

WARDEN CITES CHANGES MADE IN GAME LAWS

Law Forbids Hunting in Lowlands When River Out of Banks

The law prohibits hunting in the lowlands of the Roanoke River when the water is out of the banks of the river, according to Game Warden Miller Warren, who feels that the recent rains have or may cause freshets in the bottoms adjoining the river.

"No hunter should have more than two deer, two wild turkeys, or two days bag limit of any animal at any time. Wild birds and animals for which no open season is provided shall be classed as protected, and it shall be unlawful to hunt, take, or possess them," said Warden Warren. License fees are as follows: Non-resident hunting, \$15.25; state resident, \$2.10; county resident, \$1.10; combination hunting and fishing, \$3.10; state resident trappers, \$3.25; county resident trappers, \$2.25.

Seasons are as follows: October 1 to January 1, bear and male deer; November 1 to February 15, mink, muskrat, otter; October 1 to February 1, opossum and raccoon; Thanksgiving to February 15, quail and rabbit; Thanksgiving to February 1, turkey. Wildcats, weasels and skunks can be killed any time, but there is no open season on doe deer, elk, beaver, and such.

No Arbitrary Age Can Be Set for Breeding Heifers

No arbitrary age can be set for breeding heifers as this is determined by the maturity of the individual animal. The feeding schedule also enters into this question as those animals that are fed a liberal grain ration will mature more rapidly than those receiving a limited ration of grain. As a general rule, however, Jersey and Guernsey heifers should be bred to freshen at from 24 to 30 months of age. Ayrshire and Holstein animals should be bred to freshen from 27 to 32 months of age.

County Club Women Held Annual Field Day at Holly Springs

Seven Clubs Represented at Outing Held at Holly Springs Church

By Miss LORA E. SLEEPER

Home demonstration club women held their annual field day recently at the Holly Springs church. Elaborate plans for this annual event had to be simplified owing to the paralysis situation. Plans had been made early in the spring for an all-day family picnic. It was a disappointment to many that these plans had to be dropped.

Miss Mary E. Thomas, extension nutritionist, was the speaker on the program. She gave an interesting talk on "Possibilities for the Year's Work in Nutrition." The women will have completed two years of nutrition work and those carrying out the practices learned at 12 meetings, canning according to a budget, and planning their meals by the Daily Food Essentials Blank will be eligible to receive an award of merit.

The clubs of Everetts, Bear Grass, Macedonia, and Jamesville had numbers on the program. Everetts showed the audience the "Farm Food Supply for One Year Per Person"; Bear Grass showed meals planned according to the Daily Food Essentials Blank; Macedonia showed the group "How I Make My Bread"; and Jamesville "What I Eat To Keep My Fat" and "What I Eat To Keep My Youthful Figure."

A bread contest was held at the close of the afternoon. Twelve women exhibited rolls at this time, and after judging all exhibits Mrs. N. R. Rogerson, of Bear Grass, received first place and was awarded a recipe file. Mrs. Thurston Wynne, place. This concluded the program and all joined in a picnic supper in the little chapel.

There were seven clubs sending representatives to this meeting. The meeting next year goes to Jamesville. Make your plans and work your plans for next year's program.

HINTS FOR HOMEMAKERS

By Miss ORA E. FINCH, Home Service Director Virginia Electric And Power Company

Mallobet Desserts

These desserts are a frozen delicacy of the nature of a sherbet that will freeze without being stirred during the process.

The stiffening agent is supplied by marshmallows, which prevents the product from being icy when frozen. Stiffly-beaten egg whites are used to give the proper texture.

In making the following rules should be observed carefully.

1. Always melt the marshmallows over hot water to liquid stage, stirring often. This gives a smoother mixture.
2. Vegetable coloring must be added to foundation before it stiffens.
3. Foundation must be allowed to become quite cold and partially jellied before egg whites are added.
4. Egg whites must be whipped very stiff and thoroughly mixed with foundation before freezing.

Pineapple Mallobet

Twenty marshmallows, one cup of juice from canned pineapple, 1-3 cup of water, 2 tablespoonfuls of lemon juice, 2 teaspoonfuls of sugar, 1-4 cup of egg whites and few grains of salt.

Put pineapple juice, water and marshmallows over hot water and steam to the liquid stage. Add lemon juice and one-half the sugar and set aside until slightly jellied. Add remaining sugar and salt to egg whites. Whip them very stiff and combine with foundation, mixing thoroughly. Pour into tray and freeze without stirring.

Fresh Peach Mallobet

Twenty-five marshmallows, 3-4 cup of water, 1 cup finely-crushed fresh peaches, 4 tablespoonfuls of lemon juice, 1-4 cup egg whites.

Put marshmallows and water in saucepan and steam until thoroughly melted. Add peaches, lemon juice and three tablespoonfuls of the sugar and allow to cool and stiffen. Add remaining sugar to egg whites and whip without stirring. Canned fruit juice, as pear, may be substituted for the water in this recipe.

Jam

A jam is a variation of a preserve. Fruits which contain no pectin can be used, but if a small quantity of fruit pectin is present, the product will be firmer.

The fruit should be just underripe unless pectin extract is used. It should be made in small quantities and cooked rapidly in order to get best flavor and color. It should be stirred while cooking, and process should be finished at 224 degrees.

Plum Jam

Wash plums, remove seeds but not skins, and place plums in a preserving kettle containing enough water to cover bottom of kettle. Cook until soft. Measure mixture and add 1-2 as much sugar as mixture. Boil until thick, stirring to prevent burning. Seal after packing in sterile jars.

Grape Jam

Have one-fourth of the grapes underripe. Wash and remove stems. Separate the skins from the pulp and cook pulp until seeds can be removed by pressing fruit through a colander. Boil skins with a little water until they are tender. Add pulp, and to one pound of fruit use one-half pound of sugar. The skins may be left out if desired. Cook and pack in sterile jars. Seal.

Blackberry Jam

Select berries so that three-fourths of them are fully ripe. Mash berries, cook in the juice until thoroughly heated, press through sieve to remove seeds. Measure pulp and liquid and for every pint add one cup of sugar. Cook rapidly until thick while stirring. Pack in sterile jars and seal.

County Agents Did Splendid Work In Crop Adjustments

Emergency Job Given By AAA Affected Millions of Country's Farmers

Writing in the July-August issue of the official magazine of the Potash Institute, Better Crops With Plant Food, Jeff McDermid reminds the nation that the county farm agents were given an emergency job when the AAA field work was organized and that the agents came through in a highly acceptable manner, says Dean I. O. Schaub, director of agricultural extension at State College.

The dean quotes the magazine as

NOW IS TIME TO CAN VEGETABLES FOR WINTER USE

Winter Diet Should Include at Least Two Vegetables Daily

Food and health authorities say that every person should have in his diet at least two vegetables each day in addition to potatoes or dried beans.

In order that rural families may have a sufficient variety and amount of vegetables in their diet during the cold weather months, some of the surplus of the home garden should be canned, says Miss Mary E. Thomas, extension nutritionist at State College.

In addition to canned foods, the table should be well supplied with greens, which may be grown through the winter, and stored vegetables such as onions, squash, beets, turnips, potatoes, cabbage.

She recommended that for each family there should be canned 57 pints of vegetables and 45 pints of fruits. Twelve pints of dried fruits and six pints of dried vegetables per person are also recommended as a supplement to the canned foods.

To further round out the diet, the housewife should provide for each member of the family four pints of preserves and jam, two pints of jelly, and two pints each of pickle and relish.

As a canning budget, Miss Thomas suggested the following vegetables for each person:

- Asparagus, two pints; beets, four pints; carrots, four pints; corn, two pints; English peas, two pints; kraut, four pints; Lima beans, two pints; okra, two pints; soup mixture, five pints; string beans, ten pints; tomatoes, 20 pints; apples, six pints; blackberries, six pints; cherries, six pints; fruit juices, three pints; huckleberries, three pints; grapes, three pints; peaches, six pints; pears, six pints; and plums, six pints.

Farmers Will Find it Profitable To Build Silo for Use in Fall

Silage Is Now Recognized as One of the Best Roughages

Many North Carolina dairymen, not now using silage as a cattle feed, would find it profitable to do so.

"We have come to recognize silage as one of the best and most economical home-grown roughages for dairy cattle," declares John A. Arey, dairy extension specialist at State College. "Silage is succulent and palatable. It is a good substitute for grass in winter and a valuable supplement to pasture in summer. An acre of corn that will yield ten tons of silage when fed to dairy cows in the form of silage will produce about 400 pounds more milk than if the corn were fed in the dry state. Then, too, the loss of feed sustained during harvesting and feeding operations is almost eliminated when the corn is converted into silage."

Mr. Arey urges dairymen to repair their old silos or build new ones during the latter part of July and through August while the rush of summer work is over and fall work has not yet begun. This will avoid serious delay when the silage crop is ready to cut.

The dairy extension office at State College has plans and bills of material showing how to build the vertical silo and Extension Circular 201 may be secured telling how to dig a trench silo. The trench silo is inexpensive. Studies made last year on 372 new trench silos dug in the State show that the labor cost per ton of capacity was about 50 cents. In some instances, the labor cost was

follows:

"Thoughtful surveys of the Extension Service in these recent years of farm credit and crop adjustment, drought hazards and super-organization in a crisis, convince any one that the machine ran smoothly. In a few days more than 70,000 production-control committees were hitched into the harness and ready to drive ahead in the greatest single piece of social engineering that American farming has witnessed. County agents did it."

"There were enough delay, legal fog, and contrary orders to put the average untrained fellow into the filibert class in short order; but somehow, trained as they were in patience and endurance, the majority of the agents hung on like grim death and saw it through. They had to.

"Unless they carried on, the whole caboodle of contracts would have gone amiss, the radical rooters would have taken the reservation and the extension system itself might have vanished. My thesis is that the whole business, despite the grief and gunplay, has been a good boost for the system. The service depended primarily on the welfare of agriculture, and it could not last through a few more years of poverty and dismay. The teamwork between county agents and specialists and the farmers developed in these later seasons ought to command mutual respect in most cases."

not reported as the farmers said the silo was dug during odd times.

The equipment used in filling the trench silo also costs less than that used in the filling the vertical type. However, the vertical type is probably better adapted to the needs of dairymen with large herds of cattle. The trench silo will be suitable for the man with a few cows and who has had no experience in feeding silage, Arey says.

The two best forage or hay crops that can be planted in the State this month are soybeans and cowpeas. Plant them at the rate of one to one and one-half bushels of seed per acre. Sudan grass might be planted, seeding at the rate of 20 pounds to the acre. The continued dry weather during June has caused late-planted hay crops to be more important than usual this year.

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PROGRAM FOR WEEK BEGINNING MONDAY, SEPT. 2

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Monday and Tuesday September 2 and 3
J. Hutchinson and Pat O'Brien in "Oil for the Lamps of China"

Thursday and Friday September 5 and 6
Fred MacMurray & Madge Evans in "MEN WITHOUT NAMES"

Wednesday September 4
Peter LORRE and Frances Drake in "MAD LOVE"

Saturday September 7
TOM TYLER in "COYOTE TRAIL"

ALSO SELECTED SHORT SUBJECTS