

## **Typhoid Fever & Diphthera**

## AT THE PLACES AND ON THE DATES MENTIONED BELOW

Typhoid fever is gradually being reduced, but there must be no let-up in vaccination. Now is the time to protect yourself against it. The season is at hand. Take the treatment every third year.

Diphtheria can be prevented by taking Toxoid. Have your children over six months of age immunized against it. It takes about five months to get the protection, so now is the time to take the treatment to be protected this fall.

There is no excuse for even a case of typhoid fever when perfect immunization for two years at a time may be obtained through attendance at. the clinics scheduled below. It is the duty of every intelligent citizen to become inoculated toward all preventable diseases, especially Typhoid Fever-for their own protection as well as the protection of their neighbors. It is also their duty to do all in their power to persuade others to take preventive measures. Typhoid Fever, being frequently fatal, is a useless economic waste, as it is so easily preventable. Remember the schedule below and visit, without fail, the point nearest you on the dates mentioned.

COUNTY HEALTH OFFICER

Wednesdays, June 21, 28, July 5, 12
Bear Grass School 9:30 a. m. Bear Grass School (Col.) 11:30 a. m.
Thursdays, June 22, 29, July 6, 13
Everetts School (Colored) 8:30 a. m. Everetts School (Colored) 10:00 a. m.

Tuesdays, June 2	0, 41, 1	uly T	
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Lilley's Hall School	8:30	8.	m,	100
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	1:00	8.	m.	
	0:00	8.	m.	
	0:00			
Dardens School	0:00	8.	m.	

rass School (Col.) 9:30 a. m. 11:30 a. m. rsdays, June 22, 29, July 6, 13 School (Colored) 8:30 a. m. 10:00 a. m. 11:30 a. m. Cross Roads School Gold Point School Fridays, June 23, 30, July 7-14

Williamston School (Colored) 8:30 a. m. 10:30 a. m. 8:30 a. m. 10:30 a. m. ol (Colored)

Refund By Miss Lora E. Sleeper The annual girls' encampment will be held at Neuse Forest, near New Bern, beginning next Tuesday and continuing through Friday at noon. Letters have been mailed to each club member in the county giving the necessary information for those wishing

to attend. "Three counties will enjoy the camp together this year, Pitt, Beaufort, and Martin. It is important that each member notify Miss Sleeper of intention to attend so that necessary transportation can be secured. The fee is to be \$2, with a possible refund. The more attending the more can be refunded. The camp will be held only on condition that there be total of 60 from the three counties attendance.

Campers will leave Williamston o Tuesday morsing, June 13, from the Central Service Station at 9:30 a.m. for Neuse Forest. Bedding, such as sheets, small pillow and blanket, besides towels, wash cloths, and toilet articles should be carried and each one is asked to carry a crochet needle, size 8, and 1-2 ball of tobacco twine. The list of food asked of each one as follows: 1 chicken or 2 pounds nam, 1 lb. breakfast bacon; 9 eggs; 1-2 pound butter or lard; 1 cup corn meal, 2 cups sugar; 1 jar pickles, jelly

**Relieves Women's Pains** Here is an example of how Cardui has helped thousands of women: "I was very thin and pale," writes Mrs. F. H. Scott, of Ros-noke, Va. "I suffered from weak ness and a severe pain in my back. This pain unnerved me, and I did not feel like doing my work. I did not care to go places, and felt worn, tired.

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