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Demand Home Grown Farm Products And Aid Farmers, Says Mrs. Keating

Head of Welfare Association Launches Move in "Live at Home" Program

Mrs. Frances Keating of Pinehurst, head of the Health and Welfare Association of Moore county, has a scheme in mind to help the farmer, to help all of us to live more at home, to help the folks to be better fed and nourished, and along with it to help kindly disposed people to help the Moore County Hospital with the gift of some wholesome food. The basis of the project is to make more flour and cereal food from home-grown grain, of which the county has a fair crop this fall, and to utilize that crop instead of buying so much grain material from distant sources of pro-

Moore county has a number of grist mills, big and little, and they have the capacity to make more flour and cracked grain foods than they do. They are also able to make the whole wheat flour which Mrs. Keating advocates as a better health agent than the emasculated white flours that cost more money than home-raised products should cost, and she argues that it is better to use what we can raise at home than to buy our stuff from some where else. In the period of low water the water mills were got in the best shape to make flour, but the streams have been filled up to some extent and now grinding is possible at many places. Good meal is made at the water mills, and Mrs. Keating says that if the merchants will buy and use home-grown meal the farmers will profit by the market afforded and the people will get a better grade of product than most of the meal that comes from out of the state. If the people will call for homemade water ground meal they can induce the merchants to procure it, and that will make use of the corn raised on the home farms.

Flour mills in the county can make flour from the native wheat. High Falls mills have had a wide reputation for the flour ground up there, and Little River Mills at Lakeview have had a good trade in whole wheat flour for years. They make a quality of the highest character. The other mills of the county have made a lot of good flour in the past, but the demand has centered more at the stores of late, which have been buying their flour elsewhere and local grain has been neglected. The upper part of the county has had a good wheat crop, and some of the farmers in the lower townships have grown good wheat crops. The Roseland neighborhood west of Aberdeen is a good wheat section, and more farms could make wheat if they had the market.

Good whole wheat flour, good corn meal, good barley for flour, soups, and various uses, Mrs. Keating says, would make better health and more rugged children. With these grains used as they could be, and more of the county's garden stuffs made available at the stores or in any other way that could result in distribution of home-made farm products, she thinks the farm question could be simplified, and she emphasizes the movement by some of the Pinehurst Brotherhood to encourage gifts of whole wheat flour and other farm products to the hospital, where all good foods are appreciated. She urges folks to ask for Moore county farm products at the stores, and to keep asking until the habit of living at home will be fixed all over the county, and she says that better health and more prosperity will be the out-

Mrs. Keating is a helpful factor in the health and welfare of Moore county, and, as John McQueen says, she never quits, so Moore county might as well begin now to call for flour made of Moore county grains and properly made in Moore county

The Red Cross fights on! War Service brightens the lives of veterans in hospitals and of soldiers and sailors wherever the flag flies. Every American should support this service by taking out membership in the local chapter.

One Good Bet

Pinehurst Property Only Investment On Which This
Man Hasn't Lost

A man who owns property in Pinehurst a few days ago remarked, after talking a little about business affairs generally, "The only thing I own on which I have not lost money the past year has been my Pinehurst property." The general business conditions in the North during the year have been of such a character that losses have been easy to accumulate, but in the Pinehurst section few persons have marked off any depreciation, while the general tendency has been in the direction of appreciation, and in some instances

by pronounced percentages. Following this statement with some inquiries as to relative values of property in the neighborhood indicates that while in some cases advances have not been indicated the positive note of values maintained is on every hand. The definite trend of appreciation in values is also in evidence in all directions. But the search of any decline in values is attended with feeble returns. The general tenor is toward improvement, and by decided majority and backed by definite confidence.

NIAGARA

Mrs. Jane Morgan returned Suncay from a trip to Chapel Hill and Durham.

Mr. and Mrs. John Frank, Jr., have moved to Pinebluff.

Miss Francis Hall of Raeford spent the past week with her sister, Mrs. Pearl Sessoms.

W. T. Smith of Raleigh spent the week-end with relatives in these parts.

Mr. and Mrs. Oscar Sewerd of Farmington, Maine, arrived the first of the week to spend the winter at their home here.

Robert M. Berry, who has spent several weeks in Niagara, left on Tuesday morning by auto for his home in Hebron, New Hampshire.

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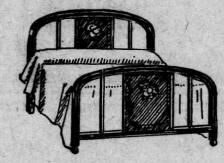
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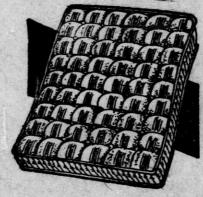
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