Feed the Baby What It Wants

By Dr. Woods Hutchinson.

BALY knows when he wants to eat and is provided with an excellent and most musical apparatus for conveying that fact to your apprehension. He knows what he wants, and will reject vigorously what doesn't suit him. And you may be sure that he knows far better than most adults when he has had enough,

This faculty is present from his very earliest appearance upon the stage of life. During the first three days of his existence the healthy baby cries but little and sleeps al-

most constantly; and we have now discovered that during this period he not only requires no food, but is better off without it. He is still digesting and living upon the nourishment in his blood derived from the veins of his mother, and until that process is completed, food in his little stomach is a foreign body. In fact, the impression that colic or colickiness in a baby is a natural characteristic is chiefly due to the senseless insistence of officious nurses and anxious mothers upon crowding things into the baby's stomach during his first three days. There is another clear indication on the part of Nature of this fact, if we had only been open minded enough to see it, in that there is no natural supply of nourishment for the child until the close of these three days. The horrible things that are poked into the unfortunate baby's mouth in order to correct this stupid oversight on the part of Nature and keep it from starving to death would almost stagger

His faculty of knowing what he wants in the way of food is equally to be trusted. He is largely a creature of circumstances here, and if what he really likes doesn't happen to be offered him, he of course can indicate no preference for it. He vastly prefers Nature's own source of nourishment, and is a thousand times justified in his preference. Nature has taken a quarter of a million years fitting a cow's milk to grow not a baby, but a calf, and a mother's milk to grow a baby, and we cannot expect to completely reverse the process in one generation. Not only is the natural supply a far better food, but it is infinitely freer from risks of contamination and the conveyance of disease.-Woman's Home Companion.

Railroad Regulation

By William Jennings Bryan. Dismonwards.



S ft not time to ascertain what railroads are worth-to find out through state and national bodies just what they are worth? They claim to be so much of a public institution as to borrow a right of eminent domain from the state. We want a reasonable rate; we want to stop the issuance of watered stock and to stop fictitious capitalization. I used to be called a dangerous man, a man trying to destroy property rights. Now it is seen that the destroyers of property are the manipulators who rob stockholders. These

are the men who by their wickedness have brought odium on honest wealth. In the interest of the widow and the orphan I demand that the stock of railroads be built on an honest basis. Some are always talking of the sacredness of property rights. Man comes first and property afterward. You can't protect property rights by destroying human rights. It is time for the small business man to come out from those with whom he has been associated and fight against predatory wealth.

Railroad rates should be so reduced as to give a reasonable return on honest capitalization. I should define such a rate as one that would keep the stock at par on an honest capitalization. That would allow local business conditions to determine how large the rate should be. The time has come when we shall recognize another honest purchaser, not the innocent purchaser of stock-he can find out if the stock is good. I mean the innocent purchaser of land along a railroad, whose right to a reasonable rate on his product is as sacred as the right of the stockholder to a reasonable dividend,

Dame Nature's Part

How the Production of Monsters Is Kept Down.

By Gordon Kelso.



Commercial and a company

HE discussion on "mismating" is enough to provoke a smile on the face of Nature. That estimable dame has her little hobbies the same as the rest of us, and her pet fad being the maintenance of the average she accomplishes her purpose by making extremes meet whenever they appear. The vast majority of tall men, for instance, mate with women of medium height or under, and the tall women (except in comparatively few cases, about the medium height for a man) marries a man of her own height or slightly beneath

it, and there is overproduction of neither glants nor dwarfs. But this principle governs individual selection not only through anatomy but through temperament and mentality as well. The grouch marries the angel because he needs her in his business, and the good natured, easy going, manana type of man marries a woman whose motto is "No backward step" and who stands constantly on guard at his spinal column to see that he doesn't sneak in a couple when she isn't looking.

The individual of "purely speculative" tendencies, already mentioned in this discussion, simply conformed to this law, whether he knows it or not. when he picked out a "purely practical" wife. She is his ballast, and in all probability if he threw her overboard he'd perish of starvation between the clouds and the stars.

I know just such another couple, and perhaps a little incident from their experience will illustrate the interdependence that exists in such a match in minor industries. better than any abstract argufyin' can. They were walking along the street one clear, cold night last winter. The heauties of the sky thrilled him. "How wonderful the stars are," he remarked.

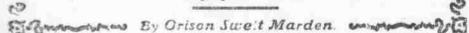
"Yes," she replied, her eyes on the sidewalk, "but you'd better not step

She clipped his wings was saved his neck.

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How to Approach Work &





UT the right spirit into your work. Treat your calling as divine-as a call from principle. If the thing itself be not important, the spirit in which you take hold of it makes all the difference in the world to you. It can make or mar the man. You cannot afford grumbling service or botched work in your life's record. You cannot afford to form a habit of half doing things, or of doing them in the spirit of a drudge, for this will drag its sliny trail through all your subsequent career, always humiliating you at the most unexpected times. Let other people do the poor jobs, the botched work, if they

will. Keep your standards up, your ideals high.

The attitude with which a man approaches his task has everything to do with the quality and efficiency of his work, and with its influence upon his character. What a man does is a part of himself. Our life-work is an our picturing of our ambition, our ideals, our real selves. If you see a man's

work you see the man. No one can respect himself, or have that suplime faith in himself which is essential to all high achievements, when he puts mean, half-hearted, slipshod service into what he does. He canno' get his highest self approval until he does his tevel best.-Success Magazine.

THE RACE TRACK ISSUE.



SECRETLY MURDERED 170 FOR THE SULTAN

Zia Bey, ex-Head of Turkish Secret Police, Explains Methods of Camarilla-The System of Espionage--Euad Pasha, a Field Marshal and Adherent of Young Turks, Tells of His Escapes.

of Turkey's Secret Police, who is a was recently restored to his rank as refugee in London, in an interview Field Marshal and returned to Con-

"I am glad to be here, and it is not possible that I will ever return to Turkey. You must remember that at the bidding of my superiors I have been the means of ruining Ministers, officers and Government officials, and 170 Turks, many of them members of the most honorable families, disappeared during my term of office.

"It mattered not who were the ersons to be removed, the orders from the Yildiz Kiesk were implicitly obeyed. To be denounced by the secret police was sufficient to ruin any Can you wonder that Turkey has seen the last of me?

'The Porte as an administrative machine ceased to exist twenty-five years ago; since then all the power has been centred in the Yildiz Klosk. I do not blame the Sultan entirely, nor the Chamberlains entirely. Their power rested in a sort of working agreement, which enabled them to manipulate the resources of the empire in their own interests. Izzet Pasha, the Sultan's secretary, is reputed to have saved \$7,500,000. which he has invested in the United | temerity in the end. The Sultan himself has at stores and army and navy supplies.

had adopted.

London.-Zia Bey, the former head | Young Turk Party in 1902, but who stantinople, tells an interesting story of his exile and imprisonment at Brusea. He says that before his de-You must remember that portation his life was attempted fourteen times, his struggle against the infamous palace rule involving him in dangers of all kinds.

'When they failed to murder me,' he said, "by secret means I was deported without trial or warning, and even while imprisoned the systematic precautions did not cease. "It is the fashion to say that the

sovereign is ignorant of the fearful crimes committed in his name, but His Majesty must have sheaves of reports in my handwriting reciting the mysteries of the camarilla for years Every Ottoman functionary was compelled, whether he liked it or not, to be an accomplice to a greater or lesser degree in the wholesale robbery which has made Turkey a byword. Comparatively honest men were drawn into the meshes, and once there it was impossible to resist rowing in the same boat. To refuse meant to become the object of persecution and to pay dearly for one's "I ask you whether the mere grant-

least \$15,000.000 invested in Europe, ing of a Constitution at the sword's this amount being his percentage on point is sufficient to blot out the of the war | memor sands like myself, who have under-"I often reflected that this could gone far worse physical and mental not go on forever, but the end came durker than most of us expected." tortures than I have. If the Sultan henceforth sets his face against the Zia Bey explained the difficulties abuses he formerly fathered he has he had in making his escape from nothing to fear, but he must be Turkey. The Sultan, he said, warned | warned that the slightest symptom of him to flee, and he had to shoot a tampering with the nation's rights man dead who tried to prevent his and liberties will be the signal for embarkation despite the disguise he his downfall. That he has for so long a time been unmolested is largely the fault of one or two European Powers, whose interest lay in main-Constantinople.—Euad Pasha, one taining Turkey's weakness as a powof the most brilliant Turkish officers er. We now look chiefly to Great in the Russo-Turkey war, who was Britain and France to foster our lib-exiled for being identified with the erties."

PRUSSIA TO GRANT WOMEN EDUCATION EQUAL TO MEN,

Forced by Modern Conditions to Premare Them For Earning a Living-Co-Education in Universities -- E aborate Courses of Study to Begin at Six Years and Lead Up to Matriculation.

The granting of educational opportu- sities. nities for girls and women equal to

decree of the Ministry of Education, continue the ordinary courses until which has been approved by the Em- they reach the age of sixteen, after peror, recite the reasons for the which they may leave school or take change in the system. Modern life, two years in modern languages, musays the decree, develops an increasing disinclination on the part of men they may take four years' special of the upper classes to marry, and training as teachers. more girls in the upper and middle classes are prevented from becoming wives and mothers. It is desirable, There has been an agitation for equal therefore, that the surplus of young romen should have a chance of prearing themselves for professional man States have already granted callings, and that they should be them. trained in the higher mental func-

tion to be educated in all studies embraced | tion. differentiate in their studies, those mies, and that this prohibition is likepreparing for advanced instruction by soon to be removed.

Berlin .- German homes and Ger- | having special courses laid out for man newspapers have been far more them, such as Latin. After two occupied during the end of the week years they will again be arranged in with the Prussian Government's de- divisions, classical or modern higher eree granting higher education to study respectively. Then after four women than by discussions on Ger- years' work they will, under normal man and British naval armaments or conditions, be admitted to examinahe meeting of the two sovereigns. Itions for matriculation to the univer-

Up to this time their education will those of men is regarded as marking have been carried on in separate a deep change in German life, where, schools, but in the university co-edumore than in the Western States, cation will begin under conditions women have been considered as the similar to those governing men stukeepers of the home and the workers dents. Those who at the end of the seventh school year do not elect to The introductory paragraphs of the specialize for a university course may sic or domestic accomplishments, or

This scheme has been under discussion and preparation for a year. privileges for the seres since the early eighties, and most of the other Ger-

Frau Helene Lange, the noted educationalist, has been a leading advo-According to the scheme, girls are cate of this intellectual emancipa-Professor Adolf Harnack, of in a specially arranged curriculum, the University of Berlin, said that beginning at a min'mum age of six women now have equal rights with years. At the end of the seventh men to enter all the technical schools, school year the pupils will begin to with the exception of the art acade-

Harvard Has \$20,000,000 Invested-Income of \$945,176.

Cambridge, Mass. - According to he report of the Harvard College and the amount income is \$945,176. General Investments aggregate \$17.344.227. Over \$5,090,000 are 000,000 in rathroad stock, \$2,000,000 as legal tender from the people.

125,000 in mortgages and notes.

Spain Has Used False Coin For Fifteen Years.

Madrid, Spain.-The Government will sustain a heavy loss as a result trensurer, the investment funds of of the decision to retire from circulate college amount to \$19,977,911, lation \$200,000 worth of counterfact

five peseta coins, These coins have been in circulation for the past fifteen years, and nvested in railroad bonds, over \$1,- they have been practically accepted in real estate and \$1,500,000 in trac-tion bonds. Besides, over \$2,500,000 will be from the sale of the tagets while it is quite as sticky as if it had interest in his letters when they are melted.

CHILDREN'S DEPARTMENT:



THE AWFUL JUNGLE. The meadow is an awful place For one so young as 1;
The dandelion you must face,
The fiery dragon fly,
The snakeroot and the adder's tongue; Terribilous to one so young.

Though gentle cowslips kindly yield Milkweed and buttercup, Beside fou, hidden in the field, The bear's paw reaches up To grab at you, behind, before; While tiger lilies rounce and roar.

And my! what brigand armies pass On horse flies or on foot, Their Turk's beards waving in the grass; They're armed with arrowroot.
And all the flowers have pistils, too;
While sword grass waits to cut you through

Now maybe Indian pipes don't mean A horrid Soowix camp! And think! there's toadstools to be seen, Horrifficently damp. I tell you, I ain't going to go Where crawly-wawly creatures grow! —Sinclair Lewis, in Woman's Home Companion.

HOME-MADE TOYS.

A Lively Snake.-This snake is easily made if you follow the pattern roll themselves up into balls when carefully. Paste this pattern on to they are frightened; and just now thin cardboard, and then cut the whole out.

head, thread a piece of sewing-cotton does not like being swallowed at all, through, and make a knot at one end and wiggles and twists about so acof the cotton, so that it doesn't slip tively that you might think that it through the hole.

by tying him on with the piece of cot- it with both his forepaws, crams it ton, and he will drop his coils down, into his mouth and gives two or three and twirl away merrily for hours.

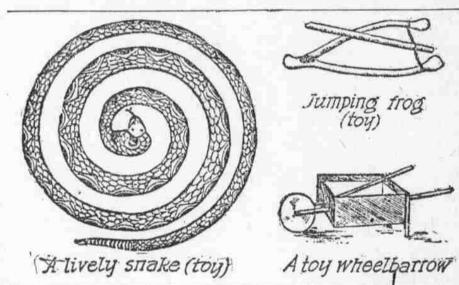
And you ought to see how he glit- pears just as the fly did. ters in a lifelike way when you put a little frosting on him!

tracing paper, lay it over the draw- to do this the old skin splits down

this tongue in a very odd way, for by means of it he catches flies. If you keep a toad as a pet and put a fly into his cage he will not seem to take any notice of the insect at all. You would think that he did not seeit; but after a little while, perhaps, the fly will settle two or three inches away from the toad. Still the toad will not appear to notice it; but a. few seconds later it will vanish, so suddenly and so quickly that you will not be able to see what has become of it. The fact is that the toad has really been watching the fly all the time, and when it settled he took careful aim, flicked out his long elastic tongue, and just touched the insect with the tip. As it is so gummy, of course the fly stuck to the tip, and when the tongue flew back into the mouth it carried the victim with it.

and pushed it right down the throat! As a rule the toad feeds only upon. small insects. But he is very fond of the odd little pill millepedes, which and then he will swallow a worm, which he always seizes by the middle Prick a tiny hole in the snake's of the body. The worm, or course, would easily succeed in making its Hang the snake under a gas-jet escape. But the toad takes hold of great gulps. And at last it disap-

Another very curious thing about the toad is that every now and then If you don't want to cut up your he throws off his skin and gets a "Playbox," you might get a piece of new one instead. When he is about



firmly with your left hand.

of the drawing with your pen or pen- wiggle and twist about, and to rub cil, and when you've colored it all, his legs against his body and his take the piece of tracing paper and body against his legs, till at last he paste it down on to the piece of card- manages to strip off his old skin altoboard, without letting the paper get gether. Then what do you think he the least little bit creased, and then does with his castoff coat? I am cut it out when the paste has had sure that you will never guess, so time to dry .- Philadelphia Record. I must tell you. He rolls it up into

with a wishbone, a bit of string, a paws, and then swallows it, just as if little stick and a tiny bit of cobbler's it were a big pill.

from the narrow end of the bone.

the whole thing over. Now watch.

queer jumping frog!

and a pin.

Make two holes far apart at the bune. back of the box, and two holes near together on the front.

Now thrust two of the skewers through the holes till they stick out in front enough to fasten the wheel mamma called her from play, "somebetween them nicely.

Cut the wheel out of cardboard, and put the pin through the wood with a frown on her face. and the cardboard.

Cut the third skewer in two, and fasten it on the back of the barrow for the stands.—From the Philadel- somethin'," burst out Betty. "I phia Record.

ABOUT TOADS.

Toads are so plentiful in all parts Betty. of the country that everybody knows them very well by sight. During the ma. daytime you may find them hiding under logs of wood or big stones, or ran and got her doll things and bein some damp, dark corner of the gan making a dress for Cora May, garden. And you can hardly take an her new dolly. evening stroll without seeing several of them crawling about in the roads. she was sewing. But it is not everybody who knows what curious creatures they are.

For one thing, they have such very | tacles?" odd tengues. Our tongues have the root down the throat and the up just ing up in a hurry, for she dearly behind the lips. But a toad's tongue loved to do things for grandma. is turned the other way round, and has the root just inside the lips and the tip down the throat. Besides this, it is very long and very elastic, so that it can be darted out of the are invested in sundry bonds and \$1,- into which the coins will soon be been dipped in gum. The toad uses read to the fury. From Puck.

in, of the snake, and hold it down the middle of the back, so that you can see the new one lying under-Then carefully go over the lines neath it. Then the toad begins to A Jumping Frog .- This is made a kind of ball, by means of his front

Some people think that the toad Tie the string round double across is poisonous; and it is quite true the wide part of the wishbone; put that if a dog picks one of these anithe cobbler's wax on the end where mals up he very soon drops it again. you see the black mark in the pic- and begins to foam at the mouth. ture; put the bit of stick between But the fact is that the lumps which the two pieces of string, and twist you may see on different parts of a the string round and round, away toad's body are really glands or bags, which contain a small quantity of a Then, when it is tightly twisted, kind of acid liquid. When these are put the other end of the stick tightly squeezed the liquid is squirted out; down into the cobbler's wax, and turn and if a little of it gets into a dog's mouth it makes it smart so much The cord pulls the stick up off the that he is very glad indeed to drop wax, and away up in the air goes this his victim. But even this liquid is not really poisonous. And certainly A Little Wheelbarrow .- This is you need not be at all afraid to made with a matchbox, three thin handle a toad, for it cannot hurt you wooden skewers, a bit of cardboard in any way whatever .- The Rev, Theodore Wood, in the London Tra-

BETTY'S PLAYTIME.

"Oh, pshaw!" said Betty, when body's always a-wantin' me to do something!" She ran into the house

"Betty," said mamma, "if you can't obey cheerfully----

never can play-"You may play this whole day

long," said mamma, quietly. "And not do anythin' else?" asked

"Not do another thing," said mam-

"Oh, good!" cried Betty, and she

Grandma came into the room while

"Eetty," she said, "will you run upstairs and get granny her spec-

"Yes, ma'am," cried Betty, jump-"No, Betty," said mamma; "you

The Pursuit of Letters.

All the world may not exactly love