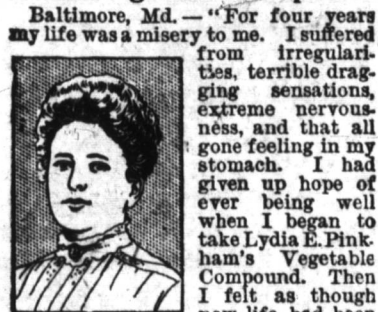


AFTER FOUR YEARS OF MISERY

Cured by Lydia E. Pinkham's Vegetable Compound



Baltimore, Md.—"For four years my life was a misery to me. I suffered from irregularities, terrible dragging sensations, extreme nervousness, and that all gone feeling in my stomach. I had given up hope of ever being well when I began to take Lydia E. Pinkham's Vegetable Compound. Then I felt as though new life had been given me, and I am recommending it to all my friends."—Mrs. W. S. FORD, 2907 W. Franklin St., Baltimore, Md.

The most successful remedy in this country for the cure of all forms of female complaints is Lydia E. Pinkham's Vegetable Compound. It has stood the test of years and to-day is more widely and successfully used than any other female remedy. It has cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing-down feeling, flatulency, indigestion, and nervous prostration, after all other means had failed.

If you are suffering from any of these ailments, don't give up hope until you have given Lydia E. Pinkham's Vegetable Compound a trial.

If you would like special advice write to Mrs. Pinkham, Lynn, Mass., for it. She has guided thousands to health, free of charge.

Get together, agree on a policy, select representatives to put that policy into effect, and you will have good roads. So-30-10.

For HEADACHE—HICK'S CAPSIDINE

Whether from Colds, Heat, Stomach or Nervous Troubles, Capsidine will relieve you. It's liquid—pleasant to take—acts immediately. Try it, 10c, 25c, and 50c at drug stores.

When a man dresses like a slouch it's a pretty good sign that he either ought to get married or get divorced.

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c. a bottle.

A good road is to a country district what a paved street is to the city business for that neighborhood.

For Red, Itching Eyelids, Cysts, Styes

Falling Eyelashes and All Eyes That Need Care, Try Murine Eye Salve. Aseptid Tubes, Trial Size, 25c. Ask Your Druggist or Write Murine Eye Remedy Co., Chicago.

PROFIT IN DECORATIONS.

Prosperous Business Done by the Russian Chancery in Giving Out Orders.

A suspicion prevails among Russians that the chancery of the imperial court does a prosperous business in conferring the order and decorations which the Czar showers with special profusion on favored subjects at the Orthodox Easter season just closed. Recently the St. Petersburg Official Gazette printed the names of 4,226 persons entitled to wear new stars and ribbons or a higher class of the decoration they already possessed.

Since a year ago the Order of St. Andrew, the highest in the empire has been conferred on only eight persons, including the Mikado's cousin, Prince Fushimi of Japan; 59 dignitaries received the order of Alexander Nevski, 44 the order of the White Eagle, 5 the first class of the Vladimir Order, 82 the second class and 527 the third and 804 the fourth class. It is more particularly a military decoration. There were 179 recipients of the first class of the Order of St. Anne, 1904 of the second class and 4,069 of the third class. In the first class of the Stanislas Order there were 391 appointments, in the second 2,547, and in the third 4,892 persons.

In the high up decorations in Russia, which, as Lord George Bentinck said of the Order of the Garter, have "no damned nonsense about merit connected with them," there is no suspicion of any pecuniary consideration.

For Breakfast—

Post Toasties

with cream or milk.

The smile that follows will last all day—

"The Memory Lingers"

Sold by Grocers.

Pkgs. 10c and 15c.

POSTUM CEREAL COMPANY, Ltd., Battle Creek, Mich.



GOOD ROADS

From the Pulpit.

The unique manner in which a portion of a Missouri county obtained good roads will be of especial interest in Georgia, with sentiment for that issue at floodtide.

It is not often that the aid of the pulpit is invoked in the cause of highway improvement, but that agency has set Jefferson Township, in Nowaday County, to unusual activity, according to the Kansas City Star.

For several years Rev. Father F. P. Placid, pastor of the Catholic church at the Benedictine monastery, near Conception, Mo., preached to his people that the building of good roads constituted not only a civic, but a Christian duty.

He pointed out in a series of sermons that bad or impassable thoroughfares caused farmers to stay at home on Sundays, which militated strongly against the uniform observance of their religious duties.

He did not, however, confine his efforts to oral argument. And this is how our contemporary describes the manner in which the monastery with which he was affiliated set the nearby farmers a practical object lesson:

"The monastery owns a section of fine land and several fine draft horses. The fathers didn't purpose to have their horses struggle along bad roads every time they desired to drive to town or to market in the rainy season, or just after a rain in any season. The fathers began by grading the road from the monastery, Old Conception, to Conception, a distance of three miles. Then they chained two pieces of railroad iron together, and after a rain they dragged the road several times. That was several years ago. They have kept it up consistently ever since. The result is a road as smooth as a boulevard. There have been heavy rains in that section for a week; the creeks and branches are out of their banks and it is not possible for a horse to wade through the mud in some sections of that county or township. It is different with the three miles of road leading from the monastery to Conception. The week's rain, the heaviest of the year, has had little effect on the road, and it is possible for a team of horses pulling a loaded wagon to trot along this superior thoroughfare."

Such initiative on part of the monastery had its logical effect upon the landowners of the surrounding territory.

The roads are now dragged on an average of ten times a year, at a trifling expense after the first operation. The dead rut has disappeared and from year's end to year's end the highways are passable to heavy loads hauled by one or two mules. The farmers view the movement as one of the best investments in their experience and the fever has spread to other sections of the county.

Substantially, the interest of the clergy of Georgia in good roads is equal to that of the clergy of Missouri. Already many preachers of various denominations in this State have spoken a good word for the crusade that has so wonderfully inspired the industry of all classes of Georgians. Persistent agitation in this direction would not only exert a salutary influence on religious phases of community life; it would, as well, be reflected in commercial and industrial aspects.

And the preachers are citizens as well as preachers.—Atlanta Constitution.

Cost of Neglect.

It costs for transporting wheat by steamer from New York to Liverpool, 3100 miles, one-sixth less per bushel than it costs the farmer to haul his wheat 2.4 miles. These facts and figures show the vast importance of road improvement and justify the Government of the United States in experimenting with a view to improving the roads of the country and stimulating the interest of farmers in the work.—Rochester Democrat and Chronicle.

State Control Favored.

State control of highway building, the making of surveys, establishing grades and maintaining a uniform system of roads; the power to enforce the building of highways in certain localities, and the authority to actually build them where the whole State would be equally benefited, are among the twentieth century requirements of State governments in the movement for good roads.—Kansas City Star.

Automobiles Gave Stimulus.

The automobile is an established fact, and it must be treated as a fact and provision made for it. It has given the present great impulse to road improvement in the United States, and this is a debt that the farmer, the chief enemy of the automobile, owes to it.—Baltimore Sun.

Savages and Talking Machines

Bishop Stinger, whose field is far up in the ice fields of the Yukon, has many Indians in his diocese, and while entertaining them with a lecture had a talking machine as a part of the lecture equipment. This interested the aborigines mightily, and one chief, after listening to it in silence for awhile, marched up, placed his hand on the horn and in guttural notes said: "Ught Canned pian!"—Boston Record.

MUNYON'S PAW-PAW PILLS

The best Stomach and Liver Pills known and a positive and speedy cure for Constipation, Indigestion, Jaundice, Biliousness, Sour Stomach, Headache, and all ailments arising from a disordered stomach or sluggish liver. They contain in concentrated form all the virtues and values of Munyon's Paw-Paw tonic and are made from the juice of the Paw-Paw fruit. I unhesitatingly recommend these pills as being the best laxative and cathartic ever compounded. Send us postal or letter, requesting a free package of Munyon's Celebrated Paw-Paw Laxative Pills, and we will mail same free of charge. MUNYON'S HOMOEOPATHIC HOME REMEDY CO., 532 and Jefferson Sts., Philadelphia, Pa.

Carload of Aeroplanes.

Cincinnati, O., Special.—The first shipment of aeroplanes via the Southern Railway from the West and what is believed to be the first freight movement of this character in the South will be the exhibit from the Wright Brothers' factory at Dayton, O., which will be an attractive feature of the Appalachian Exposition to be held at Knoxville, Tenn., Sept. 12 to Oct. 12.

The machines to be displayed at Knoxville by the Wright Brothers will move from this city to Knoxville over the lines of the C. N. O. and T. P. and the Southern Railway and while Southern traffic officials are not expecting a steady movement of aeroplanes in the immediate future they are taking pleasure in the fact that they will handle this car.

The Knoxville exposition will have the distinction of being one of the first to have a comprehensive display of air riding craft.

Pointed Paragraphs.

Some people impress us as never making enemies because it's too much trouble.

You can't flatter a homely woman by telling her she is clever unless she isn't.

Half the people who are disappointed in love never realize it till after they are married.

The only time a man is reasonably sure his wife will listen to him is when he talks in his sleep.

Never nurse a disappointment unless you are prepared to have it grow and stay with you for life.

It seems as though women's styles change so often merely to keep men's noses down to the grindstone.

In a Pinch, Use Allen's Foot-Ease.

The Antiseptic Powder, to shake into your shoes. It rests the feet. Cures Corns, Bunions, Swollen, Sore, Hot, Callous, Aching, Sweating Feet and Ingrowing Nails. Allen's Foot-Ease makes new or tight shoes easy. Always use it to break in new shoes. Sample FREE. A. S. Olmsted, Le Roy, N. Y.

Mud roads belong to log cabin days, and log cabin days belong to the past. So-30-10.

Dr. Pierce's Pleasant Pellets cure constipation.

Constipation is the cause of many diseases. Cure the cause and you cure the disease. Easy to take.

Brains are as essential as money and muscle in road making.

Better Than Quinine.

Strong testimony: "Hughes' Tonic is the best chills tonic I ever tried. Better than quinine." Sold by Druggists—50c. and \$1.00 bottles. Prepared by Robinson Pettet Co. (Inc.), Louisville.

Chinese Business Honesty.

With due respect for others the Chinaman is perhaps the most honorable and upright business man in the world today. His business principles are founded entirely upon honesty, and he adheres to his policy with the insistence of a leech. The chase after dollars stops if he has to resort to a low trick to get them. Of course, a little thing like telling a falsehood occasionally does not bother him so much; but when it comes to plotting and scheming to defraud some one the task becomes distasteful. The equal of the Japanese in initiative and foresight, he is much their superior when integrity is concerned. A Japanese does not think twice before deciding to get the best of you. He calculates that you are liable to change your mind or get out of reach if he indulges in a little mental debate as to the propriety of cheating you.—The Bookkeeper.

A POLICEMAN'S EXPERIENCE.

Suffered For Years From Chronic Kidney Trouble.

Walter J. Stanton, 1139 Pear St., Camden, N. J., says: "Kidney trouble bothered me for fifteen years. I felt stiff, sharp twinges shot through my back and it was hard for me to arise. I was treated by several doctors, one a specialist, but did not receive relief. Finally I began using Doan's Kidney Pills and soon noticed an improvement. I continued until the trouble disappeared."

Remember the name—Doan's. For sale by all dealers. 50 cents a box. Foster Milburn Co., Buffalo, N. Y.

The HOUSE and HOME

Dye With Tea.

A garment made of almost any material may be creased with tea. Make the tea strong and soak the garment well in it.

Iron the garment before it dries and the color will be a pretty cream. The tea does not streak the goods, as coffee does, and is a prettier color and less expensive than the creaming substance that is bought.—Indianapolis News.

Scented Sheets.

It is said that lavender scented sheets induce slumber. Whether that is true or not, it is certain that to lie down in bed after a lovely refreshing bath in sheets that have a delicate scent of lavender about them is most refreshing and luxurious. It does not cost much to have this luxury and it is within the possibility of almost every housekeeper to have in her linen closet several little finely cut packages of dried lavender leaves. These can be bought upon the street almost any time. Put the little packages between the sheets, pillowcases, towels and wash clothes. You will find that the odor will last for a long time and will be enjoyed by all who use your linen, the odor is so deliciously clean.—Newark Call.

An English Idea.

What is known as a "Dorothy bag" in England is often made of a worn-out tall silk hat. Begin by cutting the hat close to the brim all round, and then slip off the silk covering; it will be found to be already in shape of a convenient bag, and merely in need of a lining of colored silk, which can be made by cutting a disk the same size as the circle at the top of the hat, allowing for narrow turnings. The sides are the same size and depth as the outer covering, and the silk lining, being made separate, is put inside the outer covering; the edges of the latter are turned down an inch and the former turned in to meet the raw edge and just cover it. Small brass or bone rings are sewn inside, eighteen being needed; at intervals, a piece of silk cord is passed through the rings, allowing enough to draw up to form two handles, and it is then sewn together at the ends, the bag being thus completed. Old tall hats can frequently be found in the attic, and satisfaction lies in using them.—New York Press.

A Camphorated Bath.

Nothing is so invigorating when tired and warm as a scented bath of hot water in warm weather; it proves particularly refreshing when taken before dressing for the evening.

The simplest of these baths is made by adding cologne, toilet water, or violet ammonia into a quarter of a tubful of water.

A good aromatic mixture to keep on hand is made from two ounces of tincture of camphor, four ounces of cologne and an ounce of tincture of benzoin. Add enough of this to the bath water to make it milky.

If you are presented with colognes or toilet waters that are not especially fragrant, use them in the bath. The scent is so faint as to be disagreeable, and the refreshing qualities are as great as from more expensive colognes.

Another refreshing bath is made by squeezing the filtered juice of four lemons into a quarter of a tubful of water.

Where the aromatic bath seems extravagant, or there is no time for it, put a solution of the mixture given above into a spray and spray it over face, neck and arms.—New York Times.

FOR THE EPIGURE

Rice Balls.—Boil cupful of rice in water and add salt. While warm mix in quarter pound of butter, two eggs well beaten, and tablespoonful of cinnamon. Make this into small balls and fry in deep fat. Drain and roll in currant jelly, then powdered sugar.

To Caramelize Sugar.—Put sugar in a smooth granite saucepan or omelet pan, place over the hot part of the range and stir constantly until melted and the color of maple sugar. Care must be taken to prevent sugar from adhering to the sides of the pan or spoon.

To Freshen Lettuce.—Wash the leaves a few hours before using, wrap in waxed tissue paper and put it on the ice. All the ingredients of moist salads can be prepared in good season and time saved by covering them with tissue before using to prevent drying.

Mock Fried Oyster.—Scrape and slice thin one cup salsify or vegetable oyster, cook in a little water until tender, cool and add one egg, a little salt and pepper and two crackers broken fine; shape into oyster shape and fry and serve on steamed bread with melted butter.

Cream of Potato Soup.—Pare and cut small four medium-sized potatoes, one onion and a little celery. Cook until tender in salted water. Mash, stir in a little butter, pepper and flour. Add this puree to one quart of hot milk. Stir well, reheat, and serve with crisp crackers.



Do You Feel This Way?

Do you feel all tired out? Do you sometimes think you just can't work away at your profession or trade any longer? Do you have a poor appetite, and lay awake at night unable to sleep? Are your nerves all gone, and your stomach too? Has ambition to forge ahead in the world left you? If so, you might as well put a stop to your misery. You can do it if you will. Dr. Pierce's Golden Medical Discovery will make you a different individual. It will set your lazy liver to work. It will set things right in your stomach, and your appetite will come back. It will purify your blood, if there is any tendency in your family toward consumption, it will keep that dread destroyer away. Even after consumption has almost gained a foothold in the form of a lingering cough, bronchitis, or bleeding at the lungs, it will bring about a cure in 98 per cent. of all cases. It is a remedy prepared by Dr. R. V. Pierce, of Buffalo, N. Y., whose advice is given free to all who wish to write him. His great success has come from his wide experience and varied practice.

Don't be wheedled by a penny-grabbing dealer into taking inferior substitutes for Dr. Pierce's medicines, recommended to be "just as good." Dr. Pierce's medicines are of known composition. Their every ingredient printed on their wrappers. Made from roots without alcohol. Contain no habit-forming drugs. World's Dispensary Medical Association, Buffalo, N. Y.

What Happened.

Willie had tried by various means to interest his father in conversation. "Can't you see I'm trying to read?" said the exasperated parent. "Now, don't bother me."

Willie was silent for almost a minute. Then, reflectively: "Awful accident in the Subway today."

Father looked up with interest. "What's that?" he asked. "An accident in the Subway?"

"Yes," replied Willie, edging toward the door, "a woman had her eye on a seat and a man sat down on it."

Epidemic of Itch in Welsh Village.

In Downlais, South Wales, about fifteen years ago, families were stricken wholesale by a disease known as the Itch. Believe me, it is the most terrible disease of its kind that I know of, as it itches all through your body and makes your life an inferno. Sleep is out of the question and you feel as if a million mosquitoes were attacking you at the same time. I know a dozen families that were so affected.

"The doctors did their best, but their remedies were of no avail whatever. Then the families tried a druggist who was noted far and wide for his remarkable cures. People came to him from all parts of the country for treatment, but his medicine made matters still worse; as a last resort they were advised by a friend to use the Cuticura Remedies. I am glad to tell you that after a few days' treatment with Cuticura Soap, Ointment and Resolvent, the effect was wonderful and the result was a perfect cure in all cases."

"I may add that my three brothers, three sisters, myself and all our families have been users of the Cuticura Remedies for fifteen years. Thomas Hugh, 1650 West Huron St., Chicago, Ill., June 29, 1909."

College-Bred Farmers.

That the boy who wants to learn to dig a ditch, harness a horse, use a plow or milk a cow would go in vain to the colleges of agriculture in the country, Dick Crosby, of Washington, D. C., a specialist in agricultural education, told the department of rural and agricultural education of the National Education Association recently. There are 300 more secondary schools and colleges teaching agriculture than there were 18 months ago, he said, but they teach theory only.

Prof. G. F. Warren, of Cornell University, expressed the opinion that the farmer without an agricultural education was headed for the poor house. He quoted figures to show that ten college bred farmers averaged \$847 yearly income, against an average of only \$318 for the farmers whose education had been limited to the district school. Most of the teachers used to say, he said, that any fool could farm. Now they say agriculture is too difficult for high schools.

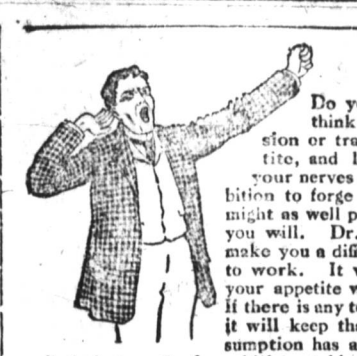
Industrial education does not mean educational revolution, declared Arthur R. Dean, of the New York state education department, addressing the department of manufacturing. "A portion of agriculture and industrial practice can be expressed in mathematical form." He told the department that employers must permit boys and girls to attend school for the sake of the preservation of American citizenship.

There's vitality, snap and "go" in a breakfast of Grape-Nuts and cream.

Why?

Because nature stores up In wheat and barley The Potassium Phosphate. In such form as to Nourish brain and nerves. The food expert who originated Grape-Nuts Retained this valuable Element in the food. "There's a Reason" Read the famous little book, "The Road to Wellville," Found in packages.

POSTUM CEREAL COMPANY, Limited
Battle Creek, Michigan.



FREE Send postal for Free Package of Paxtine. Better and more economical than Liquid antiseptics FOR ALL TOILET USES.

PAXTINE TOILET ANTISEPTIC

Gives one a sweet breath; clean, white, germ-free teeth—antiseptically clean mouth and throat—purifies the breath after smoking—dispels all disagreeable perspiration and body odors—much appreciated by dainty women. A quick remedy for sore eyes and catarrh.

A little Paxtine powder dissolved in a glass of hot water makes a delightful antiseptic solution, possessing extraordinary cleansing, germicidal and healing power, and absolutely harmless. Try a Sample, 50c. a large box at druggists or by mail.

THE PAXTON TOILET CO., Boston, Mass.

WE BUY WOOL HIDES AND FURS

Being Dealers, we can do better for you than agents or commission merchants. Reference: any bank in Louisville. We furnish Wool Bags Free to our shippers. Write for price list. M. SABEL & SONS, Louisville, Ky.

XANTHINE FOR THE HAIR

Restores Gray Hair to Natural Color. REMOVES DANDRUFF AND SCALP. Invigorates and prevents the hair from falling off. For Sale by Druggists, or Sent Direct by XANTHINE CO., Richmond, Virginia Price 15¢ Per Bottle. Sample Bottle 25c. Send for Circular.

Building roads is a business proposition. There is no sentiment about it. That comes after a road is built when the youthful swain can safely drive with one hand.

FOR COLDS and GRIP.

Hick's CAPSIDINE is the best remedy—relieves the aching and feverishness—cures the Cold and restores normal conditions. It's liquid—effects immediately. 10c, 25c, and 50c. at drug stores.

No farming section which has once had good roads would ever go back to bad roads.

WHAT ABOUT YOUR BOY?

If he is going to college he needs our Academic Departments; at home on the farm, Agricultural Department will help him. AGRICULTURAL DEPARTMENT will help him. WONDERFUL ADVANTAGES for \$18.00 a session. For catalogue, address

E. S. LIGON, Headmaster,
FORK UNION, VA.

These candy tablets do just as much as salts or calomel. But Cascarets never clog the bowels. They never create a continuous need, as harsh cathartics do. Take one just as soon as the trouble appears, and in an hour it's over.

Vest-pocket box, 10 cents—at drug-stores. 50c. Each tablet of the genuine is marked C C C.

AN ITCHING SKIN

Is about the most troublesome thing there is. You know it if you've ever had any kind of skin trouble. But they all give way, disappear, every last one—every pimply, scaly, itching, eruptive kind of disease of the skin—when you treat them to a box of

HUNT'S CURE

well rubbed in. Nothing like it to make the skin healthy and smooth and free from sting, or itch or pain. Price is 50 cents a box, and one box is guaranteed to cure any one case or you GET YOUR MONEY BACK.

Ask Your Druggist for Hunt's Cure

A. B. RICHARDS MEDICINE CO., Sherman, Texas

So-30-10.

Dropsy

CURED Gives Quick Relief. Removes all swelling in 10 to 20 days; effects a permanent cure in 30 to 60 days. Trial treatment given free. Nothing can be better. Write Dr. H. H. Green's Sons, Specialists, 509 N. Main St., St. Louis, Mo.