

CRITICAL TIME OF WOMAN'S LIFE

From 40 to 50 Years of Age How It May Be Passed in Safety.

Odd, Va.:—"I am enjoying better health than I have for 20 years, and I believe I can safely say now that I am a well woman. I was reared on a farm and had all kinds of heavy work to do which caused the troubles that came on me later. For five years during the Change of Life I was not able to lift a pail of water. I had hemorrhages which would last for weeks and I was not able to sit up in bed. I suffered a great deal with my back and was so nervous I could scarcely sleep at night, and I did not do any housework for three years.

"Now I can do as much work as any woman of my age in the county, thanks to the benefit I have received from Lydia E. Pinkham's Vegetable Compound. I recommend your remedies to all suffering women."—Mrs. MARTHA L. HOLLOWAY, Odd, Va.

No other medicine for woman's ills has received such wide-spread and unqualified endorsement. We know of no other medicine which has such a record of success as has Lydia E. Pinkham's Vegetable Compound. For more than 30 years it has been the standard remedy for woman's ills.

If you have the slightest doubt that Lydia E. Pinkham's Vegetable Compound will help you, write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass., for advice. Your letter will be opened, read and answered by a woman, and held in strict confidence.

Yes. Rheumatism can be cured

No matter what anybody says; and no matter how many remedies you have tried.

Our purifying *Botanic Blood Balm* has brought positive and permanent relief to hundreds of rheumatic sufferers who were a good deal worse off than you are.

This benign and powerful tonic overcomes the virulent germs which are the cause of this obstinate complaint. It neutralizes the caustic acids which poison and inflame the tissues. And it enriches the circulation with pure fresh healthy blood. *This is what you need.*

Your money back if "B.B.B." fails to help you. Don't endure those torturing miseries. Seek relief today.

If your druggist can't supply you with "B.B.B." write to us. We will see that you are supplied.

The Blood Balm Co.
Philadelphia and St. Louis

Just "B.B.B." ask for "B.B.B."

Relieves Backache Instantly

Sloan's Liniment is a great remedy for backache. It penetrates and relieves the pain instantly—no rubbing necessary—just lay it on lightly.

Here's Proof.

"I had my back hurt in the Boer War and in San Francisco two years ago I was hit by a street car in the same place. I used all kinds of dopes without success. Two weeks ago I saw your liniment in a drug store and got a bottle to try. The first application caused instant relief, and now except for a little stiffness, I am almost well."

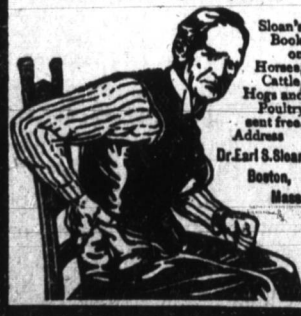
FLETCHER NORMAN
Whittier, Calif.

SLOAN'S LINIMENT

is the best remedy for rheumatism, neuralgia, sore throat and sprains.

Miss E. Rine of Brooklyn, N.Y., writes: "Sloan's Liniment is the best for rheumatism. I have used six bottles of it and it is grand."

Sold by all Dealers. Price, 25c., 50c., and \$1.00.



PISO'S REMEDY
Best Cough Syrup. Tastes Good. Use in Time. Sold by Druggists.
FOR COUGHS AND COLDS

The Affair of the Easter Hat



In the spring a young man's fancy lightly turns to thoughts of love," while that of his sisters and all the rest of his feminine relations engages itself with spring attire. The affair of the Easter hat, especially in the first importance, and is quite likely to become mixed up with that of the young man's fancy. Aside from this very alluring prospect, and even when a young man figures in the case not at all, the choice of the Easter hat is a matter of moment which it is well worth while to consider before a purchase is made. Any one who has once possessed an unusually becoming hat, has discovered how much her good looks are enhanced by a hat exactly suited to her own style in shape, in trimming and coloring. She will ever after give the selection of her millinery the proper attention; devote thought and time thereto, and live up to the old axioms of the milliners, which is, that every woman should look better in her hat than without it. Manufacturers of hat-shapes and forms have made such progress that there is a graceful shape for every type of face and figure. They choose models from all nations and any period or time in history, drawing inspiration from head-coverings of all the world. They modify, combine and improve, to evolve the innumerable varieties of shapes provided for each season.

In the group of hats shown here for spring, are four types of which many varieties are to be found in the millinery establishments. The "Rembrandt," following closely the lines of the original model; a walking hat, which is built upon the lines of a derby, but much modified; a cap-like shape, one of the many varieties of the Wilhelmnia or Dutch bonnet, and a large "picture" hat with brim partly like the cloche, but rolling upward toward the edge. These are the best fashions of the season. Oriental turbans—as a result of the Durbar—will be a feature of this season's millinery also, and later in the spring the straw sailor will develop much strength. The sailor is out of place except for wear with plain, tailored, or simple morning gowns, or for traveling. It is not, as a rule, becoming—its lines are too straight and the shape too rigid. But it is neat and sensible and finishes a costume of the same character with harmony. The popularity of the sailor hinges upon this one fact. The pretty hat, with the soft tam crown of velvet, is one of several models called after Rembrandt. In the picture, the hat has a velvet crown and an upturned brim of white stain-crown braid trimmed with haws of velvet-covered cord. It is developed

in a great number of combinations, and is often made of hair braid or other pliable braid. The upturned rever is omitted and the hat finished with a band of heavy lace, applied to the braid, in some of the handsomest models. It is beautifully developed in fine black hemp or hair braid, with the upturn covered with cream satin, to which applique lace is mounted, or ruffles of fine, very narrow Val lace are applied. Standing sprays of flowers called "stick-up" effects, cockades and feather-sticks are used for trimming. This is a charming hat and has been made of all sorts of materials. A French pattern in this shape is made of fine Milan braid in bronze and trimmed with a wreath of roses in several colors, sewed flat to the band about the head. This is a hat for maids and the younger matrons.

The walking hat pictured here is made of a soft mixed braid, over a wire frame. Several colors appear in the braid, with a strong blue predominating, showing glints of red, brown, purple and natter blue; a sort of dark mother-of-pearl coloring called "maere," which appears in so many braids this spring.

This braid is sewed, row on row, to the upper and under brim. The crown is a plateau of the braid sewed separately and afterward draped over the frame. This is one of the hats that may be successfully made at home if one starts by selecting the right frame. It is trimmed with a large rosette, sewed flat to the crown. The rosette is made of changeable blue and black taffeta ribbon with a large velvet-covered cabochon in black at the center. A rosette of wide velvet ribbon, made of side plaits, arranged about a cabochon at the center, makes a handsome finish for this model.

The same hat made in lighter braids, is trimmed with flowers in wreath, rosette or standing sprays. This shape is almost universally becoming and is to be worn well down over the head; it is one of the best models to choose for "all-round" wear. No hat, as a matter of fact, is exactly suited to all occasions, but this one will be appropriate for all ordinary requirements and is suited to all ages of grown-ups.

The derby hat in straw, follows closely the lines of men's derbys, and finds many admirers in the cities, where it is worn with the "tailor-made" gown. It is trimmed with a gay cockade or brush, and worn far down over the head.

The "Wilhelmnia" shown here, is one of the great variety of shapes having the Dutch cap as their inspiration. This one has departed so far from the original model that one hardly recognizes it as belonging to the class. It is made over a bonnet-like wire frame, of a silky, fluted braid in a dark amethyst shade. The

crown is lengthened and finished with an upturn, covered with silk, about the sides and back. This silk is a changeable amethyst and rose taffeta. The hat is finished with a large cluster of locust blossoms in light amethyst, blue and pink colorings, which is posed at the back.

There are many developments of the quaint Wilhelmnia bonnet, less extreme than the smart model shown here. Lace and flowers trim them and they are bewitchingly pretty and feminine looking. Almost any face may find the particular variety of this shape which is becoming and novel a combination to be noted when one takes up the selection of the Easter hat.

The most beautiful and becoming of all hats is the wide-brimmed picture hat. It may be worn by any one on the sunny side of sixty, or on the other side, for that matter, by those whose looks and bearing belie the years. It is made of all sorts of straw-braids; chip, Milan, hemp, leg-horn, hair Tuscan, etc., and of nets or laces or chiffon. In fact, every millinery fabric is brought into use for the picture hat.

This year many of the shapes are manufactured with a black velvet flange or border on the under brim, or the entire under brim is faced with black velvet. The henna, chips and Milans are dyed in many colors, Mottier and light blue, rose and heliotrope being the favorites. Those shapes that are faced or bound with velvet provide the easiest and most satisfactory selection for the amateur milliner. Such hats are trimmed with quantities of flowers, and both silk and velvet ribbon help out in their decoration. A fine Milan, in the natural straw-color, trimmed with roses in their natural colorings and with black silk or velvet ribbon, makes a combination always beautiful. The same is true of other braids. The Panama has entered the field of the picture hat also. It is now manufactured in shapes with wide brims. It remains to be seen whether or not this incomparably beautiful braid will strike the right note in a flower trimmed picture hat.

Among these various hats there is one for every woman. Let her not underrate the importance of finding her own, nor forget the charm of flowers. Now that they are so fashionable let each one do something toward the brightness of Easter by wearing them. Since the days of the flower-laden "Merry Widow," such adorable hats have not been shown as those which have arrived with leap year. There is no reason why the affair of the Easter hat should not be settled to everybody's satisfaction.

A Rapid Ester.

"You say he is a fast young man?"
"At the dinner hour—yes."

A WARNING TO MANY. Some Interesting Facts Regarding Health Statistics.

Few people realize to what extent their health depends upon the condition of the kidneys.

The physician in nearly all cases of serious illness, makes a chemical analysis of the patient's urine. He knows that unless the kidneys are doing their work properly, the other organs cannot be brought back to health and strength.

When the kidneys are neglected or abused in any way, serious results are sure to follow. According to health statistics, Bright's Disease, which is really an advanced form of kidney trouble, caused nearly ten thousand deaths in 1910, in the state of New York alone. Therefore, it behooves us to pay more attention to the health of these most important organs.

An ideal herbal compound that has had remarkable success as a kidney remedy is Dr. Kilmer's Swamp-Root, the great Kidney, Liver and Bladder Remedy.

The mild and healing influence of this preparation is soon realized. It stands the highest for its remarkable record of cures.

If you feel that your kidneys require attention, and wish a sample bottle, write to Dr. Kilmer & Co., Binghamton, N. Y. Mention this paper and they will gladly forward it to you absolutely free, by mail.

Swamp-Root is sold by every druggist in bottles of two sizes—50c. and \$1.00.

OR THREE OR FOUR.



Green—I wouldn't marry a widow. They are always looking after number one.

Wise—I differ with you. I think they are usually looking after number two.

Happiness Postponed.

An awkward predicament in which a sailor bridegroom and his bride were placed in St. Mary Major's church, Exeter, Devonshire, England, recently caused the postponement of their wedding. The banns had been duly called at the church, but when the parties presented themselves at the altar the bridegroom, who had been recently paid off from his ship at Portsmouth, was unable to produce the necessary permission from his commander. The bride swooned, and eventually returned home, while the bridegroom left for Plymouth to get the required document.

No End to His Bad Luck.

John D. Shoop, at an Anti-Cigarette league banquet, explained his feelings in the story of the colored man.

"How are you getting along, Lazarus?" asked his master, interestedly.

"I gets along poorly," replied Lazarus, who complained of his misfortune at length. "Master John, I has such bad luck," says he, "that when I dies and is laid away in the tomb and the good Lord says to me, 'Lazarus, come forth,' I know I is sho' to come fifth."

Exposing Children to Disease.

In an article on the treatment of sick children in the Woman's Home Companion the author, Dr. Roger H. Dennett, a famous New York specialist on the diseases of children, says: "Never, never, never expose the child to any contagious disease in order that he may have it once and be done with it. Even the so-called simple children's diseases, such as measles or whooping cough, have a death rate that is appalling."

NO WORDS WASTED

A Swift Transformation Briefly Described.

About food, the following brief but emphatic letter from a Georgia woman goes straight to the point and is convincing.

"My frequent attacks of indigestion and palpitation of the heart culminated in a sudden and desperate illness, from which I arose enfeebled in mind and body. The doctor advised me to live on cereals, but none of them agreed with me until I tried Grape-Nuts food and Postum.

"The more I used of them the more I felt convinced that they were just what I needed, and in a short time they made a different woman of me. My stomach and heart troubles disappeared as if by magic, and my mind was restored and is as clear as it ever was.

"I gained flesh and strength so rapidly that my friends were astonished. Postum and Grape-Nuts have benefited me so greatly that I am glad to bear this testimony." Name given by Postum Co., Battle Creek, Mich.

"There's a reason," and it is explained in the little book, "The Road to Wellville," in Pkgs.

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

Clergy and Religious Press

endorse
MILAM
the most reliable
Reconstructive
tonic and blood
renovator

We, the undersigned, hereby certify that we have taken Milam with very beneficial results. Believing it to be a valuable remedy, we authorize the publication of our endorsement.

Rev. J. Cleveland Hall, Rector of Church of the Epiphany, Danville, Va.
Rev. R. L. McNair, Pastor Presbyterian Church, Charlotte C. H., Va.
Rev. J. C. Holland, Pastor Keen Street Baptist Church, Danville, Va.
Rev. H. D. Guerrant, Methodist Minister, Danville, Va.
Rev. D. P. Tate, Methodist Minister, Danville, Va.

"The Methodist" endorses Milam

The endorsement of "The Methodist" is not to be had by anything of doubtful merit, but this paper stands ready to lend its influence for that which it believes will tend to the betterment of humanity, spiritually, morally, materially or physically.

When such men as Revs. D. P. Tate, Horace D. Guerrant and others of like high character give their unqualified endorsement to the physical benefits derived from the remedy advertised on the last page of this paper, we feel safe in commending it to our readers.—E. G. Mosely, in "The Methodist" for September.

"The Baptist" Endorses Milam

Milam is the name of a great medicine now being manufactured in Danville, and from the testimonials of some of our best citizens we can safely recommend it to our friends who are suffering with any of the diseases it proposes to cure. The men at the head of the company manufacturing this medicine can be relied on.—Rev. J. E. Hicks, in the Baptist Union.

Ask your druggist or write for booklet
The Milam Medicine Co., Inc.
Danville, Va.

Whittemore's Shoe Polishes

FINEST QUALITY LARGEST VARIETY



GILT EDGE the only ladies' shoe dressing that positively contains Oil. Blacks and Polishes ladies' and children's boots and shoes, shines without rubbing. So. "French Gloss," the best combination for cleaning and polishing all kinds of rubber or tan shoes. "Cherry" size No. 1. "QUICK WHITE" (in liquid form with sponge) quickly cleans and whitens dirty canvas shoes, etc. and so.

SAFETY ELITE combination for gentlemen who take pride in having their shoes look all. Restores color and lustre to all black shoes. Polish with a brush of cloth. 30 cent tin. "Elite" size No. 2. If your dealer does not keep the kind you want, send us the price in stamps and we will send you a full size package charges paid.

WHITTEMORE BROS. & CO.,
25-28 Albany St., Cambridge, Mass.
The Oldest and Largest Manufacturers of Shoe Polishes in the World.

Constipation Vanishes Forever

Prompt Relief—Permanent Cure
CARTER'S LITTLE LIVER PILLS never fail. Purely vegetable—no opium—surely but gently on the liver. Stop after dinner distress—cure indigestion.

improve the complexion, brighten the eyes
SMALL PILL, SMALL DOSE, SMALL PRICE.
Genuine must bear Signature
Wheatwood

Woodall & Sheppard's 3 Day CORN CURE is GUARANTEED TO CURE CORNS.

Fifteen cents per package.
WOODALL & SHEPPARD, Druggists
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Mail orders given prompt attention. Complete stock of photo supplies. Send for catalogue.
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605 EAST MAIN STREET, RICHMOND, VA.

DROPSY TREATED. Give quick relief, usually remove swelling and clear health in a few days and entire relief in 10-15 days. Trial treatment FREE. DR. GREEN'S SOLE, Box A, Atlanta, Ga.

A POSITION FOR YOU
Wanted Men and Boys to take 30 days practical course in our machine shop to learn automobile business. New and modern machinery; new cars. A position for every graduate. Catalogue Free. Charlotte Auto School, Charlotte, N. C.

FOR SALE—50 A. IN GUILDFORD CO., N. C., near Greensboro; 40 a. cult.; 2 houses, 3 barns, outbuildings, 200 fruit trees, stock machinery, etc.; sacrifice. BROWN, Box 319, Chicago.

WILL SELL OR TRADE FOR STORE BUILDING. 1000 sq. ft., 400 a. in Barker Co., Kan.; 700 a. cult.; complete imp. THOM, Box 319, Chicago.

KODAKS and High Grade Finishing—Send orders given Special Attention. Prices reasonable. Service prompt. Send for Free List. LARGEST ART STORE, CHICAGO, ILL.