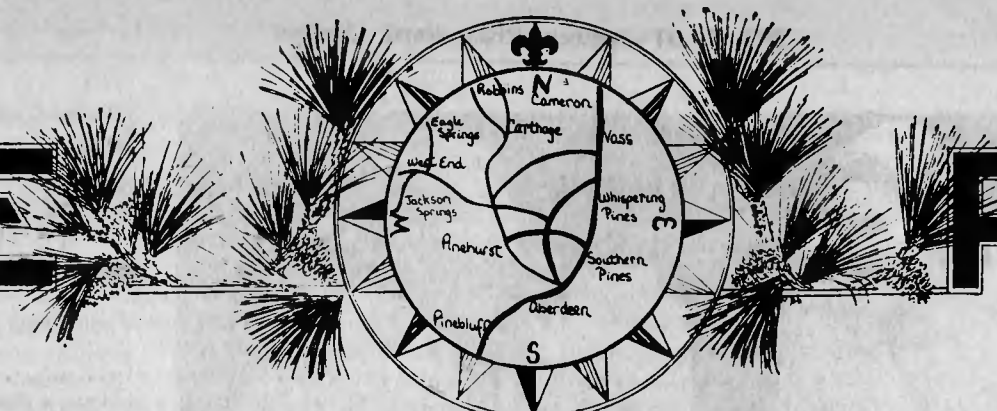


Weather

Today should be partly cloudy, with a 50 percent chance of rain today and Thursday, and a 40 percent chance of rain tonight. The high today is expected to be in the upper 80's or low nineties, the low, 70.

THE PILOT



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Visit On Tap By President At Pinehurst

President Gerald Ford has it on his schedule to return to Pinehurst in September for the "Grand Week of Golf." Donald C. Collett, president of the World Golf Hall of Fame and director of the World Open Golf Tournament, said this week that they have had a tentative acceptance from the President, but will not know if he is definitely coming for several days. President Ford was here last year for the dedication of the Hall of Fame and was the speaker at a banquet in honor of the first golf immortals enshrined in the hall. An invitation to return this year was extended last December when Collett visited the President at the White House. Collett said this week that he hoped the President could take part in the Celebrity Pro-Am tournament scheduled for Tuesday, Sept. 9, and also for the second induction ceremonies scheduled at the Hall of Fame on Wednesday, Sept. 10. Play in the World Open will open at the Pinehurst Country Club, on the famed No. 2 course, on Thursday, Sept. 11. Advance

Teachers Can Pick Pay Plan

Moore County school teachers are getting letters this week notifying them they may elect to get paid on a 12-months basis rather than for 10 months as they do now. The change is a result of a law passed by the 1975 General Assembly providing the pay options for teachers. To qualify for the 12-payment plan the teachers must make a written request to the office of the superintendent of schools, and the legal deadline for submitting the request is Sept. 2. Edison Powers, assistant superintendent of Moore County Schools, said this week that letters informing the teachers of the options are being put in the mail this week. Teachers, who are employed for 10 months out of a year, will report for duty on August 15 in Moore. (Continued on Page 11-A)



MOORE PASTORAL — This pastoral scene is on a farm on Highway 27 between Cameron and Carthage. Pilot Photographer caught the cows coming home in late afternoon.

Crime Rising; Officials Cite Some Reasons

Watkins Is Given Court Job

Charles E. Watkins, former detective sergeant with the Moore County Sheriff's Department, has been appointed to the newly established position of investigator assistant to District Attorney Carroll Lowder of the 20th Judicial District. The announcement was made Tuesday by Lowder, who said, "We are pleased to have him with our office. We feel he is well qualified for the position." Watkins, who lives in Southern Pines, will be assigned to work with local law enforcement officers in the district and to assist them in the more difficult cases, Lowder said. Lowder said that the position was authorized by the 1965 General Assembly and is one of 30 created for judicial districts this year. He said that the work of Watkins will help his office to better prepare cases for prosecution. "We feel that Mr. Watkins background, training and experience will be of tremendous (Continued on Page 12-A)

BY JIM BUIE Local law enforcement and court officials agreed this week that crime in Moore County has risen at least seven percent over the last six months, and they blamed part of the increase on inadequate court facilities. The crime increase occurred mostly in the number of armed robberies and larceny attempts, Southern Pines Police Chief Earl Seawell said. Although the rise is not official, Chief Seawell, Sheriff C.G. Wimberly, Moore County Bar Association President David Crockett, and District Attorney Carroll Lowder all agreed there has been a noticeable increase in crime. "I've lived in this county for a long time, and for the last several months, there has been more serious crime in the courts than I can remember," observed Crockett. The poor state of the economy was also mentioned as a factor in the increase, but the major reason, they said, is the crowded court docket, which hinders speedy trials and "keeps the criminal element in circulation." "Moore County's courts are the most crowded of the five counties I work in," said District Attorney Lowder. "This is basically because of the lack of adequate courtroom facilities." (Continued on Page 11-A)

Canning Lids Squeeze Is Really Tight Here

There may not be any canning lids for sale in Moore County. At least none of the merchants called by The Pilot this week reported any on the shelves. In fact, few grocery stores have been able to get a sufficient amount all summer and may not be getting any more this canning season. Reamey Winn, manager of the Winn-Dixie Store, said the store received a substantial amount several times, as many as 480 dozen packs one time-but that customers bought them in a hurry. He said some shoppers see them on the shelves and stock up with several dozen so the lids

do not last long. Richard Matthews, owner and manager of Matthews Market, said that he did not think hoarding the canning lids was a problem. "It's hard to hoard something when the merchants have so little to sell," he commented. Matthews said that the real problem is that manufacturers have taken the canning lids and put them on jars so the consumers will have to buy the jars too. Representatives at A & P, Big M, Big Star, Convenient Mart, and Piggly Wiggly report that they have been out of lids for (Continued on Page 16-A)

More Going To College At All Ages

BY LEONE H. KOSTER Life-time learning is the way of life today as thousands of mature men and women are returning to college classrooms to learn new skills, develop latent talents, upgrade job proficiency or attain hobbies and pastimes which will be useful and stimulating in leisure hours. Men and women realize there are educational opportunities for the young at heart as well as the young. The enrollment figures for the past fiscal year at Sandhills Community College reflect the nation-wide trend of older people seeking new horizons and attaining new goals. Seven thousand and fifty four adults were enrolled in classes offered by the division of continuing education at Sandhills in the summer, fall, winter and spring quarters of 1974-1975. That is more than three times the 2114 students in the college credit courses during those four terms. Dr. Fleet Allen, director of research at Sandhills College, and Harlan McCaskill, dean of the division of continuing education, point out similar trends in the figures on preferred courses. For instance 4410 persons were enrolled in occupational extension courses designed to develop new job skills, or upgrade proficiency in such fields as firemanship, masonry, woodworking occupations, automotive sciences, (Continued on Page 16-A)

Survey Here Shows Rise In Inflation For Year

A \$35.96 grocery bag bought in Southern Pines in January would have cost at least \$43.00 by June. That's just one of the hard economic facts of life reported by a Chamber of Commerce survey of the cost of living locally. Betsy Lindau, the Chamber's survey coordinator, said however, that consumers can take some comfort that the cost of living in the last few weeks has increased less rapidly than it did in the first part of the year. And although exact figures are not available, she said it costs a little less to live in Southern Pines than it does in Chapel Hill, Durham, Greensboro, Hickory, Rocky Mount, Wilmington, and Winston-Salem. Every month for the last five years, Mrs. Lindau has recorded the costs of 26 grocery items,

average utility rates, basic health care, and gasoline. Every three months her survey is averaged and sent to the National Chamber of Commerce which publishes each participating town's results in a national booklet. One surprising indication of the survey, Mrs. Lindau said, is that overall prices at local food stores do not vary as much as she had originally expected. There is rarely more than a few cents difference in the total bills at each of the stores, she said. The grocery items used in the survey were: one pound portions of round steak (U.S.D.A. Choice); Ground beef; Bacon (lowest price); Frying chicken (whole, grade A); margarine, (lowest price); bananas (lowest (Continued on Page 11-A)

Robbins Event Set Saturday

Saturday at 10 a.m., for the 20th successive year, the Robbins Farmers Day Parade will wind its way out of the history books right onto the downtown streets of Robbins, before thousands of entranced spectators. Actually, it was 21 years ago that Curtis Hussey and his brother brought their fine old covered-wagon rigs to town, causing such a commotion they were persuaded to do it again the next year, heading a parade. There had been earlier and similar celebrations in the 1930s. Robbins Farmers Day, on the first Saturday in August, has since grown to be one of the State's rare and exciting events, with Curtis Hussey holding an honored place as hard-working Wagon Master of a parade of some 300 or more non-automotive entries. Covered wagons, farm carts, old-time buggies and sleds, child and adult riders in country or western garb on high-stepping mounts, ponies and even mules, (Continued on Page 12-A)

Subscription Rates

Because of sharply rising postal rates and heavy increases in newsprint prices and other materials involved in publishing The Pilot, the newspaper is forced to increase its subscription rates, effective Sept. 1. This is the first increase in subscription rates in 10 years. Between now and Sept. 1, however, new subscribers will be able to obtain The Pilot at the old

rates for one year, and present subscribers may be able to renew subscriptions for a year at the same rates. Effective with Sept. 1 the subscription rates for The Pilot will be as follows: Moore County, one year, \$6.00; six months, \$3.50; three months, \$2.00. Outside Moore County, one year, \$7.50; six months, \$4.25; three months, \$2.50. Single copy sales will remain at 10 cents per copy.

Wilson to Begin Aug. 1 In Public Works Office

Southern Pines Town Manager Lew G. Brown today announced the appointment of William J. Wilson as the Town's first Director of Public Works. The new position was approved by the Town Council as a part of the 1975-76 Town Budget. In approving the position, the

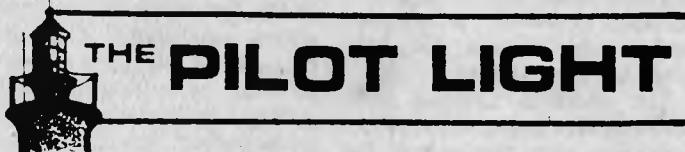
Council had noted the increase in the number and types of public works projects carried out by Town had created a need for this position. The Director of Public Works will assume many of the duties which consulting engineers have been performing for the Town over the past several years. Since September of 1971, Wilson has been serving in the engineering and development department of Pinehurst, Inc., with responsibilities for surveying, road construction, and storm sewer construction. From 1964 to 1971, Wilson also served as the Village Manager of Pinehurst, Inc. In this position he was responsible for the police, fire, streets, grounds and commercial buildings departments and assistant to the corporate executive for water and sewer and electric utilities. Wilson was previously employed by the Town from 1954 to (Continued on Page 16-A)



William J. Wilson

Today Show

Donald C. Collett, president of the World Golf Hall of Fame, and Norma Smith, curator of the hall, will be special guests on the NBC Today Show on Wednesday, Aug. 6. They will talk about the Golf Hall of Fame as well as the World Open to be played in Pinehurst in September. The Today Show can be seen over NBC stations of the area from 7 to 9 a.m.



PRESS—There was very little talk about politics at the meeting of the North Carolina Press Association in Pinehurst last week, but a lot of conversations revolved the twin issues of recession and inflation. Most saw inflation as continuing, especially if proposed oil policies are put into effect. There was some optimism, however, over the economy and most saw improvements in the fall. In regards to politics, several

publishers and editors voiced the opinion that Jim Hunt is way out front in the race for Governor. There was a belief on the part of many that Skipper Bowles will run, even though there were reports that many of Bowles' friends have urged him not to do so. There was some speculation about the chances of Torry Sanford for President, but aside from Sanford no other candidate (Continued on Page 16-A)

Press Honors Senator Ervin; Sandhills Return Is Approved

It was "Senator Sam Ervin Night" in Pinehurst Friday night and some 250 members of the North Carolina Press Association stood in tribute to one of the nation's foremost champions of press freedom. Senator Ervin responded with personal tributes to dozens of North Carolina newsmen, both

living and dead, and with a ringing declaration on the greatness of the United States Constitution. It was the 102nd annual convention of the North Carolina Press Association, meeting at the Pinehurst Hotel and in the Sandhills for the first time. The members of the associa-

tion enjoyed it so much the board of directors at a meeting Saturday morning voted to return here in 1978. Heretofore, the annual convention had alternated in meetings on the coast, at Wrightsville Beach, and in the mountains, at Asheville. While here they were entertained (Continued on Page 16-A)



SENATOR AT PARTY — Senator Sam Ervin greets a well-wisher at a poolside party at the Pinehurst Hotel for the North Carolina Press Association. The party was hosted by newspapers of the Sandhills, and the former senator was the guest of honor at a "Sam Ervin Night."—(Photo by Glenn M. Sides).

Many Believe 'You Are What You Eat'

BY SANDY LETT You are what you eat. If you've heard it once, you've heard it a thousand times. Health enthusiast Victor Lindahl gets the credit for first saying that people are what they eat. But one does not have to be a "health nut" to know that the quality of food affects us and that too much or too little of certain foods can lead to problems. If you think "you are what you eat" is an old wife's tale, you should talk to your neighbors because there are numerous people in the area who have

found a new lease on life just by changing their eating habits. Dr. Joe Brown of 39 Village Green is one who advocates a diet change to bring about better health. Dr. Brown has a good reason to feel that food is important since he was completely cured of arthritis after 20 years of misery. Dr. Brown was afflicted with the crippling, rheumatoid arthritis, and after years of wearing a copper bracelet, taking gold shots, and swallowing lots of aspirin and pain medicine, he was still in severe pain. By now he was

desperate and he could hardly move, so when a friend suggested that food might be the answer and gave him a book on arthritis, he was ready to try anything. The book was "Arthritis and Common Sense" by Dan Dale Alexander and the author spent 14 years doing research work and intensive study to find the answer to arthritis. The author makes this point in the book: "If you are what you eat and you have arthritis, then for argument's sake, you either ate something that caused your

arthritis...or something you did not eat permitted its onset." Alexander's most important conclusion is that arthritis is mainly a problem of dryness and that arthritics need lubricating oils. From this basis, he developed a diet program which includes certain kinds of oils and excludes foods that deplete the body of these oils. Dr. Brown felt that the book made sense and began to follow Alexander's advice. He gave up acidic foods, such as citrus fruits and tea, and eliminated carbonated drinks, wines and other

products with white sugar. He added cod liver oil to his diet. His arthritic pains quickly decreased until they finally diminished completely. For about 15 years, Dr. Brown has not suffered with arthritis but he said that he begins to hurt a little when he cheats and is careless about his diet. "So cheating on my diet just isn't worth it," he said. Dr. Brown said he knew some people would say it was his imagination. "But I don't care because the important thing is that I don't hurt anymore." (Continued on Page 12-A)