

Turpentine Drippings

Compiled By Bill Sharpe
THE STORM

(Dave West, Coastland Times)
Watching the great combers brawl in over the shoals—their crests hurled into spindrift by the lashing wind, and with hunching and leading waves behind them crashing toward shore as far as the eye can reach—is an excellent way for anyone to measure his own significance: makes you feel like saying "Pardon me" and stepping humbly out of the way of a dime-sized sand crab.

LIFE

(Waynesville Mountaineer)
Life is a constant process of keeping your finger to the pulse, your eye on the ball, your nose to the grindstone, your ear to the ground, your tongue in your cheek. And once in a while it's necessary to get your dander up and put your foot down.

THE LOST CHORD

(Southern Pines Pilot)
Our friend P. P. Pelton turned over to us a little souvenir he picked up some time ago in the Seaboard passenger station. He found it amusing, and so did we, though we can't help wondering—did the husband for whom this message was obviously intended ever to receive it? Did the wife forget to leave it in a conspicuous place at home, then lose it at the station—or did she hand it to him as she boarded the train, and did he, the heel, toss it aside? Or maybe, as soon as she had left, he left too—on a train going in the opposite direction.

Anyway—here's the message, printed in big penciled capitals: "FOOD WILL BE FOUND IN GREENCABINET AND ICEBOX . . . PLEASE DO YOUR OWN K. P. . . USE DISH TOWELS FOR DISHES ONLY . . . WHEN THAT THE ICEBOX DOOR IS CLOSED, AND THE STOVE UNITS TURNED OFF . . . THANK YOU!"

We think that message deserved a better fate.

TOO LIGHT

(Stanly News & Press)
The law has never put speeding in the properly category, for it

had, there would be less speeding and less traffic deaths. During the first nine months of this year, a total of 17,195 persons were convicted of speeding in this state. That sounds like a lot of convictions, but let's break it down. It means an average of 172 per county in this state, and an average per county of 19 per month, or about two-thirds of an arrest per day.

NOT SO HOPEFUL

(Moore County News)
If the Young Democrats can make even a dent in the common practices now in vogue they will have performed a great service and we hope they can. As to their desire that campaign utterances and writings shall be fair and reason and an appeal to the intellect rather than the emotions and prejudices, we cannot see that there is any hope what ever. We know of few men in public life today whose speeches rise above the slop and dregs of cheap emotion.

NOW, GIRLS! GIRLS!

(Sanford Herald)
Last week we called Mrs. W. W. Robards to ask her for a report on the Sanford Literary club meeting. "Let me see," Mrs. Robards hesitated. "Who did we meet with?" She paused for several moments, and then added, "I declare I can't think to save my life where we met. Just a minute, Mrs. C. M. Reeves, is here. Let me ask her."

When Mrs. Robards came to the phone she was laughing heartily. "Why the club met with me," she declared.

THIS SMOKING WORLD

(Zebulon Record)
How many brands of cigarettes can you count that are manufactured in North Carolina? Try it, and then check your answer by this list, which we lifted from the E. S. C. Quarterly. There may be more, but on the Quarterly cover were pictured Lord Salisbury, Cavalier, Pall Mall, Lucky Strike, Camel, Chesterfield, Fatima, Herbert Tareyton, M. Medachrina & Co., "111," Coupon, Sweet Caporal, Omar, Johnnie Walker, Piedmont, Home Run, Picayone, and



Janet Leigh and Paul Douglas are the stars of "Anteels in the Outfield," M-G-M's warmly human comedy-drama concerning the romance of a meek household hints editor and a tough big-league baseball manager. The new picture, produced and directed by Clarence Brown, opens Sunday at the Vicar Theatre.

IT CAN HAPPEN

(Statesville Record)
Children of parents who are in accord, Dr. Johnson said, are much more likely to develop emotional stability than in situations where one parent is right and the other wrong.

We were trying to get that idea across to our young daughter who at times accused her parents of "ganging up" on her. And we thought we were doing pretty well until she came up with this observation. "I know, daddy, but what happens when both parents are in accord—and both wrong?"

Take it away, Dr. Johnson.

SIGNALS MIXED

(Waynesville Mountaineer)
"All this uproar about football is a disgrace," remarked a well-dressed man to his sidewalk companion.

"You're right," agreed the gentleman with glasses.

"The way colleges commercialize it is disgraceful."

"Right again," his friend agreed.

"And the idea of all these people going out to see a bunch of high school kids play—why it's silly on the face of it."

NOT EXACTLY

(Sam Ragan, News and Observer)
Every newspaper reporter gets the word "accuracy" drummed into his head day after day. One story along that line which we like concerns the young lady just out of journalism school who won some praise for her first story. The editor, however, pointed out some inaccuracies. "Remember," he said, "it was Joseph Pulitzer who declared that accuracy is to a newspaper what virtue is to a woman." "That in itself is not entirely accurate," said the girl, "a newspaper can always print a retraction."

Anti-Freeze Supply This Winter Will Be Sufficient

The National Production Authority reports that a survey shows an adequate supply of anti-freeze for motorists this winter, despite increased military demands. Well over 100,000,000 gallons have been produced, which is more than two gallons for each vehicle in the nation.

Ways To Combat Nervousness Are Briefly Outlined

Psychiatrist Offers Ten Suggestions To Head Off Nervous Breakdown

"Nervous breakdown" is not a scientific term but it does express picturesquely those conditions of the mind that made us touchy, irritable, cantankerous, fearful, despondent, suspicious, irrational and very unhappy. When mind has mastery over the body, personality wallows in the sea of life like a ship with a broken rudder.

An able psychiatrist suggests ways to avoid a nervous breakdown.

1. Neither run away from your emotions nor try to fight them. As the word applies, "E-motion" generates "motion" or bodily action of many kinds, including attitude and mood. Emotions are like spirited horses—left to themselves they run wild. But they can, within wide limits, be controlled by the will. You cannot safely suppress them but you will can guide them in the direction you choose.

2. Be efficient in what you do. That means doing things with just the right amount of effort needed to get the results you desire. You can drive a tack with a sledge hammer, but that is fatiguing—there's a better, easier way. Watch a lumber jack work with easy, well-aimed strokes he fells the mighty oak, and he is the picture of grace while doing it.

3. Do one thing at a time. It may be dramatic to answer two phone calls at once, meanwhile

A WREATH FROM IRAN'S PREMIER



ESCORTED BY HIS SON, Dr. Gholam, Iranian Premier Mohammed Mossadegh places a wreath on the Tomb of the Unknown Soldier at the National Cemetery in Arlington, Va. While discussing the Iran oil crisis, Mossadegh has been under medical treatment. (International)

firmness and stubbornness. Once a mule has made up his mind, neither Socrates nor Salome will budge him.

5. Do not accept hurry as a necessary part of modern life. Hurry isn't speed. The whole world may seem to be in a mad rush but that is largely foam and froth. Hurry usually means lack of foresight, poor planning, postponement of what should have been done earlier. Sometimes hurry is the result of trying to crowd two or more things into the space of one. Take it easy. Hurry destroys the quality of work and wears you out.

6. Avoid worry. Easy advice to give—but can it be done? Not always, perhaps, but there is a way of tackling worry. Consider first if the problem at hand is actually your business. That will eliminate some sources of worry. If it is, decide next whether it is your worry now. It may be a bridge to be crossed when you get to it. If it is your business now, decide what to do and do it at once. That will break the circle in your mind. Don't postpone action even if it is unpleasant. If you cannot decide what to do now, seek the knowledge necessary to decide and again, don't wait, seek it now.

7. Keep work, play, and rest in their proper relative proportions; and keep them separated. Each item has its values—too much of one unbalances the whole. If you are at present bedridden, rest is the main business of the day, do

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