Backache is Discouraging

Nothing is more discouraging than a constant backache. Lame when you awaken, pains pierce you when you bend or lift. It's hard to work or to rest. Backache often indicates bad kidneys. If the urine is disordered, passages too frequent or scanty, there is further proof. Delay is dangerous. Prompt use of Doan's Kidney Pills now may spare you serious trouble later. Doan's is the world's best-recommended kidney remedy.

A South Carolina Case

H. P. Lane, R. F. D. No. 3, Marion, S. C., says: "I suffered constantly from pains across my back and mornings I was so stiff and lame I could hardly get around. Some days I couldn't work. My kidneys were sluggish and the kidney secretions were filled with sediment. Doan's Kidney Pills helped me as soon as I used them and gradually the pain and lameness left and my kidneys became normal."

Get Doan's at Any Store, 50c a Box

DOAN'S KIDNEY PILLS

FOSTER-MILBURN CO., BUFFALO, N. Y.

Pot and Kettle.

"How ignorant that woman is," said Mrs. Gaussip to her caller. "She and I went to the Zoo the other day and I thought I would laugh outright when she called the giraffe a 'carafe.' The joke of it was, the animal wasn't a giraffe at all, it was a camomile."

WELL AND IN GOOD HEALTH

Since Taking Cardui. After Seven Years of Suffering, Says South Carolina Lady.

Columbia, S. C.—Mrs. L. C. Heinmann, of 331 Washington St., of this city, says: "I have received so much benefit from Cardui, I feel like speaking a good word for it to every lady I come in contact with, that I think needs it, hoping to help some one to get well, as I did.

I had been sick in bed for a long time with the change of life. The doctor tended me all along, and finally one morning when he came he said he believed I would have to go to the hospital yet. I said *No*. I then read all of the testimonials in the Ladies' Birthday Almanac and then I phoned for a bottle of Cardui and commenced taking it. I began to improve from then on. I took five bottles continuously, then off and on for awhile, and I was well . . . and have had good health ever since, I am glad to say. I have recommended it to a lot of my friends.

I was troubled for seven or eight years before I took Cardui. I think it is the best medicine on earth for female troubles . . . If this testimonial will help some one else you are at liberty to use it if you like."

Begin taking Cardui today. It may be the very medicine you need. Your druggist sells it. Get a bottle from him today.

Some Hard.

Bill—They say horsehair cushions are very easy.

Jill—Believe me, they're not.

"Ever try one?"

"Sure."

"When?"

"One day I rode a horse bareback."

See Through Him.

"You're not so thick with Sam as you used to be."

"No—because I'm not so thick."

The guide, philosopher and friend is sometimes merely guyed.

For Thrush and Foot Diseases

Antiseptic, Cleansing and Healing

Save Your Stock

HANFORD'S Balsam of Myrrh
A LINIMENT

For Galls, Wire Cuts, Lameness, Strains, Bunches, Thrush, Old Sores, Nail Wounds, Foot Rot, Fistula, Bleeding, Etc., Etc. Made Since 1846. Ask Anybody About It

Price 25c, 50c and $1.00

All Dealers or write A. C. Hanford Mfg. Co. Syracuse, N. Y.

TRY THE OLD RELIABLE

WINTERSMITH'S CHILL TONIC

For MALARIA CHILLS & FEVER

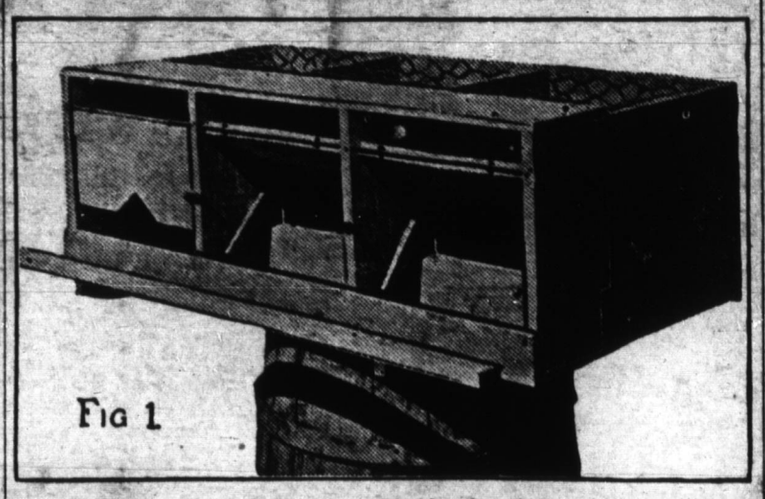
A FINE GENERAL STRENGTHENING TONIC

PARKER'S HAIR BALSAM

A toilet preparation of merit. Helps to eradicate dandruff. For Restoring Color and Beauty to Gray or Faded Hair. 50c. and $1.00 at Druggists.

FOR SALE—260 a. farm, 6 m. Chatsworth; 8 story dwell.; large new barn; plenty springs branches; rural route; price $3,000. Write J. B. KING, CHATSWORTH, GA.

EFFICIENT TRAP NEST IS A NECESSITY



(Prepared by the United States Department of Agriculture.)

A trap nest is a laying nest so arranged that after a hen enters it she is confined until released by the attendant. The trap nest shown in the accompanying illustrations is used with good results on the government poultry farm and is quite similar to the nest used at the Connecticut state experiment station. It is very simple and may be built at a small cost.

The use of trap nests is essential in breeding poultry for both egg production and exhibition, where pedigree records are used in selecting either the males or females, and has a place in mass selection for increasing the egg production. Trap nests are of value in weeding out poor layers and increasing the average egg yield of a flock by selecting and breeding, but are not extensively used on account of the large amount of labor required to operate them. Some poultry breeders trap nest their pullets during their first six months of laying and use this as a basis in selecting their breeders for egg production.

One trap nest (Fig. 1) should be provided for four to five hens kept in flocks of fifty or more, while more trap nests per hen are necessary in smaller flocks. The hens are banded with numbered bands, and a record is kept of their egg production. The nests should be visited at least three times daily, and preferably four or five times, frequent trips being especially necessary when the hens are laying freely and during hot weather.

This trap nest may be attached to the under side of the dropping board, with the front facing the pen and arranged so that it can be easily removed, or it may be placed on the walls of the pen. If the nest is placed under the dropping board, the latter will serve as a top for the nest, and the rear of the nest may be of wire to allow good ventilation in warm weather. If the nest is placed on the wall, slats or wire should be inserted from the front of the nest to the wall at a sharp angle to prevent the hens from roosting on the nest.

When the hen enters this nest her back raises the door (c), which releases the catch or trigger (a) and allows the door to shut. The catch should be set so that its edge just holds the door, which position is regulated by the screw or nail at the lower inside edge of the catch. A washer should be placed on the screw (d) between the catch and the side of the nest to prevent this catch from sticking. The guard (b) around the catch keeps the nestling material away from the catch. The length of the catch which supports the door and the triangular notch in the door may be varied slightly for very small or very large hens.

Constructing a Three-Compartment Nest.

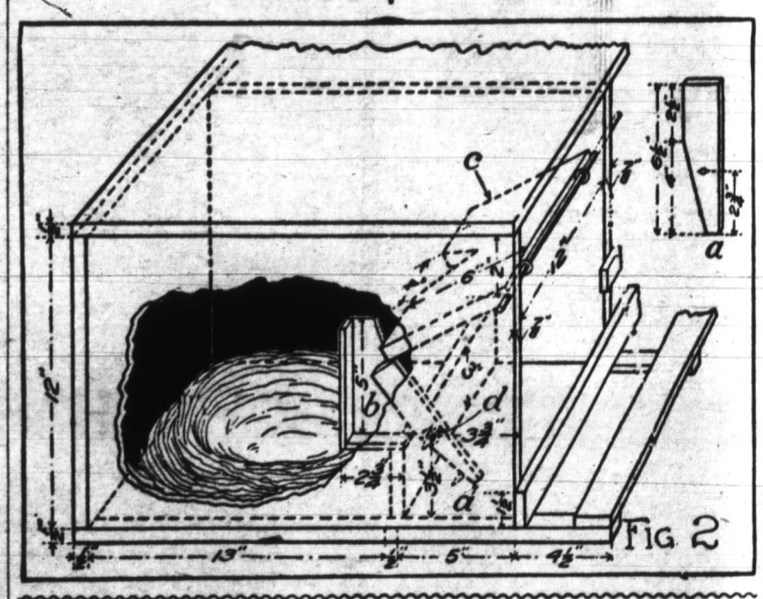
Cut four seven-eighth-inch boards for ends and partitions, 12 inches wide by 19 inches long, enough one-half-inch boards 39½ inches long, laid lengthwise, to cover the top, back and bottom, and one strip 39½ inches long and one and one-half inches wide for the front of the nests. Cut three pieces of one-half-inch boards 12 inches long and three inches high to insert in the nest to hold the nesting material away from the door.

Nail the top, back and bottom to the ends and partitions (see Fig. 2), insert the three-inch strips in the nests, and make the guard (b), nailing it to the left side of the nest. Bore a hole in the catch (a) large enough so that the catch will move freely when screwed into position on the side. Place a washer on the screw between the catch and the side of the nest. Place a screw at the lower edge of the catch to stop it when set, so that the catch will just hold the door.

Make the doors (c) of seven-eighths-inch material, 12 inches by six inches, and cut a triangular notch in the center four inches wide. Put two screw eyes in the top of the doors and bore holes in the front of the nests two inches below the top (inside measurement), through which a three-sixteenth-inch wire is run to support the doors.

Attach a narrow strip to the front of the nests for the hens to jump upon when entering the nests. Place a button or block of wood on the front of each partition to hold the door when the nest is closed.

If the nests are to be placed directly below the dropping board, a wire top should be used on the next, except for a five-inch strip of wood on the front edge of the top to stiffen the nest.



WOVEN WIRE FENCE IS BEST

Problem Has Always Loomed Up High to the Beginner With Sheep—Put Barbed Wire on Top.

The fencing problem has always loomed up high to the beginner in raising sheep. It is not, however, a very difficult one if it is undertaken in an intelligent manner. It does not require heavy fence to hold sheep, but barbed wire will not make satisfactory sheep fence.

Most sheep raisers use a fence constructed of woven wire from thirty to forty-two inches high with from five to nine horizontal wires and sixteen to twenty stays to the rod. Any fence coming inside these limits if put up with a post each fourteen to sixteen feet will prove satisfactory for sheep.

If a thirty-inch woven wire is used, it should have at least one barbed wire on top of it. It usually pays to put one or two barbed wires on top of the woven wire, however, as this will make a fence that will turn horses and cattle as well as sheep.

Begin Preparations for Fair.

Look over the vegetables, flowers, and fruits and begin preparations for showing them at the county or state fairs. It is worth the effort even though a prize is not the result.

PLANT PEAR TREES IN ROWS

Good Distance is Fifteen by Thirty Feet—Object is to Obtain Larger Yields of Fruit.

A good distance for planting standard pear trees is 15 by 30 feet; that is, the rows are 30 feet apart and the trees 15 feet apart in the rows.

The object of this method is to obtain larger crops of fruit from the same ground until the trees become large enough to interfere with each other; then each alternate tree in the row is cut out, leaving the trees in the entire orchard at a distance of 30 feet each way.

This system has the advantage of more fully utilizing the land for fruit production until the thinning out becomes necessary.

Another plan is to plant the trees 20 feet apart each way. This distance will afford free circulation of air and abundance of sunlight, both of which are essential to well-developed and highly colored fruit.

Avoid Rheumatism Among Pigs.

If your barn and feed yards have a proper system of drainage, there will be little danger of rheumatism among your pigs. If you have not already installed a good system of drainage do so now.

Invokes God's Reward For Pellagra Cure

Jumbo, Va.—J. H. Satterwhite writes: "I want to thank you for what you have done for me. You have cured my wife. God bless you in your work. I hope some day to see you; if I never see you I hope to meet you in heaven. God will reward you for your grand and noble work."

There is no longer any doubt that pellagra can be cured. Don't delay until it is too late. It is your duty to consult the resourceful Baughn.

The symptoms—hands red like sunburn, skin peeling off, sore mouth, the lips, throat and tongue a flaming red, with mucus and choking; indigestion and nausea, either diarrhoea or constipation.

There is hope; get Baughn's big Free book on Pellagra and learn about the remedy for Pellagra that has at last been found. Address American Compounding Co., box 2090, Jasper, Ala., remembering money is refunded in any case where the remedy fails to cure.—Adv.

Their Conversation.

In the days of Henry Clay a Kentucky farmer sent a servant to Lexington with a note for the president of a certain bank. When the man returned he said to his master:

"I met Marse Henry Clay in the bank and had a conversation with him."

"Indeed! and on what topic did you and Mr. Clay converse?" inquired the master with interest.

The darky removed his hat and made a sweeping bow. . . . "Says Mr. Clay to me." . . . And another very low bow. "And I the same to Mr. Clay."—Everybody's Magazine.

NEGLECT YOUR SCALP

And Lose Your Hair. Cuticura Prevents It. Trial Free.

Cuticura Soap shampoos cleanse and purify the scalp of dandruff while the Ointment soothes and heals the irritated scalp skin. Dandruff and itching are hair destroyers. Get acquainted with these supercreamy emollients for the skin and scalp.

Sample each free by mail with Book. Address postcard, Cuticura, Dept. XY, Boston. Sold everywhere.—Adv.

Electric Plant in Arctic Circle.

The "farthest north" electric plant is being constructed at Mount Hope, 100 miles north of the arctic circle. There are 400 persons at this place, and the plant is being built by one of the missions.

The darkness at Mount Hope is intense during the long arctic night, and the electric plant will supply power for both light and heat. Engineers at the University of Pennsylvania will design the equipment.

The electricity will be generated by wind power, as the wind at Mount Hope is steady and seldom falls below 20 miles an hour.

The Conductor's Hope.

"I hope," said the car conductor, pensively, after taking the names of the people who saw the lady lose her balance, "that women will vote, and that they'll have a political party of their own and a convention and a platform."

"And then what?"

"And that they'll advocate capital punishment for anybody who gets off the platform backward."

So Paw Says.

Little Lemuel—What's a bachelor maid, paw?

Paw—A bachelor maid, son is a spinster who still has hopes.

AGAIN TO BE FERTILE LAND

Building of Euphrates Dam Calculated to Restore the Prosperity of Old Mesopotamia.

With the completion of the Hindiyeh barrage, on the River Euphrates, the first step has been taken which will ultimately turn Mesopotamia into the fertile land it was in Biblical times.

For ages the waters of the Tigris and Euphrates have run to waste in the desert, or accumulated in unwholesome marshes, and devastation and the decay of centuries have set their mark upon enormous areas that once blossomed as the rose. In the great Babylonian plain tradition has placed the Garden of Eden, and the still visible ruins of old dams and canals show how important a part was played by irrigation in the economic prosperity of Chaldea and Babylon.

After lying dormant for ages as the result of devastating wars, Tartar inroads and Turkish apathy, fertility is about to be restored to those desolate regions as by the wave of a magician's wand.

The magician is the modern engineer, in the person of Sir William Willcocks, who in 1909 was commissioned by the Turkish government to prepare an irrigation scheme. In its entirety Sir William Willcock's plan entailed an expenditure of $75,000,000, and it is the first portion of the works which were inaugurated.

The Hindiyeh barrage, 47 miles south of Bagdad, has been built just above the town of Hindiyeh and to the east of the present riverbed, and it distributes the waters of the Euphrates through regulators down the old Hillah branch, past Babylon to Hillah. It is 800 feet long and consists of 35 arches fitted with sluice gates 16 feet wide. The arches are supported by piers 19 feet high and four feet thick, with key piers measuring 11 feet. This structure rests upon a foundation of three feet of concrete and six feet of brickwork. Adjoining the barrage is a lock with a 25-foot opening for the use of the river traffic.

BEST REMEDIES FOR SORES AND ULCERS

Mr. C. A. Butler, of Salem, Va., writes: "I can safely say that Hancock's Sulphur Compound is the best remedy I ever used for sores. One of my little boys, eight years old, had a solid sore all over his face, we tried different kinds of medicine, but none seemed to do any good. Our son, nineteen years old, had a sore on his leg for three months and nothing did him good. We used Hancock's Sulphur Compound on both and it did its work quickly and it was not over a week until both were well." Hancock's Sulphur Compound is sold by all dealers. Hancock Liquid Sulphur Co., Baltimore, Md.—Adv.

Avoiding Complications.

"I understand Doppel is neutral."

"And strongly entrenched, too."

"How does that happen?"

"His favorite barber is a Frenchman and his favorite bartender is a German."

"How about his favorite waiter?"

"He doesn't have to be on his guard while eating. His favorite waiter is a waitress, hailing officially from Kansas City.

Its Nature.

"So Clementina has dismissed her admirer merely because he waxed his mustaches. That certainly was a trifling matter."

"You're mistaken. For a man to wax his mustache is quite a cereous affair."

IN ALL OUR NEIGHBORHOOD

There Is Hardly A Woman Who Does Not Rely Upon Lydia E. Pinkham's Vegetable Compound.

Princeton, Ill.—"I had inflammation, hard headaches in the back of my neck and a weakness all caused by female trouble, and I took Lydia E. Pinkham's Vegetable Compound with such excellent results that I am now feeling fine. I recommend the Compound and praise it to all. I shall be glad to have you publish my letter. There is scarcely a neighbor around me who does not use your medicine."—Mrs. J. F. JOHNSON, R. No. 4, Box 30, Princeton, Illinois.

Experience of a Nurse.

Poland, N.Y.—"In my experience as a nurse I certainly think Lydia E. Pinkham's Vegetable Compound is a great medicine. I wish all women with female troubles would take it. I took it when passing through the Change of Life with great results and I always recommend the Compound to all my patients if I know of their condition in time. I will gladly do all I can to help others to know of this great medicine."—Mrs. HORACE NEWMAN, Poland, Herkimer Co., N. Y.

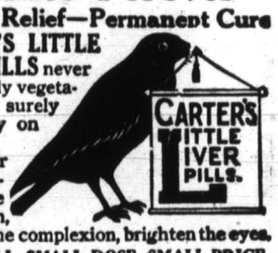
If you are ill do not drag along until an operation is necessary, but at once take Lydia E. Pinkham's Vegetable Compound.

If you want special advice write Lydia E. Pinkham Medicine Co., (confidential) Lynn, Mass.

Constipation Vanishes Forever

Prompt Relief—Permanent Cure

CARTER'S LITTLE LIVER PILLS never fail. Purely vegetable — act surely but gently on the liver. Stop after dinner distress—cure indigestion, improve the complexion, brighten the eyes.



SMALL PILL, SMALL DOSE, SMALL PRICE.

Genuine must bear Signature

Brent Good

DRIVE MALARIA OUT OF THE SYSTEM

BABEK for That Tired Feeling

A GOOD TONIC AND APPETIZER

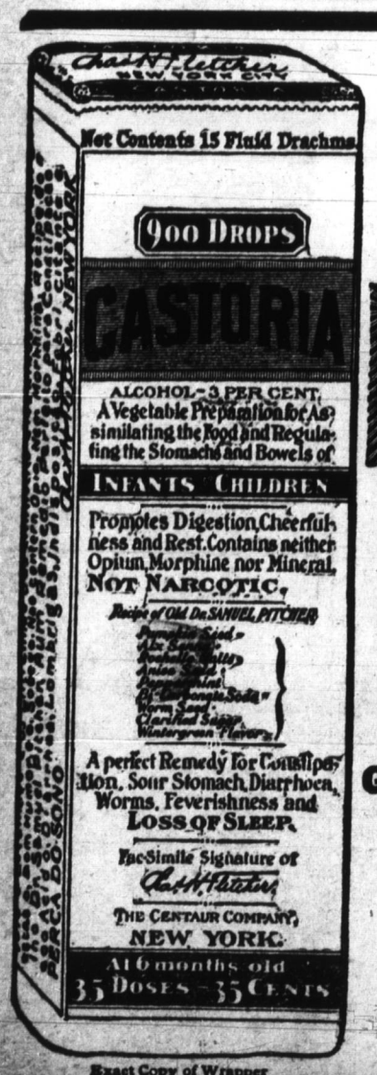
KODAKS & SUPPLIES

We also do highest class of finishing. Prices and Catalogue upon request. S. Galeski Optical Co., Richmond, Va.

SPECIAL PRICES on the Famous Warren Strain, Single Comb White Leghorns; greatest egg laying strain in America. Scientifically bred on the largest and best equipped Poultry Farm south of Mason and Dixon line. "The Strain you will eventually buy." THE WARREN POULTRY FARM, T. M. Bost, owner, WISE, N. C.

DROPSY TREATED, usually gives quick relief, soon removes swelling and short breath, often gives entire relief in 15 to 25 days. Trial treatment sent FREE. DR. THOMAS E. GREEN, Successor to Dr. H. H. Green's Sons, Box A, Chatsworth, Ga.

NO. 37-1915.



Exact Copy of Wrapper

Children Cry For Fletcher's CASTORIA

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic, all Teething Troubles and Diarrhœa. It regulates the Stomach and Bowels, assimilates the Food, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher.

In Use For Over 30 Years

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.