

The Smithfield Herald

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The Grand Jury report to be found elsewhere in this issue is more than the ordinary report. Often when the Grand Jury investigates the various departments of the county, the report is more or less perfunctory, but not so with the report of the body impanelled last week.

FARMERS ARE CHANGING THEIR IDEAS-
If anyone doubts that Johnston County farmers are changing their ideas about farming, let him consider the fact that five years ago there had never been a carload of poultry shipped from this county.

Five years ago there was no such organization as the Benson Certified Seed Association. Farmers planted cotton seed - good, bad or indifferent. The staple had nothing to do with the price and therefore, whether seed were certified or not made no difference to the Johnston county cotton grower.

Five years ago demonstration feeding of hogs and the shipping of hogs on foot were things unthought of in this county. Last year County Agent J. B. Slack was instrumental in shipping several carloads from this county and last week saw the first hog shipment for 1930, this shipment having been loaded at Smithfield.

The boll weevil has been responsible in part for these new sources of farm revenue. The devastation of this pest has caused the farmers to vary their activities. With the beginning that has been made, with an increased sentiment for growing at home the necessary food and feedstuffs, the indications are that agriculture in Johnston County is getting on a better basis.

The Way of Life

By BRUCE BARTON

THE "JUST A LITTLE LATE CLUB"

When I was a commuter I sometimes went to the station early to watch the other commuters running for the trains.

There were ladies and old men, frequent visitors to the city, who arrived long before train-time.

There were business men who arrived one minute ahead. And just as the gate was about to slam there would come clanging across the station the members of the Just a Little Late Club.

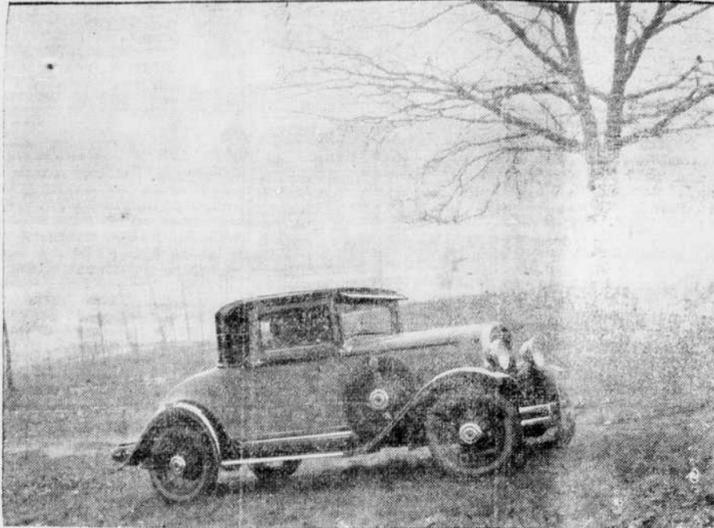
I used to sympathize with them at first, supposing them to be unfortunate who had missed a car or lost their watches.

But after two years of watching I knew different. The membership of the Just a Little Late Club does not change from day to day.

DR. POE DISCUSSES FARMER PROBLEMS
(Continued from page one)

The meeting Saturday afternoon was presided over by A. M. Johnson of Cleveland township, Granger master of Johnston County, who is taking considerable interest in the movement.

Essex Challenger Triumphs Where Grenadiers Were Lost



As a feature of Essex Challenger Week this Essex Coupe set out to test its speed, acceleration and brakes on ice, emerging successfully from the difficult task.

ORGANIZE CO. TAX REDUCTION LEAGUE

STARTS ON PAGE ONE

organizing in eastern North Carolina in an effort to bring about a more equitable system of taxation. The movement is gaining momentum in the eastern counties, the chief idea being to send to the legislature men committed to the task of reducing the tax on real estate.

Judge Brooks presided over the meeting and after Mr. Parker's speech a tax reduction league was formed. Mr. J. W. Stephenson was made chairman and Mr. W. P. Aycock of Selma, secretary.

JOHNSTON COUNTY HONOR ROLLS

STARTS ON PAGE ONE

CLEVELAND SCHOOL HONOR ROLL 5TH. MO.
10th Grade: Estelle Williams, Vivian Wrenn.
9th Grade: Josephine Johnson, Sara Jones, Martha Langdon.
8th Grade: Bruce Wood.
7th Grade: David Wood, Margaret Cole, Maxine Lassiter, Bettie Lassiter, Flora Lassiter, Jefferson Weeks.

SCHOLARSHIP HONOR ROLL FOR MEADOW SCHOOL
First Grade, Sec. W: Lena Pearl Barefoot, Isla Ruth Johnson, Geraldine Johnson, Luna Lee Johnson, Mildred Johnson, Mary Louise Rose, Robert Johnson, Ira B. Johnson.

JOHNSTON COUNTY HONOR ROLLS

SIXTH GRADE: Ruth Adams, Alene Barefoot, Ruby Barefoot, Helen Flowers, Hazel Godwin, Christine Johnson, Marceline Langston, Eloise Lee, Maude Marshburn, Mary Ellen McLamb, Rachel McLamb, Inez Rhodes, James Barefoot, Dallas Johnson, Ambrose Lee, Carson McLamb, Garlon Parker, Thomas Smith.
SEVENTH GRADE: Alda Adams, Christie Adams, Ruby Adams, Susan Adams, Phoebe Allen, Eva Godwin, Myrtle Lee, Roena McLamb, Vada Parker, Veima Parker, Lucile Raynor, Cleon Wood, Joseph Johnson, Bodie Parker.
EIGHTH GRADE, SEC. X: Mary Morris, Vivian Langston, Sallie Langston.
EIGHTH GRADE, SEC. Y: Dora Moore, Ella Johnson, Iva Belle Johnson, Helen Johnson.
NINTH GRADE: Lattie Parker.
TENTH GRADE: Pauline Johnson, Ellameta Smith, Georgia Johnson, Ada Mae Parker.
ELEVENTH GRADE: Golda Mae Lee, Bevie Adams, Rebecca Lee, Clara Lee, Garland Smith, Rufus Johnson.

IMPROVEMENT HONOR ROLL

1-W: Lucile Raynor.
1-X: Lloyd Lee.
1-Y: Mattie Pearl Norris.
1-Z: Clarence Adams.
2-W: Annie Johnson.
2-X: Luther Holley.
2-Y: Hubert Hayes.
2-Z: Dalton Wood.
3-W: Garlon Barefoot.
3-Y: John Benton Adams.
4-W: Millie Parker.
4-X: Mozelle Hudson.
4-Y: Hugh Marshburn.
5-X: Coleman Royals.
5-Y: Allene Stewart.
6th: Versie Wood.
7th: Hilda Massefugill.
8-X: Cleavon Parker.
8-Y: Eva Mae Everette.
9th: Mildred Barefoot.
10th: Mack McLamb.
11th: Fulton Lee.

HONOR ROLL FOR KENLY HIGH SCHOOL 5TH. MO.

First Grade: Iona Flowers, Cleo Casper, Pearl Allen, Nellie Lane, Mae Thorne Edgerton, Harris Radford, Jr., Horace Draughon, Alton Davis.
Second Grade: Wallace Ballance, Ralph Davis, Marion Etheridge, Nat Finch, Roland Jackson, L. P. Pittman, Ray Watson, Margaret Bridges, Virginia Boyette, Vivian Edgerton, Betty Ann Fulghum, Ida Hodge, Ruby Jones, Marcedes Kirby, Vera Lamm, Eloise Peele, Irene Smith, Ina Bass, James Hinnant, Eva Mae Dall.
Third Grade: Gladys Faye Barnes, Robert Lee Edgerton, William Rains Edwards, Nellie Mae Pollock, Dorothy Sullivan, Ernest Wilkinson, Walton Edgerton, Leonora Etheridge, George Spivey, Ersel Littleton, Ruth Barham, Russell Lamm.
Fourth Grade: Sadie Watson, Emma Elizabeth Hood, Jessie Louise Woodard, Margaret Boyette.
Fifth Grade: Faye Ballance, Becky Fulghum, Eleanor Worth Gayler, Annie Pope, Irene Snipes, Benjamin Alford, Cecil Jackson, Sadie Blackman, Willie Moore, Wallace Reid Watson.
Sixth Grade: Josephine Watson, Mildred Howell, Marie Jackson, Cora Davis, Janie Edgerton, Winnie Boyette.
Seventh Grade: Celeste Flowers, Lucile Jackson, Iva Little, Sallie Peele, Margaret Pike, Dorothy Woodard, Maya Barnes, Jarvis Edgerton, Jr., Edward Jones, Helen Pittman, Myrtle Barnes.
Eighth Grade: Grey Fulghum, Eloise Radford, Vira Stancil.
Tenth Grade: Sarah Coleman.

FOR SALE good milk cow 4 gallons per day and over. Graham Smith, Smithfield, N. C., Phone 277.

MALE HELP wanted: Reliable man 21 to 55 years old with car wanted to call on farmers in northern part of Johnston county. Make \$8 to \$15 daily. No experience or capital needed. Write today, Mcness Co., Dept. M, Freeport, Illinois.

Melba Watson, Leslie Watson.
Improvement Honor Roll.
First Grade: Ella Campbell.
Second Grade: Ira Raper, Marion Richardson.
Third Grade: Daniel Grice, Thelbert Johnson.
Fourth Grade: Sadie Watson, Rae Holland.
Fifth Grade: Irene Snipes, Wallace Reid Watson.
Sixth Grade: E. D. Hartley.
Seventh Grade: Leland Hooks.
Eighth Grade: Vira Stancil.
Ninth Grade: Lessie Mae Johnson.
Tenth Grade: Eva Mae Sullivan.

HONOR ROLL GLENDALE SCHOOL FIFTH MONTH

First Grade: Javis Hill, Rachel Gaylay, Mazie Narron, Eu-dell Renfrow, Pauline Collier, Mayzelle Narron.
Second Grade: J. D. Boykin, David Minshew, Improvement: Elwood Boyette.
Third Grade: Mildred Godwin, Agnes Minshew, Dorothy Mumford, Cassie Boykin, Otha Durham, Elsie Jones, Norma Wellons, Improvement: Wilbert Bowen.
Fourth Grade: Doris Woodard, Mertie Johnson.
Fifth Grade: Virginia Jones, Blanche Lewis, Percy Starling.
Sixth Grade: Vernon Hales, Beatrice Stancil, Malissa Godwin.
Seventh Grade: Mary Woodard, Verona Atkinson, Estelle Price, Hazel Minshew, Rollings Johnson.
Eighth: Estelle Creech, Dessie Johnson, Gladys Woodard.
Ninth Grade: Willard Brown, Mollie Creech, Hazel Minshew.

FAMILY REUNION

Pine Level, Route 1, March 10. -Mrs. Catherine Rose was given a family reunion on Sunday at the home of her oldest daughter, Mrs. Konrad Kemple. All the children were present to pay homage to their mother who on February 29 entered into her 86th year of age.
The sons and daughters and "in-laws" present were: Mr. and Mrs. A. L. Starling and Mr. and Mrs. Konrad Kemple. There were thirteen grandchildren and one great-grandchild present. Among others present were Miss Dora Reatha Winstead and Mr. C. H. Williams of Rocky Mount. There was a table full of good foods and the dinner was enjoyed by all. We hope her many more birthdays.

Death of Mrs. J. T. McLeod.

It is with a sad heart that I try to write the death of our loving grandmother, Mrs. J. T. McLeod who departed this life Tuesday night, March 4 at ten o'clock. She was 64 years old. She had been in feeble health for many years, but not confined to her bed. Grandmother bore her suffering with much patience, never murmuring. Grandmother was a good woman. She united with the Primitive Baptist church at Little Creek about twenty-nine years ago, and her seat was always filled when she was able to go.
Grandmother was kind to everybody she came in contact with. How sad it was to part with dear grandmother but we feel sure that she has gone to a better place where there is no more pain or death. Grandmother was so sweet and kind and even all the children who saw her fell in love with her. She was always ready to lend a helping hand to those in need.
All was done for her that humans could do but none could stay the icy hand of death. God knew best and has taken our dear grandmother to her bright and celestial home above.
The was laid to rest Thursday afternoon in the Little Creek burying ground in the presence of a large congregation of relatives and friends. She leaves to mourn her loss a husband, Mr.

J. T. McLeod, and six children as follows: Mrs. J. W. Adams of near Smithfield, Mrs. J. D. Lee of Wilson's Mills, Messrs. Zannie, Early, John and Dewey McLeod all of near Willow Springs. She leaves also 38 grandchildren and a host of friends.
The flowers we lay on her grave may wither and turn to mold but the love he have for our dear grandmother will never grow old.
A heart-broken daughter, BEATRICE ADAMS.

Are You Overweight?

Some general principles for adults to follow for losing weight:
1. Do not use drugs or patent preparations, they are unnecessary and are usually either worthless or injurious. Some are dangerous.
2. Make no extreme or needless changes in the diet. Try to plan a diet which you will find reasonably satisfactory over a long period, otherwise you will "break over" and give up the attempt.
3. Increase the active outdoor exercise very gradually. Sudden excessive increase in amount of exercise is dangerous.
4. Do not try to lose weight too rapidly. One-half to one pound a week is good. Weigh once a week on the same scales and at the same time of day.
5. Use bulky foods liberally, lettuce, cabbage, celery, greens, green beans, onions and all juicy fruits.
6. Eat rather freely of lean meat cottage cheese, buttermilk and eggs. These, together with some fat, will prevent the feeling of hunger and weakness.
7. Eat only small amounts of fats and fat-rich foods, especially cream, butter and whole milk.
8. Make the greatest decrease in starches and sweets, such foods as bread of all kinds, macaroni, rice

and other cereals, potatoes, dried beans, nuts, pies, cakes and all other sweets.
9. Eat three regular meals, but not between meals. Eat slowly and chew food well. Drink six glasses of water a day.

CANT TALK TO WIFE, TOO CROSS AND NERVOUS

"Even my husband couldn't talk to me, I was so cross and nervous. Vinol has made me a different and happy woman." - Mrs. N. McCall.

Vinol is a compound of iron, phosphates, cod liver peptone, etc. The very FIRST bottle makes you sleep better and have a BIG appetite. Nervous, easily tired people are surprised how QUICK the iron, phosphates, etc., gives new life and pep. Vinol tastes delicious. Jo-Mc's Store, Drugs.

Over 60 Countries Now Treat Colds Without "Dosing"

Modern Vaporizing Ointment Fast Replacing Old-Time Internal Remedies

A generation ago, it was the custom to give large doses of internal medicines for colds and almost every human ailment. Then, a North Carolina pharmacist originated Vicks VapoRub, the modern method of treating colds without "dosing." Today, the whole trend of medical practice is away from needless "dosing."
As more and more people adopted this modern external treatment, the fame of Vicks spread until today it is the standby for colds - adults as well as children's - in over 60 countries.
This ever-increasing demand is shown in the figures of the familiar Vicks slogan. Made famous when Vicks reached "17 Million Jars Used Yearly," and later raised to "21 Million," these figures, too, have been outgrown, as there are now "Over 26 Million Jars Used Yearly," in the United States alone.

MONEY TO LEND!

in amounts from \$1,000.00 and up on improved farm land and town property in Johnston County.

LOANS MADE FOR 5 OR 10 YEARS.

L. E. WATSON, Jr., Attorney Smithfield North Carolina

Hudson Belk Co.

"The Home of Better Bargains" Smithfield, N. C.

New Spring Dresses



Makes Life Sweeter

Children's stomachs sour, and need an anti-acid. Keep their system sweet with Phillips Milk of Magnesia!
When tongue or breath tells of acid condition - correct it with a spoonful of Phillips. Most men and women have been comforted by this universal sweetener - more mothers should invoke its aid for their children. It is a pleasant thing to take yet neutralizes more acid than the harsher drugs too often employed for the purpose. No household should be without it.
"Phillips Milk of Magnesia" has been the U. S. registered trade mark of the Charles H. Phillips Chemical Co., said its predecessor Charles H. Phillips since 1879.

PHILLIPS Milk of Magnesia

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\$8.95
\$9.95