Bob Starling

gives you

THE ENTERPRISE

Dealers Will Offer Club Program Has Seed For Gardens Been Changed in '42

Collections of seed for "Food for Freedom Gardens in 1942 Gardens" will be offered by seed dealers throughout the State, according to L. P. Watson and H. R. Niswonger, extension horticulturists of N. C. State College. Seven wholesale seed distributors have been asked quote prices on the garden seed col-lection, and county farm agents of the Extension Service have been aske ed to contact reliable local seed dealers about the same service.

dealers about the same service. Every North Carolina farm fam-

ily has been requested to grow a home garden as a part of their con-tribution to the Nation-wide "Food will be studied. for Freedom" campaign. To make it easier for rural people to achieve this patriotic goal, the two extension horticulturists have compiled a list of vegetable seed, together with varieties and quantities of each, neces-sary to feed a family of five.

The dealers have been asked to wrap the seed in labeled packages and deliver all the seed at the same time. The collection includes approximately 26 pounds of seed, and is a sufficient quantity to furnish both fresh vegetables and supply of canning.

The seed, and the amount needed for a garden to feed a family of five, are of the following vegetables: Bush Lima beans, 2 1-2 pounds; pole Lima beans, 2 1-2 pounds; bush snap beans, ounce; carrots, 2 1-2 ounces; col-

lards, 1 ounce. Cucumbers (slicing) 2 1-2 ounces; lettuce, 1 ounce; okra, 2 1-2 ounces; field peas, 2 1-2 pounds; garden peas, 2 1-2 pounds; peppers, 1-2 ounce; onions (sets) 5 pints; kale, 2*1-2 ounces; spinach, 21-2 ounces; squash, 21-2 ounces; sweet corn, 11-4 pounds; mustard, 5 ounces; tomatoes,

1-2 ounce; and turnips, 5 ounces.

The month-by-month program will be as follows:

January — Outlook meetings at which time "Family Plans for 1942"

February-A study of the nutri tional situation; what to do about food production, meal planning, food preparation and preservation, under the title, "Living Above the Safety Line

March-"My Clothing Needs," in cluding an inventory of what we have, what we need, and how to get it. A study of the minimum essentials of an adequate wardrobe

April—"Future Security Through Conservation." House furnishings and equipment, and garden and farm equipment.

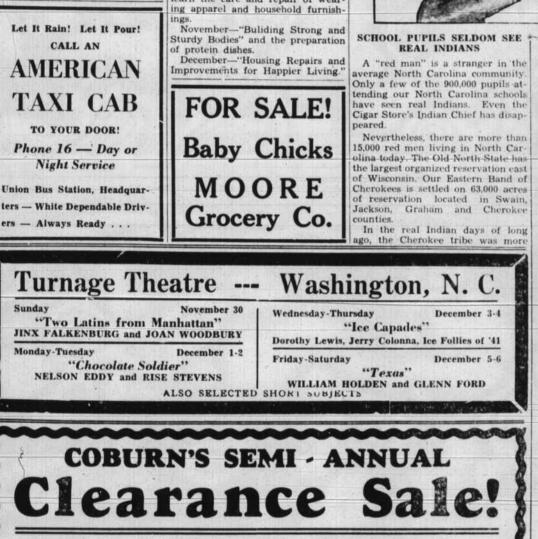
May—"The Staff of Life—Whole Grain Products and Their Use." This will include a "Better Bread Campaign," a study of whole wheat breads and cereals and the food

Emphasis will be placed on diets, equipment and good bedding. July-"Food Conservation," in

cluding demonstrations of canning fruits and vegetables.

August-"Planned Recreation" for all members of the family. September-"Wise Use of Time and Money" at harvest time and

when the children go back to school. October — "Clothing Clinics" to learn the care and repair of wear-







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