

# ANOTHER 24 POUND GAIN

Iowa Manufacturer Makes a Statement to the Public Regarding Tanlac

"I have been benefited by Tanlac even beyond my belief and feel that it is time for me to talk for the benefit of others," said J. D. Wilson, secretary and general manager of the Algona Brick and Tile Company, of Algona, Iowa.

"For three years," continued Mr. Wilson, "I suffered from nervous indigestion and a general run-down condition. My stomach was too weak to retain enough of what I ate to keep up my strength and I gradually went down hill all the time. What nourishment I took soured almost at once, and gas would press up against my heart causing palpitation, shortness of breath and intense pain. My kidneys were in bad shape and the small of my back hurt almost constantly. No treatment or medicine did me any good. I lost weight all the time and was worried for fear I would never be able to get well.

"Finally a friend advised me to try Tanlac, and it has not only relieved all my troubles entirely but I have gained 24 pound in weight and feel that I have been given a new lease on life. I eat anything now. Why, yesterday I ate steak and onions for dinner and it is nothing unusual for me to eat pork, cabbage and pastry and digest them perfectly. Tanlac has simply put me back in fine health and I am glad to tell the public what it has done for me, for many other people who suffer as I did may be relieved the same way."

Tanlac is sold in Elizabeth City at the Standard Drug Company and at the Albemarle Pharmacy.

## WANT ADS

**FOR SALE—TWO GOOD MILK COWS**—Jersey and Guernsey. For further information, see C. L. Ziegler, 204 South Road St., city. 29.39 pd

**FOR RENT, GOOD LOCATION**—one or two-room flat or apartment. Can be used for light house-keeping. Address: Homekeeper, The N. C. 29.39 pd

**WANTED—COMPETENT SALESMAN**—traveling Eastern North Carolina, to carry on line of medicinal salt cake for brick and cement works. Call on S. W. Bondy, 100 Bailey, N. C. 29.09 pd

**WANTED AT ONCE—PRINCIPAL**—Assistant Principal and one teacher in grade work in High School. Apply to W. F. Halstead, South Main, N. C. 29.28 pd

**STUDEBAKER FOR SALE**—AM 6-cylinder town and would like to dispose of. Apply at once to office of Coast Guard Superintendent, Capt. E. M. Chadwick, sept 28th

**FOR SALE—SEVERAL HOUSES** and lots at moderate prices on First, Broad, Bell, Parsonage and Greenleaf streets. Also some splendid building lots in desirable locations. Terms reasonable by owner—W. E. Dunstan, 263 Hinton Building, 28.29.30.?

**TAKEN UP STRAY HOG IN FIELD** Saturday. Red and black spotted. Marked smooth crop in the left and under ear and slit in right. Owner can obtain same by paying for advertisement and fee of hog and applying to J. W. Harrison, R. F. D. 5, Elizabeth City, N. C. 27.28.29 pd

**NOTICE—LEAVE YOUR KODAK** film at Zoetrope Studio one day and get pictures next day. Over First & Hizen's National Bank, Sept. 24 (if np)

**FOR DESIRABLE ROOMS AND** good board, apply to Mrs. Mary L. Britton, 207 South Road Street, Sept. 27, 24, 25, 27, 28, 29 np

**OYSTER SEASON HERE** Oyster season now open. Also plenty of fish. For prompt service phone 410. D. R. Menden & Son, Sept. 13 to Oct. 12 np

### LEONARD PHARMACY.

**BASKETS** Every sort of basket you need at very reasonable prices. G. W. TWIDDY, GROCER

## CITIZENSHIP

Preparation For Voting

(By Gertrude Well, State Chairman)

Now that our immediate goal of woman's enfranchisement has been attained through ratification of the Federal Suffrage Amendment, the suffragists of the State have a definite program, looking to the intelligent use of the vote in the fall elections.

We make the following suggestions to local leagues and committees:

I. Instruct the women of your town and county in the division of your county into voting precincts, the processes of registering and voting, the period of registration, the date of election, and the offices for which incumbents are to be elected. Urge upon them the desirability of investigating the qualifications of the several candidates for office and the selection of those most deserving of their support. Stimulate them to register and vote—it is their duty as responsible citizens.

(1) Town women may be reached by:

a. Talks at special meetings.  
b. Talks at meetings of other organizations, clubs, church societies, etc.

c. Distribution of literature.

(2) Rural women may be reached by:

a. Talks at meetings called by home demonstration agents, farm demonstration agents, county moving picture agents and at community fairs. (Get one of your members or some well informed man to do the talking).

b. Distribution of literature.

II. Instruct your town and county women in a knowledge of government, that they may have a more comprehensive appreciation of citizenship and its duties than from the foregoing brief course. For this I can recommend nothing better for a guide than the pamphlet issued by the University Extension Bureau entitled "Studies in Citizenship for Women." This gives outlines for study and reading, programs for meetings, and suggested topics for additional lectures by local or imported speakers. For further information concerning this program or other material for studies in citizenship write to Miss Nettie Robinson, Chapel Hill, N. C.

We women are now voters. It is our duty to use our votes conscientiously and intelligently for the best of the State and the Nation.

## Reports Conflict On Mayor McSwiney

Triphos, Sept. 29.—Conflicting reports on the condition of Lord Mayor McSwiney were issued on the forty-third day of his long strike.

The Irish Salt Demonstration League said he spent a very bad night. The prison physician said he had a restless night, but showed signs of gradual deterioration.

H. H. Sheep left Tuesday after a two days' visit with his parents, Superintendent and Mrs. S. L. Sheep, on West Main street, for Valdosta, Ga., where he will be connected with a log lumber firm.

## GLASS OF SALTS CLEANS KIDNEYS

If your Back is aching or Bladder bothers, drink lots of water and eat less meat.

When your kidneys hurt and your back feels sore, don't get scared and proceed to load your stomach with a lot of drugs that excite the kidneys and irritate the entire urinary tract. Keep your kidneys clean like you keep your bowels clean, by flushing them with a mild, harmless salt which removes the body's urinous waste and stimulates them to their normal activity. The function of the kidneys is to filter the blood. In 24 hours they strain from it 600 grains of acid and waste, so we can readily understand the vital importance of keeping the kidneys active.

Drink lots of water—you can't drink too much; also get from any pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast each morning for a few days and your kidneys will act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to clean and stimulate clogged kidneys; also to neutralize the acids in urine so it no longer is a source of irritation, thus ending bladder weakness.

Jad Salts is inexpensive; cannot injure; makes a delightful effervescent lithia-water drink which everyone should take now and then to keep their kidneys clean and active. Try this, also keep up the water drinking, and no doubt you will wonder what became of your kidney trouble and backache.

# Nelda Hewitt Stevens

—in—

## Phases Of American Music

A delightful and educational concert by an artist of high rank. A program of folk songs in costume which will appeal of everybody.

Don't make any other engagement for that evening. You can't afford to miss this or have your boys and girls miss it.

The date is

**OCTOBER 21<sup>st</sup>**  
Tickets \$1.50 and \$2.00

## Boston Highly Praises Nelda Hewitt Stevens

Speaks In Highest Terms Of Artist Who Comes To Elizabeth City In October

This is what the Boston Transcript has to say of Nelda Hewitt Stevens as regards a concert in Elizabeth City on the evening of October 21.

Conducted in hoop-kirts" of the period, Nelda Hewitt Stevens sang some most beautiful plantation songs most expertly in St. James Hall. Mrs. Stevens was more than suited to her undertaking. She has the cordial and sensible manner of the South, a pleasing and efficient voice, and a close and life-long acquaintance with the dialect and spirit of the songs. Mrs. Stevens in her own way can surpass any musical scientist and technician in the exposition of folk songs. She communicates their true spirit.

Mrs. H. H. Sheep and little son, who have been living in Washington, D. C., are in this city, the guests of Superintendent and Mrs. S. L. Sheep, on West Main street.

## NORFOLK SOUTHERN

Reduced Fares via NORFOLK SOUTHERN RAILROAD to Houston, Texas, account

United Confederate Veterans Reunion October 5-8, 1920

Tickets on sale daily October 2, 3 and 4 inclusive, final limit midnight October 1st, 1920.

Inquire of or write to your nearest Ticket Agent.

**NORFOLK SOUTHERN RAILROAD** Schedule change on Suffolk Division Effective 12:01 A. M. Monday, September 20th

Trains Nos. 37 and 38 are discontinued between Suffolk and Beckford Junction. Train No. 37, heretofore leaving Beckford Junction 9:20 A. M., will leave 11:50 A. M., arriving Elizabeth City 1:40 P. M. Monday, Wednesday and Friday.

Train No. 38, heretofore leaving Elizabeth City 10:30 A. M., will leave 11:40 A. M., arriving Beckford Junction 1:30 P. M. Train No. 37, leaving Elizabeth City 11:15 A. M. Monday, Wednesday and Friday, arriving Hertford 1:05 P. M., and train No. 38, leaving Hertford 8:30 A. M., arriving Elizabeth City 9:50 A. M. Tuesday, Thursday and Saturday are discontinued.

## AGITATE ENFORCEMENT LIQUOR REGULATIONS

Santiago, Sept. 28.—Agitation in favor of rigorous enforcement of regulations governing the sale of intoxicants and for additional measures of control has been growing recently in Chile.

A campaign has been started to make the Araucanian Indian reservation of "Chalchil" "dry" following a petition to the government from residents in the district alleging violations of the existing laws which prohibit the sale of alcoholic drinks on Sundays and feast days and by persons without license. The petitioners declare that peddlars visit the Indians on holidays and during their traditional fiestas, trade liquor for blankets, tools and cereals with the result that the feasts "degenerate" in drunken brawls and much disorder.

Movements also have been started by workers in the nitrate and coal fields in favor of prohibiting the sale of liquor on pay days.

Rev. H. K. Williams spent Monday in Norfolk, where he attended the Portsmouth and Norfolk Ministerial Union.

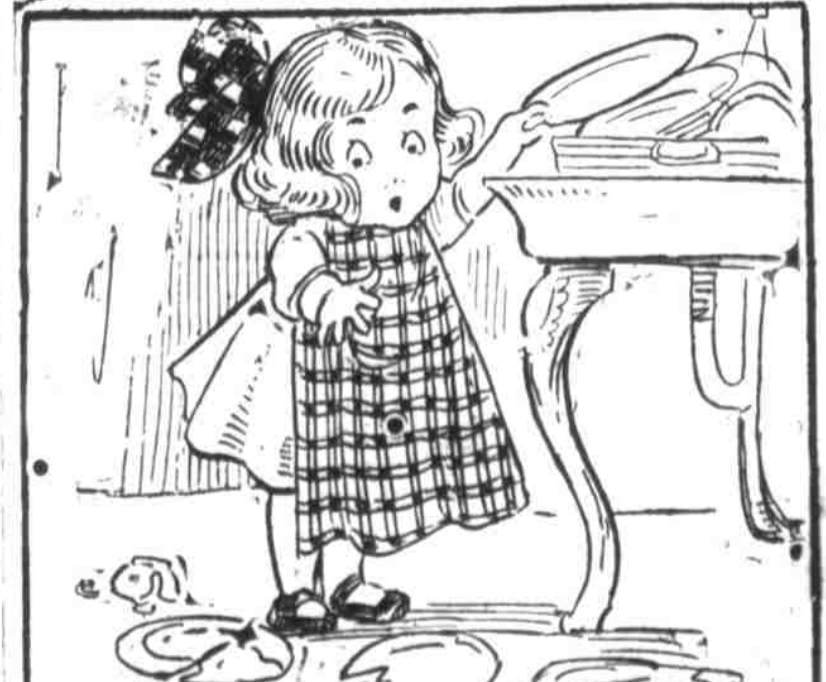
**FOR SALE—FOUR HOUSES ON** Bell street. Practically new. Will sell for about half what they can be built for. Better investment could not be found. See M. G. Morrisette at Main Street Furniture Store, 191ft

# FOR SALE

Four Houses on Bell St. Practically new. Will sell for about half what they can be built for.

**M. G. Morrisette**

## KIDDIE KAPERS • By BILL DAILEY



For helping wash the dishes Ma promised me a penny. I'm afraid though it's not worth it. Because I break so many.

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