

**LIUS SHAFFER**

se, Carthage  
day, September 26th.

pose of examining eyes  
glasses. Hours 9 a.m.  
to 5 p. m.



**J. C. MANN**  
Specialist will be at  
**JEWELRY STORE**  
Sanford, N. C.

esday in each week from  
A. M. to 4:00 P. M.  
ed that are easy and rest-  
eyes, children and young  
n special attention. Cross  
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n free.

**STONES**  
AND  
**MONUMENTS**

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**MATTHEWS**  
VASS, N. C.  
s ETOWA MARBLE AND  
WORKS, Atlanta, Ga.

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TH CAROLINA.

**NORTH CAROLINA**

(About 100 years ago)  
By W. Biddle Gilman

The trees growing in the lower counties of North Carolina are as they were then, loaded down in many instances with large quantities of a long, gray, spongy moss appearing from the commencement of the limbs to the very top, hanging both in clusters or as a deep fringe which lends to the whole forest a very singular funeral-like appearance; the cattle which roamed unmolested in the woods at that early period as well as the deer which were plentiful, lived to some extent upon it, the moss being green inside, of rather agreeable taste and quite nourishing. It was used at one time for filling mattresses, but was found that it became very brittle with age and was discarded as unsuited for that purpose.

There is another parasite which attached itself principally to the oak trees which at the time previously mentioned was an article of some considerable importance socially; that was the "mistletoe" which was found almost all over the state, and no Christmas festivity was considered a success unless a bunch of the mistletoe hung overhead, and the ceremonies attendant thereupon were much enjoyed by the young members of the family.

In many parts of the state grapes (the fox and chicken grapes) together with plums (the wild-goose plum), blackberries and wild strawberries grew spontaneously; they are still evident to some considerable extent, but nothing like as profusely as they were one hundred years ago.

Also at that time there were several medicinal plants, namely: ginseng, which is now quite scarce, and which in the days when it was abundant yielded quite a satisfactory remuneration to those who sought for it in the woods, where it was usually found; seneca snake root and Virginia snake root and some others were also to be obtained by those in search of them. The rich bottoms were overgrown with the cane, the leaves of which remain quite green throughout the winter, furnishing good nourishing food for the cattle which ran at will throughout the country.

North Carolina was at that time too far removed from the necessary perfection of culture to give to it the full advantage of the natural richness of its soil and the pecuniary value of its production, which were yearly increasing in variety.

**WEST END**

Miss Grace Donaldson has returned to Washington to take up the work she had before she quit last fall to teach here.

Miss Edith Hurley, of Candor, visited Mrs. Martin on Sunday.

Mr. and Mrs. B. W. Pulliam are visiting relatives here.

Mr. Woodford Moss has returned to his home in Grover after spending the summer in this vicinity.

Mr. Carl Reller and sister, Miss Mary, visited near Vass Friday night.

A large number from here went to preaching at Culdee on Sunday.

Mr. Mike Donaldson is at home now.

The protracted meeting will begin at the M. E. Church September 26th, at 11 a. m. Rev. Mr. Brown, of Mt. Gilead, will do the preaching.

Mrs. Eifort's talk on her trip out west was well worth hearing Friday night. It will be more interesting

to study about the western states after hearing that wonderful talk. Mrs. Eifort said she did not see a place that would tempt her to leave North Carolina. The Eiforts moved here about six years ago from Kentucky.

**WHAT HAVE YOU DONE?**

There are only seventeen more days before the Vass Community Fair and there is much yet to be done to make the fair a successful one. Don't wait until the last few days to prepare your exhibits, but start now and fix something worth while. Every one does something just a little bit better than his or her acquaintances and that is the thing you want to do as your share in the success of the fair. Look through the premium list again and see if there isn't a prize offered for the kind of cake, candy, or pie that you delight in preparing, or perhaps you have something raised on the farm or in the garden that you are especially proud of; if so, exhibit it at the Vass Community Fair.

The Community Club will hold a meeting at the school auditorium tonight (Friday, September 23). The public is cordially invited and you are urged to attend whether you are a member or not.

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**SANFORD, N. C.**

**Another Building Boom at Southern Pines!**

This is only September, but the movement has started, and each time a five-acre lot or a ten-acre lot is picked up the number left is smaller, and the territory is pushed a little further back.

**Sixteen Acres** of that choice home stuff gone in the area between Southern Pines and Manley since the last call. That is cutting in fast.

Time to hot foot in search of

**FRANK BUCHAN**  
or **SAM RICHARDSON,**

**SOUTHERN PINES, N. C.**

or some one else will have what you will be sorry you did not get.