

World's Bike Champion Gets V. F. W. Buddy Poppy



Alfred Goulet, the champion six-day rider and world's highest paid bike-star, with a war record of fifteen months in the Naval Air Service, receives his V. F. W. Buddy Poppy, made by disabled American ex-service men, from two of New York's youngest bike-fan, poppy sellers, Misses Frances and Julia Barton, in the annual national Veterans of Foreign Wars Poppy Sale for relief of war-disabled.

"The Buddy Poppy serves a double purpose in signifying our national sentiment of reverence for the boys who stayed 'over there' and in helping those who came back disabled," said Goulet. "It is a flower which every American should be proud to wear on Memorial Day."

New York Male Soon To Don His New Straw Lid

On Both Manhattan and Brooklyn Men Will be Wearing Straes on May 15, While Baltimore Adonis Blossomed Forth in His Summer Headgear Last Week

New York, May 10—Male New York and Boston will blossom forth in their new straw lids May 15. Philadelphia and Baltimore placed the official season at sanction on the straw headcovering last Saturday, although the weather has scarcely had a chance as yet to counteract the edict. St. Louis will flock to the hatters next Saturday and Chicago and Detroit men will follow suit some time between May 15 and 25. However, it is the thermometer and the sun that really fire the starting gun for the straw hat year, and in the South the season is already well under way.

Manufacturers and dealers unite in predicting an excellent season, although they say the volume of trade probably will show little gain over 1923. Business done already in the South is supporting their contentions. But it is going to be a different kind of a trade than in the past. For retailers have decided to order small lots frequently; they can do business in much smaller quarters, save rent, leave more money free and avoid being stuck with styles which are unpopular. Also that policy has minimized the necessity of cutting prices in mid-season and arranging bargain sales in order to clear their shelves.

Consequently the recorder will be as much a factor in the trade in 1924 as the original order. Repeat orders already are coming in from New Orleans and Texas points.

"As to styles," one leading maker of Baltimore, the center of the manufacturing end of the straw hat industry, said today, "it would be difficult to determine any outstanding feature this year. The trade has come to demand such a wide variety that we supply all types and leave the choice to the retail dealer who can sound out the tastes of his own clientele."

"The outstanding feature, in my opinion is the trend toward a wider brim. I predict we will slowly come back to the extremely wide brim of a few years ago, but the higher crown will replace the extremely low crown of those days. The demand has been for more comfort and ease which was not produced by the very low crown."

"The elimination of discomfort from the hard straw hat has been one of the main problems for the manufacturer. This has been solved in large part by higher crowns, properly shaped to fit the curve of the head, and more comfortable leather sweat bands which have softened the strain on the forehead."

Manufacturers agree that one of the features of the 1924 season is the demand for colored bands. This demand, however, does not run to vivid colors but finds expression in stripes of gray and black, somber tans and a few greens of dark hue.

Geography seems to govern the popularity of the various braids. In the South and Southwest, the preference runs to natural braids, unbleached, with tans and light shades predominating. In the Middle West the demand is about equally divided between the bleached and unbleached natural braids while in the East the bleached braids hold sway with a decided inclination to striped bands.

More emphasis than ever before is being placed by dealers on the advisability and necessity of more than

HEALTH TRAINING IN PUBLIC SCHOOLS

Must Be As Much a Part of Curriculum As Arithmetic Says Dr. Keene Before Association

Raleigh, May 10—The only way in which health training and instruction can be made to reach the intimate daily personal lives of all our people is through training the children in the public schools. This is a statement made by Dr. Charles H. Keene, Director of the Bureau of Health Education of the State Department of Public Instruction, Harrisburg, Pa., before the National Tuberculosis Association Friday.

"Teaching of health," says Dr. Keene, "must be as large a part of the regular school curriculum as teaching of arithmetic, geography, or any of the routine subjects. It will never be possible to set aside definitely for health teaching enough of the daily time available for school use so that all the necessary habits may be formed and information acquired concerning health."

"All school courses must be devised and taught in such a manner, then, as to permit frequent opportunities for correlation with the various parts of the health program. Physical geography becomes a matter of fascinating interest if we know its relation to the purity and safety of the water which we drink. Art becomes a more living thing when it is used, through posters and legends, to emphasize good habits relating to food, exercise, fresh air and cleanliness. History becomes much more than the accumulation of dry facts when we know the influence of health and disease on the great movements of history. Health teaching should be interwoven with the other chief factors in adequate school health programs which are: hygiene of the school plant, physical education, the hygienic arrangement of the school program, the health of the teachers, health supervision and the proper training of teachers."

MILLION TO BURN AT ALKRAMA THEATER TODAY

Fay Tincher, comedienne of the screen, who enacts the role of Min in the Gump comedies, is in the cast of "A Million to Burn," Herbert Rawlinson's vehicle which plays at the Alkrama today.

Clad in outlandish costume, a travesty on the veiled garb of a tainers for shipping hats by parcel post and express expect to do a large business this year.

NORTH CAROLINA STATE COLLEGE OF AGRICULTURE AND ENGINEERING, State College Station, Raleigh, N. C.

SUMMER SCHOOL, June 10 to July 22, 1924.
College Credit Courses will be offered in General Agriculture, Science, Economics, Education, English, Geography, History, and modern languages. Professional Courses for High School Principals and Teachers, Teachers of Agriculture, Science, Industrial Education and Manual Arts. Special Courses for Home and Farm Extension Agents, Specialists and Experiment Station Workers. Emphasis will be placed upon Methods of Teaching Science in High Schools, Trade and Industrial Education, and Methods of Teaching Manual Arts. For catalog and other information, write T. E. BROWNE, Director.

classic Salome, she attempts to impersonate Ruth St. Dennis.

Herbert Rawlinson has the distinction of being an excellent boxer, besides being a movie star. Recently, in between shooting "A Million to Burn," in a friendly bout with Kalla Pasha, the strong man of the movies, who appears with him in this picture, he almost jarred Kalla loose from his teeth with a neatly delivered "Dempsey."

PICTURES SHOW HISTORY OF EPISCOPAL CHURCH

"The History of the Episcopal Church in America" is the title of a picture show at Christ Church, Raleigh, opening at eight o'clock. The pictures are from photographs and celebrated paintings and are beautifully colored.

Among the scenes to be shown are the Marriage of Pocahontas, Pocahontas saving Captain Smith, the first American Congress, the signing of the Declaration of Independence, the Lost Colony, Washington at Prayer in the Forest, and others as interesting.



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Will Chiropractic Cure Insanity?



The answer to this question is "YES." But such an answer will mean little to the reader until he knows HOW and WHY this is possible.

There was a time when patients submitted to "scientific" treatment as they thought and questioned as to WHY this or that was being done or HOW it would effect a cure. But those days are gone never to return.

If you, dear reader, are submitting to any kind of treatment without knowing WHAT it is, WHY it is being done and HOW it will affect you, you are certainly displaying less interest in your own welfare than most people.

And just as surely as it is your privilege to insist upon knowing what kind of treatment you are getting, and, if it be Chiropractic, HOW it will relieve ailments and WHY certain spinal adjustments should be made, it is a privilege to our profession to explain, Chiropractic is the only known science that locates the CAUSE of disease, corrects it, and explains HOW and WHY it was done. Chiropractic is simple, logical, and has nothing to conceal.

Insanity is a mental derangement; the result of an impairment of the functioning of the mind, but the CAUSE is physical. It is analogous to an impairment of the functioning of the eyes, which is manifested by a partial or complete loss of sight, the CAUSE of which is likewise physical. A mental derangement is just as much the result of a physical incoordination as blindness, deafness or any other ailment; arises from a similar CAUSE, and is just as amenable to correction.

The theory that the various functions of the mind and body are the result of purely chemical processes, and that disease is caused by a deficiency or a superabundance of certain chemicals, may sound well but fails of proof. For instance, the optic nerve of one eye may atrophy resulting in blindness, without the least damage to the other eye, while both are "chemically" the same.

In direct contrast to the continuously changing theories of other sciences, Chiropractic has always remained firm in its contention that the various functions of the mind and body are NOT DEPENDENT UPON CERTAIN CHEMICAL PROCESSES, but UPON NERVE ENERGY which is transmitted from the brain, (the seat of life,) over the nerves to the various organs and tissues just as electricity is transmitted from the power plant over the wires to the globes and motors.

Disease of any kind is the result of failure of this nerve energy to reach the organs, and is CAUSED by dislocated spinal joints which press upon the nerves where they make their exit from between the joints of the spine.

The brain is composed of hundreds of different centers, each of which controls a separate function. The center of sight controls the vision; the motor center controls the movements of the body, the calorific center controls the heating of the body, and so on. The mind is likewise controlled by certain centers, and when the positive or negative nerves leading from and to these centers are impinged, the circuit or cycle is broken and insanity is the result. Chiropractic is the only science that removes the CAUSE of insanity.

Certified reports from Chiropractors throughout the country show the following results upon insanity cases during a given time:

"Total cases reported	2,556
Total complete and permanent cures	1,702
Total partial cures	431
Total no results	423

"Many of the partial cures would have been complete had the patients not for one reason or another stopped taking adjustments too early."

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FREE ICE GIVEN AWAY MONDAY

TO WHOM IT MAY CONCERN Housewives!

Do you buy the best milk for your babies or take a chance on unsanitary dairies?

Do you buy the best meats or take a chance on a butcher who refuses to properly ice his merchandise?

Do you buy butter or oleomargarine or other questionable butter substitutes?

In everything, do you want the best, if the price is right? Or do you want to pay just as much for "something just as good?"

Consider your ICE and the fact that if there are any impurities in it they are bound to be transmitted directly to you and your family.

OUR ICE IS MADE FROM THE PUREST WELL WATER, carefully filtered and NO CHEMICALS OF ANY KIND USED. TRY IT—YOU WILL LIKE IT. We GUARANTEE the QUALITY, FULL WEIGHT, PROMPT SERVICE and the LOWEST POSSIBLE PRICE.

LOOK OUT FOR THE YELLOW WAGONS

Wright's Purity Ice & Fuel Co.

COMING! Saturday, May 10

to Elizabeth City—BERT MELVILLE and his associate players, presenting high class and up-to-date royalty plays. Special invitation to ladies to attend the opening play Saturday night, May 10. Ladies will be admitted free when accompanied by 1 paid adult ticket. Saturday night's play is "The Law of the North," a comedy-drama in four acts and with five big vaudeville acts. Prices: Adults 35c and children 25c, including war tax. Big tent absolutely water-proof. Featuring big jazz orchestra.