

Fame—The reward of one who is willing to be chronically misquoted by the newspapers.

To Prevent Blood Poisoning apply at once the wonderful, old reliable DR. PORTER'S ANTISEPTIC HEALING OIL, a surgical dressing that relieves pain and heals at the same time. 25c, 50c, \$1.00.

Secured.  
Patience—How in the world did she ever secure a husband?  
Patrice—To her apron-string.

For SUMMER HEADACHES  
Hicks' CAPUDINE is the best remedy—no matter what causes them—whether from the heat, sitting in draughts, feverish condition, etc. 10c, 25c and 50c per bottle at medicine stores. Adv.

Lo, the Poor American!  
Hagop Barasyjian of Fitchburg and Menad Estabrobrakamasian of Lowell went fishing yesterday in Lake Chargogagoggmanchaugagoggchaubunagu gamaug, near Worcester, with their cousin, Haljijoman Saralaneropropanian, whom they are visiting for the weekend, but you would never have learned it from us if we hadn't been able to paste it.—Boston Globe.

### INEXPENSIVE SULPHUR BATHS AT HOME

People travel long distances and spend large sums of money to secure the benefits of sulphur springs and baths because for generations sulphur has been known to be one of nature's most valuable curatives—unequaled as a blood purifier. By dissolving 2 to 4 tablespoonfuls of Hancock's Sulphur Compound in a hot bath you get the same effect and your system absorbs the sulphur through the pores of the skin. For prickly heat and summer skin troubles of infants and children use a teaspoonful of the Sulphur Compound in a bowl of warm water. This makes a refreshing bath and quickly alleviates the pain. Sold by all dealers 50c, a bottle. Hancock Liquid Sulphur Co., Baltimore, Md.—Adv.

Plant That Catches Its Food.  
The common bladderwort, an aquatic plant, not only defends itself against insects and animals, but catches worms and fish for its food. As it floats underneath the surface of the water its leafy branches spread out in all directions. Its leaves are covered with little oval bladders filled with air, and at one end of each bladder is a cavity which leads into the mouth below. Inside the bladder is a small trap door which opens when pressure is put on it. A small worm or a small fish can enter this door, but they can never come out.

Identified Himself.  
The whizzing motor car struck a stump, and one of the occupants of the back seat, a lady possessed of considerable embonpoint, executed a neat but not gaudy parabola in the atmosphere and alighted by the roadside like a polypus falling from a shot tower.

"I don't believe I have broken any bones," she stated, in reply to the inquiry of the omnipresent bystander: "but there is a lump on this bank that—"

"Lump—nuthin'!" snarled a smothered voice. "I'm the constable that's goin' to arrest you gosh-durney joyriders, if I live!"—Judge.

Egged Off.  
De Wolf Hopper, at a luncheon in New York, said of a bad actor: "He's had hints enough to quit the stage, dear knows. He's had more hints than Phatt."  
"Phatt, after a brief experience on the road as 'Hamlet,' returned to his job in Canal street."  
"How did you come to leave the stage?" I asked him one night.  
"I had hints that I wasn't suited to it," he replied.  
"Thinking he meant the critics, I said:  
"Aha, the little birds told you, eh?"  
"Well," said he, "they'd have become birds, I suppose, if they'd been allowed to hatch."

Like a Pleasant Thought of an old friend—

## Post Toasties

with cream.

Sweet, crisp bits of white Indian corn, toasted to an appetizing, golden brown.

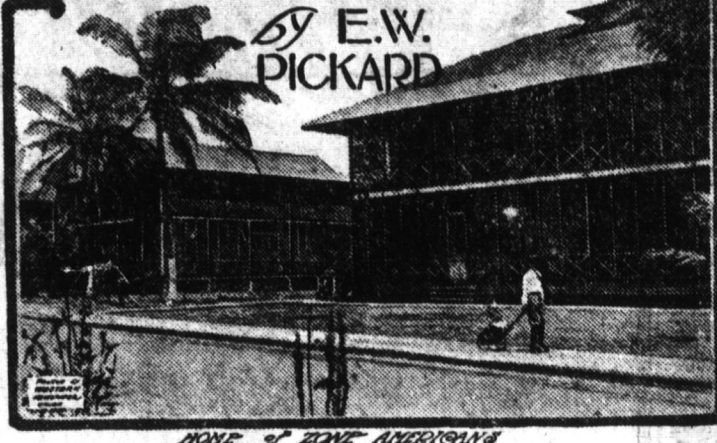
A delightful food for breakfast, lunch or supper—always ready to serve instantly from the package.

"The Memory Lingers"

For a pleasing variation sprinkle some Grape-Nuts over a saucer of Post Toasties, then add cream. The combined flavour is something to remember.

Postum Cereal Company, Limited  
Bainbridge, Michigan

# AMERICANS ON THE ISTHMUS



HOME OF SOME AMERICANS

Colon, C. Z.—For the American resident of the Canal Zone life is not all beer and skittles. There is plenty of beer, but I have not seen a skittle here. Perhaps I would not have recognized one if I had seen it.

The American in a foreign land is not so tenacious of his home customs as is the Englishman, and in Panama he finds himself not only in a tropic clime but in the midst of a civilization much older than his own. Consequently he yields in many particulars to the customs of that clime and that civilization. The mid-day siesta of two hours, when he disrobes and dozes in a cool room, the dip in the ocean before dinner and the evening stroll in the plaza all appeal to him as to the native and have become a part of his life there.

At the same time the influx of northerners has had its effect on the Panamanians, especially, perhaps, in the matter of sports. Bullfights no longer are to be seen here and cock-fighting has suffered a marked decline. In place of them the native now enjoys frequent wrestling matches and prize-fights, indulges in tennis to some extent and has taken kindly to the national American sport of baseball.

It is the American woman on whom the changed conditions of life here, hardest, for housekeeping on the isthmus is attended by many annoyances. A good many people have the idea that a woman in the tropics lies in a hammock all day and at meal time picks her food from the branches of trees that shade her resting place. As a matter of fact she must do her household shopping as at home, and the domestic problem is with her here as there, only more so if possible. For clothing and standard groceries she usually goes to the store of the commissary department, where she can buy well and cheaply. But for fruit and many of the vegetables there is the daily trip to the market. In that spacious building—I am speaking now of Colon and Panama—are scores of booths and tables, attended by Jamaicans, Chinese and native Panamanians, and piled high with taro, breadfruit, sourpaps, guavas, papayas, bananas, plantains, alligator pears, mangoes, oranges, coconuts and a dozen other tropical products. The layout is tempting, but the purchasing is a task. Such a thing as a fixed price is unknown and one must bargain diligently or get the worst of it. And the insolence of the negro women is often commensurate with their ignorance. The native meat market is quite "impossible" for white people from the United States, for the meat, roughly hacked, is sold immediately after slaughtering, and the screening enforced by the American sanitary department is rendered ineffective by open doors.

The domestic servants employed by Americans in the zone are almost all Jamaican negroes. They are neat and clean, but their stupidity usually is monumental. Every detail of the household operations must be driven into their heads, and their minds seemingly are on the island home they have left, for their memory is almost nil and their eyes see little close at hand. Then, too, after a year or so of service and saving they begin to think of returning to Jamaica and grow "weary."  
"Why, Blanche," said one shocked housewife, "here it is eleven o'clock and the breakfast dishes and kitchen things not washed, and the ants all over them!"  
"Oh, marm, I couldn't do them, I'm so exhausted this morning," was Blanche's reply.  
That's a mild sample of what must be contended with.

Speaking of ants, there is another of the annoyances of housekeeping in the tropics. The ants are everywhere, in unbelievable numbers and most extraordinary activity. Screens do not keep them out nor insect exterminators discourage them. They must simply be endured. If they take a fancy to a nicely growing garden of young vegetables, they cut and carry off all the leaves in a night. It is the so-called leaf ant that does that. All over the isthmus he is to be seen, moving in processions along well beaten paths, each individual carrying a leaf or other bit of foliage. One day I saw a long line of them moving through the sparse turf, all carrying tiny red blossoms cut from a small weed. It was a very picturesque miniature parade. No place and no age has been free from the cockroach, and in Panama he grows to an enormous size and spends some of his time and energy eating the covers of bound books.

Rust and mould add to the woes of the American housekeeper, and many articles she must keep in "dry closets" in which electric lamps are kept burning. There are not in Panama a great many of the old pure-blooded Spanish families, whose members possess education and refinement, and those that are there are not especially fond of Americans. Consequently there is not much social intercourse between the two races. The social activities of the Americans have three general centers—the Tivoli club, the Washington Cotillon club and the Young Men's Christian association. The first two are dance organizations and give balls alternate fortnights at the Tivoli hotel in Ancon and the Washington hotel in Colon. These affairs are quite formal and attract the best of the Americans from all parts of the zone.

As for the Y. M. C. A., its work on the isthmus really deserves a chapter to itself, for it has been one of the big factors in the successful building of the canal. At first it was found impossible to persuade men from the United States to remain long on the isthmus. The pay was good, the work interesting, but homesickness found easy victims and they resigned and went back to the States in discouraging numbers. Several remedies were tried, and finally the commission established a club house in every town of any size and wisely put them in charge of the Y. M. C. A. In these houses are billiard rooms, bowling alleys, gymnasiums, soda fountains, libraries, lounging rooms and a dozen other conveniences, and each house has a hall large enough for dances and amateur dramatics and musical entertainments. The secretaries in charge have been exceedingly active in the organization of bowling, baseball, billiard and other leagues, and the tournaments are continuous and of great interest. Of course no intoxicating drinks are to be found in these clubs, but in other respects they are conducted on lines so liberal as to be sometimes surprising. In one of them, for instance, I saw a number of young men and women dancing in the hall, to the music of a phonograph, immediately after the close of the Sunday evening religious service. This may have been an exceptional case, as it was in one of the more isolated towns.

## UNCLE SAM AND THE RAILWAY

Railways Claim the Government Forces Them to Carry the Mails at Enormous Loss.

Athens, Ga., August 22.—Under the heading, "Be Honest Even With the Railroad," The Banner of this city makes the following editorial comment regarding the contention of the railroads that the postoffice department is underpaying them for handling the mails:

"To carry the people's mail quickly, safely and frequently is a social obligation which the railroads freely concede. It is a service voluntarily performed for no law compels a railroad company to carry mails unless it contracts to do so. The courts hold, however, that if the railroads so contract, they must do so on terms named by the government.

"Though surrounded by these anomalous conditions, the railroads have without stint placed their resources at the disposal of the Nation to develop the transportation of mails to the highest possible state of efficiency. This service has been paid for at a price fixed by the government, a price from which the carriers have had no appeal. Railroad officers have felt, ever since the present method of railway mail payment was established in 1873, that this compensation was unjustly low.

"This opinion is still held by experienced railroad officers throughout the country, but with even greater firmness and earnestness, on account of the increasing costs of railroad operation combined with frequent heavy reductions in railway mail pay made by the government.

"The railroads maintain that at present they are underpaid by at least \$15,000,000 per year. It is their belief that a fair adjustment would require that the government should pay the railroads for all services they render."

Announce Seven Grades of Corn.  
Washington.—Seven grades of commercial corn tentatively formulated by the Department of Agriculture's office of grain standardization were announced. The descriptions were given out by Acting Secretary Gallo-way so the public may be fully informed regarding them before they finally are adopted as the official American standard grades for commercial corn. A formal hearing will be held here the latter part of September or some time during October, when Government officials will listen to any objections or suggestions from the corn trade or others interested before the grades finally are adopted.

Rumors of 20 Million Dollar Loan.  
Paris.—No confirmation can be obtained here of the report from Mexico City that bankers of Paris and other European capitals have made an offer to President Huerta to float a new loan of \$20,000,000. On the contrary the report is not believed by the Banque de Paris Et Pays Bas, which took a leading part in the previous loan to the Mexican government. The story is also discredited by the banking house of Lazard Freres. The French foreign office, it appears, continues to take the attitude that it would be unwise for French bankers to lend money to the Mexican government until the United States government has recognized the Huerta administration.

Loggerhead Sponges as Fertilizer.  
Washington, D. C.—The department of agriculture, through its bureau of soils, has recently completed analysis of the Loggerhead sponge which grows abundantly in the waters of southern Florida to determine its value as a fertilizer. This sponge, according to Mr. Thomas E. Reedy, of Key West, grows in countless thousands and to an enormous size in shallow water where it is easy to procure. Mr. Reedy also states that the farmers of the Florida Keys use the Loggerhead sponge with wonderful results and hardly ever use chemical fertilizers. Dr. H. F. Moore of the U. S. bureau of fisheries, cites the use of this sponge by citrus fruit growers on the Florida mainland and states that he has seen this sponge growing in such quantities that he has long thought it should be exploited.

Aid in the Crop Movement.  
Washington.—The Treasury Department began making deposits of the additional \$50,000,000 government funds that are to be placed with banks in the agricultural states to aid in the movement. The first deposits were made in the reserve cities in the Southern states among which it is officially stated were Baltimore, Richmond, Atlanta and Memphis, the three latter each receiving \$750,000. The apportionment of the funds has been completed according to information at the department.

Demands That Protection be Offered.  
Washington.—Senator Penrose addressed a letter to Secretary Bryan demanding that he telegraph Provisional President Huerta and General Carranza warning them that the American Government will hold them personally responsible for any harm inflicted upon Americans at Chihuahua who have been threatened by revolutionists. Shirley C. Hulse, son-in-law of Lieutenant Governor Reynolds of Pennsylvania, and his family, are among the 46 Americans in the threatened group.

Lamb and Sheep.  
"Oh, dear! Something else to remind me that my boy is growing up."  
"What now?"  
"The sheepish way he looks when I call him my little lamb!"—Lippincott's.

No. SIX-SIXTY-SIX  
This is a prescription prepared especially for Malaria or Chills and Fever. Five or six doses will break any case, and if taken then as a tonic the fever will not return. 25c.—Adv.

Weird Work.  
"What's this; volcano in action?"  
"No."  
"Town on fire?"  
"No, no; still life. Piece of huckleberry pie, painted by a cubist."

DOES YOUR HEAD ACHE?  
Try Hicks' CAPUDINE. It's liquid—pleasant to take—effects immediate relief—good to prevent Sick Headaches and Nervous Headaches also. Your money back if not satisfied. 10c, 25c, and 50c. at medicine stores. Adv.

Exactly.  
"That was a very warm argument."  
"No wonder, with so much hot air in it."

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