PAINFUL, TRYING

weak or tired all the time, finds her duties a heavy burden. Thousands of nervous, dis-couraged, sick-ly women have

traced their troubles to sick a Stop" kidneys — have quick and thorough relief h using Doan's Kidney Pills.

Lifting on the burden of another beats training in a gymnasium for in creasing strength.

Get Dodn's at Any Store, No a Box
DOAN'S HIDNEY
FOSTER-MILBURN CO., BUFFALO, N. Y.

ACHY PEELINGS, PAIN IN LIMBS and all Malarious indications removed by Elixir Babek, that well known remedy for all such diseases.

"I have taken up the three bottles of your 'Elixir Babek,' and have not felt so well and entirely free from pain in limbs for five years."—Mrs. E. Higgins, Jacksonville, Fla.

Elixir Babek 50 cents, all druggists or by Parcels Post prepaid from Rioczewski & Co., Washington, D. C.

Introducing Breakfast Foods. Until recently there were hardly any kinds of breakfast foods on sale in the Amsterdam grocery stores. But now several dealers are handling them. The Dutch do not, as a rule serve a warm meat breakfast, but al most universally take a cold, light meal, consisting of bread, cheese, cold meats, milk and tea or coffee.

Eczema? Use Tetterine.

Eczema? Use Tetterine.

"I have been troubled with Eczema on the face for nearly two years, and a few applications of Tetterine and the use of Tetterine Boap has entirely cured me. I cannot say too much for its praise."

Myricks, Mass. Mrs. S. A. Haskins, Tetterine cures Eczema, Dandruff, Itching Piles, Ring Worm-and every form of Scalp and Skin Disease. Tetterine 50c; Tetterine Soap Sc. At druggists, or by mail direct from The Shuptrine Co., Savannah, Ga.

With every mail order for Tetterine we give a box of Shuptrine's 8c Liver Pills tree, Adv.

Favors the Commission Form. "What is your opinion, 'squire," in quired Joe Doe, "of Senator Smugg's declaration that if the president is going to dictate legislation congress might as well be abolished?"

"My opinion, Joseph," calmly replied the Old Codger, "is that the senator always did talk too much. He should have said, 'Congress might as well be abolished,' and let it go at that."

There With the "Nerve."

The conversation led to the beauty of having abundant nerve the other evening, when Senator Clapp of Minnesota told of a man who went into a fashionable restaurant, accompanied by a couple of children, and after ordering a lemon soda, asked the waiter to bring him three plates This, according to Senator Clapp, the waiter did, but when he saw the man take some sandwiches from his pocket, put them on the plates, and pass them around to the kids, he reported the matter to the boss. are you doing?" indignantly cried the manager, rushing over to the sandwich party. "Don't you know that this isn't a free picnic ground, where you bring your own food?" "Is that so?" was the calm rejoinder of the man, passing along another sandwich.
"Who are you?". "I am the manager," blustered the boss, with rising heat "Just the very person that I have been looking for," interjected the imperturbed party. "Why isn't the orchestra playing?"

MORE THAN EVER Increased Capacity for Mental Labor Since Leaving Off Coffee.

Many former coffee drinkers who have mental work to perform, day after day, have found a better capacity and greater endurance by using Post-um instead of coffee. An Ills. Woman

"I had drank coffee for about twenty years, and finally had what the doctor called 'coffee heart.' I was nervous and extremely despondent; had little mental or physical strength left, had

kidney trouble and constipation. .
"The first noticeable benefit derived from the change from coffee to Postum was the natural action of the kidneys and bowels. In two weeks my heart action was greatly improved and my

nerves steady.
"Then I became less despondent, and the desire to be active again showed proof of renewed physical and mental

"I am steadily gaining in physical trength and brain power. I formerly did mental work and had to give it up on account of coffee, but since using Postum I am doing hard mental labor ith less fatigue than ever before

Name given by Postum Co., Battle Postum now comes in new concentrated form called Instant Postum. It is regular Postum, so processed at the factory that only the soluble portions are retained.

A spoonful of Instant Postum with hot water, and sugar and cream to taste, produce instantly a delicious

Write for the little book, "The Road to Wellville."

There's a Reason" for Postum

INTERNATIONAL

(By E. O. SELLERS, Director of Even-ing Department The Moody Bible In-stitute of Chicago.)

LESSON FOR MAY 11.

JOSEPH MADE RULER OF EGYPT.

LESSON' TEXT—Gen. 41:25-40.
GOLDEN "EXT—"God giveth grace to
he humble." I Peter 5:5.

"Hope deferred maketh the heart sick." Surely Joseph has had enough of deferred hope during his thirteen years of humiliation, yet he did not lose faith in God during those days of the seeming failure of God's Word (Ch. 40:8; 41:16) and now there is dawning the day of his 'exaltation. Two years have elapsed since the events of last week's lesson and again his powers of interpretation are called

I. Pharach's Dreams, vv. 25-32. Pharaoh is perplexed and his perplexity recalls to the butler his forgotten promise to his fellow prisoner, 40:14 and 41:9-13. It does not seem to us that the butler was much possessed by honest sorrow, but rather he is impelled by a desire to secure-the advantage he felt sure would accrue if he could succeed in securing for Pharaoh the interpretation of his dreams. He ought to have remem-bered Joseph before this but even his ingratitude is used of God as a means of bringing Joseph to the fore at the most opportune moment.

Did Not Forget God.

Joseph is a good example for present day church members to follow in that being exalted among men or being away from home he did not forget to confess God. Furthermore his predictions based upon his intelligent knowledge of God came true to the letter. The whole matter, Pharaoh's dream and Joseph's ability as an interpreter were inspired "established" by God. There is no such thing as chance in the spiritual realm any more than in the realm of physics or chemistry. Back of every effort is an adequate cause. Joseph realized this hence his words that, "the thing is established (prepared) by God, and God will shortly bring it to pass."

11. Pharach's Deliverer, vv. 33-40. Joseph told Pharaoh the meaning of his dream which had been repeated and which seemed like two different dreams whereas it was but one in the lesson to be taught. It is not enough, however, to tell a man what is the matter with him, most men know without being told, but it is quite an other thing to present a rational cure. Joseph's interpretation commanded Pharaoh's confidence and his suggested policy is one of wisdom and good ment, viz: (1) a man who shall be the executive supervisor of the plans for meeting the impending catastrophy; (2) a governmental depart-ment which shall devote itself solely to this matter, and (3) abundant storage of provisions during the seven years of plenty.

Pharaoh's Wisdom. This man of piety knew how to properly improve his opportunity and Pharaoh saw the secret of Joseph's wisdom (v. 38), "a man in whom the spirit of God is" (2 Tim. 1:7). Pharach had the wisdom to set in authority the spirit-filled man, a broad sug gestion for voters, business men, and even church members. True discretion is God taught (v. 39) and we now for God is being honored (Jno. 12:26) and that Joseph was worthy of the honor and power conferred upon him (vv. 40, 41, 44; cf. Matt. 28:18). The source of Joseph's wisdom is open to all (Jas. 1:5), and, his worthiness came because of his obedience (Isa. 1:19). His training and testing had prepared him to occupy his exalted position with proper humility and zeal. Faithfulness is of great value and always pays well in the long run. Joseph's exaltation to power is a good type of Christ, (a) in the power beed upon him, Jno. 3:35; (b) in that the power was unlimited—all the princes were under his feet, Ps. 105: 20-22; Eph. 1:20-22; I Peter 3:22; (c) by the certainty of Pharach's promise, "I am Pharach," see Ex. 3:13, 14.

Joseph did not use his great power for his own selfish ends as do so many modern rulers among men. He did not at once send for the members of his family and place them in lucrative positions, but at once set about mak-ing provision for the future. It has suggested that the unsuccessful interpreters of Pharaoh's dream must have ridiculed Joseph but he certainly was sustained by the conviction that God's word was true and that the years of famine were certain to come. This ought to admonish us to improve our present, priceless, oppor-tunities (Eph. 5:16). Joseph's open confession was his leaning back upon

This story gives us a remarkable revelation of the value of faith as the chief element of strength of a man. It is also a valuable lesson in its revelation of the methods of God in ruling and over-ruling the affairs of men. When we remember Joseph in a pit because of the hatred of his brothers and see him now occupying the supreme place of power in Egypt it seems impossible to reconcile the two events, and yet we see how per-fectly natural the order of events are and remember how God is constantly performing these seemingly impossi-ble feats.

Practical Fashions

LADY'S NOVEL TAILORED SUIT



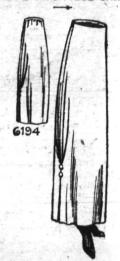
The demi-tailored suit is now the tyle, and prevails to a much larger extent than the severe models of a couple of years ago. The illustration shows an ideal design for one of these street dresses. It has a coat blouse, made quite plain in both front and back. The closing is slightly on the bias, and the overlapping side is outlined by simple sharp revers, which may be omitted if desired. The neck is finished with a large, handsome collar. The skirt is a two piece model and the closing may be placed at eith er of the seams. The dress is which will develop well in faille, in soft brocade for the coat, with a plain material in the same color for the skirt

The dress pattern (6178) is cut in sizes 34 to 42 inches bust measure Medium size requires 41/2 yards of 44 inch material.

To procure this pattern send 10 cents to "Pattern Department," of this paper. Write name and address plainly, and be sure to give size and number of pattern.

NO. 6178.	SIZE
NAME	***************************************
TOWN	
STREET AND NO.	·····
STATE	

LADY'S TWO PIECE SKIRT.



The two piece skirt remains a favorite, but it is now shown with certain modifications. In the present instance the material is slightly gathered across the back at the waist line, and a little fullness is drawn to one side and held at knee depth at the side seam. The skirt may be high waisted or of normal waist line, as preferred, the high waist being better for part of a costume and normal waist preferred for separate skirts.

The skirt pattern (6194) is cut in sizes 22 to 30 inches, waist measure. Medium size requires 2% yards of 36 inch material

To procure this pattern send 10 cents to "Pattern Department," of this paper, Write name and address plainly, and be sure to give airs and number of pattern.

NO. 6194.	8IZE
NAME	
TOWN	
STREET AND	NO
STATE	

Easy to Fix Situation.

Show Girl (bursting into manager's office)—"Quick! There's a fire be-hind the scenes, the gang is rushing about like mad and screaming their heads off. Looks like a panic. What will we do?" Manager—"Do? Ring up the curtain, of course, and let the audience think it is the opening

Tut, Tut.
"I wish," said the brown sugar to
the sand, "that you'd get out of this.
You're always in my weigh!"

MOVEMENT THAT WAS FATAL

Sitter at a Loss to Understand Why Temporary Absence Should Have Spolled the Plate.

Chairman Underwood of the ways and means committee was talking, at a luncheon in Washington, about tariff revision

'We must obey the country's man date," he said. "If we don't, our tariff revision will be disastrous. We'll fail as lamentably as the sitter for the wet plate photograph.

"When photography first began, you know, they used wet plates, and a sitter required eight or nine minutes Well, a man once went to be taken, and the photographer put in his wet plate, demanded perfect immobility and took off the cap.

"During the long exposure, the photographer left the room a moment. On his return everything seemed to be going all right, but when the exposure ended, and he rushed to his closet to develop the wet plate, there was nothing on it but a blur.

Very much disgusted, he showed this blur to the sitter.

'You must have moved,' he said. "The sitter looked at the spoiled plate and laughed in amazement. "'Well, I declare!' he said. 'Who'd have thought that just running over

to the window for a minute to see

that? I sat right down again.'

COULDN'T SIT COULDN'T STAND

But Now Rides Horseback, Walks Two Miles Without Tiring, and Has Red, Rosy Cheeks.

Tullahoma, Tenn.—"I am ever ready to praise Cardui, the woman's tonic, rites Mrs. Mary Carroll, of this place, 'as it has done wonders for me.

I suffered so from womanly trouble, could not stand on my feet long enough at a time to do anything, and I could not even sit down, I was in such misery. The pains in my head were terrible.

After taking only two bottles of Car-dui, the woman's tonic, I felt much re-I have now taken five bottles, and

feel like my old self again. I can go where I please, ride horse-back, and even walk as much as two miles, with-out feeling tired, and I don't have those terrible pains in my head any

I look young again, and have red, rosy cheeks, like I had in my girlhood days.

Before taking Cardui, my standing weight was only 110 pounds

Now I weigh 137 pounds.

I want you to use this letter in any way you see fit, as it may be the means of helping other suffering wo-

Do you suffer from womanly trouble? Wouldn't you like to feel as Mrs. Carroll does? It's worth trying for. Take Cardui, the woman's tonic.

N. B.—Write to: Chattanooga Medicine Co., Ladies' Advisory Dept., Chattanooga, Tenn., for Special Instructions on your case and 64-page book, Home Treatment for Women," sent in plain wrapper. Adv.

Matter of Curiosity.

Miss Gibson was very rich and Mr. Hanna was very poor. She liked him, but that was all, and he was well aware of the fact. One evening he grew somewhat tender and and last he said: "You are very rich, aren't you, Helen?" "Yes, Tom," replied the girl, frankly. "I am worth about two million dollars." "Will you marry me, Helen?" "Oh, no, Tom, I couldn't." "I knew you wouldn't." "Then why did "Oh, I just wanted to you ask me?" see how a man feels when he loses two millions.

AWFUL ECZEMA ON FACE

Md.—"Baby's Freeland. started in little spots and would burst and run all over his face and wherever the water would touch his face, It would make another sore. Pimples would break out and make his face sore and inflamed, and he was very cross and fretful. It was awful. He suffered tortures from it, and we had to tie mittens on his hands to keep him from scratching. A friend of mine told me of the Cuticura Soap and Ointment and I went to a drug store and bought them. "When we would bathe his face with

the Cuticura Soap and apply the Cuticura Ointment, he would be much better. He would wake up in the nights and cry with his face and we would put on some of the Cuticura Ointment and then he would rest all night. They have cured him completely of eczema." (Signed) Mrs. Harry Wright, Mar. 21, 1912.

Cuticura Soap and Ointment sold throughout the world. Sample of each free, with 32-p. Skin Book. Address post-card "Cuticura, Dept. L, Boston."

To Pass the Time.

Patron (to very slow waiter)—Bring me a steak, please. And you might just send me a post card every now and then while you're away, letting me know how it is getting on

DOES YOUR HEAD ACHE?

Try Bicks' CAPUDINE. It's liquid—please ant to take—effects in unclais—good to preveus Bick Headaches and, Nervous Headaches also Your money back if not satisfied. 10c., 25c. and 50c. at medicine stores. Adv.

A satisfactory husband is capable of appreciating her or has sense enough

Over-Night Relief for Constipation

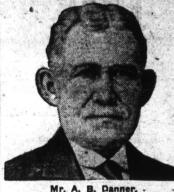
Small Dose on Retiring and You Are Well and Happy by Morning

It is only natural that the simplest of allments should be the most gen-eral; and so we have a whole nation suffering from constipation and indi-gestion, for they are closely allied. But common as constipation is many people do not seem to know they have it. They will complain of headache, drowsiness or biliousness, all uncon-

scious of the cause of the trouble.
You should have a full and free
movement at least once a day. If you pass a day you are constipated, and the result will be that you will catch a cold easily or have a more serious allment. To cure the constipation and forestall still graver trouble take a dose of Dr. Caldwell's Syrup Pepsin at night before retiring and by morn-ing relief will come, without disturb-ance from sleep or any inconvenience.

Legions of people use it regularly in such emergencies, some of them formerly chronic invalids who have suffered from constipation all their lives.

Mr. A. B. Danner, 326 Riley St., Hartishurg, Pages 226 Riley St., Hartishurg, Page risburg, Pa., says: "Dr. Caldwell's Syrup Pepsin gave me almost instant relief from stomach and bowel troua drunken man would have done all ble. I now eat anything I want, and sleep well." Many others will tell you that they have tried most things recommended for this purpose but have found Syrup Pepsin the only one al-ways reliable. A bottle can be obtained at any drug store for fifty cents or one dollar, the latter size being bought



by families already familiar with Res

merits.
Syrup Pepsin is mild, pleasant task ing, and non-griping. Mothers give 2 to tiny infants, and yef it is effective in grown-ups. It is for everyone who suffers from any form of stance. liver or bowel trouble, constitution dyspepsia, biliousness, etc. Its action will so delight you that you will for ever avoid harsh cathartics, purge

tives, pills and salts.

If no member of your family has ever used Syrup Pepsin and you would like to make a personal trial of it before buying it in the regular way of a drugglet, send your address—a postal will do—to Dr. W. B. Caldwell, 263 Washington St., Monticello, Ill., and a free service bettle will be mailed ween. free sample bottle will be mailed you

Even in Death.

Sam Bernard was talking at the Lambs in New York about the recent arrest of some foreign dancers on the score of immodesty.

"Of course these dancers were all right," he said, "and they got off. Their arrest was dictated by prudery. Such prudery reminds me of a hos pital I know

"In the building of this hospital a cold storage chamber for the accommodation of dead bodies was included. One of the hospital doctors, in going through this cold storage chamber, found that a partition divided it in two.

"'What's this partition for?" "'Oh, sir,' said the foreman primly, that's to keep the sexes apart."

SOLEMN WARNING TO PARENTS.

The season for bowel trouble is fast approaching and you should at once provide your home with King's Diarrhoea and Dysentery Cordial. A guaranteed remedy for Dysentery, Cholera Morbus, Flux, Cholera Infantum and all kindred diseases. Numerous testimonials on our files telling of marvelous cures can be had by request.

Mr. Robert Yount, who is employed by me at Fullers, N. C., was quite ill recently with a stubborn attack of dysentery. He was treated by physicians without benefit, and continued to grow weaker. Half a bottle of King's Diarrhoea and Dysentery Cordial completely cured him, and he said unless he knew where more could be obtained he would not take ten dollars for the other half of the bottle.-A. W. Fuller.

Sold by all medicine dealers. Price 25 cents the bottle. Adv.

Not Natural. "Mayme is a duck of a girl." "Then it's odd she isn't in the

WILL RELIEVE NERVOUS DEPRESSION
AND LOW SPIRITS.
The Old Standard general strengthening tonic,
GROVES TASTELESS chill TONIC, arouses the
liver to action, drives out Malaria and builds up the
system. A sure Appetiser and aid to digestion.
For adults and children. 50 cents.

A good man tries to please his God, while a bad man tries to make his God please him.

FOLEY KIDNEY PILLS

RICH IN CURATIVE QUALITIES FOR BACKACHE, RHEUMATISM, KIDNEYS AND BLADDER

Nancy Hall Potato Slips March, April and May delivery at \$2.00 per thousand. Any quantity from 1000 up. Plants grown at Tampa, Fia. and Austell, Ga. Nothing shipped C. O. D. Place your orders NOW. If anything should prevent me from delivering the plants you will get your money back. Send Post Office or Express Money Order. James Cureton, Austell, Georgia

SPECIAL TO WOMEN Do you realize the fact that thousands

A Soluble Antiseptic Powder as a remedy for mucous membrane all fections, such as sore throat, massi on pelvic catarrh, inflammation or electation, caused by female ills? Women who have been cured say "It is worth its weight in gold." Dissolve in water and apply locally. For ten years the Lydia E. Pinkham Medicime Co. Con recommended Paxtine in their private

correspondence with women For all hygienic and toflet uses hibas no equal. Only 50c a large hot at Drug-gists or sent postpaid on receipt de price. Mass. The Paxton Toilet Co., Boo



BE A MOVING PICTURE ACTOR OF ACTRESS Big Money in it. Gurbe by mail. Tells how to get No experience necessary. Postpaid, F money order. NATIONAL SCHOOL FOR PICTURE ACTING, 145 West 45th Street,

WANTED Men to learn barberters in six to eight weeks. To it to with set of total with your own tools, we wages while learning. Call or works. RICHMOND BARBER COLLEGE, Withmond, No.



Free to Ladica—One application of my Fun-fection Depliatory will positively eradicate, superfluous hair on face, seek, arms and banky a liberal sample sent free; write at one and beautify your face immediately. Address MRS. E. J. KENNEDY, Dept. 2. Blake, Okla.

W. N. U., CHARLOTTE, NO. 19-1913

Classified Column

NEW, BEAUTIFUL RUGS, WOVER from your old worn carpets, superiss to any in service; plain or designed; any size. Catalogue free. Oriental Rug Co., Baltimore, Md

POTATO PLANTS-Nancy Hall and other varieties \$1.75 per 1,000. 10,000, \$1.65. Satisfaction guaranteed. Moore, Hawthorn, Fla.

KILLS THE WORM Gape Cure. A few drops does the work. Price 500 and \$1.00. Address Knoxit Mfg. Co. Sunman, Ind.

W. L. DOUGLAS \$3.00 \$3.50 \$4.00 \$4.50 AND \$5.00 SHOES FOR MEN AND WOMEN BEST BOYS SHOES In the WORLD \$2.00, \$2.50 and \$3.00. The largest makers of Men's \$3.50 and \$4.00 shoes in the world SUBSTITUTE

GREENSBORO COMMERCIAL SCHOOL