

### Why Rubbers Are Considered "Good Form."

There was a time, not so many years back, when it was not quite fashionable to appear too robust. A little languor was considered rather becoming in a young woman. But that day has passed. The pale, drooping, indoor girl has given way to the riding, walking, golf-playing girl. Health has received the seal of fashion.

And everything that conduces to health is now good form. For instance, in the matter of wearing rubbers. A few years ago a good many women objected to wearing rubbers, on the ground that they detracted from the trim appearance of the foot. But everybody knows that nothing else ruins the health as quickly as wet feet, and the only possible way to have dry feet—especially in winter—is to wear rubbers. So rubbers have come back into style as indispensable to good health.

The added fact that rubbers are now so much more shapely and graceful in their lines than they were a dozen years ago, and that they are now made in such infinite variety, has served, of course, still further to increase their popularity.—Harper's Bazar.

### Knows French History.

A curious character in Paris is a man who makes his living by strolling along the boulevards and making wagers at the cafes that he can answer correctly any question that relates to the history of France. He is very successful.—London Spare Moments.

## The Good

It will do you to take Hood's Sarsaparilla beyond estimation. It will give you warm, rich, nourishing blood, strengthen your nerves, tone your stomach, create an appetite, and make you feel better in every way. It is a wonderful invigorator of the system and wards off colds, fevers, pneumonia and the grip. The best winter medicine is

## Hood's Sarsaparilla

Hood's Pills cure biliousness, indigestion, Indian Espionage.

Every camp of white men in the Cocopah Country is watched by an Indian. Captain Newton H. Chittenden, the famous traveler and Indian archaeologist, said that all the time he was on the desert an Indian or two remained with him at night. He did not notice the coincidence at first, but after five or six nights he took note, and invariably, near sundown, an Indian would appear. Generally it was a new Indian, one he had never seen before. He would ask for supper and tobacco, and, after partaking of the white man's hospitality, would curl up in his blanket and sleep. The unflinching regularity with which the Indians appeared, and always with the same excuse, that they had been hunting deer and were belated, excited Captain Chittenden's suspicion; but, as the Indians did not harm him, he did not molest them, but good-naturedly accepted their espionage during his stay in their country.—New York Sun.

## TWO GRATEFUL WOMEN

Restored to Health by Lydia E. Pinkham's Vegetable Compound.

"Can Do My Own Work."

Mrs. PATRICK DANNEY,

West Winsted, Conn., writes:

"DEAR MRS. PINKHAM:—It is with pleasure that I write to you of the benefit I have derived from using your wonderful Vegetable Compound. I was very ill, suffered with female weakness and displacement of the womb. "I could not sleep at night, had to walk the floor, I suffered so with pain in my side and small of my back. Was troubled with bloating, and at times would faint away; had a terrible pain in my heart, a bad taste in my mouth all the time and would vomit; but now, thanks to Mrs. Pinkham and her Vegetable Compound, I feel well and sleep well, can do my work without feeling tired; do not bloat or have any trouble whatever. "I sincerely thank you for the good advice you gave me and for what your medicine has done for me."

"Cannot Praise It Enough."

MISS GERTIE DUNKIN,

Franklin, Neb., writes:

"I suffered for some time with painful and irregular menstruation, falling of the womb and pain in the back. I tried physicians, but found no relief. "I was at last persuaded to try Lydia E. Pinkham's Vegetable Compound, and cannot praise it enough for what it has done for me. I feel like a new person, and would not part with your medicine. I have recommended it to several of my friends."

## Try Grain-O!

Ask your Grocer to-day to show you a package of GRAIN-O, the new food drink that takes the place of coffee.

The children may drink it without injury as well as the adult. All who try it, like it. GRAIN-O has that rich seal brown of Mocha or Java, but it is made from pure grains, and the most delicate stomach receives it without distress. The price of coffee. 15 cents and 25 cents per package. Sold by all grocers.

Tastes like Coffee Looks like Coffee

Insist that your grocer gives you GRAIN-O. Accept no imitation.

## DR. TALMAGE'S SERMON.

SUNDAY'S DISCOURSE BY THE NOTED DIVINE.

Subject: "Different Modes of Measuring the Flight of Time"—Life Should Not Be Wholly a Span of Years.—The Curse of Wealth.—The True Gauge.

Text: "How old art thou?"—Genesis xlviii, 8.

The Egyptian capital was the focus of the world's wealth. In ships and barges there had been brought to it from India frankincense and cinnamon and ivory and diamonds; from the north, marble and iron; from Syria, purple and silk; from Greece, some of the finest horses of the world and some of the most brilliant chariots, and from all the earth that which could best please the eye and charm the ear and gratify the taste. There were temples and palaces, and the great highways that were guarded by the multitude of their riches, none of them can, by any means, redeem his brother or give to God a ransom for him that he should not see corruption.

But I remark, there are many—I wish there were more—who estimate their life by their moral and spiritual development. It is not sinful egotism for a Christian man to say: "I am purer than I used to be. I am more consecrated to Christ than I was. I have got over a great many of my old habits in which I indulged. I am a great deal better man than I used to be." There is no sinful egotism in that. It is not base egotism for a soldier to say: "I know more about military tactics than I used to before I took a musket in my hand and learned to 'present arms' and was a post to a soldier to say: "I know better how to slew down the million tassel than I used to before I had ever seen a ship." And there is no sinful egotism when a Christian man, fighting the battles of the Lord, or if you will have it, voyaging toward a haven of eternal rest, says: "I know more about spiritual tactics and voyaging toward heaven than I used to."

Now, I do not know what your advantages or disadvantages are. I do not know what your lot or talent is. I do not know what may be the fascination of your numbers or the repulsiveness of them, but I know this: There is for you, my hearer, a field to cultivate, a harvest to reap, a tear to wipe away, a soul to save. If you have worldly means, consecrate them to Christ.

If you have eloquence, use it on the side that Paul and Peter used. If you have learning, put it all into the poor box of the world's suffering. But if you have none of these—neither wealth nor eloquence nor learning—you at any rate have a smile with which you can encourage the distressed, a word with which you may blast injustice, a voice with which you can call the wanderer back to God. "Oh, you say," "that is a very sanctimonious view of life." It is not. It is the only bright view of life, and it is the only bright view of death. Contrast the death scene of a man who has measured life by the worldly standard with the death scene of a man who has measured life by the Christian standard. Quin, the actor, in his last moments said, "I hope this tragic scene will soon be over, and I hope to keep my dignity to the last." Mark Twain, in his last moments to the confessor: "Hold your tongue! Your miserable style puts me out of conceit with myself. Lord Chesterfield in his last moments, when he ought to have been praying for his soul, bothered himself about the proprieties of the sick room and said, "Give Dayboles a chair." Godfrey Kneller spent his last moments in drawing a diagram of his own monument.

Compare the silly and horrible departure of such men with the serene glow on the face of Edward Payson as he said in his last moment: "The breezes of heaven fan my face. I am in a sea of glory, with Paul the apostle. He died in his last hour: 'I am now ready to be offered up, and the time of my departure is at hand. I have fought the good fight, I have kept the faith. Henceforth there is laid up for me a crown of righteousness, which the Lord, the righteous Judge will give me. Or compare it with the Christian deathbed that you witnessed in your own household. Oh, my friends, this world is a false god. It will consume you with the blaze in which it accepts your sacrifice, while the righteous shall be preserved in remembrance, and when the thrones have fallen and the monuments have crumbled and the world has perished they shall banquet with the conquerors of earth and the hierarchs of heaven.

This is the good day in which to begin a new style of measurement. How old art thou? You see the Christian way of measuring life and the worldly way of measuring it. I leave it to you to say which is the wisest and best way. The whole of time has been trifled with, and it has hurried us on. The old year has gone. The new year has come. For what you and I have been launched upon it God only knows. Now let me ask you all, have you made any preparation for eternity? You will have to prepare for time, my dear brother. Have you made any preparation for eternity? Do you wonder that when that man on the Hudson River in indignation tore up the tract which was handed to him and used the money to land on his own island, the rest of the tract being pitched into the river, that one word aroused his soul? It was that one word, so long, so broad, so high, so deep—"Eternity." A dying woman, in her last moments, said, "Call it back." She said "where have you wanted 'Time,' she said, "call it back." Oh, it cannot be called back. We might lose our fortunes and call them back; we might lose our health, and perhaps recover it; we might lose our good name and get that back, but time gone is gone forever.

Now, when one can sooner get to the center of things is he not to be congratulated? Does not our common sense teach us that it is better to be at the center than to be clear out on the rim of the wheel, holding merely fast to the spokes and being suddenly hurled into light and eternal felicity? Through all kinds of optical instruments trying to peer in through the cracks and the keyholes of heaven—afraid that both doors of the celestial mansion will be swung wide open before our entranced vision—pushing about among the apothecary shops of this world wondering if this is good for rheumatism and that is good for neuralgia and something else is good for a bad cough, lest we be suddenly ushered into a land of everlasting rest, where the inhabitant never says, "I am sick!"

What fools we all are to prefer the circumference to the center! What a dreadful thing it would be if we should be suddenly ushered from this wintry world into the May time orchards of heaven, and if our paucity of sin and sorrow should be suddenly broken up by a presentation of an emperor's castle surrounded by parks with springing fountains and paths, up and down which angels of God walk two and two!

In 1850 the French resolved that at Ghent they would have a kind of musical demonstration that had never been heard of. It would be made up of the chimes of bells and the discharge of cannon. The experiment was a perfect success. "What with the ringing of the bells and the report of the ordnance the city trembled and the hills shook with the triumphant march that was as strange as it was overwhelming. With a most glorious accompaniment will God's dear children go into their high residence who the trumpet shall sound, and the last day has come. At the signal given the bells of the towers, and of the lighthouses, and of the cities shall strike their sweetness into a last chime that shall ring into the heavens and shall be forever and ever.

And ten thousand blessed surroundings. It is the spreading of the table that feeds the children's hunger. It is the lighting of the furnace that keeps you warm. It is the making of the bed, where you will rest in care and anxiety. It is the carrying of you out at last to decent sepulcher, and the putting up of the slab on which is chiseled the story of your Christian hope. It is simply hypocrisy, the trade in pulpits and lecture halls against money.

But while all this is so, he who uses money or thinks of money as anything but a means to an end, will find out his mistake when the glittering treasures slip out of his grasp, and he goes out of this world without a dollar in his pocket and a certificate of stock. He might better have been the Christian porter that opened his gate or the begrimed workman who last night heaved the coal into his cellar. Bonds and mortgages and leases have their use, but they make a poor yardstick with which to measure life. They that boast themselves in their wealth and in the multitude of their riches, none of them can, by any means, redeem his brother or give to God a ransom for him that he should not see corruption.

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## SYRUP OF FIGS

NEVER IMITATED IN QUALITY.

## THE EXCELLENCE OF SYRUP OF FIGS

is due not only to the originality and simplicity of the combination, but also to the care and skill with which it is manufactured by scientific processes known to the CALIFORNIA FIG SYRUP CO. only, and we wish to impress upon all the importance of purchasing the genuine and original remedy. As the genuine Syrup of Figs is manufactured by the CALIFORNIA FIG SYRUP CO. only, a knowledge of that fact will assist one in avoiding the worthless imitations manufactured by other parties. The high standing of the CALIFORNIA FIG SYRUP CO. with the medical profession, and the satisfaction which the genuine Syrup of Figs has given to millions of families, makes the name of the Company a guaranty of the excellence of its remedy. It is far in advance of all other laxatives, as it acts on the kidneys, liver and bowels without irritating or weakening them, and it does not gripe nor nauseate. In order to get its beneficial effects, please remember the name of the Company—

CALIFORNIA FIG SYRUP CO. SAN FRANCISCO, Cal. LOUISVILLE, Ky. NEW YORK, N. Y.

## TAPE WORMS

"A tape worm eighteen feet long at least came on the scene after my taking two CASCARETS. This I am sure has caused my bad health for the past three years. I am still taking Cascarets, the only cathartic worthy of notice by sensible people."

Geo. W. Bowles, Baird, Mass.

## CASCARETS

REGULATE THE LIVER

Pleasant, Palatable, Potent, Taste Good, Do Good, Never Sicken, Weaken or Gripes, 25c. per Box. CURE CONSTIPATION. See Hering Remedy Company, Chicago, Montreal, New York, 513

## NO-TO-BAC

Sold and guaranteed by all drug stores to CURE Tobacco Habit.

## Thompson's Eye Water

If afflicted with sore eyes, use Thompson's Eye Water

An Argument.

It is the part of every householder, or any one in authority, public or private, to carefully consider orders before they are given. But after they are issued it would be suicidal to all government to argue out the matter with employe, servant, or child. From the nature of things, they cannot judge the necessity or worth of the command it is their part to carry out.

Many funny stories are told of freshly trained soldiers and sailors, to whom the thought was new that their first virtue was implicit obedience. One such tale dates back to our Civil War, and is told for truth by one who overheard it. A sailor of one of the big gunboats of the time was notorious for his lazy habits, as well as for his ingenuousness in finding excuses for his careless ways. While seemingly honest, he was often hauled up for reprimand or punishment.

The captain, a passionate man, and a believer in stern discipline, lost patience with Tom, and when the fellow was brought before him for the third time in one week for some neglect of work, he said, angrily, "What—again, Tom?"

"I'm not here of my own will, sir," began simple Tom.

And poor Tom, finding his efforts to speak were cut off, at last said, resignedly: "Well, captain, have it your own way, I didn't come here to argue with you, sir!"

And after that Tom's unsympathetic comrades called on him every day in his imprisonment, which he may have deserved, but scarcely understood, and told him that they "did not come to argue with him!"

And while Tom's story sounds absurd, it is true that many of us are just as foolish, and take just as long to learn the beauty and strength of obedience.—Harper's Bazar.

Japan with a population of 45,000,000 has 220 towns that have more than 100,000 inhabitants.

Makes the Spot Vanish. A slight rap may cause a bruise, or a slight blow a black one, sore and tender. But it is easy to cure a bruise by the use of St. Jacobs Oil, and make the spot vanish and the soreness heal.

The salmon catch in the Columbia for 1898 was 6,018,022 pounds less for 1897.

Coughs Lead to Consumption. Kemp's Balsam will stop the cough at once. Go to your druggist to-day and get a sample bottle free. Sold in 25 and 50 cent bottles. Go at once; delays are dangerous.

Typewriting is to be taught in the public schools of New York City.

To Cure Constipation Forever. Take Cascarets Candy Cathartic, 10c or 25c. If C. C. fail to cure, druggists refund money.

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The first marine insurance was the Royal Exchange, founded in 1720.

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### Feel the Influence.

Cold and heat alike aggravate neuralgia, because the nerves feel the cold and heat sensitively, but nerves are sensitive to treatment and feel the influence of St. Jacobs Oil, which cures the ailment promptly.

The city of Besancon, France, will erect a monument to the memory of Victor Hugo.

### Beauty Is Blood Deep.

Clean blood means a clean skin. No beauty without it. Cascarets, Candy Cathartic clean your blood and keep it clean, by stirring up the lazy liver and driving all impurities from the body. Begin to-day to banish pimples, boils, blotches, blackheads, and that sickly bilious complexion by taking Cascarets,—beauty for tea cents. All druggists, satisfaction guaranteed, 10c, 25c, 50c.

The island of Cuba has an area about that of the State of Ohio.

### Deafness Cannot Be Cured

by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube gets inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed Deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever. Nine cases out of ten are caused by catarrh, which is nothing but an inflamed condition of the mucous surfaces. We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars, free.

Sold by Druggists, 75c. Hall's Family Pills are the best.

to Rico is equal to Long Island in area and is twice as broad.

Lane's Family Medicine. Moves the bowels each day. In order to be healthy this is necessary. Acts gently on the liver and kidneys. Cures sick headache. Price 25c and 50c.

It is estimated that 3000 marriages are daily performed throughout the world.

Don't Tobacco Spit and Smoke Your Life Away. To quit tobacco easily and forever, be magnetic, full of life, nerve and vigor, take No-To-Bac, the wonder-worker, that makes weak men strong. All druggists, 50c or \$1. Cure guaranteed. Booklet and sample free. Address Sterling Remedy Co., Chicago or New York

Eight thousand carrier pigeons are kept for use in the German army.

Will Get Down To It. It is certainly true that as deeply imbedded as the sciatic nerve is, St. Jacobs Oil will get down to it and cure it. It is a proof of how penetrating and efficacious are its curative powers.

Fruit trees are being exported from Georgia to South Africa.

Knocks Coughs and Colds. Dr. Arnold's Cough Killer cures Coughs and Colds. Prevents Consumption. All druggists, 25c

Blind men outnumber blind women by two to one.

Educate Your Bowels With Cascarets. Candy Cathartic, cure constipation forever. 10c, 25c. If C. C. fail, druggists refund money.

The population of London increases by about 100,000 a year.

Mrs. Winslow's Soothing Syrup for children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle

Ninety thousand men in the British Army have good conduct badges.

Piso's Cure for Consumption is an A. No. 1 Asthma medicine.—W.R. WILLIAMS, Antioch, Ills., April 11, 1894.

There has been an alarming increase of arsenic eating in the Austrian army.

To Cure a Cold in One Day. Take Laxative Bromo Quinine Tablets. All Druggists refund money if it fails to cure. 25c.

Amateur photographers in Russia are obliged to secure licenses.

The advantages of Sulphur as a purifier Glenn's Sulphur Soap places within reach of all Hill's Hair & Whisker Dye, black or brown, 50c.

The skeleton measures one inch less than the height of the living man.

Fits permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. 25c trial bottle and treatise free. Dr. R. H. KLINE, Ltd., 301 Arch St., Phila., Pa.

The world uses over 3,500,000 steel pens a day.

## Healthy, Happy Girls

often, from no apparent cause, become languid and despondent in the early days of their womanhood. They drag along always tired, never hungry, breathless and with a palpitating heart after slight exercise so that merely to walk up stairs is exhausting. Sometimes a short, dry cough leads to the fear that they are going into consumption.

They are anemic, doctors tell them, which means that they have too little blood. Are you like that?

More anemic people have been made strong, hungry, energetic men and women by the use of Dr. Williams' Pink Pills for Pale People than by any other means they are the best tonic in the world.

Miss Lula Stevens, of Gasport, Niagara Co., N. Y., had been a very healthy girl until about a year ago, when she grew weak and pale. She lost her appetite, was as tired in the morning as on retiring, and lost flesh until she became so emaciated that her friends hardly knew her. The doctors declared the disease anæmia, and gave her up to die. A physician who was visiting in Gasport prevailed upon her to try Dr. Williams' Pink Pills for Pale People. She did so, and was benefited at once. She is now well and strong—the very picture of health.—Buffalo (N. Y.) Courier.

The genuine are sold only in packages, the wrapper always bearing the full name. For sale by all druggists or sent, postpaid, by the Dr. Williams' Medicine Company, Schenectady, N. Y., on receipt of price, fifty cents per box. Book of cures free on request.

## Better Work Wisely Than Work Hard.

Great Efforts are Unnecessary in House Cleaning if you Use

## SAPOLIO

## Just a Cough

Not worth paying attention to, you say. Perhaps you have had it for weeks. It's annoying because you have a constant desire to cough. It annoys you also because you remember that weak lungs is a family failing. At first it is a slight cough. At first it is a hemorrhage. At first it is easy to