A WORD ABOUT THE WINTERVILLE H. S.

credit to help make needed re ed a little, but they can be used school to be a money-making en- dangerous, and the old fashioned terprise.

has ever been to give a high stan- country. dard of culture at minimum cost under the very best of Christian influences. Coupled with this for Kingdom building. That it as possible. Stove, sinc, and pan-has magnified these ideals is evidenced in the product of stalwart labor is lost, no steps wasted. men and women whose christian This in itself will save energy and character and service adorn so help to keep the kitchen cooler. many homes in eastern North Car The fires should not burn longer olina. It is no longer an exper- than necessary. ment in the history of the church vice to save the heat from the

have been made have been made in as much as convenient, should be this being the natural outgrowth any longer than necessary. As of the advancing work of the in- soon as the cooking is accomment was eliminated because no until the next meal. Banking the be made for caring for it, and be- kitchen cool but it saves fuel. cause it was a real financial bur- The kitchen windows should be in carrying. To have continued ly screened to keep out the flies it for even another year would which are always attracted by have required the expense of a the odor of food in preparation. it. There was no available means out the dishes should be washed The iron is simply connected to of making this provision. It has at once and never left standing the electric light socket with a long been a growing conviction around. All foods should be put tive of the Associational school to stone jars as soon as possible. do this work. We feel sure that The room should be kept darkenwe have added to the advantages ed when not in use. Flies hate of the high school work by cutting the dark and will not stay in a it out.

faithful and efficient service ren- should always be kept bright and dered by the entire faculty of the clean and free from odors.

tion of the work was the creation heat which otherwise keeps the of the office of Superintendent room unbearably warm. of the school. Prof. John R. For keeping the kitichen cool Carroll was elected to this place there is nothing quite so conven-

KEEPING THE KITCHEN COOL

often had a little balance to its ing hot weather. Gas stoves help- et.

The first step in making the kit-Every debut has come to be regarded as a range should be employed. Dou-real necessity. Some almost radical changes er possible, the entire cooking, or

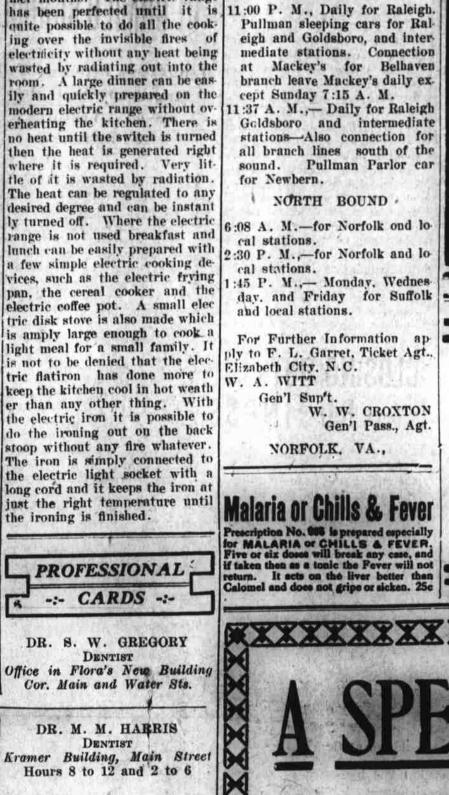
den that we did not feel justified kept open, but they must be close darkened room. It is quite need-We gratefully acknowledge the less to add that the kitchen

school throughout the year. We One of the most valuable ac-regret that we were not able to quisitions to keep the kitchen keep them every one, and all would doubtless have been re-el-ected had we not been assured has been extensively used over of the purpose of some of them gas ranges to carry away the noxnot to teach during the coming year. Our best wishes attend them wherever they may go, and we must heartily give them our placed above the range it will endorsement. They were faithful carry away all the steam, smoke and satisfactory in every way. and fumes of cooking and with One feature of the reorganiza- them will remove much of the

has its electric fan, even though the business man does not have to work over a hot stove, and there is no reason why the home should Norfolk Southern Winterville, N. C., May 30th— The Thirteenth Session of the Winterville High School was one of the best in its history, cer-tainly in point of attendance and spirit. Indeed the entire history of the institution has been a marof the institution has been a mar- on a hot day without actually suf its purpose in the kitchen. Each vel of success. At no time has it reported a debt for current expenses, but to the contrary has kitchen even reasonably cool dur-nected to any electric lamp sock-1913.

Perhaps the easiest and best way to keep the kitchen cool is pairs and improvements. This only in the cities where gas mains way to keep the kitchen cool is is a source of gratification to all are available. Kerosene stoves to do away with the old range alconcerned, even though it is by are used somewhat in the coun- together and use electricity for no means the purpose of the try; but they are more or less cooking purposes during the sumdangerous, and the old fashioned mer months. The electric range coal and wood ranges are still has been perfected until it is The first motive of the school in general use throughout the quite possible to do all the cooking over the invisible fires of electnicity without any heat being chen cooler is to arrange the room wasted by radiating out into the so that the work can be done room. A large dinner can be easdesire, it was to be a power-house with as few steps and little effort ily and quickly prepared on the modern electric range without overheating the kitchen. There is no heat until the switch is turned then the heat is generated right where it is required. Very little of it is wasted by radiation. The heat can be regulated to any desired degree and can be instant ly turned off. Where the electric range is not used breakfast and lunch can be easily prepared with a few simple electric cooking dethe organization of the school, done at once and not strung out vices, such as the electric frying pan, the cereal cooker and the electric coffee pot. A small elec stitution. The Primary Depart- plished the fire should be banked tric disk stove is also made which is amply large enough to cook a satisfactory arrangements could fire not only helps to keep the light meal for a small family. It is not to be denied that the electric flatiron has done more to keep the kitchen cool in hot weath er than any other thing. With the electric iron it is possible to

do the ironing out on the back new building in which to conduct In order to further keep the flies stoop without any fire whatever. The iron is simply connected to long cord and it keeps the iron at that it was not a part of the mo- away in the refrigerator or in just the right temperature until the ironing is finished.

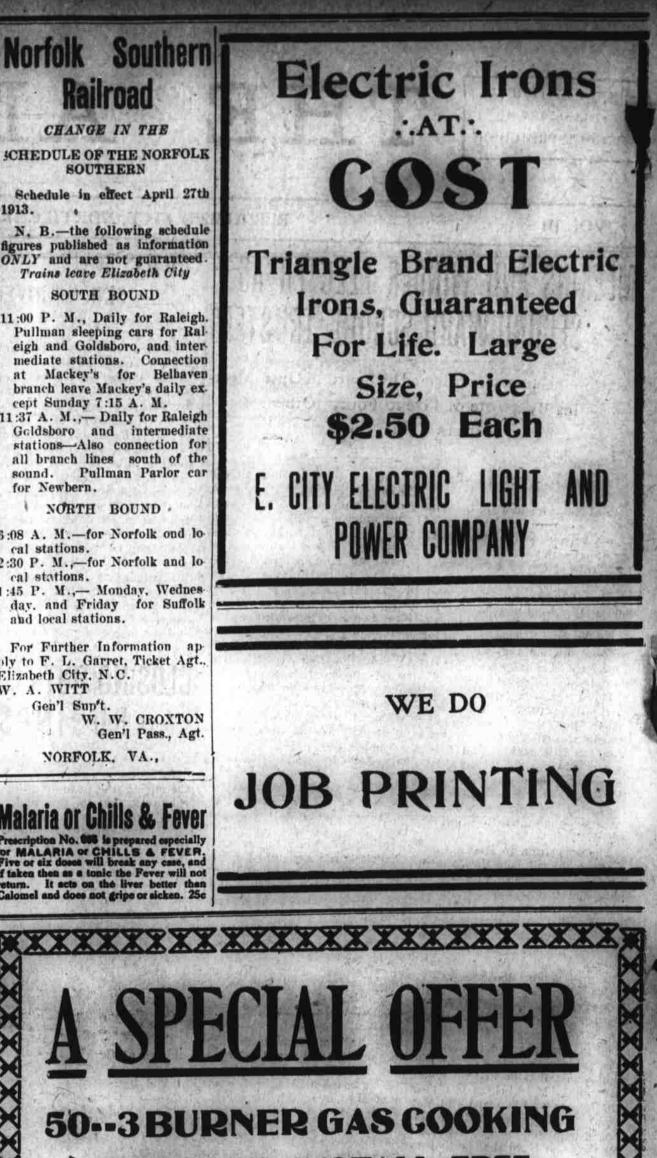


Railroad

CHANGE IN THE

SOUTHERN

SOUTH BOUND



and charged with the responsi- ient as the electric fan. A small bility of the new office entailed. eight-inch fan, costing but a few Professor Nye was continued in dollars, will furnish enough the office of principal of the school breeze to keep an ordinary kitchwhich place he has held for sev-eral years and won the esteem and Such a fan will operate at full favor of all connected with the speed for less than a quarter of institution. Messrs, Carroll and a cent an hour. It requires less Nye are yoke-fellows and will af current than an ordinary incanford an array of talent and pow- descent lamp and will last for er in the conduct of the school years and years. The fan can which will lift it to the pinacle be placed to blow the heat away of high class service and ever from the work table, or it can hold it there.

nate of Meredith College, will and thus replace it with cooler fill a place in the high school department. Mrs. W. J. Wyatt, of the State Normal College, will again have the seventh grade. Miss Evye Street, of Oxford College, will have the sixth grade and will be lady principal in the Girl's home. Miss Ruth Cook, full graduate of Meredith, will he director of music, and Miss Louise Carroll, of Meredith will aiso be in the music department. At greatly added expense, the

trustees have exerted themselves to secure the best teaching talent to be found. We believe we shall be sustained in this by the patrons and friends of the school.

The elimination of the Primary, Grades in some measure relieves the congested state of the school. Some physical changes in the Academy building will further help the crowded condition. This relief, with the great faculty we have provided and the superior boarding facilities of the school, its health record and outlying his tory of training power, as evi-denced in the character of the men and women it has given to the world, ought to crowd its capacity with students another year. We earnestly hope for a Central (Brick) Administration Building in the near future.

(Signed) C. W. Blanchard, For the Trustees

he fastened to a wall bracket to Miss Mary Steele, a full grad- force the hot air out of the room

MER BUILDIN KRA Room No., 219 J. H. WHITE, D.D.S. Twenty-five years in DENTISTRY in all Branches over McCabe & Grice's Office Store GEORGE J. SPENCE Attorney and Counsellor at Lau

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