

Home Agents And Club Leaders Plan Nutrition Study

A follow-up meeting of a nutrition survey, made in Moore county last year was held in the court room at Carthage last Thursday with 26 club leaders, representing home demonstration clubs in attendance.

After the explanation of nutrition charts based on the survey, was given by Miss Flora McDonald, home agent, the discussion was led by Miss Virginia S. Wilson, nutrition specialist of the Extension Service.

The present situation as related to foods was the first item for questions and answers. Second was why does it exist? The group divided into four sections to discuss what can be done, and how to do it, as related to nutrition, gardens, poultry and dairying in Moore county.

A nutrition program was outlined, based on:

1. Production of the family food supply.
 2. Make and fill food conservation budget according to the Extension plan.
 3. Feeding the family.
- Under "feeding the family" came not only the checking of foods served for three weeks during the year to the family, but immunization, physical examinations and teeth examination.
- County food leaders present: Mrs. W. W. Rankin, Eagle Springs club; Mrs. James Blue, Eureka club; Mrs. W. H. Jackson, Lakeview club.
- County garden leaders: Mrs. O. T. McBryde, Mt. Holly club; Mrs. Earl Dowd, Bethlehem club.
- Food preservation leader: Mrs. Ellis Hannon, Little River club.
- Also the following agents: Miss Julia Alexander, Sanford; Mrs. Martha Harris, Troy; Mrs. Dolores Earley, Wadesboro; Mrs. Frances Walker and Miss Jean Jordan of Rockingham; also Mrs. Mary L. McAllister, district agent, of State college, Raleigh.

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News and Personals from Vass

Bessie Cameron Smith, Representative — Telephone Vass 8-F31

Mr. and Mrs. Neill M. Smith and son, Mack, of Dobson, were week end guests in the home of Mr. and Mrs. N. N. McLean. Saturday night the McLeans had as their supper guests: T. J. Smith, Miss Agnes Smith, Mr. and Mrs. Hugh McLean, and James Ray McLean of Green Cove Springs, Fla. Mr. Smith, who was 81 years old Wednesday, was remembered with gifts.

Linda Kay, daughter of Mr. and Mrs. Lewis Frye, is a patient at Lee County hospital, Sanford. Linda has intestinal flu.

Cpl. Buster Cameron and Cpl. Lewis Foster of Camp Hood, Tex., arrived home Sunday morning for a 10-day furlough with their parents. The boys "thumbed" from camp, catching one ride that brought them 900 miles.

Sgt. Buster Jessup of Shreveport, La., arrived home Wednesday to visit his mother, Mrs. L. S. Jessup. Mrs. Jessup and Sergeant Jessup left Monday morning to visit L. S. Jessup.

Mr. and Mrs. Bob Edwards were Saturday night supper guests of his brother, Jack Edwards and Mrs. Edwards in Raeford.

Sandra Neal Von Metzger, four year-old daughter of Mr. and Mrs. Charles Von Metzger, invited in her little cousins and Sunday school classmates to help her enjoy her birthday cake and ice-cream Sunday afternoon. Cousins were Jay Parker of Rockingham, Billy Kirby, Tressa Blackburn, John Frances Caddell, Herbert and Wayne Caddell, and Sandra's sister, Sara. Sandra received many nice gifts and pictures were made of the group.

Mrs. Ralph Hendricks of Carthage Rt. 3, entertained a group of little children at her home in honor of her daughter, Belinda, on her second birthday. The children enjoyed playing and were invited into the dining room where ice-cream and cake were served. Belinda received many nice gifts.

Mr. and Mrs. E. L. Finch had as

their week-end guest, Lt. Comdr. K. E. Schweinfurth and son Eddie, Lt. Honeywell and Lt. Brach, all of Washington, D. C.

Mr. and Mrs. Jack Morgan and sons, Bruce and David, spent the week-end with Mrs. Morgan's mother, Mrs. Annie Shankle, in Ansonville.

Mrs. J. S. Mock and son of Wilson, visited her mother, Mrs. L. S. Jessup a few days last week.

Mr. and Mrs. Baxter Prevatte and children, Curtis and Billy, and Mr. and Mrs. Richard Morgan and family visited Mrs. D. F. Campbell at the home of Mrs. Annie Bell Powell near Fayetteville Sunday.

Mr. and Mrs. Ralph Hendricks and children, Belinda and Bobby, of Carthage Rt. 3, and Mr. and Mrs. Waylon Thomas of Jonesboro Heights, were Sunday dinner guests of their parents, Mr. and Mrs. Lucian B. Frye.

Mrs. H. A. Borst and Mrs. P. A. Wilson attended the Red Cross dinner meeting in Carthage Friday night.

Mrs. Alton Blue and daughter, Mrs. Hugh Martin McLeod of Carthage, visited Mr. and Mrs. R. A. Evans Sunday afternoon.

Mr. and Mrs. C. P. McMillan were Sunday dinner guests of Mr. and Mrs. John Vincent at Warsaw. Mrs. Vincent is Mrs. McMillan's niece.

Mrs. L. C. Crabtree is ill at the home of her daughter, Mrs. Arch Honeycutt.

Mr. and Mrs. Robert (Bobby) Evans announce the birth of a daughter, Victoria Louise, on Sunday, March 10, at St. Joseph of the Pines hospital, Southern Pines. Mrs. Evans is the former Betty Lou Bridgers.

Mr. and Mrs. J. F. Pope of Goldsboro were Sunday dinner guests of Mr. and Mrs. Charles R. Pope.

Chaplain Fred Davis will preach at the Vass Methodist church Sunday at 11 o'clock. The public is invited to hear him.

Lenten Mission This Week At St. Anthony's

The Lenten mission at St. Anthony's Catholic church will open Sunday morning at both the 8 o'clock and 10:30 masses.

Weekday masses will be offered at 7 a. m. and 8 a. m. daily during the ensuing week, with brief instructions following each one.

From Sunday, March 16, to Sunday, March 23, the mission sermon

and Benediction of the Blessed Sacrament will be held daily at 4 p. m., and confessions will be heard daily after both the morning and afternoon services.

Missioner will be Father Francis Chapman, of Brooklyn, N. Y., a gifted speaker of the Redemptorist Congregation, who has preached missions for many years in the South.

Tuesday at 8 a. m. Father Peter M. Denges, pastor of St. Anthony's, will celebrate Holy Mass for all the priests who served this parish from the year of its beginning, 1895, and who are now de-

ceased.

Exposition of the Blessed Sacrament will take place all day Thursday, with the Holy Hour at 4 o'clock.

The public is invited to attend all these Lenten observances, said Father Denges.

Meetings on farm and home planning werer recently held for Negro farm families in 15 of Cumberland County's 16 communities. More than 200 persons attended.

PILOT ADVERTISING PAYS!

Attention All Farmers

We will operate a Cucumber Receiving and Grading Station in Vass, N. C., during the 1952 harvest season. We have a limited amount of cucumber seed for this station. If you are interested in growing an early Cash Crop with very little trouble of disposing of it, contact our local agent.

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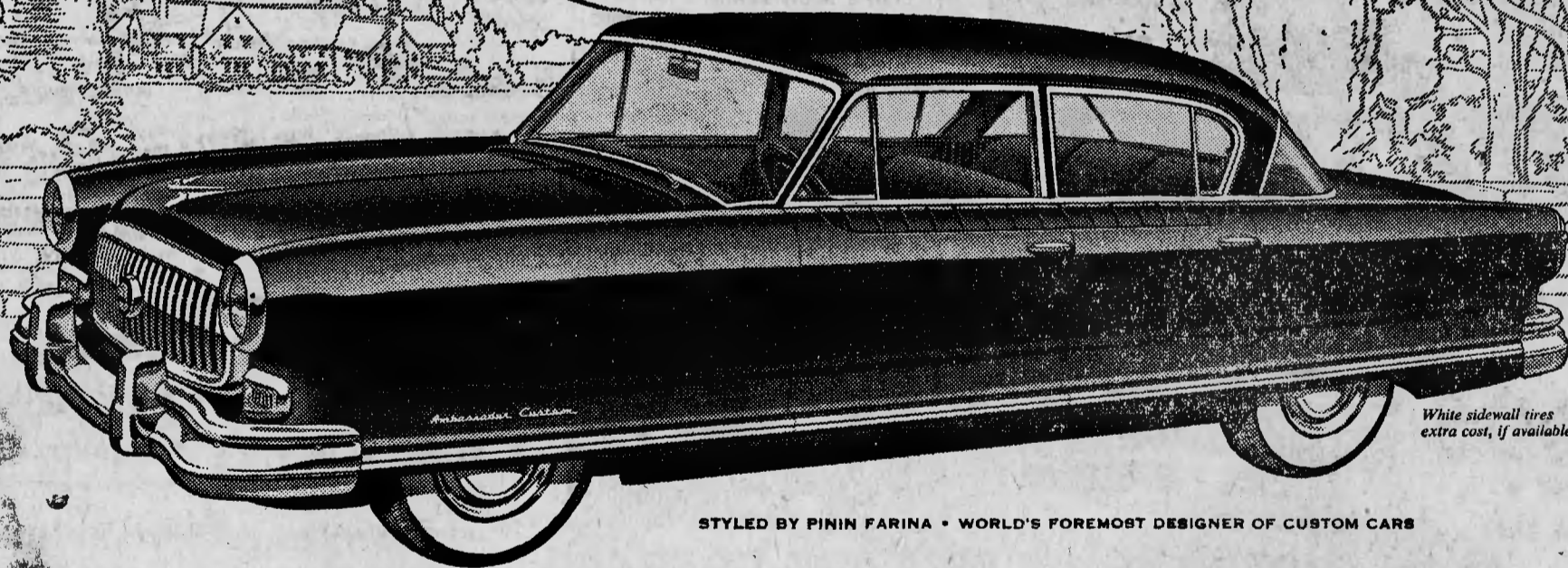
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