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you want to be protected. In case of death you want to leave your family something to live on. In case of accident you want something to live on besides borrowing.

Let Us Come to Your Rescue

We can insure you against loss from

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We can insure your Boiler, Plate Glass, Burglary. We also can bond you for any office requiring bond

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Rocky Mountain Tea Nuggets
A Day Medicine for Sickly People.
Bring Golden Health and Renewed Vigor.
A specific for Constipation, Indigestion, Liver and Kidney Troubles, Rheumatism, Eczema, Impure Blood, Bad Breath, Stomach Disorders, Headache and Neuralgia. It's Rocky Mountain Tea in its purest form, in a bottle. Contains made by
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CHRISTMAS ISLAND'S RICHES.

Bit of Rock Revealed Its Secret and Mines of Phosphate.

Christmas Island is a speck of land, shaped like a dumbbell, rising steeply from the Indian ocean, 190 miles south of Java, says the New York Sun. No one is known ever to have landed on it previous to 1897. It was thought of only as a little rock, without good anchorage, not worth examining while large regions were still white on the maps.

But to-day some fifty men are living on Christmas Island, and now and then we see a paragraph in the trade journals telling of the increasing quantity of phosphate that it is shipping. Last year for example, as we are told by one of these authorities, the island shipped 71,757 tons of phosphate and new methods of loading vessels were introduced, something like those by which iron ore is poured into the holds of Lake Superior steamers. The phosphate is tipped from a high pier into the ship. The last vessel to sail loaded in a day with 1,300 tons.

It was a deep sea research that pointed to Christmas Island as a source of wealth, and the facts in the case have only recently been told.

About 10 years ago a British naval vessel started for the Indian ocean to examine a part of its sea floor. Its main work was a long distance from Christmas Island, but Sir John Murray, the great Scottish oceanographer, in mapping out the project, happened to think of an area around Christmas Island where no investigations had been made. He suggested that the vessel diverge from its course to make soundings and collect samples from the ocean bed in the neighborhood of Christmas Island.

The work was thoroughly done, and in due time a list of soundings and specimens of the mud and bits of rock dredged from the bottom were delivered at St. John's laboratory near Edinburgh. In the collection was a fragment of rock which he could not identify on casual inspection, and it excited his curiosity. He made an analysis of the fragment and found that it was phosphate. The results fulfilled the most sanguine expectations of the man of science. There was no longer any doubt of the existence of a thick bed of phosphate on the island. But to ascertain all the conditions and the prospects of mining with profit, Sir John made a journey to it. He found that the mineral offered a promising commercial possibility; that there was a good anchorage on one side of the island, and that by building a wharf with a second story, on which trucks could be run out, vessels might be loaded easily and cheaply.

A company was organized with the necessary capital. Parliament made a concession, giving the company the right to work the phosphate for a series of years, and development was begun. It has been a most profitable venture, and the best of it is that it has placed Sir John Murray, who, like most scientific men, had no superfluity of this world's goods, in very comfortable circumstances for the rest of his life.

Startling But True

People the world over were horrified on learning of the burning of a Chicago theater in which nearly six hundred people lost their lives, yet more than five times this number or over 3,000 people died from pneumonia in Chicago during the same year, with scarcely a passing notice. Every one of these cases of pneumonia resulted from a cold and could have been prevented by the timely use of Chamberlain's Cough Remedy. A great many who had every reason to fear pneumonia have ward off by the prompt use of this remedy. The following is an instance of this sort: "Too much cannot be said in favor of Chamberlain's Cough Remedy, and especially for colds and influenza. I know that it cured my daughter, Laura, of a severe cold, and I believe saved her life when she was threatened with pneumonia." W. D. Wilcox, Logan, New York. Sold by S. R. Biggs.

There is probably nothing more annoying than to have to spend a lot of time preparing for an emergency that failed to emerge.

Luckiest Man in Arkansas

"I'm the luckiest man in Arkansas," writes H. L. Stanley, of Bruno, "since the restoration of my wife's health after five years of continuous coughing and bleeding from the lungs; and I owe my fortune to the world's greatest medicine, Dr. King's New Discovery for Consumption, which I know from experience will cure consumption if taken in time. My wife improved with first bottle and twelve bottles completed the cure." Cures the worst coughs and colds or money refunded. At S. R. Biggs, druggist, 50c and \$1.00. Trial bottle free.

If a nice young man calls on a girl, and she requests her younger brother to recite for him, the hint is quite sufficient.

Chamberlain's Cough Remedy the Mother's Favorite

The soothing and healing properties of this remedy, its pleasant taste and prompt and permanent cures have made it a favorite with people everywhere. It is especially prized by mothers of small children, for colds, croup and whooping cough, as it always affords quick relief, and as it contains no opium or other harmful drug, it may be given as confidently to a baby as to an adult. For sale by S. R. Biggs.

Who's People are Missing.

A member of the editorial staff of Public Opinion visited a number of prominent publishers in New York city and asked them the point-blank question, "What kind of books do people read?" The article in which the answers are recorded is concluded with this summary:

Looking back over these opinions of publishers who represent almost every side of the publishing business and who view the book-purchasing public from almost every possible angle, one is forced to a gratifying and highly optimistic conclusion. Even allowing for the natural and legitimate bias which would lead a man to take a favorable view of his own business, we must conclude that people are reading better books now than ever before. It is not only that each publisher is of the opinion that he is publishing better books than he did five years ago or ten years ago, but that he also believes that other publishers are doing the same thing. Examples of books brought out by other houses were cited to me constantly in proof of this.

Another gratifying tendency upon which practically all agree is in the increased reading of history, and particularly of biography. While the scientific historians may not agree that this is a good thing, yet any careful reader who follows the current books steadily will conclude that even the scientific writers of history must look to their laurels. The writers of popular books are improving steadily in point of accuracy and general literary merit. Another good development is that away from tremendous hundred thousand editions. Such extraordinary sales are usually obtained at the expense of other books almost if not quite as meritorious. The result of the change is that the general average has gone up. Viewing the world of books from the standpoint of all those different publishers, each seeing it from a slightly different angle, one can only conclude again that people are reading more and better books and that in this respect at least the world is growing better.

Sound Sleep.

We sleep the soundest between three and five o'clock in the morning. An hour or two after going to bed you sleep very soundly; then your slumber grows gradually lighter, and it is easy enough to waken you at one or two o'clock. But when four o'clock comes you are in such a state of somnolence that it would take a great deal to waken you.

Afraid of Strong Medicines

Many people suffer for years from rheumatic pains, and prefer to do so rather than take the strong medicines usually given for rheumatism, not knowing that quick relief from pain may be had simply by applying Chamberlain's Pain Balm without taking any medicine internally. For sale by S. R. Biggs.

While it doesn't take any more time to be polite than disagreeable, the latter seems so much easier to most people.

Sick Headache.

This distressing ailment, results from a disordered condition of the stomach. All that is needed to effect a cure is a dose or two of Chamberlain's Stomach and Liver Tablets. In fact, the attack may be warded off, or greatly lessened in severity, by taking a dose of these Tablets as soon as the first symptom of an attack appears. Sold by S. R. Biggs.

"Is love a dream?" asks a Philadelphia poetess. Sometimes, then again it's a nightmare.

Frightfully Burned

Chas. W. Moore, a machinist, of Ford City, Pa., had his hand frightfully burned in an electrical furnace. He applied Bucklen's Arnica Salve with the usual result, "a quick and perfect cure." Greatest healer on earth for Burns, Wounds, Sores, Eczema and Piles. 25c at S. R. Biggs, druggist.

In an argument with a woman the best a man can get is the worst of it.

The Yellow Fever Germ

has recently been discovered. It bears a close resemblance to the malaria germ. To free the system from disease germs, the most effective remedy is Dr. King's New Life Pills. Guaranteed to cure all diseases due to malaria poison and constipation. 25c at S. R. Biggs' drugstore.

Troubles are too often due to the lies that come home to roost.

Methuselah was allright you bet, For a good old soul was he, They say he would be living yet Had he taken Rocky Mountain Tea J. M. Whitters & Co. Roberonville.

It's a good thing that some people do not practice what they preach

A Healing Gospel

The Rev. J. C. Warren, pastor of Sharon Baptist church, Belair, Ga., says of Electric Bitters: "It's a Godsend to mankind. It cured me of lame back, stiff joints, and complete physical collapse. I was so weak it took me half an hour to walk a mile. Two bottles of Electric Bitters have made me so strong I have just walked three miles in 50 minutes and feel like walking three more. It's made a new man of me." Greatest remedy for weakness and all Stomach, Liver and Kidney complaints. Sold under guarantee at S. R. Biggs' drug store. Price 50c.

"THERE'S A CURE FOR RHEUMATISM!"

Not the mere temporary relief that the old "remedies" gave, not the little help that the doctor's prescriptions give; but **ABSOLUTE AND COMPLETE CURE.** That is what Rheumacide does. Rheumatism is caused by an excess of uric acid in the blood. It is an internal disease and requires a strong and vigorous internal remedy that will cleanse the blood of all its germs and yet act through such natural methods that it builds up the entire system.

SWEEPS ALL POISONS OUT OF THE BLOOD.

Rheumacide
GETS AT THE JOINTS FROM THE INSIDE

CURES TO STAY CURED.

Different from any other remedy. The result of the latest scientific discoveries. At the same time it cures

Rheumatism it sweeps out of the blood the germs of all other blood diseases, and cures indigestion, Constipation, Catarrh, Kidney and Liver Troubles, La Grippe and Contagious Blood Poisons.

CURED AFTER 16 YEARS.

Baltimore, Dec. 10th. For 16 years I have suffered terribly with Rheumatism. I was treated by leading physicians but got no relief. Long since I despaired of ever being well again. But hearing of RHEUMACIDE, I decided to give it a trial. I have taken two bottles, and, thanks to this wonderful medicine, I now feel that I have gotten a "new lease on life." Every vestige of the disease has been driven from my system. MRS. LAURA D. GARDNER, 1301 James St., Baltimore.

YOUR DRUGGIST SELLS IT.

Sample bottle and booklet FREE if you send five cents for postage. **BOBBITT CHEMICAL CO., Prop's, BALTIMORE, MD.**

Sold by **S. R. Biggs**

TO DELICATE WOMEN

You will never get well and strong, bright, happy, hearty and free from pain, until you build up your constitution with a nerve refreshing, blood-making tonic, like

Wine of Cardui
It Makes Pale Cheeks Pink

It is a pure, harmless, medicinal tonic, made from vegetable ingredients, which relieve female pain and distress, such as headache, backache, bowel ache, dizziness, chills, scanty or profuse menstruation, dragging down pains, etc.

It is a building, strength-making medicine for women, the only medicine that is certain to do you good. Try it. Sold by every druggist in \$1.00 bottles.

WRITE US A LETTER

freely and frankly, in strictest confidence, telling us all your symptoms and troubles. We will send free advice (in plain sealed envelope), how to cure them. Address: Ladies' Advisory Dept., The Chattanooga Medicine Co., Chattanooga, Tenn.

"YOU ARE FRIENDS

of mine," writes Mrs. F. L. Jones, of Gallatin, Tenn.: "For since taking Cardui I have gained 35 lbs., and am in better health than for the past 9 years. I tell my husband that Cardui is worth its weight in gold to all suffering ladies."

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SORE LUNGS

When your lungs are sore and inflamed from coughing, is the time when the germs of PNEUMONIA, PLEURISY and CONSUMPTION find lodgment and multiply.

FOLEY'S HONEY AND TAR

stops the cough, heals and strengthens the lungs. It contains no harsh expectorants that strain and irritate the lungs, or opiates that cause constipation, a condition that retards recovery from a cold. FOLEY'S HONEY AND TAR is a safe and never failing remedy for all throat and lung troubles.

The Doctors Said He Had Consumption - A Marvellous Cure. L. M. Ruggles, Reasoner, Iowa, writes: "The doctors said I had consumption and I got no better until I used FOLEY'S HONEY AND TAR. It helped me right from the start and stopped the spitting of blood and the pain in my lungs and today I am cured and well."

Three sizes - 25c, 50c, \$1.00. The 50-cent size contains two and one-half times as much as the small size and the \$1.00 bottle almost six times as much. REFUSE SUBSTITUTES.



SOLD AND RECOMMENDED BY

S. R. Biggs, Williamston, N. C.