

Recipes Of The Week

By Miss EVELYN HANCOCK
Home Service Director
Virginia Electric and Power Company

WAYS TO SAVE CURRENT

Is homemaking a challenge in our modern age? Or are there still those untrained homemakers by choice who believe the old statement "that man's work is from sun to sun and women's work is never done"?

A very few of these would change jobs with the career girl who must conform to the rigid schedule in the business world. In order to operate a home economically and efficiently, the homemaker too, must have in mind a schedule and a budget. However, her plan of work needs sun to sun and women's work be disturbed if certain duties are to be flexible so that no one will ture herself as the manager of a smooth-running business organization sometimes omitted. Here she pication. She can set up regulations that will allow a fair salary, time

for rest, recreation, and community activities. Any plan in a home that doesn't include these, needs to be revised. Probably the addition of more equipment that is always on duty and willing to work over time would allot this time.

Practically all homemakers are guilty of being extravagant in their use of electricity. Check this list and decide whether you are the economical type.

1. Do you have proper lighting to protect the precious eyesight of your family, but see that all lights are turned off when not in use? Remember bulbs also cost money.
2. Select the proper size bulb for the lamp. Quite often a large bulb will give more light than two small bulbs and cost less to operate.
3. Keep light bulbs clean and replace blackened ones as they rob you of light that you pay for.
4. Use shades with a light lining as they give a greater spread of bright light.
5. Have ample light for work areas in kitchen, and avoid the use of bare bulbs as they create an uncomfortable glare.
6. Avoid the use of flame-tinted bulbs except for decorative purpose. The first duty of light is to

protect the eyes and secondly to beautify.

7. Do not overload the refrigerator. Remove foods that will never be used. Store only edible parts of fruits and vegetables in refrigerator. If they lose food value, wrap in vapor-moisture proof paper.

8. Opening the door of refrigerator frequently causes it to use more current.

9. Small equipment such as radio and sewing machine take very little current to operate.

10. Be sure that appliances and wiring in houses are always repaired when needed.

11. When installing a hot water heater, consider the capacity in relation to your family needs. For future buying, the new automatic washers have water savers.

12. There are many ways to be economical with your electric range. Use high - low - simmer for boiling or steaming. After you turn switch from high to low, do not remove the top until cooking time is up. This is the secret of low and simmer doing your cooking. The other heats are for frying. Use medium for double boiler foods, milk, eggs, and bacon. Use 1/2 to 1 inch of water in container unless cooking dehydrated or dried foods. This is done for several reasons: save water soluble vitamins, save current, save time, and utensils. Do complete meals in economy well, oven, skillet and broiler unit. Use your broiler unit for toast rather than preheat oven.

The first American lumber mill was established in 1608.

An optimist is one who puts a 3c stamp on a letter and marks it "Rush!"

"He made an unusually good after-dinner speech."

"What did he say?"

"He said: "Waiter, give me the check."

NOTICE TO CONTRACTORS DRAINAGE

CLEARING AND EXCAVATION MARTIN COUNTY DRAINAGE DISTRICT NO. ONE, MARTIN COUNTY, NORTH CAROLINA

Sealed bids will be received until 10 a. m. Eastern Standard Time December 7, 1950, for furnishing all labor, equipment and materials for performing all work for clearing rights of way and excavating and cleaning out drainage canals in Bear Grass, Turkey Cook, Bee Tree Swamps and laterals thereto which are located principally in Bear Grass Township, Martin County, North Carolina and with-

in the boundaries of Martin County Drainage District No. One. The Bids are to be opened in the office of Wheeler Martin and Clarence W. Griffin, Attorneys at Law, Williamston, N. C.

The work contemplated will include construction of approximately 15 1/2 miles of canals and will consist of excavating approximately 237,204 cubic yards and clearing of 112.3 acres of land.

This work is to be performed in accordance with the specifications and plans which are on file in the office of the Clerk of Superior Court of Martin County, the office of Thomas W. Rivers, Civil Engineer in Greenville, N. C., and the offices of the Associated General Contractors in Raleigh, N. C., and Charlotte, N. C.

The work described in the plans and specifications must be completed within one year from the date the contractor is notified to proceed with the performance of the contract.

A performance bond equal to 100% of the contract price, conditioned upon the faithful performance of the contract, in favor of the Board of Drainage Commissioners of Martin County Drainage District No. One will be required.

Each bid for the said work shall be accompanied by a deposit of cash or certified check in an amount equal to not less than 5% of the amount of the bid submitted, said check to be payable to Martin County Drainage District No. One. The check shall be for

the purpose of guaranteeing that a contract will be entered into with the said Drainage District for the performance of said work within fifteen (15) days after the award to the bidder and the required bond executed.

This notice to contractors is given by order of the Board of Commissioners of Martin County Drainage District No. One.

This the 21st day of November, 1950.

Sidney Beacham, Chairman Board of Commissioners.

Engineers: Henry L. & Thomas W. Rivers, Greenville, N. C. Attorneys: Clarence W. Griffin, Williamston, N. C., & F. M. Wooten, Jr., Greenville, N. C. No 23-28-30 dec 5

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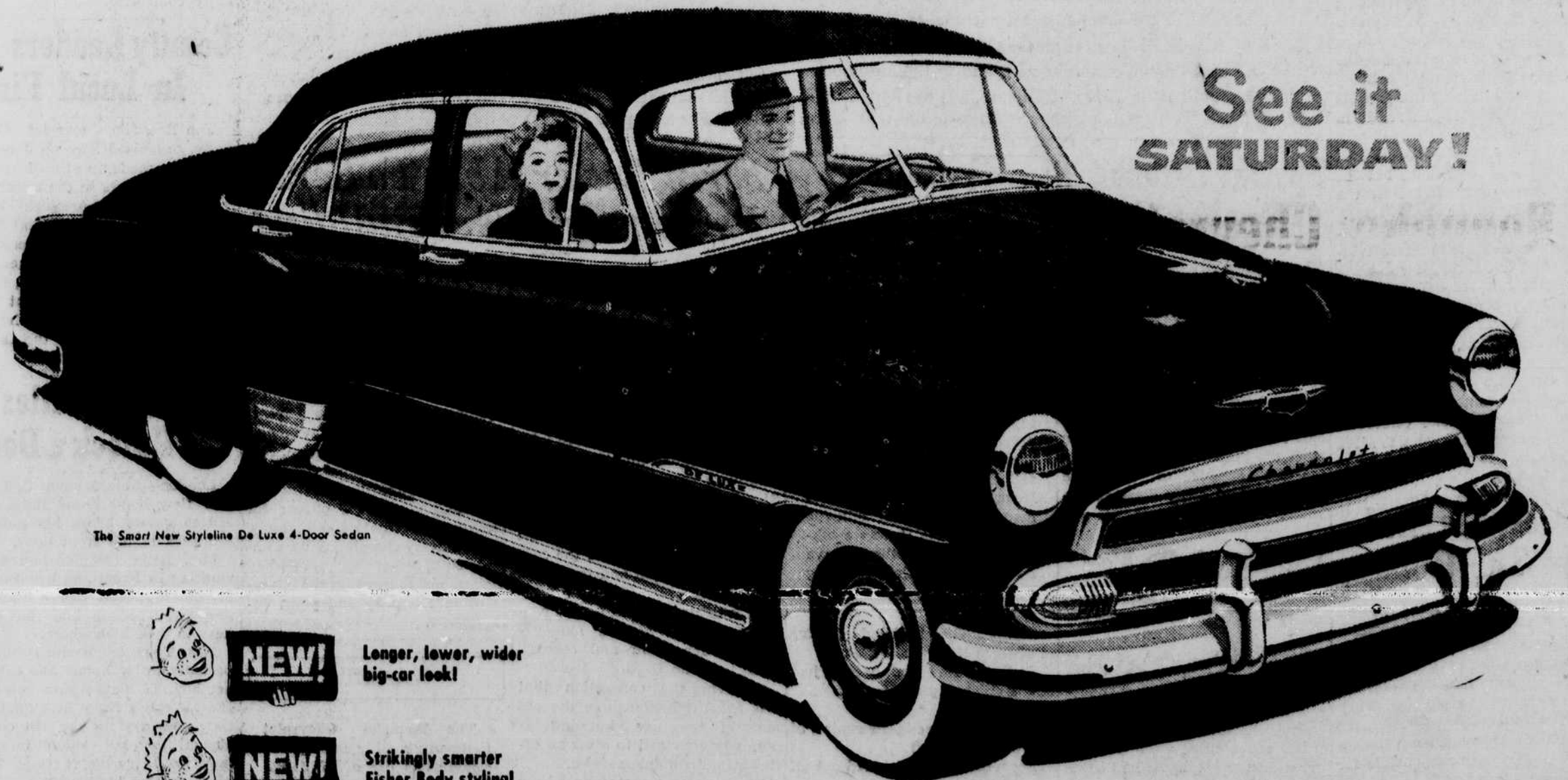
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