

# AGENT OFFERS CANNING HINTS

### Miss McDonald Suggests Methods for Preserving Vegetables for Winter Use

Because many rural and town people are now doing considerable canning of vegetables and fruits to put on shelves for winter, Miss Flora McDonald, Moore County Home Demonstration Agent, this week offered some suggestions for best results in canning.

Here are her suggested methods for canning vegetables in glass and tin:

#### Canned Tomatoes

Select only ripe tomatoes for canning. Blanch for one minute. The skin may then be removed easily. Do not peel any more than may be immediately canned, as tomatoes ferment quickly.

Be careful to remove hard part of tomato with sharp knife at stem end. Pack into cans as many whole tomatoes as possible, cutting them only when they are too large to slip in. Fill can to within one-quarter inch of top, press gently and shake down hard to fill crevices.

A level teaspoonful of sugar and a level teaspoon of salt added to a No. 5 can or quart jar of tomatoes improve the flavor of the product.

Use no water with tomatoes. If the can is properly filled the juice will be sufficient.

Process No. 3 tin cans 22 minutes.

When canning tomatoes in glass jars, fill quite full and process quart jars 25 minutes.

#### String Beans

To can string beans, select those that are young and tender and which have few strings. The Green Pod Stringless Bean is a good variety. If the beans are gathered when young and tender, and the strings removed, a good product results.

String beans are non acid and should be processed with steam under pressure. If no pressure cooker is available, the young tender beans can be processed for 1 hour and 30 minutes in a hot water canner. If the beans are older and small beans have formed, process for three hours. Do not can mature beans. Process in a pressure cooker—30 minutes at 10 lbs. pressure.

#### Soup Mixture

Corn, butterbeans, and okra are difficult to can in a hot-water canner without spoiling unless they are combined with tomatoes, as the acid in tomatoes helps to destroy the bacteria. Therefore it is recommended that they be made into soup mixture unless a pressure cooker is available.

Five quarts of tomatoes, 2 quarts of corn, 2 quarts of okra or lima beans, 2 level tablespoons of sugar, 2 level tablespoons of salt. Scald the tomatoes, cutting out green and hard parts. Chop and measure. Cut young tender field corn from the cob. Slice okra in rings. Place in an open agate kettle and boil until thick. Process quart jars 1 1/2 hours in hot water or 30 minutes at 10 lbs. pressure.

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# V

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# Moore Shows Large Increase In Farm Owners During Decade

### White Owners Increase 28.4 Per Cent and Negro Owners 34 Per Cent

During the decade from 1930 to 1940, the number of white farm owners in Moore County increased 28.4 per cent and of Negro farm owners 34 per cent, it is revealed in the University of North Carolina News Letter.

This per cent increase for Moore is far above the 15.5 per cent increase of white farm owners and 5.6 per cent of Negro farm owners for the State of North Carolina. Moore ranked 16th among the 100 North Carolina counties for increase in total farm ownership.

Assembled by S. H. Hobbs, Jr., of the University of North Carolina, the statistical data reveals that in 1940 there were 118,514 white and 13,937 Negro farm owners in North Carolina. Of this number 1,242 white and 147 Negro farm owners were in Moore county.

"Eighty North Carolina counties had an increase in white full farm owners during the last decade and twenty counties had a decrease," the News Letter reports. "Most of the decreases were small . . ."

"It will be observed that the counties which show the largest numerical and per cent increases in white full owners are located mainly in the western part of the State, many of them mountain counties. Very few cash-crop counties appear in this group showing large increases of white owners," the report continues. "On the other hand, the counties that lost white owners are almost all in the eastern part of the State."

"Also the counties that show only small increases are mainly in the eastern part of the State. In other words, there was a marked tendency for the non-cash-crop counties to increase their white farm owners and for the cash crop counties either to remain more or less static or to show a decline in the number of white full owners."

## Sauer and Wallace Win Partner Event

### Pinehurst Team of Golfers Defeats Army Officers in Play on Sandhills Links

Captain J. S. Sauer of Fort Bragg and George L. Wallace of Pinehurst were the major prize winners in last week's Yadkin partnership event at Pinehurst. H. G. Phillips and A. P. Thompson of Pinehurst won the minor prizes.

Others participating were Capt. Orvin C. Krueger, F. L. Dupont, Robert E. Harlow, Chester I. Williams, T. R. Baldwin, J. S. Edwards, the Rev. T. A. Cheatham, H. B. Emery, C. J. McLeod, Geo. W. Scott, Walter C. Coffin, Meredith Herndon, John F. Taylor, Tom L. Black, J. Ellis Fields, Eddie Veno, Dr. E. M. Medlin, J. Frank McCaskill, Richard S. Tufts, Halbert J. Blue, Dr. Francis L. Owens, Capt. C. L. Boyle, J. D. Farrell, F. Shelby Cullom, Wilbur H. Currie, Byron U. Richardson, Ollie C. Adcox and Isham C. Sledge.

The Officers Club of Fort Bragg sent over a team of 24 golfers captained by C. C. McCuiston, last Saturday afternoon, to play the Pinehurst Country Club. The Pinehurst team captained by Francis Keating and comprised largely of Yadkin members, won 23 1-2 to 12 1-2.

## NIAGARA

Lt. and Mrs. V. W. Driggers and son, Wendell, spent Sunday in Raleigh.

Buster Adams of Raleigh spent last week with his cousin, Curtis Williams.

J. V. Snipes is spending this week in Durham.

Earl Henry of Wilmington visited friends in Niagara Sunday.

Mrs. Charles Godfrey of Jonesboro visited her daughter, Mrs. Boyd Jones, one day recently.

N. H. Jonker of Fort Jackson spent the week-end with his family here.

Barbara Wood celebrated her ninth birthday Saturday by entertaining 18 of her little friends. They enjoyed various games after which delicious refreshments were served.

A. C. Wood of Radford, Va., spent the week-end with his family here.

If the 1500 motorized units of the 9th Division, stationed at Fort Bragg, were lined up, bumper to bumper, they would extend for fifty miles. They include the famous Jeep reconnaissance cars to huge trucks pulling French 75's.

## Real Estate Transfers

The following transfers of real estate have been recorded in the office of the Register of Deeds of Moore county during the past week.

Katherine Shields Melvin and husband, P. J. Melvin, to Sherman H. Davis: property in Sheffield township.

Geraldine Ritson Ballou and husband, H. Bingham Ballou, to Mrs. Sidney H. Belden: one lot in Pinehurst.

W. H. Currie, trustee for Moore county, and C. B. Shaw, trustee for the town of Carthage, to J. W. Goldston: property in Carthage township.

S. R. Hoyle, commissioner, to C. B. Shaw, trustee for the town of Carthage, and W. H. Currie, trustee for Moore county: property in Carthage township.

North Carolina Joint Stock Land Bank of Durham to B. D. Teague: property in Sandhill township.

M. N. Sugg, Jr., and wife to C. P. Osborne and Marguerite B. Osborne: property in Sandhills township.

Sarah E. Sheffield to Ellis Brown: property in Sheffield township.

Ellis Brown and wife to Dossie Brown: property in Sheffield township.

North Carolina Joint Stock Land Bank of Durham to C. M. Hardy and wife: property in Greenwood township.

Frank C. Upchurch and wife: property in Mineral Springs township.

Cameron Estates, Inc., to Tinsie Brewer: property in Vass.

North Carolina Joint Stock Land Bank of Durham to W. H. Currie: property in Ritters township.

Arthur B. Collins and wife to Stamford Trust Company: property in Southern Pines.

J. M. Reed and wife to J. L. Marion and wife: property in Greenwood township.

G. W. McNeill to Frank Stutts: property in Moore county.

Kenneth A. Medlin to C. E. Swaringen and Mamie C. Swaringen: property in Mineral Springs township.

Charlie Marsh and wife to Charlie Monroe and wife to Archie D. Seawell: property in Carthage township.

C. H. Ritter and wife to C. R. Swaringen and wife: property in Mineral Springs township.

Dossie Brown to Isaac Brewer: property in Sheffield township.

## Governor Asks

(Continued from page one) with a cruel and unscrupulous competition even in the home market. Fortunately, the farmer is well aware of those possibilities. On this account his instinctive loyalty to this country has been intensified. There are few Fifth Columnists, disloyalists or appeasers in the ranks of the American Farmers.

### Farmer Has Heavy Job

During the present emergency the American farmer has the burden of feeding and furnishing a substantial part of the resources for clothing a considerable part of the world's population. On account of the very nature of the emergency the farmer is called upon to do this without adequate compensation for his labors. He may be comforted, however, by the prospect that when victory comes the American farmer, on terms commensurate with the worth and dignity of his labor, will have the greatest market ever known to man. The unprecedented severity and extent of the present world market have broken down or retarded the very processes of agriculture in a large part of the agricultural area of the world. The accumulations of more than a half century of modern farming as respects seed selection, soil improvement, agricultural experiments, stock breeding, developments in farm implements have been virtually destroyed in that part of the world during the last twelve or eighteen months. The task of agricultural rehabilitation in Europe when peace and victory come will surpass anything in all recorded history. This work of rehabilitation cannot be accomplished without the aid and ingenuity of the American farmer. This will give to him his greatest opportunity.

It is none too early to give earnest consideration to the cause of the American farmer in the framing of ultimate peace terms and conditions. He has borne and will bear a tremendous part of the sacrifice involved in this emergency. In no unselfish sense but in the interest of justice he should reap a great reward in the program of peace and rehabilita-

tion. As our great Secretary of Agriculture Claude Wickard recently said in speaking of the farmers' part in the present emergency: "Food will win the war and write the peace."

### Should Plan Now

The North Carolina farmers, occupying a large and strategic place in American agriculture, should keep these potent facts well in mind. While they gird themselves for emergency tasks they should through their leadership and planning assure for themselves a large part in the new day that is to come.

Never before in our history has North Carolina agriculture been better equipped to meet the immediate problems and to measure up to future opportunities. The remarkably adequate legislations enacted by the 1941 General Assembly laid the groundwork for an advanced program of agriculture in this state. By far the greatest appropriations on record were made by that session to agricultural causes. The experiment department so vital at this time was for the first time given adequate funds for its needs; a marketing program that has attracted widespread attention furnished the machinery for marketing in an orderly and intelligent way the products of our farms; provision was made for giving North Carolina products a distinct North Carolina standard and label; the agricultural division of State College was implemented by new buildings and equipment in a completely adequate way; the Department of Agriculture was given the funds and authority to carry on in an even greater way its varied program of service to the farmer.

### Farm Agencies Cooperate

Supplementing these legislative achievements, there are other factors of note in the recent program of agriculture in this state. For example, there exists at the present time a spirit of harmony and cooperation never before witnessed on the part of the various agricultural agencies in this state. Where misunderstanding and sometimes friction retarded the work of those useful agencies in the past there is now a remarkable and wholesome spirit of unity and accord. Those are factors which will produce marvelous results. The experiment station of State College and its agricultural department, the extension service, the Department of Agriculture, and the State's own farming operations are working together in superb cooperation.

Without legislation but through cooperation the State Department of Agriculture and the State Prison Department have worked out a plan whereby live-stock products in North Carolina will be tremendously improved. Using a revolving fund of \$25,000 allotted by the Governor and through the means of this cooperation, livestock purchased principally in Western North Carolina will be brought to Caledonia Farm, where ample food exists for finishing and developing these cattle, which will all be of good breed. These cattle, purchased in large quantities and at low prices, will be made available to the farmers of middle and Eastern Carolina at cost, including in the item of cost the purchase price and the actual cost of handling these transfers and sales. Thus the farmers of the eastern and middle section will be able to purchase purebred stock at favorable prices and under federal and banking financing methods available to them will be able to make such purchases on reasonable terms. This program bids fair to increase enormously the distribution and ownership of livestock in this state.

By cooperative methods arrangements have been made and construction already started on a great collection and exposition building at State College. This building will not only furnish under roof a place for livestock and agricultural exhibitions, but will furnish an assembly place accommodating over ten thousand people.

### Food and Feed Program

By cooperative methods with every farm agency in the state working together a voluntary food and feed campaign was inaugurated this spring, in which there have been enlisted approximately 100,000 North Carolina farm families, pledging

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themselves to raise food and feed essential for home purposes. Those who carry out the pledge will receive a certificate from the State evidencing their accomplishments in these lines.

The Rural Electrification program in North Carolina has been extended tremendously in recent months, and the time is not far distant when every farmer in North Carolina who will cooperate with his neighbors can have the benefits of electricity at moderate cost.

The plan and purpose of this pro-

gram of progress is to improve the standard and enlarge the opportunities of the small and frequently handicapped farmer. Only thus can we place agriculture in North Carolina on a permanent prosperous basis.

Dr. J. I. Neal  
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