

THE "HOLIDAY SPIRIT."

in one direction, to look for it in aner's luggage.-Home Chat.

SPECIMEN OF CONIFER TREE.

When Jefferson Davis was a United States Senator from Mississippi, and Secretary of War in the Cabinet of President Buchanan, his wife was one of the most prominent society women of Washington. Her activities were not, however, limited to social functions. She took a deep laterest in the beautification of the National capital and one of the things she did was to plant a little cadar tree in the National Betanical Garden. This tree has continued to grow, and is now a fine specimen of the conifer tribe. It is well known in Washington and nearly all Southern visitors pay their respect to it. - Indiana Farn

DUCHESS OF MARLBOROUGH'S ELOQUENCE.

lly has won distinction as an orator, length. ing, but the only hint that there was value. bratorical ability was years ago when public.

borticultural show in Southfields, and framework.

Wherever you go, make a firm re- The "all-around-the-head" pompadour solve to enjoy every moment of the and the stiff rows of curls, the necestime, to laugh over and make light of sary support of the enormous hats, disagreeables, and if enjoyment falls are entirely obsolete, and reigning in other. The "holiday spirit" is a most knot, a group of just a few small important part of the holiday mak- puffs or an occasional curl pinned down to the natural hair.

With these dressings there is a onsiderable reduction in the size of the mass of trasses viewed from the back, but there is really no change in the front, for the hair around the face

shows even a fuller, fluffler effect. One of the newest colfiures is excoedingly girlish looking and will be generally becoming. The front half of the hair is very slightly waved, then brought back softly to the back of the head, covering the tips of the ears or not, as considered becoming to the wearer. At the back it is arranged in a knot, figure eight or any way suggesting Grecian effects. With this dressing side combs are not worn, though a single comb set in to sup-

Below the knot the short hairs are confined by a barrette; not in the narrow, simple bar, but a beautiful piece of filigree shell, measuring two inches A member of the Vanderbilt fam- in width and three or four inches in

Another pretty style of colffure for the grandfather of the Duchess Celiv- thin hair can be arranged by followared himself of that brief, but excor- ing directions for the front hair as lating, speech about the American described above, and then, taking that and the back hair to the top of the Dispatches from London announce head, where it is twisted into a flat that the fitted lady is a speaker of knot and pinned down close to the grace and eloquence, from whose lips head. This knot will not be very words flow with the smoothness of large if the hair is short or thin, and Pennyson's brook. Recently she dis- so it is covered with a group of curls tributed the prizes at a children's mounted on a small, heart-shaped

Tutti Frutti Filling .- Soak two tablespoonfuls of gela-

Cut-out Recipe tine in water for twenty minutes, then melt over the teakettie. Cook two cups of granulated sugar with eight tablespoonfuls of water until it threads; pour in the melted gelating, add a teaspoonful of vanilla or rose water, and beat in a cool place until white and thick. Toward the end of the beating stir in two or three tablespoonfuls of various crystallized fruits, cut in small bits, and add fine chopped nuts if desired.

her ability to present her thoughts in | This arrangement of curls had the a ready and graceful manner sur- broad end at the top. When a few

manner.-New Haten Register.

WOMAN CLERK TO GET \$225,000. colffure.

Though disinherited by her father, who left an estate valued at \$1,000,- down on the head. 000 at his death, Mrs. Ann S. Hardceive one-quarter of the estate, which is pricipally in stocks and bonds. Mrs. Hardesty's stepmother, Mrs. Elizabeth May Cammack, will receive the remainder.

When Mrs. Hardesty married for day and evening wearagainst her father's will he disowned her. When her husband died Mr. Cammack sent word to his daughter to return to his home at once and resume the place she left to become a bride. She refused, and with the aid of friends obtained a place in the Postoffice Department.

The compromise, which was approved by Judge Barnard in the Probate Court, says that the agreement is effected in a spirit of harmony, with a just regard to the natural rights of the daughter and to avoid son. the unseamly and public notorlety necessarily incident to litigation.

Mrs. Hardesty, who is about forty years old, says that she will devote a large part of the amount she is to receive to charkable work.

HELPING WITH A WORD.

A young girl was passing her aged great aunt one day when she suddenly stopped, laid her hand gently on the white head and said, "How pretty and curly your hair is, Aunt Mary! I wish I had such pretty hair.

The simple words brought a quick flash of pleasure to the wrinkled face silk. and there was a joyous quiver in the brief acknowledgment of the spontancous little courtesy.

A young man once said to his tendencles. mother: "You ought to have seen Aunt Esher to-day when I remarked have on to-day and how nice you look into the armholes. in it.' She almost cried, she was so pleased. I hadn't thought before that such a Hitle thing would be like-

ly to please her." "I never expect to cat any cookies as good as those you used to make, mother," said a bearded man one day, and he was abooked when he saw her evident delight in his words, for he remembered that he had not thought to speak before for years of any of the thousand comforts and pleasures with which her skill and gandles and silks. The yokes and love had filled his boyhood .- Herald long monsquetaire sleeves are entireand Presbyter.

STYLE OF HAIR DRESSING.

much false hair is still worn, the contrast with these, are decorated latest styles disguise it, for a softer, with a single stone like a pearl or more natural looking coiffure is the large colored head fastened at the approved arrangement for midsum- vamp seam in front. mer, says the New York Telegram.

The general discarding of hats upon all occusions is probably responsible birds.

for the return of this pretty fashion. their stead are the graceful Psyche

port the knot of hair is vary effective.

or rather as an crairix. It is the | Some of these barrettes, especially Duchess of Mariborough, who has the amber, are levely, and will furbrought out the dormant talent in the | nish an exquisite decoration for a family, Other members have achieved blonds head. They are sold at varifame along different lines, from rail- ous prices from \$3.75 up; those sellroad management to automobile driv- ing at \$5 are a particularly good

of the new hairpins-those of shell, The Duchess, it is said, has a telent having a plain ball at the top-were for saying the right thing at the right placed among the curls and the barand says it in a free and natural rette used to catch in the stray hairs, it was simply impossible to believe there was a false hair in the whole

Barrettes this season are set in low

For quite young girls the Grecian esty, a clerk in the Postoffice Depart- styles in halrdressing are closely fol- living," and his great schools for Inment, at Washington, D. C., will re- lowed, filets of ribbon or shell being dian and negro youth became posstemployed as a decoration.

The high colffure, except in the case of middle aged or elderly women. is no longer seen, the low effects being considered perfectly correct both



Sleeves are wide and seldom come more than half way to the elbow. Many of the newest coats of chiffon,

silk and lace have no sleeves at all. White walking dresses will play an important part in the coming sea-

The small checks shown in the Shantung pongees are extremely at-

Long Arabian cloaks are made in thick white cotton crepe loaded with

cotton tassels. One of the best shades sought for by the ultrafashionables for linens,

and tussores is taupe. There is a predilection in millinery for every shade of ripe plum and pale

gray tints, striped with white. A fascinating coat is of ecru filet, so cearse that it resembles heavy twine, richly embroidered in white

It is necessary to weight the sash in order to keep it always down close to the figure and rob it of its floating

A good many of the "jumper" models have kimono-shaped sleeves, cut in casually, 'What a pretty gown you one piece with the hodice and not set

Ribbon girdles are quite out of date, they having been supplanted by the wide, soft silk sashes with long fringed ends, tied on the side.

There is an air of severity in everything, and it is fully as noticeable in the fracks of batiste, organdie and light silks as it is in tussores and Hnens.

Plain hand tucked net is very much used in combination with thin orly made of the net closely tucked.

Some of the new designs in house shoes display large resettes with cut Though it cannot be denied that steel centres, while others, quite in

The swan is the longest lived of

THE PULPIT.

A BRILLIANT SUNDAY SERMON BY DR. CHARLES EDWARD LOCKE.

Theme: Doing the Impossible.

Brooklyn, N. Y .- The Rev. Dr. Charles Edward Locke, pastor of the Hanson Place Methodist Episcopal Church, Sunday evening, to a large audience, preached on "Doing What Cannot Be Don'." His text was Mat-thew 17:20: "Nothing shall be im-

That is a most exquisite moment, when in the midst of rich tressures of the Art Gallery of the Vatican, one stands for the first time before Raphael's masterpiece of "The Transfluration." It was the great artist's last work; and before its nigments were dry it was carried in his funeral procession. This masterful genius defied a well known canon of art in attempting to portray two distinct themes on the same canvas; but Raphael was a good theologian as well as an unrivaled artist. He caught the double meaning of the Transfiguration and saw in it not only the Glerification of Jesus, but the emanciaption of man-

When Jesus came down from the adiant mountain summit an anxious father met him with the earnest re-"Lord, have mercy on my son, numbly explaining to Jesus that he had first taken his afflicted boy to the disciples, but they could not cure him. lesus said: "Bring him hither to Me," and the child was cured that very hour. In perplexity the disci-ples asked of Jesus, "Why could not we cast him out?" and Jesus replied, I say unto you if ye have faith as a grain of mustard sand -nothing shall be impossible upto you." In casting out the world's devils and in alleviatng the woes of humanity, nothing shall be impossible-and this is the program of Jesus. "Doing what cannot be done" is the program of Jesus. "Faith as a grain of mustard seed." "All things are possible to him that

believath." Faith laughs at imnossibilities, And cries it shall be done.

"Jesus never despises a little On that late afternoon on the banks of Galilse, when the multitude was hungry and the town was far away. Jesus, to test Phillip, in-"Whence shall we buy bread hat these may eat?" and mathematical Philip thought that two hundred pennyweight would not be sufficient. Then Andrew for a brief instant had a vision of faith as he suggested that there was a lad there who had five harley loaves and two fishes: but Andrew, too, quickly adopted the arithmetical process and disconsolately But what are they among so many?" Jesus, however, did not discount or overlook Andrew's momeniary vision and faith; and on the basis of Andrew's "little faith" the miracle of the feeding of the five faith as a grain of mustard seed only, but it accomplished the impossible.

Tertullian once said of an event: It is certain because it is impossible," and Richard Cobden, when told that a certain thing was impossible. replied: "If that is all, let us set about it at once." General Arm-General Armstrong, of Hampton, said: Doing ble. Carisle impatiently wrote: "Impossible! It is not a lucky word! way? Sluggard, thou must slay the lion: the way must be traveled! Mirabeau shouted: "Impossible, that lockhead of a word!" And the great Napoleon characteristically declared: "Impossible! It is not a French word. Genius is the art of overcoming the impossible!"

Christianity is the art of overcoming the impossible. Impossible is not in the vocabulary of the Christian. This is the program of Jesus.

Christianity has already achieved the impossible in the overthrow of the vast Roman Empire. To destroy the power and glory of Rome as they appeared two thousand years ago intrenched in impregnable fortresses Calvary. and defended by ever victorious Roman legions, seemed an impossible

result. Christianity has achieved the impossible in the final eradication of human slavery, a diabolical institution culminated in the customs, forines, constitutions, conscience and aditions of men. So, indeed, shall the day surely come when nations shall not learn war any more. And, when that prophecy of Isaiah shall have been fulfilled, which commands, "Loose the bonds of wickedness and undo the heavy burdens," then the accursed liquor traffic will be overthrown, and the deadliest thraldom which has ever blighted manhood will be ended. This damnable traffic in criminals, the hospitals with the inpers. Recently a great brewery comits paid advertisements a libelous tatement that the founder of Methsale of liquors as a beverage. The greatest total abstinence society in the downfall of old Gambrinus in this country. The devil is a liar, and the father of lies, and we would expect him to defraud his infernal business by lies and misrepresentations. Lincoln's great prophecy of February 22, 1840, has been partially fulfilled, and will surely be completely realized, "When there shall be neither slave nor drunkard upon the earth!"

race is to be established. "Whoso hateth his brother is a murderer. Whose bath this world's goods and seeth his brother hath need, and shutteth up his bowels of compassion, how dwelleth the love of God in him?" Some one has recently said: No man ought to have anything until every man has something." If of the blessed life. As in a journey this savors of anarchy, it is at least you must see milestone after miletrue that many of us should have less stone fall into your rear, otherwise until many others have more. There you remain stationary, so in the grand is great social and industrial unrest | march of a nobler life one paltriness

ence of Christ. Men are coming to their own. Jesus has commanded, 'Loose him and let his go!" as He did at the resurrection of Lazarus, and we, His disciples, who have been set free, are too slow to obey our Lord's injunctions. Men are striving to get free! A starving baby was found in the East Side of New York recently on the wasted breast of its dead mother, and that same day in the uptown stores women were spending \$80 for a single night robe. There is wasteful extravagance at one end of the social scale, and consequent dangerous criminality at the other. There is a safe and sane socialism which emanates from the teachings possible unto you." Dr. Locke said of Jesus, and the socialism of Jesus will some day prevail, and in that day each shall seek his own in his brothers' highest good, and all shall dwell in noble brotherhood. Two men saw a piece of jewelr; on the sidewalk, they reached for it simultaneously, struck their heads violently; each arose to censure the other, when they found they were brothers and had not seen each other for a dozen years. It must not be forgotten that all competitions and rivalries

> be permanently organized. In the great task of casting out the world's devils nothing shall be impossible. Whatever ought to be will be. A moral imperative must have in it a moral possibility. Kant said long ago there is no meaning in an "ought" unless it is followed by a Every moral necessity will some day prevail. It is not an ought unless it is a possibility, and if a possibility it will become a reality.

to-day are between brothers, and

some day the vast brotherhood will

A clear, definite opinion of what ought to be is the token of what can and will be. Man's fondest dreams will be fully materialized. When man thinks God's thoughts and carries Because of your unbelief; for verily out God's purposes the impossible will be achieved. "Things that are impossible with men are possible with Men must become partakers of the divine nature, as the Apostle Peter enjoins. The mighty force of the Niagara Falls power house is "stepped" down to suit the capacity of the machinery to which it is supplied. So God "steps" Himself down to humble, simple men, and works His wondrous will through obedient

human instrumentalities. 'Ye must be born again!" and with Nicodemus in bewilderment we may inquire "How can these things be?" Mathematical men like Philip never will calculate until they reach a demonstration, while men of vision like Andrew will be working the miracle of the impossible. The burglar who drops into a mission to while away the early evening hours, until he shall go forth to ply his vicious trade. falls under the spell of the service, kneels at an altar of prayer, confesses his sin, surrenders his burgiar tools, and becomes a new man, hon-You may not be est and honored. able to explain the mystery, but it is true-and that is the program of Jesus!

Two young men came togetherone a clerk in a shoe store, the other a clerk in a bank. Humble man of thousand was performed. It was no notable falents. One can teach and talk a little, and the other can sing with persuasive voice. two willing souls completely surrendered to God, and consecrated to the service and upbuilding of humanity, began a career, which increased in power and effectiveness until multitudes were awakened from lethargy and sin by the singing and the preaching of the gospel. Again, the weak things of the world were shaken to confound the mighty, and Moody and Sankey became the greatest evangelists since the days Who is it says there is a lion in the John and Charles Wesley. And the impossible was achieved.

At the dedication of the Bunker Hill monument, when it appeared that an accident was imminent by the surging crowds against the speakers' platform. Webster requested the people to kindly move back. A man in the crowd answered back: "It is impossible!" Thereupon the great Massachusetts statesman cried "Impossible! Impossible! Nothout: ing is impossible on Bunker Hill!" And so let us keep near the cross. The battle of the ages was fought fear from us, because He will show there, the freedom of the race was there achieved. Nothing is impossible on the Hill of the Cross-on

With our now sainted Sankey we may sings in the sweet strains of sightless Fanny Crosby's beautiful lines:

Some day the silver cord will break And I no more as now shall sing; But, Oh, the joy when I awake Within the palace of the King! And I shall see Him face to face, And tell the story, Saved by Grace. "Then, 'I shall be satisfied when awake in Thy likeness,' and the impossible shall be forever en-

Supremacy of Christ. Men who deny the spiritual supremacy of Jesus Christ and reject His claim to their personal allestrong drink fills the prisons with giance, however much they may admire His character and laud His sane, and the poorhouses with pauteachings, are not, in any proper sense of the word, Christians. Morpany of this country has published in alists, philosophers, even doctors of divinity, they may be, but they have no right to wear the Name which is odism favored the manufacture and above every name, because they do not bow the knee to Christ or constatements are mischievous lies. The fess Him as Lord, to the glory of God the Father. To call one a Christendom is the Methodist Church. Christian who denies the Lordship Such demoniacal lies will only hasten of Christ is a contradiction of terms -The Examiner.

The Part of Wisdom.

It is no small wisdom to keep slence in an evil time, and in thy heart to turn thyself to God, and not to be troubled by the judgment of Let not thy peace depend on men. the tongues of men; for, whether they Then, too, the brotherhood of the judge well or ill of thee, thou art not Where are true peace and glory? Are they not in God?-Isabella Fitz Mayo.

When You Lose.

General notions about sin and salvation can do you no good in the way to-day. All these antagonisms and after another must disappear, or you confusions are due to the emancipa- have lost your chance,-Professor tion of mankind through the influ- Blackle.

The Sunday-School

INTERNATIONAL LESSON COM-MENTS FOR OCTOBER 18.

Subject-David's Kindness to Jonathan's Son, 2 Sam. 9-Golden Text, Eph. 4:32-Commit Verse 7 -Read 2 Sam. 16:1-4; 19:24-30. PLACE. - Jerusalem. TIME. -1040 B. C.

EXPOSITION. - I. Mephibosheth

in Lodebar, 1-6. Now that David is securely settled on the throne, he begins to think of his dearest friend of the days of his trial-Jonathan. The house of Saul as a whole had been his bitterest enemies, but he will show them kindness for Jonathan's sake. The sinner is a bitter enemy to God (Rom. 8:7; Jas. 4:4), but God loves the sinner and will search him out and show him kindness for Jesus' sake. The house of Saul had sunken from its former greatness into such obscurity that it took some time of searching to find one of the house-A former servant of the house of Saul was better known than his children or grandchildren. The kindness that David desired to show to some of the house of Saul was "the kindness of God." unmerited kindness and great kindness. As God had shown kindness to David, so David would show kindness to his enemies. Mephibosheth is a fitting type of the sinner: he was "lame on his feet" and so is the sinner, unable to walk uprightly in the paths of righteousness, constantly stumbling and falling; and he lived in Lodebar (which means, "no pasture"), and the sinner is without pasture, starving. God has made the human soul on so large a plan that nothing can satisfy it but God Himself. We may flatter our-selves that if we have much goods laid up for many years, our souls can "take their ease, eat, drink and be merry" (Luke 12:19), but the human soul that drinks of any other well than that to which Jesus invites him will thirst again (John 4:13). It is only when he drinks of the water that Jesus gives that he never thirsts, but whosoever drinks of the water that Jesus gives shall never thirst and it will be in him a well of water springing up into everlasting life (John 4:14). Away from God there is no pasture, but when we return to God and He becomes our Shepherd He makes us to lie down in green pastures and leads us beside the waters of rest and redemption (Ps. 23:2, V., margin). Our David not merely sends for us. He comes us (Luke 19:10), and when He finds us He rejoices over us, lays us on His shoulder and brings us safely home (Luke 15:5-7). How foolish Mephibosheth would have been if when the king sent for him, he had refused to go with the messengers, and how foolish the sinner is when the King of kings sends for him through His messenger, the Holy Spirit, if he refuses to leave the land of "no pasture," and the house of bondage, to go to the King and receive the reward of the faithful. II. Mephibosheth at the King's

7-13 When

came into the presence of the king he

was full of fear in spite of the purposes of love that the king had expressed (v. 3). So the sinner is full of fear when he draws nigh to God. though God's purposes, revealed over and over again, are purposes of infinite love. To trembling Mephibysheth David said, "Fear not," and to the trembling sinner God says, "Fear not" (Is. 41:10,13; 43:1,2,5). There is scarcely anything God says more frequently in His Word than "Fear " David gave Mephibosheth good not. reason for not fearing, namely, "I will surely show thee kindness for Jonathan's, thy father's, sake." God gives us even better reason for putting us kindness for His only begotten Son's sake (Rom. 8:32; John 14:13. 14: 2 Cor. 5:21). David not only promised to restore all the land to Saul, his father, but furthermore that Mephibosheth should eat at his own table continually, and this is what God invites us to do. No earthly king's table was ever so bountifully spread as the table of the great King to which He invites every sinner to sit down and to eat there continually, David's kindness filled Mephibosheth with a sense of his own utter unworthiness (v. 8). He regarded himself as only a dead dog. When we see ourselves in the light of God's infinite grace, we too will see that we are no better than dead dogs in ourselves, but by the grace of God we become children of God (John 1:12). David sought to relieve Mephibosheth of all care by laying all responsibility for looking after his large property upon Ziba, the servant. Ziba himself had fifteen sons and twenty servants, but he in turn was to be servant to Mephibosheth. God provides us with mightier servants yet, servants of no less dignity than the angels (Heb. 1:13, 14). Mephibosheth was not only to eat at the king's table, but he was to eat there as one of the king's sons. We sit down at God's table not as guests, but as a child (Rom. 8:15, 17). The lesson closes with Maphibosheth no longer in Lodebar, the land of "no pasture," but in Jerusalem, which means, "founded in And not only in Jerusalem, peace. the city of peace, but continually at the king's table. At this point the type fails, for Mephibosheth is still lame on both his feet, and the redeemed sinner is no longer lame but made strong in his feet, able to walk in the paths of righteousness (Ps. 23:3; Eph. 6:10).

Exact Position of Luna.

After fifteen years of labor, Professor Brown, of Yale University, has completed a series of many thousands of minute observations by means of which he hopes to determine the exact position of the moon. He is about to retire to his house in Maine to begin the work of calculation, which

Fallen By the Wayside.

The ash borrows poison from the viper.-Latin.

Fools rush in where angels fear to tread .- Pope.

Tell no tales out of school.-Geman A mind quite vacant is a mind ais-

tressed.—Cowper. He gives twice who gives quickly. -Goldsmith.

Fifteen acres of lumber yards were burned at Saco and Biddeford, Maine. CLASSIFIED ADVERTISEMENTS

INHALENT CATARRHAL JELLY Cores
Deafness and Catarrh. Trial treatment by
mail free. REA CO. Minneapolis, Minn.

It is the gentle mind that makes the gentleman. So. 41-'08

RAISED FROM SICK BED

After All Hope Had Vanished.

Mrs. J. H. Bennett, 59 Fountain St., Gardiner, Me., says: "My back used to trouble me so severely that at

last I had to give up. I took to my bed and stayed there four months, suffering intense pain, dizziness, headache and inflammation of the bladder. Though without hope, I began using Doan's Kidney

Pills, and in three months was completely cured. The trouble has never returned."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

When you are dealing with a mule it is wise to see to it that said mule has no kick coming.

HAD ECZEMA 15 YEARS.

Mrs. Thomas Thompson, of Clarksville, Ga. writes, under date of April 23, 1807: "I suffered 15 years with togmenting ecsema; had the best doctors to prescribe; but nothing did me any good until I got TETTERINE.

It cured me. I am so thankful."

Thousands of others can testify to similar oures. TRIBERINE is sold by druggists or sant by mail for 50c. by J. T. SHUPTRINE, Dept. A. Savannah. Ga.

You never knew a man until you have started him talking upon the subject of his pet enemy.

Hicks' Capudine Cures Headache, Whether from colds, heat, stomach or nervous troubles. No Accetanilid or dan-gerous drugs. It's liquid and acts imme-diately. Trial bottle 10c. Regular sizes 25c. and 50c., at all druggists.

Pert Paragraphs.

When we get home and take stock of our chiggers, blisters, burns and bills we are inclined to be glad to think it is over.

Queer that your next door neighbor should think you are a mean, interfering wretch when you tell her that little Johnnie has a fire under the front porch.

A burned child dreads the licking he's going to get when dad finds out he has been playing with matches:

The man who tells a secret to a woman isn't foolish, but just diplomatic and crafty. It is his way of announcing it to the world.

Lots of girls are as mild as milk and as sweet as honey and still they may have the tabasco sauce up their

sleeve. Many a hobo would make a good Emperor, but the distressing thing about it is that there is more call for harvest hands in this country than for emperors.

Fluctuating Measure.

"He is having a peek of trouble." "And in trouble how much is a

"Oh a bushel and a half or so." If you expect to have to borrow money, better borrow it before you need it; it is easier to do so.

Practical Kind.

"That patent medicine works mira-

cles." "You don't stay."

"Yes. It found the proprietor a poor man and left him worth at least a million."

NO GUSEER.

But Tells Facts About Postum.

"We have used Postum for the past eight years," writes a Wis. lady, 'and drink it three times a day. We never tire of it.

"For several years I could scarcely eat anything on account of dyspepsia, bloating after meals, palpitation, sick headache-in fact was in such misery and distress I tried living on hot water and toast for nearly a year.

"I had quit coffee, the cause of my trouble, and was using hot water, but this was not nourishing.

"Hearing of Postum I began drinking it and my ailments disappeared, and now I can eat anything I want without trouble.

"My parents and husband had about the same experience. Mother would often suffer after eating, while yet drinking coffee. My husband was a great coffee drinker and suffered from indigestion and headache.

"After he stopped coffee and began Postum both allments left him. He will not drink anything else now, and we have it three times a day. I could write more, but am no gusher-only state plain facts."

Name given by Postum Co., Battle Creek, Mich. Read "The Road to Wellville," in pkgs. "There's a Reason."

Ever read the above letter? A new one appears from time to time. They he estimates will occupy at least ten are genuine true, and full of human