

OTTUMWA WOMAN CURED

By Lydia E. Pinkham's Vegetable Compound

Ottumwa, Iowa.—"For years I was almost a constant sufferer from female trouble in all its dreadful forms—shooting pains all over my body, sick headache, spinal weakness, dizziness, depression, and everything that was horrid. I tried many doctors in different parts of the United States, but Lydia E. Pinkham's Vegetable Compound has done more for me than all the doctors. I feel it my duty to tell you these facts. My heart is full of gratitude to you for my cure."—Mrs. HARRIET E. WAMPLER, 594 S. Ransom Street, Ottumwa, Iowa.

Consider This Advice.
No woman should submit to a surgical operation, which may mean death, until she has given Lydia E. Pinkham's Vegetable Compound a fair trial.

This famous medicine, made only from roots and herbs, has for thirty years proved to be the most valuable tonic and invigorator of the female organism. Women residing in almost every city and town in the United States bear willing testimony to the wonderful virtue of Lydia E. Pinkham's Vegetable Compound.

Mrs. Pinkham, at Lynn, Mass., invites all sick women to write her for advice. Her advice is free, confidential, and always helpful.

THE MARTYR.



Polly—So Mrs. Highmere's husband has developed bad habits. How did you hear about it?
Dolly—Oh, Mrs. Highmere invited us all to an afternoon tea so she could tell us how she suffered in silence!

An Eight Years' Walk.
Hiram Davis of Newburg went for a walk with his father eight years ago. The father stopped to talk with a friend, and Hiram, then about 10 years old, walked on. He was never seen after that until he walked into his parents' home recently.

The police all over the east were on the lookout for him, the Hudson river was searched and finally he was given up for dead. When he greeted his mother it was some hours before she could be calmed.

Davis has been out west.—New York Sun.

Too Dangerous.

In the struggling days at Tuskegee, Booker T. Washington found that he would have to use an old chicken house for a schoolroom.

"Uncle," he said to an old colored man, "I want you to come down at nine o'clock tomorrow morning and help me clean a henhouse."

"Law now, Mr. Washington," the old man expostulated, "you-all don't want to begin cleanin' out no henhouse roun' yere in de day time."—Success Magazine.

A SPOON SHAKER.

Coffee can marshal a good squadron of enemies and some very hard ones to overcome. A lady in Florida writes:

"I have always been very fond of good coffee, and for years drank it at least three times a day. At last, however, I found that it was injuring me. I became bilious, subject to frequent and violent headaches, and so very nervous, that I could not lift a spoon to my mouth without spilling a part of its contents.

"My heart got 'rickety' and beat so fast and so hard that I could scarcely breathe, while my skin got thick and dingy, with yellow blotches on my face, caused by the condition of my liver and blood.

"I made up my mind that all these afflictions came from the coffee, and I determined to experiment and see.

"So I quit coffee and got a package of Postum which furnished my hot morning beverage. After a little time I was rewarded by a complete restoration of my health in every respect.

"I do not suffer from biliousness any more, my headaches have disappeared, my nerves are as steady as could be desired, my heart beats regularly and my complexion has cleared up beautifully—the blotches have been wiped out and it is such a pleasure to be well again." Name given by Postum Co., Battle Creek, Mich.

Read the little book, "The Road to Wellville," in pkgs. "There's a reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

TEACHER TRAINING

THE ENLARGEMENT OF THE SCOPE OF THE DEPARTMENT OF EDUCATION.

ABOUT SCOPE OF THE WORK

To Be Offered Regularly During Academic Year—New Educational Building—The Practice School—Requirements For Admission.

Chapel Hill.—Since the opening of North Carolina's first Normal school for teachers at the University in the summer of 1877, no announcement of work in public education undertaken by the University has been of more significance than that recently made by the University and now being sent out in a special bulletin relating to the proposed enlarged work of the Department of Education in teacher-training, which will be offered regularly during the academic year, September 11, 1911 to June 6, 1912.

Constant effort will be made by those conducting the department to lead students to make a reflective study and critical examination of the various public school branches from the view-point of the teacher, to study educational psychology, the theory of the school, the principles of scientific method, school supervision, and the development of such educational systems of the past and present as have a meaning and a value for North Carolina schools.

By means of a special gift of \$40,000 from the Peabody fund to the University, there will be erected on the campus at an early day a large and well arranged building for the use of the Department of Education.

This building will contain large, well lighted lecture rooms, offices, seminar rooms, a library, a museum, and an assembly hall, and will be furnished throughout with the apparatus and appliances needed in the special work of teacher-training.

In the near future it is hoped that a model school building will be erected not far from the Educational Building, so that the work of practice teaching may be nearer and more convenient for students in the Department of Education.

Town of Spencer Sues Water Co.
Spencer.—The town of Spencer through Attorneys Theo. F. Klutz and T. Frank Hudson, have filed suit against the Spencer Water Company for alleged violation of the franchise under which the company is operating here. The attorneys have not yet drawn the complaint, but it is understood that in this it will be set forth that a franchise was granted the Spencer Water Company some five years ago with the specific agreement that water would be furnished the town of Spencer and the citizens of the city at all hours, and that during the past year or more there has been a gross and flagrant failure on the part of the company in this particular, and that water has been furnished only a part of the time; that the people have been greatly inconvenienced; that business interests have been seriously impaired; that insurance rates have been increased; that the failure of the Spencer Water Company to live up to its agreement, and that it has thereby forfeited its franchise.

Invoke the Aid of the Referendum.
Wilmington.—Perhaps the first movement in this state to invoke any of the really new features of commission government is the one just started in this city for the purpose of getting the city council to reconsider an ordinance passed some days since practically driving cows out of the city limits. The commission act provides that a certain number of days shall elapse before any ordinance, except where the public health is concerned, shall become effective and if in the meantime a petition signed by thirty-five per cent of the voters in the last general primary election at which a candidate for mayor was nominated is presented to the council,

Preparing Rural Delivery List.
Charlotte.—As a direct answer to a need which has been felt by business and commercial houses of this city on account of the great difficulty in securing the addresses of residents of the county, Mr. John W. Moore, a clerk in the office of the register of deeds, is preparing a full and complete list of the various rural free delivery routes of the county. The labor of preparing the lists has been completed, with the exception of Charlotte township, which will be the text endeavor of the compiler.

Many Automobile Licenses.
Raleigh.—If North Carolina is in any degree poverty-stricken, the record of new automobile licenses at the Secretary of State's office does not show it. Since the beginning of July, according to information furnished at the Department of State, there have been issued since the beginning of July exactly 302 new automobile licenses. The 202 machines no doubt represent an investment of at least \$300,000, and perhaps as much as \$400,000, 2,954 licenses issued since the new law took effect.

JOSIAH'S DEVOTION TO GOD

Sunday School Lesson for July 23, 1911
Specially Arranged for This Paper

LESSON TEXT—II Chronicles 34:1-18. MEMORY VERSES—1, 2.
GOLDEN TEXT—"Remember now thy Creator in the days of thy youth."—Ecc. 12:1.

TIME—Josiah began to reign B. C. 639, in the 38th year of Judah as a separate kingdom. He reigned 31 years, till B. C. 608. PLACE—Judah and Jerusalem. But his reforms extended over a considerable part of the territory of the Northern Kingdom which had become extinct in 722-718, 80 years before Josiah came to the throne.

Josiah was the grandson of Manasseh, whose career we studied in our last lesson. He was born at Jerusalem, B. C. 646. His father was Amon, who followed the example of his father's earlier years. He reigned but two years, when he was murdered by his courtiers in his own palace. The people rose against the conspirators and made his eight-year-old son king in his place. Josiah's mother was Jedidah, the daughter of Adaiah. They belonged in Bosath, a town near Lachish in southwestern Judah, in the plains toward the Mediterranean sea. While King Amon was an idolater, and his court was corrupt, it is possible that Josiah's mother kept the true faith.

He began to reign when he was eight years old. Like his grandfather, Manasseh, he must for several years have been guided, and his kingdom controlled by his mother or by prime ministers. The worshipers of Jehovah must have been in control at the palace, the wise and religious teachers of the true God and the true religion. So that for the first sixteen years of his life the young Josiah must have been under good influences, while he also would know of his father's tragic death, and his grandfather's sins, sufferings, and repentance. And his ancestor, David, was ever before him as his ideal, his hero, his saint.

About the time when Josiah was twenty years old, and in the twelfth year of his reign, when he had begun his reforms, there came an invading host from the far east like a cyclone, an overwhelming scourge. Jeremiah foretells them in vivid pictures. But Herodotus tells us who they were, the Scythians "from the regions over Caucasus, vast nameless hordes of men, who sweeping past Assyria, unchecked, poured upon Palestine. We can realize the event from our knowledge of the Mongol and Tartar invasions which in later centuries pursued the same path southwards. Living in the saddle, with no infantry nor chariots to delay them, these Centaurs swept on with a speed of invasion hitherto unknown. In 620 they had crossed the Caucasus, by 626 they were on the borders of Egypt.

The prophet, Jeremiah, describes in picturesque terms this invasion. "The lion is come up from his thicket." "The destroyer of nations is on his way." "Behold he cometh as clouds, and his chariot shall be as the whirlwind." "Their quiver is an open sepulcher, they are all mighty men." "They are cruel and have no mercy; their voice roareth like the sea; and they ride upon horses, set in array as men of war against thee."

It is easy to see how this terrible invader, coming so near, just as Josiah was beginning his reforms, must have interfered with his plans. Josiah began his reformation in his twelfth year, but the invasion of the Scythians soon after this beginning interfered with the work. The savage and cruel host came close to Judah's borders. Scattered bands may have entered the kingdom. Terror reigned. Defenses must be strengthened. Outsiders rushed to Jerusalem and the fortified cities. How far the reformations had progressed we do not know. But the chronicler, having recorded the beginning simply goes on with the story, as is frequently done by historians.

The restoration of the Temple was entrusted to a committee of three—Shapan, the secretary of state; and Maaseiah, the governor of the city, the mayor of Jerusalem; and Jaah the recorder, the keeper of the records, the historian. The temple built by Solomon, was completed 290 years before. It was repaired by Josiah 240 years before Josiah began his restoration. The ravages of time, with neglect and abuse during the sway of idolatry must have rendered it sadly in need of repair. It was during these repairs that the Book of Law was found.

The work interrupted by the Scythian hordes is now resumed with greatly increased intensity and enthusiasm, through the new consecration of king and people, due to the finding of the Book of the Law.

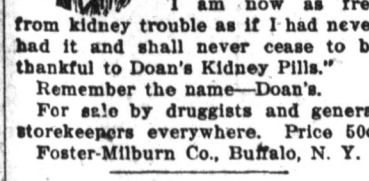
The first condition of salvation for individuals or nations is the putting away of sin at any cost. The second is the building up of the good. He that confeseth and forsaketh shall find mercy. Ye Are the Temple of the Living God. What Repairs Does This Temple Need? Cleanse away the remains of selfishness, and cast out all "the works of the flesh." Set up the family altar, repair your study of God's word. Renew the love whose decline is expressed in the neglect of courtesies and services to man. Repair your application of the fruits of the spirit to business dealings and all departments of life. Repair your habits. Repair your temper. Cleanse your bodies from habits that lead to ill health, and make your bodies perfect instruments for the indwelling of the Holy Spirit.

ALMOST WELPLESS.

Made Well by Curing the Weakened Kidneys.

Mrs. J. W. Figgers, 49 Rose St., Clifton Forge, Va., says: "Kidney trouble had gradually gotten the better of me until I was almost helpless. Rheumatic pains in my loins,

limbs and back nearly drove me distracted and my head ached so intensely I could hardly see. After doctors had failed to help me, I began using Doan's Kidney Pills. Imagine my delight at receiving almost instant relief. I am now as free from kidney trouble as if I had never had it and shall never cease to be thankful to Doan's Kidney Pills." Remember the name—Doan's. For sale by druggists and general storekeepers everywhere. Price 50c. Foster-Milburn Co., Buffalo, N. Y.



PERFORMING POLICE DUTY.



Officer Muldoon—That fellow's flirting with every servant girl on my beat. I'd run him in if I could charge him with some offense.
Chalker (the milkman)—That's easy. Charge him with impersonating an officer!

IN AGONY WITH ITCHING

"About four years ago I broke out with sores on my arms like boils. After two months they were all over my body, some coming, and some going away. In about six months the boils quit, but my arms, neck and body broke out with an itching, burning rash. It would burn and itch, and come out in pimples like grains of wheat. I was in a terrible condition; I could not sleep or rest. Parts of my flesh were raw, and I could scarcely bear my clothes on. I could not lie in bed in any position and rest. In about a year the sores extended down to my feet. Then I suffered agony with the burning, itching sores. I could hardly walk and for a long time I could not put on socks.

"All this time I was trying everything I could hear of, and had the skill of three doctors. They said it was eczema. I got no benefit from all this. I was nearly worn out, and had given up in despair of ever being cured when I was advised by a friend to try Cuticura Remedies. I purchased Cuticura Soap, Ointment, and Resolvent, and used exactly as directed. I used the Cuticura Remedies constantly for four months, and nothing else, and was perfectly cured. It is now a year, and I have not had the least bit since. I am ready to praise the Cuticura Remedies at any time. (Signed) E. L. Cate, Exile, Ky., Nov. 10, 1910.

Although Cuticura Soap and Ointment are sold by druggists and dealers everywhere, a sample of each, with 32-page book, will be mailed free on application to "Cuticura," Dept. 21, K. Boston.

Harold Knows the Signs.

Five-year-old Harold's older sister was in the habit of making a good many demands on him. Generally her requests for favors, usually the running of errands around the house, were preface by what she considered subtle flattery.

"Now, Harold," she began one day, "you're a dear, sweet little boy, and you know I love you—" but Harold cut her short.

"Well, Ethel," he said, earnestly, "if it's upstairs, I won't go."—Lippincott's Magazine.

The Grandest Old Bore.

Methuselah chuckled. "I remember a summer just like this 700 years ago," he cried. Abashed, the others slunk away.

FOR COLDS AND GRIP
Hick's CAPSULES is the best remedy—relieves the aching and feverishness—cures the cold and restores normal conditions. It's liquid—effects immediately 10c, 25c, and 50c. At drug stores.

A good name being better than riches, it behooves us to take better care of our reputations.

Women's Secrets

There is one man in the United States who has perhaps heard more women's secrets than any other man or woman in the country. These secrets are not secrets of guilt or shame, but the secrets of suffering, and they have been confided to Dr. R. V. Pierce in the hope and expectation of advice and help. That few of these women have been disappointed in their expectations is proved by the fact that ninety-eight per cent. of all women treated by Dr. Pierce have been absolutely and altogether cured. Such a record would be remarkable if the cases treated were numbered by hundreds only. But when that record applies to the treatment of more than half a million women, in a practice of over 40 years, it is phenomenal, and entitles Dr. Pierce to the gratitude accorded him by women, as the first of specialists in the treatment of women's diseases.

Every sick woman may consult Dr. Pierce by letter, absolutely without charge. All replies are mailed, sealed in perfectly plain envelopes, without any printing or advertising whatever, upon them. Write without fear, without fee, to World's Dispensary Medical Association, Dr. R. V. Pierce, Pres., Buffalo, N. Y.

DR. PIERCE'S FAVORITE PRESCRIPTION
Makes Weak Women Strong,
Sick Women Well.

Titles in England.

Forty or fifty years ago few people in England had titles. There were only a few decorations which entitled their owners to put the prefix "Sir" before their names. We all of us looked down with lofty contempt upon the counts and barons that were so plentiful in continental countries. Now we can do so no longer, for probably there is no other country in the world where the traffic in titles is so open and so indecent as in England. What the number of our decorations is I do not know, and I imagine that few do. Every few years some new one is created and an Englishman with a taste that way can easily manage to exhibit himself covered with metal disks and bits of ribbon like some successful cow at an agricultural show. These embellishments may flatter the vanity of their wearers, but they do not increase the respect that is felt for Englishmen.—London Truth.

ACHY FEELINGS, PAIN IN LIMBS and all Malarial indications removed by Elixir Babek, that well known remedy for all such diseases. "I have taken up the three bottles of your 'Elixir Babek,' and have not felt so well and entirely free from pain in limbs for five years. Please send me one dozen more."—Mrs. E. Higgins, Jacksonville, Fla. Elixir Babek 50 cents, all druggists or Kloczewski & Co., Washington D. C.

Pandemonium.
"Nature knew what she was doing when she deprived fishes of a voice."
"How do you make that out?"
"What if a fish had to cackle over every egg it laid?"

TO DRIVE OUT MALARIA AND BUILD UP THE SYSTEM. Take the Old Standard GILBERT'S TASTELESS HILL TONIC. For know what you are taking, the formula is plainly printed on every bottle. It is a pure, simple and iron in a tasteless form. The Quinine drives out the malarial and the iron builds up the system. Sold by all dealers for 20 cents. Price 50 cents.

Easy.
Knicker—How can you identify your umbrella?
Bocker—By the man I took it from.

FOR HEADACHE—MICK'S CAPSULES Whether from Colds, Heat, Stomach or Nervous Troubles, Capsules will relieve you. It's liquid—pleasant to take—acts immediately. Try it. 10c, 25c, and 50 cents at drug stores.

The man who thinks he knows it all never gets much of a chance to tell it.

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle.

Girl chums are almost as thick as a fat man.

MILLIONS OF FAMILIES are using SYRUP OF FIGS and ELIXIR OF SENNA

FOR COLDS AND HEADACHES, INDIGESTION AND SOUR STOMACH, GAS AND FERMENTATION, CONSTIPATION AND BILIOUSNESS, WITH MOST SATISFACTORY RESULTS.

NOTE THE NAME
CALIFORNIA FIG SYRUP CO.
IN THE CIRCLE
ON EVERY PACKAGE OF THE GENUINE

THE WONDERFUL POPULARITY OF THE GENUINE SYRUP OF FIGS AND ELIXIR OF SENNA HAS LED UNSCRUPULOUS MANUFACTURERS TO OFFER IMITATIONS, IN ORDER TO MAKE A LARGER PROFIT AT THE EXPENSE OF THEIR CUSTOMERS. IF A DEALER ASKS WHICH SIZE YOU WISH, OR WHAT MAKE YOU WISH, WHEN YOU ASK FOR SYRUP OF FIGS AND ELIXIR OF SENNA, HE IS PREPARING TO DECEIVE YOU. TELL HIM THAT YOU WISH THE GENUINE, MANUFACTURED BY THE CALIFORNIA FIG SYRUP CO. ALL RELIABLE DRUGGISTS KNOW THAT THERE IS BUT ONE GENUINE AND THAT IT IS MANUFACTURED BY THE CALIFORNIA FIG SYRUP CO. ONLY.

NOTE THE NAME
CALIFORNIA FIG SYRUP CO.

PRINTED STRAIGHT ACROSS, NEAR THE BOTTOM, AND IN THE CIRCLE, NEAR THE TOP OF EVERY PACKAGE OF THE GENUINE. ONE SIZE ONLY. FOR SALE BY ALL LEADING DRUGGISTS. REGULAR PRICE 50c PER BOTTLE.

SYRUP OF FIGS AND ELIXIR OF SENNA IS ESPECIALLY ADAPTED TO THE NEEDS OF LADIES AND CHILDREN, AS IT IS MILD AND PLEASANT GENTLE AND EFFECTIVE, AND ABSOLUTELY FREE FROM OBJECTIONABLE INGREDIENTS. IT IS EQUALLY BENEFICIAL FOR WOMEN AND FOR MEN, YOUNG AND OLD. FOR SALE BY ALL LEADING DRUGGISTS. ALWAYS BUY THE GENUINE.

CALIFORNIA FIG SYRUP CO.

COLT DISTEMPER
Can be handled very easily. The sick are cured, and all others in same stable, so that no further loss of stock from having the distemper by being kept in the stable. It is a sure cure. One bottle guaranteed to cure one case. Size 50c a bottle. Send for free literature. Cut always how to handle. Local agents everywhere. Write for free literature. Local agents everywhere. Largest selling horse remedy in existence—write for free literature.

YES if you have two hands Prof. G. O. Branning will teach you. Only college in U. S. with shops connected; \$30 for course, tools and position as good wages. Commission paid for bringing students. Address Barber College, 18 E. Mitchell St., Atlanta, Ga.

W. N. U., CHARLOTTE, NO. 29-1911.

NATIONAL SURGICAL INSTITUTE

72 South Fryer Street, Atlanta, Ga.
FOR THE TREATMENT OF DEFORMITIES
ESTABLISHED 1874.

This Institute Treats Club Feet, Diseases of the Spine, Hip Joints, Paralysis, etc. Send for illustrated catalog.

XANTHINE FOR HAIR
Restores Gray Hair to Natural Color
KEEPS IT SHINY AND SOFT
Invigorates and prevents the hair from falling out.
For Sale by Druggists, or Sent Directly by
XANTHINE CO., Richmond, Virginia
Price 25c Per Bottle, Sample Bottle 10c. Sent for literature.

I Cure Dropsy of Any Kind Curable
Address DR. JOHN T. PATTERSON
Dropsy Specialist
18 W. 10th Street, Atlanta, Ga.

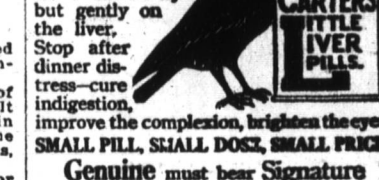
Hood's Sarsaparilla

Acts directly and peculiarly on the blood; purifies, enriches and revitalizes it, and in this way builds up the whole system. Take it. Get it today.

In usual liquid form or in chocolate coated tablets called Sarsatabs.

Constipation Vanishes Forever

Prompt Relief—Permanent Cure
CARTER'S LITTLE LIVER PILLS never fail. Purely vegetable—act surely but gently on the liver. Stop after dinner—cure indigestion, improve the complexion, brighten the eyes. SMALL PILL, SMALL DOSE, SMALL PRICE.



Genuine must bear Signature



BABY EASE
Trade Mark
A LIQUID REMEDY FOR CHILDREN'S ILLS
Makes Teething Easy
RECOMMENDED FOR
Constipation, Diarrhoea, Colic, Croup, Whooping Cough, Sore Throat, Fever, and all ailments of infancy. It is a safe and reliable remedy. Sold by all druggists and dealers. Price 25c a bottle. BABY EASE CO., ATLANTA, GEORGIA.

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A strong preparatory school under Christian instruction. Discipline of the highest grade under an Army Officer detailed by the War Department. Faculty unexcelled for strength and equipment. Location noted for health. Thorough work in school room. Careful attention to details of military duties. All phases of athletics for enjoyment and work in over. All this for \$18.00. For catalogue, address R. S. LIGON, Headmaster Fork Union, Virginia.

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