that would make to shame some of the leaders. Club members run their own activities to a great extent. They select their officers, decide on projects by majority vote, and conduct their own meetings. They choose their individual work projects and together plan and carry out group projects. In this way they learn to think and do for themselves and they learn how to work together as a team.

Children are competitive by nature and the friendly competition that they come into contact with in the 4-H program teaches them how to do the wholesome, helpful things and to play the game fairly.

The 4-H program is not confined solely to work. Recreation plays a large part in the life of a 4-H club member. They enjoy their projects because they like to do a job that is worth doing and they like to do it well. But there is plenty of real fun in the

Foods Project Is 'Adventure' For 4-H Girls

Karen Houston (Iotia 4-H Club)
Girls who enroll in 4-H club work for the first year and become interested in the foods project begin with the beginners manual called "Adventures in the Kitchen". This was one of the first projects chosen. "Adventures in the Kitchen" is really a workbook for your cooking experiences. Each food cooked was called an adventure. This makes cooking lots more fun.

The first adventure was the baking of drop sugar cookies. My manual told me each step to take in every detail. My first cookies were good.

Everyone who ate my cookies told me they were very good. I can now travel this adventure without having a road map or a recipe.

My next adventure was making hot cocoa. In the second adventure I learned the value of correct measuring. Other foods which we beginners learn to prepare are salads, sandwiches, hot dogs, muffins, and cook-out meals.

Table setting is also one of our major subjects we study and learn. When this first foods manual is finished we are ready to enroll to Unit I of the 4-H Food Preparation Project.

The **COOKING CORNER**
Favorite Recipes
Of MACON WOMEN

- FABULOUS PIE**
3 packages cream cheese or 1 large 8 oz. size
1 cup sugar
3 egg yolks, beaten
pinch of salt
1 teaspoon vanilla
3 egg whites, beaten
1 cup whipping cream
To cheese add egg yolks, sugar, salt and vanilla. Mix thoroughly. Fold in whipped cream and egg whites. Pour in graham cracker crust. Chill thoroughly. May be frozen for future use.
Serve with fresh or frozen strawberries, peaches, or other fruit.
- Mrs. George Byrd
(Cowee Club)

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