

## REST IS CURE TUBERCULOSIS

### Not Raw Eggs, Milk, or Sleeping Porch, but Absolute Rest, Says Physician.

Sanatorium, Jan. 15.—"Rest is what I wish I could impress upon the general public the idea that it is rest, systematic rest and not raw eggs, milk, sleeping porches, or climate, that cures tuberculosis," said Dr. P. P. McLean, superintendent of the North Carolina Sanatorium.

"The State of North Carolina invests thousands of dollars every year in tuberculosis work. But it is not sleeping porches and food alone that remedy the State in arrested cases of tuberculosis for its investment. It is the strict regimen of systematic rest, enforced by the physicians at the Sanatorium that pays the State return for its money in 'cures' of its tuberculous citizens.

"Pulmonary tuberculosis is an inflammation or ulceration in the lung. If you have an ulcer on your hand you use the hand as little as possible until the ulcer heals. It should be the same way with a diseased lung. The more exercise a person takes the more often he has to breathe. This increased breathing may at any time do serious damage to the ulcer in the lung. The more quiet a person who has tuberculosis can be the better chance the tuberculosis in the lung has to heal.

"When a patient first enters the Sanatorium he is put to bed for complete rest until some weeks after all symptoms subside. Then the patient is allowed to begin sitting up in a reclining chair for an hour a day at first and his time up is gradually increased until after a few weeks he can sit up a good part of the day. Finally the patient is allowed to take outdoor exercise, usually walking. The time out of bed and on exercise is taken only by order of the physician, and not until the patient's lung condition has healed sufficiently to allow it. Every patient has to recline so many hours every morning and spend two hours quietly in bed each afternoon.

"When the patient leaves the Sanatorium his period of rest is not over. In order to prevent a relapse he must rest and continue to rest for a certain part of each day.

"Tuberculosis in the lungs is like a house on fire. Water will put out fire; rest will quench tuberculosis in the lungs. The secret of getting well of tuberculosis is simple: Rest, rest systematically and continue to rest. Good food, fresh air and a suitable climate are helpful factors but none of them will not keep a sufferer from tuberculosis from the grave. They have to be combined with intelligent, systematic rest.

"So far rest is the only generally effective remedy for tuberculosis. As soon as the general public realizes this and acts upon it the road to recovery from tuberculosis becomes as certain, easy and secure as it can be made to day."

## Kirby



Josiah Kirby, who arrived in Elizabeth City in 1841 with \$2.25 in his pockets and who at the time of his retirement in 1922 had several millions of dollars worth of business, is under indictment on charges of using the mails to defraud. He also has been indicted in the state courts. Kirby, leaving all charges, has returned from Los Angeles to "clear his name."

## MRS. MELICK SENDS S. O. S. TO PARENTS

### Urges Them to Cooperate in the Work for the Sake of Their Children

Mrs. C. W. Melick, president of the local Parent-Teachers Association, is today sending out the following S. O. S. to Elizabeth City parents:

"Mother, Mother! Attention please! Your local Parent-Teachers' Association has been inactive this winter. In the fall two meetings were called for the annual election of officers. At the first meeting two motions were presented and about 20 teachers. The second meeting was a repetition of the first.

"This organization is directly concerned with the matter of our children's education at home and school. It is intensely concerned with helping in any way possible to make the home and then the school the best place possible for our boys and girls. It aims to keep a close personal contact between parents, fathers as well as mothers, and the school in order our children spend the larger portion of their waking hours.

"It has not been possible so far to get rest enough parents to make this work a success in this town. If the criticism is made that the meetings are not interesting the reply is that one only gets out of anything of this kind in proportion to what they put into it. The meetings will be a success when the mothers of the school children attend regularly and contribute something in the way of thoughtful and helpful suggestion.

"At present it is vitally necessary that a new president be elected and up to date, all efforts have failed to find any woman who will consent to take this responsibility. It is hoped to have a meeting on Tuesday afternoon at 3:45. All parents are cordially invited to be present. At this time a president and other officers must be chosen. Come on, mothers, let's go to work and take up our responsibility and make the Parent-Teacher a real factor in the life of our town and community."

## VANCE HAYNER RESIGNS WEEKSVILLE PASTORATE

Rev. Vance Hayner of Salem Baptist church is announcing his resignation this week in the Biblical Recorder, and commending Weeksville to a good pastor.

## BASCOM SLEMP'S TO LEAVE WHITE HOUSE

Washington, Jan. 15.—C. Bascom Slemp will retire on March 4 as secretary to the President. It became known today after Slemp returned from a trip to New York. Resignation of Slemp of Indiana, will become the President's secretary.

## PRICE OF GAS IS RAISED IN STATE

Charlotte, Jan. 15.—The Standard Oil Company today ordered an advance of two cents per gallon in the price of gasoline throughout the State.

The Gulf Refining Company raised the price yesterday.

## EGGS IN CHICAGO ARE EIGHTY CENTS

Chicago, Jan. 15.—Eggs are selling here at 80 cents a dozen, the highest price in four years.

## STATE BAR WILL MEET IN ASHEVILLE

Raleigh, Jan. 15.—The executive committee of the State Bar Association voted yesterday to hold the next annual convention of the association at Asheville, July 1, 2 and 3.

## BILL WOULD REDUCE SALARY SOLICITORS

Raleigh, Jan. 15.—Representative Poole has introduced a bill reducing salaries of the Judicial Circuit Solicitors from \$4,500 annually to \$4,000. Gatzon Borglum addressed the joint session at noon.

## HENDERSON SNOWDEN STILL IN COUNTY JAIL

Henderson Snowden, who after shooting Clarence Hunt on Saturday night took refuge at the home of his uncle, John Snowden, in Salem township, where he was captured on Monday morning by Sheriff Charles Carmine, is still in the County Jail.

Snowden so far has been unable to secure a bondsman, though it is not believed that he will remain in jail until the February term of court. He was required to give bond for \$1,000.

Henderson Snowden bears a good reputation. He is 25 years old and his last place of employment was the Albemarle Fertilizer Company. In allowing bond for \$1,000 Judge Sawyer stated that he did so in view of Snowden's good reputation. P. W. McMullan, representing Snowden, requested that a bond of \$500 be allowed but Prosecuting Attorney LeRoy insisted that he be required to furnish a bond "in keeping with the nature of the crime."

The shooting took place Saturday night about 11 o'clock at Sears' cafe on the corner of Shepard and Green streets.

Snowden, after the shooting, left the cafe and went by Overton's garage on South Road street, where with a hose he washed the blood from his face and chest. He then went to Hertford and on the next day went to the home of his uncle, John Snowden, in Salem township. Sheriff Carmine was informed as to Snowden's whereabouts on Monday morning and arrested him between 9 and 10 o'clock.

Snowden weighs about 150 pounds and is about five feet tall. Hunt was a six foot negro of a well known reputation for fighting and weighed around 170 pounds, it is said.

## OTHER OPERATIVES JOINING IN STRIKE

Fall River, Mass., Jan. 15.—Despite the decision of 200 workers of the Davis Mill to return to work tomorrow, 200 to 50 operatives of Tecumseh Mill will join others on the strike, keeping the total near 1,000.

## TWENTY LEGISLATORS TO EAT PIG AT EDENTON

Edenton, Jan. 15.—Twenty members of the General Assembly, according to word received here from Senator J. H. McMullan, have signified their intention to attend the Chowan River bridge barbecue at Edenton next Tuesday, those expected are:

R. A. Doughton, T. C. Howie, Walter Murphy, C. G. Wright, Benham Cameron, Hamilton Jones, Paul Grady, A. F. Sams, W. T. Host, R. O. Everett, W. O. Howard, Charles U. Harris, N. A. Townsend and others.

Secretary of State Everett will be unable to attend on account of his health.

## FUNERAL MRS. STALLINGS

The funeral of Mrs. Robert Stallings, of Halls Creek Road, was conducted at 1 o'clock by Rev. W. T. Phipps and interment made near the home.

Mrs. Stallings suffered a stroke of paralysis just a week before she died Saturday night. She is survived by her husband.

## CHILD RUN OVER HAS ANKLE FRACTURED

Edenton, Jan. 15.—Linwood White, the little five year old son of Mr. and Mrs. Asa White, was run over on East Eden street late Tuesday afternoon by an automobile driven by Miss Adia Cozzens, sustaining a fractured ankle and was cut over the eye and lip.

He is getting along well, it is reported.

## FLAG AND BIBLE FOR BESS CITY HIGH SCHOOL

Thursday night at 7:30 o'clock the North Hagley Council No. 60, Junior O. U. A. M., will present a Bible and flag to The Elizabeth City High School in the High School auditorium. The Order will meet at the Junior Hall and go to the school building in a body. There will be addresses of presentation and responses, supplemented by songs and other exercises by the school. The public is cordially invited.

## URGE CREATE FARM EXPORT CORPORATION

Chicago, Jan. 15.—The American Council of Agriculture has recommended to President Coolidge the creation of a Farm Export Commission of 15 men with power to divert surplus crops to world markets.

The plan as outlined by C. M. Peck, president of the council, also advocates a protective tariff.

## BOTH UNDER CLOUD



GOV. JONATHAN M. DAVIS

## SHIPMAN QUITS AFTER IN SERVICE 20 YEARS

Raleigh, Jan. 15.—Mitchell Lee Shipman, who retired yesterday at high noon from the office of Commissioner of Labor and Printing of North Carolina, has served in the department for 20 years. 15 years of that time as the commissioner and four years as assistant commissioner in which capacity he entered the department in 1905. At the time of his retirement, Mr. Shipman is the oldest, in point of service, of any commissioner of a similar state department in the United States.

Mr. Shipman before he entered the Department of Labor and Printing was in the newspaper business and he will continue that business immediately. He will correspond for a number of weeks throughout North Carolina and will also write special articles for different publications of a trade and commercial nature in the eastern states. He has already opened offices in the Oret Fellowship building in this city and will be located in adjoining rooms to the Grand Master of the Lodge, Mr. Shipman is the Grand Treasurer of the lodge and will carry on his official connections with the order while located there.

He is a Baptist in faith and is secretary of the North Carolina Orphanage Association, and is prominently identified with the Odd-Fellows, the Knights of Pythias and the Junior Order.

## GETS COSTLY MEAL IN ELIZABETH CITY

Philadelphia, Pa., in Jail After Robbery—Local News of Dinner Paid

Jan. 15.—The man who was in Philadelphia in jail for a robbery in Philadelphia, Pa., and who was taken to Elizabeth City, and who had a costly meal in Elizabeth City, was taken to jail in Philadelphia, Pa., and who was taken to Elizabeth City, and who had a costly meal in Elizabeth City.

## HOUSE VOTES TO PURCHASE CANAL

And With This Action by Congress Proposition is Now Safe, in Opinion of Hallet S. Ward.

The Rivers and Harbors Bill, carrying an appropriation for purchase of the Dismal Swamp Canal passed the House today and is out of danger, according to a telegram early today from Hallet S. Ward by Mr. Louis Sheep, President of the Chamber of Commerce.

Mayor Goodwin and former Solicitor J. C. B. Ehringhaus have received telegrams to the same effect.

President Sheep, of the Chamber of Commerce, expressed himself as being well pleased with the work of H. C. Job, secretary of the Chamber of Commerce, since he has been in Washington. Mr. Job has been working hard, Mr. Sheep says, to interest Senators and Congressmen from Northern states and secured the promise of Senator Burton, who has on previous occasions fought the measure, that he will not make an objection.

The bill was passed by a vote of 219 to 197. The bill is now in the hands of the President.

## UNDERWOOD BILL IS SENT TO THE HOUSE

Washington, Jan. 15.—The Underwood bill, which is to be held in the House, is now in the hands of the President.

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## NEW YORK SOUTHERN SOCIETY MIS SOUTHERN EXPOSITION

New York, Jan. 15.—The New York Southern Society has appointed a committee to cooperate with the Southern Exposition, which is to be held at the Grand Central Palace, New York City, May 11 to 23. The committee is as follows: Chairman, Robert Adams, President of Petroleum Heat and Power Company, formerly of Georgia; Secretary, Charles Cason, Vice President, Chemical National Bank, formerly of Tennessee; and Mrs. L. L. Leary, President of the Southern Exposition, formerly of Virginia. The committee is to be organized in the near future.

## BULLARD AND MORTON RETIRE FROM OFFICE

Washington, Jan. 15.—Major General Robert L. Bullard, commander of the second corps area, and Charles G. Morton, commander of the third corps area, will retire today due to their reaching the age of 64.

## Dobbin's Day Nearly Done In Hauling City Freight

### Horse and Wagon Destined to Disappear from City Streets as Completely as Horse Has Already been Superseded in the Street Car Traffic

By J. C. ROYLE

New York, Jan. 15.—The largely increased volume in the country for the past few years will be at the expense of the horse and wagon. The horse and wagon will disappear from city streets as completely as the horse has already been superseded in the street car traffic.

The use of trucks is having a marked effect on the business sections of the city. Merchants and manufacturers have begun to realize that it is impracticable to load and unload trucks from the streets. They have made alterations to allow construction of loading and unloading platforms within their own walls and few new business edifices are going up which are not equipped with some device by which delivery of goods can be accomplished without clogging surrounding streets and courts.

Architects have seen the trouble engendered by wall alleys ways and courts and, perhaps, a one horse laundry which may keep a score of trucks waiting in a busy street while the driver collects towns throughout the building. Plans are therefore, usually include ramps for truck entry and exit to the basement of buildings.

Truck prices, according to manufacturers, are likely to remain fairly stable for the first part of this year. Some part of material are expected against reductions and keep competition against advances.

## AMERICAN WEALTH HUNDREDS BILLIONS

Washington, Jan. 15.—According to the best available estimates of property classified by the Census Bureau, the wealth of the United States at the end of the year 1922 was placed at \$120,809,000,000, an increase of 72.2 per cent for the decade.

## MRS. E. WHITE DEAD

Mrs. Eunice White died Saturday night at the age of 85, at the home of her son, George White, near 65-30. The funeral was conducted at the home Monday afternoon at 2 o'clock by Rev. W. T. Phipps and interment made in the family burying ground. Mrs. White is survived by two sons, George and Harry White, both of Oakley.

## COTTON MARKET

New York, Jan. 15.—Cotton futures opened today at the following prices: January 23.55, March 23.50, May 23.07, July 23.05, the following levels: January 23.07, March 23.02, May 23.00, July 23.00, October 23.00.

## GOVERNOR McLEAN BEGINS OFFICIAL DUTIES

### First Official Act Was Reappointment of Adjutant General Metts Last Night and Early Today New Executive Was on the Job Picking Up Office Routine

Raleigh, Jan. 15.—Governor McLean, who arrived at his official duties as chief executive of the Commonwealth of North Carolina, is expected to begin his official duties at the State Capitol today.

McLean's first official act was the reappointment of Adjutant General Metts last night and early today. The Governor was on the job picking up office routine.

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