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A Country Day-School for Boys and Girls with Kindergarten.

Limited Boarders Received.

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Dancing Classes Wednesdays

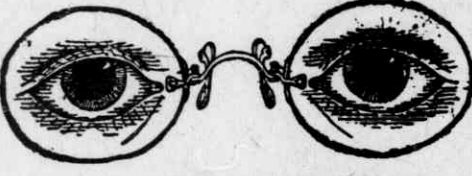
Agnes Dorothy's Beauty Shoppe

All Branches of Beauty Work

Also Carry a Full Line of GALVE PREPARATIONS

Over Broad Street Pharmacy


Phone 5131 Southern Pines, N. C.



DR. E. D. HARBOUR

OPTOMETRIST

will be at Tarlton's Jewelry Store, Aberdeen, on Tuesday, July 7, from 1 to 4 p. m.



Dr. J. C. Mann

EYE SPECIALIST

Will be in his office over the Post Office, Sanford, N. C., every Wednesday, from 10:00 a. m. to 3:00 p. m. Don't fail to see him if your eyes are weak.

Dr. J. I. Neal

Veterinarian

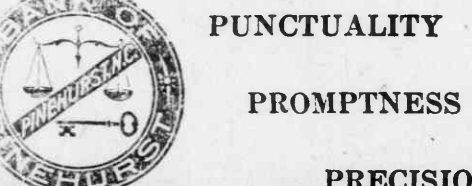
at Swinnerton's on Mondays at Pinehurst Dairy on Thursdays

666

LIQUID OR TABLETS

Relieves a Headache or Neuralgia in 30 minutes, checks a Cold for the first day, and checks Malaria in three days.

6 6 6 Salve for Baby's Cold



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on Sale each
Friday, Saturday and Sunday
Limit 10 Days
During
June, July and August

Tickets also on slae to all South-eastern Destinations.

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SEABOARD

SPECIAL LOW ROUND TRIP FARES

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Niagara Falls, N. Y.	\$31.80
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June 4, 12, 18, 26, July 2, 10, 16, 24, 30, August 7, 18, 21, 27, September 4, 10, 18.

Atlantic City, N. J. \$21.90

June 19, 24, July 2, 8, 17, 22, August 5, 14, 19, 28, September 2, 11, 16.

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Rates to many other New Jersey Resorts.

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SEABOARD

Two Moore County Boys Off for Training Camp at Fort Bragg

Major Harvey D. Higley To Be in Charge of C. M. T. C. of 950 Young Men

Over 950 young men from North and South Carolina have received orders to report at Fort Bragg today, Friday, June 12th, for one month's service with the 1931 Citizens Military Training Camp. Among them will be two boys from Moore county, Elsie Lee Dunn of West End and Gus E. Snipes of Carthage. The camp this year will be commanded by Major Harvey D. Higley, of the 17th Field Artillery, Fort Bragg.

Major Higley, born in Iowa, is a graduate of the U. S. Military Academy at West Point. He was commissioned in 1908 and has served in the Philippines and in Germany. During the World War Major Higley was in command of the Field Artillery Replacement Depot at Camp Zachary, Taylor, Ky., where thousands of Field Artillery officers and enlisted men were trained for combat service. Major Higley is on the Army's General Staff eligibility list and is a graduate of the Field Artillery School, advanced course, Fort Sill, Oklahoma, of the Command and General Staff School, at Fort Leavenworth, Kansas, and of the Army War College, Washington, D. C.

In connection with the opening of the C. M. T. C., Major Higley stated

C. M. T. C. Leader



MAJOR HARVEY D. HIGLEY

that this movement is more popular this year than ever before, especially in North and South Carolina. He said that of 1,422 applications received for that last year, 1930, there was a membership in the Fort Bragg C. M. T. C., while this year up to June 1st, 2,091 applications for the Fort Bragg Camp had been received.

3,500 Lives Lost by Drowning During Summer Months of 1930

Caution in Selecting Bathing Places and Knowledge of Resuscitation Will Save Lives

A little forethought in having at hand the means for rescue, a little caution in selecting bathing places and a knowledge of how to resuscitate a person who is apparently dead from drowning, will do much to cut down the 3,500 deaths from accidental drowning that are to be expected otherwise in the United States during the months of June, July and August, according to Dr. Donald B. Armstrong, vice-president of the Metropolitan Life Insurance Company.

This estimate of 3,500 deaths from accidental drowning, Dr. Armstrong points out, is made by the Bureau of the Census and is based on reports received by the bureau that approximately one-half of the 6,500 accidental drownings averaged each year occur in the summer months. The Bureau reports that 65,000 persons were accidentally drowned in the past ten years.

"These reports show that the largest single group of persons drowned during the summer months was the group in the age range 15 to 19 years," said Dr. Armstrong. "The next largest group comprises youngsters from 10 to 14 years old.

"Strangely enough the age group from 30 to 34 years shows the smallest number of drownings. Just why this group should show a lower mortality cannot be determined. However, the number of deaths by drowning among persons from 35 to 44 years of age is considerably greater than among the next younger age group.

"A consistent decline in the number of drownings among children from 1 to 4 years old is shown, but the drownings among the 5 year olds have increased by about 50 each year.

7,000 Drowned in 1930

"These records have been kept since 1920, when 5,000 accidental drownings were reported. The annual toll had increased by about 500 each year.

"The method used in resuscitating a person overcome in the water can be used for those suffering from electric shock or gas poisoning. When the victim is out of the water or free from electric contact or out of the poisonous atmosphere, if breathing has stopped, these instructions should be followed even if the victim appears to be dead. Only confusion will result if attempts are made to improve on them or to combine them with other methods.

"The rescuer should quickly feel in the victim's mouth and throat and remove any obstruction to breathing, such as tobacco, chewing gum or false teeth. If the mouth is tightly closed, no attention should be paid to it until later. Do not waste time trying to pry the jaws open. Start artificial respiration at once.

"The patient should be laid on his belly, one arm extended directly overhead, the other arm bent at the elbow and his face turned outward and resting on his hand or forearm, so that his nose and mouth are free for breathing. The person administering the treatment should then kneel straddle the patient's thighs, with his knees placed at such a distance from the patient's hip bones as will allow him to apply the palm of his hands on

Goin' 'Swimmin'

Then Be Careful Where You Go and Know the Methods of Resuscitation

With the swimming season on in the Sandhills and with so many isolated ponds and lakes hereabouts used by the youthful citizenry, it has seemed timely to The Pilot to publish the article herewith.

Be careful where you swim; know the methods of resuscitating a person overcome in the water, and you are playing safe. There should be a life guard at all places where the young go in swimming, but until we have reached that hey-day of protection, we must use discretion in our choice of "swimmin' holes" and learn how to take care of ourselves and the other fellow.

—THE EDITOR.

the small of the patient's back and exert pressure there. The palms of patient's back with the fingers resting on the ribs, the little finger just touching the lowest rib, with the thumbs and fingers in a natural position just out of sight under the curve of the ribs.

"With the arms held straight, the rescuator should swing his body forward slowly from the waist so that its weight is gradually brought to bear upon the patient. The operator's shoulder should be directly over the heel of the hand at the end of the forward swing. The elbows should not be bent. This operation should take about two seconds.

"The next move is a backward swing of the operator's body, so as to remove the pressure upon the patient completely. After two seconds, the forward swing should be repeated. Thus the double movement of compression and release should be repeated deliberately twelve to fifteen times a minute, a complete respiration in four to five seconds.

Do Not Give Up

"If the patient does not respond in a short time, the artificial respiration should be continued. There have been instances on record where revivals were made after four hours of this work. The main thing is not to give up until four hours or longer or until a physician pronounces the patient dead.

"As soon as artificial respiration has been started and while it is being continued, another person should loosen any tight clothing about the patient's neck, chest or waist. The patient should also be kept warm. No attempt should be made to give him any liquids by mouth until he is fully conscious.

"Remember there has been considerable strain on the patient's heart, and to avoid further strain he should be kept lying down and not allowed to sit up or stand. If a doctor has not arrived by the time the patient has revived, he should be given some stimulant, such as a teaspoonful of aromatic spirits of ammonia in a small glass of water or hot coffee or tea.

"Resuscitation should be carried on in a safe place near the spot where the victim was overcome. He should not be moved until breathing of his

own volition, and then only in a lying position. A brief return of natural respiration is not sufficient reason for stopping the work of resuscitation. Often the patient, after a temporary recovery, stops breathing again. He must be watched, and if natural breathing stops, artificial respiration should be resumed immediately. If it is necessary to change the operator during the work, the change should be made without losing the rhythm of the respiration.

"The method described is a simple one and has proved effective in many instances. It is approved by many Federal Departments and by health associations. It will serve its purpose well but the main thing to remember is that it must be continued for hours, if not effective at first."

MISS CAROL HOTCHKISS WINS PUTTING CONTEST

The Putting Contest held Saturday afternoon at the Pinehurst Country Club was a great success for the first one of the summer season and was well attended. Among those competing were Mrs. R. K. Footman, Mrs. L. V. Henderson, Mrs. Carl Andrews, Mrs. H. G. Waring, Mrs. D. A. Currie, Mrs. Frank Maples, Mrs. A. P. Thompson. The Misses Carolina Bogart, Helen Waring, Irene Maples, Carol and Anne Hotchkiss. Miss Carol Hotchkiss was too much for the other ladies, making the unusual low score of 22 for the round, closely followed by her sister, Anne, with a 23. Miss Irene Maples was low in the beginners' division.

A real exhibition expected next Saturday afternoon at the regular hour. It is for women, and all are invited to participate. Attractive prizes will be awarded, which is an added incentive.

A son was born Wednesday morning to Mr. and Mrs. Purvis Ferree of Aberdeen at the home of Mrs. Ferree's parents, Mr. and Mrs. M. F. Butner in Pinebluff. Mother and child are reported as doing nicely.

LEGAL NOTICES

Statement of the Ownership, Management, Etc., required by the Act of Congress of August 24, 1912.

Of The Pilot, published at Aberdeen, North Carolina, County of Moore for April, 1931.

Before me, a Notary Public in and for the State and county aforesaid, personally appeared Nelson C. Hyde, who, having been duly sworn according to law, deposes and says that he is the Managing Editor of The Pilot and that the following is, to the best of his knowledge and belief, a true statement of the ownership and management of the aforesaid publication for the date shown in the above caption required by the Act of August 24, 1912, embodied in section 443, Postal Laws and Regulations, printed on the reverse of this form, to-wit:

1. That the names and addresses of the publisher, editor, managing editor, and business managers are:
Publisher, The Pilot, Inc., Aberdeen, N. C.
Editor, Bion H. Butler, Southern Pines, N. C.

Managing Editor, Nelson C. Hyde, Southern Pines, N. C.
Business Manager, Nelson C. Hyde, Southern Pines, N. C.

2. That the owner is The Pilot, Inc., Aberdeen, N. C. Stockholders holding 1 per cent or more of stock are: Nelson C. Hyde, W. P. Willets, A. Healy, F. Shamburger, Struthers Burt, Johnson & Johnson, R. N. Page, Agent, Pinehurst, Incorporated, W. A. Way, V. Z. Reed, Harry Vale, Creamer & Turner, John W. Watson.

3. That the known bondholders, mortgagees, and other security holders owning or holding 1 per cent or more of total amount of bonds, mortgages, or other securities are none.

4. That the two paragraphs next above, giving the names of the owners, stockholders, and security holders, if any, contain not only the list of stockholders and security holders as they appear upon the books of the company but also in cases where the stockholder or security holder appears upon the books of company as trustee or in any other fiduciary relation, the name of the person or corporation for whom such trustee is acting, is given; also that the said two paragraphs contain statements embracing affiant's full knowledge and belief as to the circumstances and conditions under which stockholders and security holders who do not appear upon the books of the company as trustees, hold stock and securities in a capacity other than that of a bona fide owner; and this affiant has no reason to believe that any other person, association or corporation has any interest direct or indirect in the said stock, bonds, or other securities than as so stated by him.

5. That the average number of copies of each issue of this publication sold or distributed, through the mails or otherwise, to paid subscribers during the six months preceding the date shown above is: Not required of weekly papers.

NELSON C. HYDE,
Managing Editor.
Sworn to and subscribed before me this 11th day of June, 1931.
ANNIE BELLE THOMPSON,
Notary Public.
My commission expires Aug. 8, 1932.


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