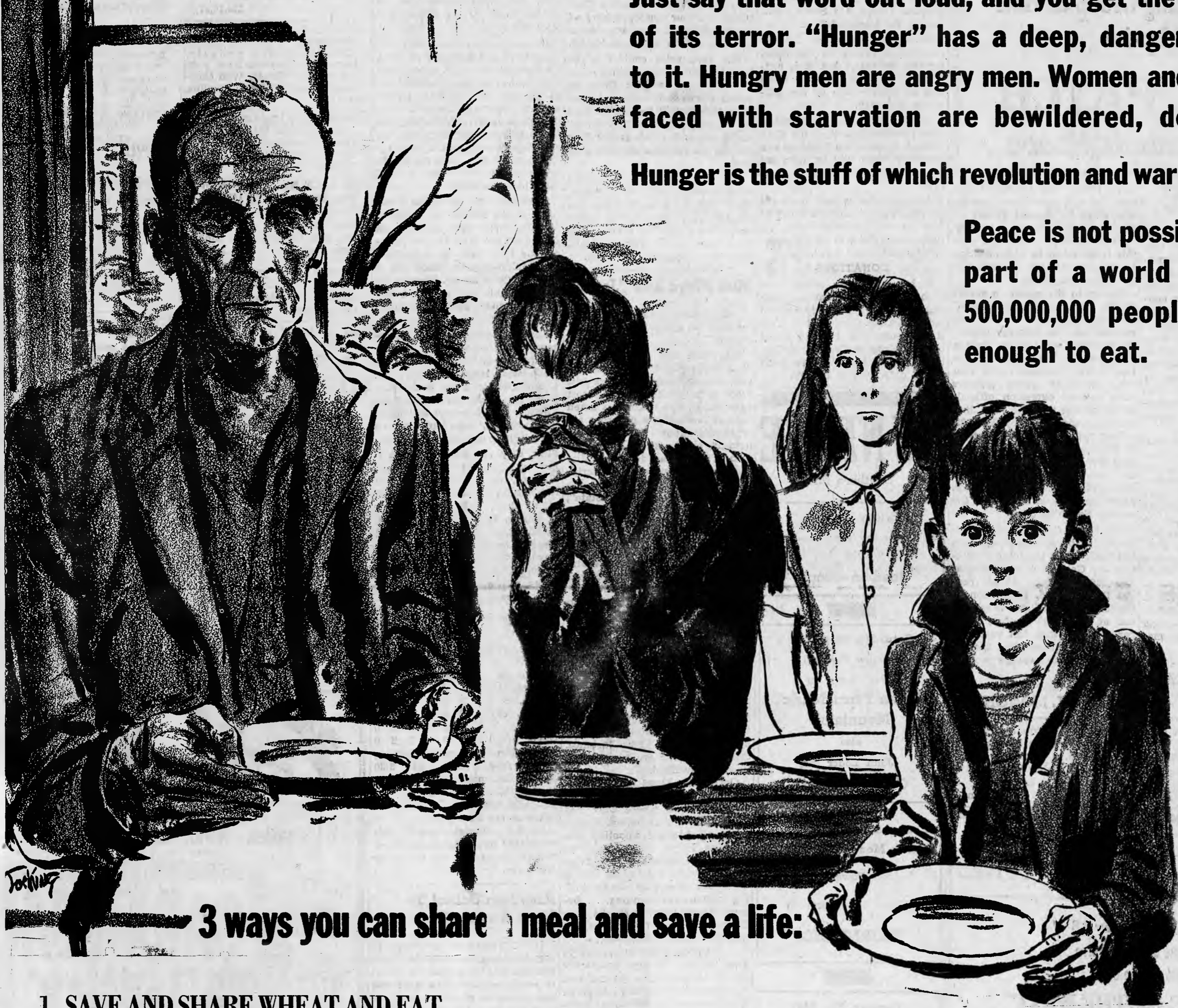


HUNGER

Just say that word out loud, and you get the full force of its terror. "Hunger" has a deep, dangerous tone to it. Hungry men are angry men. Women and children faced with starvation are bewildered, desperate.

Hunger is the stuff of which revolution and war are made.

Peace is not possible in any part of a world in which 500,000,000 people haven't enough to eat.



3 ways you can share a meal and save a life:

1. SAVE AND SHARE WHEAT AND FAT.

Go light on foods that take wheat and shortening . . . breads, macaroni, cakes, pies and pasteries.

2. USE MORE OF THE PLENTIFUL FOODS.

Balance diets with the more plentiful foods such as potatoes, fruits, vegetables, eggs, poultry and fish.

3. WASTE NOT.

Use and re-use your fats for cooking. Turn in all used fats. They are needed to makes soaps and other products for us here at home.

This Advertisement Is Given!

IN GRATITUDE

to

The Houbiers Family of Limburg, Holland

and all the other families of Europe who were kind to American boys during the war.