

HOME IDEAS and ECONOMIES

A Perfect Oatmeal Bread.

Into your bread pan put 3 cups uncooked oatmeal (rolled oats), 2 table-spoonfuls lard, 2-3 cup brown sugar, 1-3 cup molasses, a little salt. Then pour over all 3 cups hot water and let stand till lukewarm, then add a whole yeast cake (compressed), which has been dissolved in 1 cup warm water, also white flour (about 1 quart), and mix and knead like white bread. It should be baked 3-4 of an hour in a very slow oven.—Boston Post.

Irish Brade Breach'd.

The old recipe for this cake, which is called in Ireland the "holiday cake of Munster and Leitner," is as follows: To as much risen dough as will make two quarters (four pound) loaves add a half pound of melted butter, a half pound each of sugar, nuts and raisins, two ounces of almonds and a small piece of candied orange peel, shredded fine. Knead into small loaves, let the dough rise again and, when light, bake in a moderate oven.—Washington Star.

Canned Cucumbers.

Fill a mason jar with small cucumbers which have been washed and wiped, leaving the stem on. Cover with good, cold, well-stalated vinegar, adding also a bit of powdered alum (buy at druggist's). Put in 1 or 2 small or button onions for flavor, or whole mustard and cloves. Do not cook the cucumbers or onions or heat the vinegar. Be sure to run jar over with the prepared vinegar. Have new rubber and seal. These are crisp and grand. It is nearly time to can by this rule.—Boston Post.

Hickory Nut Cake.

Beat to a cream one-half cup of butter and two cups of sugar. Add the yolks of two eggs beaten light and stirred in with a cup of rich milk. Sift together in another bowl three cups of pastry flour, a teaspoonful of cream of tartar and a half teaspoonful of soda. Mix with the other ingredients, beat well and then stir in two cups of chopped hickory or walnut meats and two cups of seeded raisins dredged with flour. Fold in the whites of two fresh eggs beaten to a stiff froth and bake in a moderate oven for about an hour. This cake may be flavored with a grating of nutmeg, a bit of mace or vanilla, as preferred.—Washington Star.

Fish Salad.

Separate cooked fish into flakes while hot. When cold sprinkle a pint of fish with a scant half teaspoonful of salt, a dash of pepper and five or six tablespoonfuls of oil. Mix, then mix again after adding two or three tablespoonfuls of vinegar. And also, if at hand, two tablespoonful crushed capers, finely chopped olives or fine chopped cucumber pickles. Cover the fish and set it aside in a cool place to become seasoned and chilled. Drain three or four sardines, remove the skin and bones, and pound the fish with the cooked yolks of three eggs to a smooth paste. Add salt and pepper, then beat in alternately, and little by little, three tablespoonful of vinegar and five of oil. Mix the fish with the dressing and turn the whole onto a bed of lettuce leaves. Lay sardine fillets (halves of sardines freed from skin and bones) on the top of the salad and serve at once.—New York World.

Hints.

The housekeeper who goes to market rather than order by telephone will find she gets better things for less money.

Gooseberries, rhubarb and dried fruit will require less sugar if they are covered with hot water and allowed to stand until water is cool. Then change the water and cook.

Blanch almonds by pouring boiling water over them and let them stand until skins are easily removed; place almonds in a little oil or butter, sprinkle them with salt and set in oven until brown.

If your paint has been marred by careless scratching of matches try rubbing it with the finest sandpaper. One housekeeper advises the use of half a lemon for removing match marks from paint.

The dishwasher who would get through quickly invests in a soap shaker and a chain for cleaning pots and pans. She also has on hand over the sink a box of borax and a bottle of ammonia for cutting grease.

Iron-holders made from a piece of asbestos the desired size and covered with drilling or heavy unbleached muslin are light and keep out heat. There should be a ring or loop sewed to one corner to hang the holder.

It is sensible to soak the string or twine you mean to use in tying up crocks, effraits, butter or pickles. This will prevent its slipping while you are tying it, and will make a tighter job, because the twine will shrink after it is tied.

If moths have attacked a carpet try putting gasoline around the edges, soaking the nap of the carpet. Also work powdered borax into the carpet wherever there is sign of moths or under heavy pieces of furniture which cannot easily be moved in the weekly sweeping.

TO USE BLACK ANT IN THE EXTERMINATION OF BOLL WEBVIL.

Ants, the little black species which frequently infest kitchens and pantries, may be experimented with near Durant by the government next year to exterminate boll weevils. The discovery was recently made by Special Agent S. W. Murphy of the department of agriculture, who is located in this city, that the ants will devour the young weevil and the larvae be-

NEW NAVAL SHELL EFFECTIVE IN MODERN WARFARE.

France's latest pattern of naval shell for heavy ordnance seems to be highly effective, judging from the results obtained last week when the wrecked battle ship Iena was used as a target. The first shell was fired at one of the funnels, which it pierced as easily as a revolver shot would go through a piece of paper, and carried

it away, hurling it into the sea 400 yards off. A second shot struck one of the gun turrets, and when twenty minutes later the artillery committee arrived in a stream pinnace to see the effect of the shot the steel walls of the turret were red hot from the fire started by the explosion. For more than an hour it was impossible to ap-

proach within six feet of the turret, so great was the heat, and the turret wall was battered as though it had been a tin cup. Some goats and poultry shut up within it had been killed by the gases liberated by the explosion. A third shot was fired at the lower decks of the battle ship, which were protected by a thick steel belt, and although it did not pierce the ar-

them. They were placed on a newspaper and left upon a table while Mr. Murphy went out to dinner. When he returned scores of little black ants were devouring the weevils. He watched the ants with the aid of his glass until he was thoroughly satisfied that they were really devouring the weevils and not attacking them by chance. He then wrote a full report of his discovery and observations to Dr. Knapp, head of the bureau of plant life industry, under

whose direction Mr. Murphy is working.

Mr. Murphy has made further observations of the habits of ants and is confident that in them he has found an insect which will destroy the boll weevil without damaging the crop. His explanation of the reason why the ants have not already exterminated the weevils is that the advent of the latter into this country is of comparatively recent date, and that since their coming they have spread and in-

creased much more rapidly than the ants. He intends to colonize as many ants as possible in a cotton field near this city next year, and to assist him in his efforts he has asked that a government expert be detailed.

If the ants can be successfully colonized and propagated Mr. Murphy's discovery will prove of untold worth to the cotton-growing industry, and the ants, which are now regarded as household pests may prove a blessing.—From the Dallas Morning News.

There's a Rub.

"Died in poverty!" cried the philosopher scornfully.
"Died in poverty, did he, an' you expect me to sympathize? What is there in dying in poverty? I've got to live in it."—The Sporting Times.

It is not every man's lot to gain the port of Corinth.—Horace.

Pass the Word Along

It won't cost you a penny to reach out a helping hand to a great army of honest, hard-working and deserving men and women.

Just your moral support will insure work, a living, and comforts which are now either partly or wholly denied them.

How so?
Come on, let's have a look.
You've often been importuned and many have been commanded by advertisement or otherwise to "refuse to buy anything unless it bears the union label."

Looks harmless on its face, doesn't it?

It really is a "demand" that you boycott the products made by over 80 per cent. of our American workmen and women, who decline to pay fees to, and obey the dictates of the union leaders.

It demands that you ask the merchant for articles with the "union label," thus to impress him with its importance.

It seeks to tell you what to buy and what to refuse. The demands are sometimes most insolent, with a "holier than thou" impudence.

It demands that you take away the living of this 80 per cent. of American workmen and women.

Is that clear?
Why should a small body of workmen ask you to help starve the larger body?

There must be some reason for the "union label" scheme.

Run over in your mind and remember how they carry on their work.

During a discussion about working or striking in the coal regions, about 25,000 men preferred to work, they had wives and babies to feed. The union men said openly in their convention that if the employers didn't discharge these men they (the union men) would kill them.

So they dynamited about a dozen homes, maimed and crippled women and children and brutally assaulted scores of these independent workers.

The big boys of the union men were taught to pound the school children of the independent men. How would you like to have your little girl shortly grown from the toddling baby who used to sit on your lap and love "Daddy" pounded by some big bullies on her way home from the school where she had gone to try and please Daddy by learning to read?

The little bruised face and body would first need tender care while you ponder the inscription writ deep in your heart, by that Master and Guide to all human compassion, "Inasmuch as ye have done it unto one of the least of these, My brethren ye have done it unto Me." Then perhaps you would drop to your knees and pray Almighty God for strength in your right arm to strike one wnanly and powerful blow for baby's sake, even if you went to death for it.

Helpless children were brought home, with faces black or bleeding from the blows and kicks of these fiends, teaching independent Americans that they must stop work when told and pay fees to the leaders of "labor." Thousands of men, women and children have been treated thus.

From somewhere, Oh, Father of us all, we try to believe, that You look with pitying eyes upon these brutal blows, cuts and scars on the many human bodies made in your likeness and image.

They are beautifully and wonderfully made, each the dwelling place of a Divine Soul.
Is it Your wish that they be crushed by iron shoe heels, cut by knives or torn asunder by bullets and dynamite?

May we venture to think that a song suffering patience is extended in the hope that the men and women of America may some day wake to a realization of the awful cruelties perpetrated by this spirit of oppression and that they will some time learn the lesson that the "sacred gift of human freedom and liberty" was given by God and must be defended even to death itself.

Our forefathers were used by the infinite God to establish our freedom in 1776, and our fathers gave freely of their blood and treasure to establish the freedom of the black. Now again it seems we are called upon to protect our brothers and ourselves from that old time spirit of tyranny which comes up from time to time to force people to obey tyrannous rules and bend the knee of the slave.

In Wellston, Ohio, thirty Americans sought employment in a factory. They were seeking to earn food for their families. They were bombarded by rocks and pounded with clubs in the hands of union men.

One of the injured, John Brannan, was taken to the city hospital with a broken jaw, crushed skull and other cuts and bruises. He was the father of two children, and was thought to be dying. Perhaps he did. I don't know, but I sometimes wonder what the children said to Mother when "Pappy" didn't come home, and how they and the little woman got any food, and how they could place their wrongs before their own American fellows.

Mayhap sometime some kind person will equip a home where the orphans and widows of the victims of the Labor Trust may be cared for and fed.

It would take a big home. It has been said there were 31 Americans, many of them fathers, killed in one strike, (the teamsters in Chicago) and over 5000 maimed, many for life. That's only one "lesson" of these bullies. There are literally thousands of cases wherein your fellow American has been assaulted, maimed or killed by these men. The same work is going on day by day. Suppose you make a practice of picking out each day from the papers, accounts of brutality to American workmen who prefer to work free from the impudence and tyranny of self constituted leaders (?) than to be always subject to their beck and call, pay them fees and be told by them when and where to work, and for whom. You will discover the same general conditions underlying all these daily attacks.

In every case the workman prefers to be free. He has that right. He then tries to go to work. He and his family sorely need the money for food or he wouldn't run the risk of his life. Many such a man has wiped the tears away and quieted the fears of a loving wife, left with a kiss on her lips, set his manly jaw and walked into a shower of stones and bullets to win food for the loved mother and babies.

A good many have been brought home on stretchers with blood oozing from nose and ears, some cold, while some gradually recover, and carry for life the grim marks of the "union label."

They are your fellows, my friends, and yet you supinely read the accounts and say "too bad."

Have you grown so calloused that you care nothing for the sufferings of these men who need food and these helpless ones who rely on the life and strength of husband and father?

Let us hope that soon you may be moved by a just God to rise in your right arm and by voice and pen, by vote and right arm you will do a man's part in protecting yourselves and your brothers from this onslaught on American citizens. This cruel warfare is carried on not always to raise wages, but to establish union control, kick out the independent men and establish the "label."

Unfortunately the "Labor movement" which started many years ago honestly enough, has fallen under control of a lot of tyrannical, vicious "men of violent tendencies."

There are too many to attempt to name. You can recall them. They include men who have planned the murders of miners, teamsters, pressmen and carpenters, shoemakers and independent workmen of all kinds. Many of them have escaped hanging by an outraged public only because juries became terror stricken and dared not convict them.

Some have been punished slightly and some, including the principal officers of this nefarious crew are now under sentence to imprisonment but have appealed their cases.

Right here some apologist rises to protest against "speaking thus of laboring men." Bless your dear heart, it isn't the honest and real workman who does these things, it is the excitable ones and the toughs and thugs who don't work except with their mouths, but have secured control of too many unions. I don't even attempt to specify the criminal acts these persons have assisted or winked at in their plan for destroying free workmen and forcing men to stay in "the union" and hence under their control. The newspapers for the past 7 years contain almost daily accounts of the criminal, lawless and tyranni-

cal acts against American citizens and haven't told half the tale. Right here it becomes necessary to say for the ten thousandth time that there are scores of honest, law-abiding union men who deplore and are in no way responsible for the long infamous record of the "Labor Trust" under its present management, but they don't seem to stop it.

The men who manage, who pull the strings and guide the policy have made the record and it stands, as made by them.

Examine, if you please, the record of a string of members of the American Federation of Labor and you will view a list of crimes against Americans, stupendous beyond belief. They defy the laws, sneer at the courts, incite mobs and are avowed enemies of the peaceable citizens of all classes.

This band wields an iron bar over their subjects and drives them to idleness whenever they want to call a strike or exact extra pocket money for themselves.

Men don't want to be thrown out of work and lose their livelihood, but what can they do when the slugging and murdering committee stands always ready to "do them" if they try to work.

The poor women and helpless children suffer and no one dares present their case to the public. They must suffer in silence for they have no way to right their wrongs, while the notoriety-seeking leaders carry out their work.

These men cannot thus force oppression on the weak and innocent or use them to bring newspaper notice to themselves and money to their pockets unless they can "hold them in line."

Therefore, with the craft of the fox and venom of the serpent they devise the "union label" and tell the public to buy only articles carrying that label.

Smooth scheme isn't it?

They extract a fee from every union man, and in order to get these monthly fees, they must hold the workers in "the union" and force manufacturers to kick out all independent men.

Can anyone devise a more complete and tyrannical trust?

If allowed full sway, no independent man could keep working in a free factory, for the goods wouldn't sell, no matter how perfectly they were made. Then, when the factory has been forced to close and the employees get hungry enough from lack of wages the workers must supplicate the union leaders to be "allowed" to pay their fines (for not becoming members before) and pay their monthly fees to the purse-fat managers of the Labor Trust. Thereupon (under orders) before the factory be allowed to start they must force the owners of the business to put on the "union label" or strike, picket the works, and turn themselves into slugs and criminals towards the independent workers who might still refuse to bend the knee and bow the head.

In the meantime babies and mothers go hungry and shoeless, but who cares. The scheming leaders are trained to talk of the "uplifting of labor" and shed tears when they speak of the "brotherhood of man," meaning the brotherhood of the "Skinny Maddens," "Sheas," "Gompers," et al., always excluding the medium or high-grade independent workers.

Perhaps you have noticed lately that the makers of the finest hats, shoes and other articles have stopped putting on the union label. Naturally the Labor Trust managers have ordered their dupes to strike, He idle, scrap, fight, slug and destroy property to force the makers to again put on "the label." But for some reason the buying public has been aroused to the insults and oppression behind it, and in thousands of cases have refused to buy any article carrying, what some one named the "tag of servitude and oppression."

The bound and gagged union slave is fined from \$5.00 to \$25.00 if he buys any article not bearing the "union label." Nevertheless, he, time and again, risks the penalty and buys "free" goods simply in order to help the fellow workman who is brave enough to work where he pleases without asking permission on bended knees from the bulldozing leaders who seek by every known method of oppression and hate to govern him.

If these poor wageworkers will thus brave fine and slugging to help out other men who seek to live a free life under our laws and constitution cannot you, reader, help a little?

Will you reach out a hand to help an independent workman earn food for his wife and babies? Or will you from apathy and carelessness allow him to be thrown out of work and the helpless suffer until they prostrate themselves before this stupendous and tyrannical aggregation of leeches upon honest American labor?

The successor of Henry Ward Beecher in Plymouth Church, Brooklyn, says:

"Union labor hatred for labor burns like a flame, eats like nitric acid, is malignant beyond all description. But the other day, a woman representing a certain union visited many families in Plymouth Church asking them to boycott a certain institution. . . . Alas, this union woman's hatred for non-union women burned in her like the fires of hell."

She was pitilessly, relentlessly and tirelessly pursuing the non-union women and men to destroy the market for goods, to ruin their factory and to starve them out.

In the French Revolution only 2 per cent. of the French people believed in violence. The 98 per cent. disclaimed violence and yet the 98 per cent. allowed the 2 per cent. to fill the streets of Paris with festering corpses, to clog the Seine with dead bodies, to shut up every factory in Paris, until the laboring classes starved by the score.

The small per cent. element in the Labor Trust which hates and seeks to destroy the large per cent. of independent Americans sends out letters declaring "free" industries unfair and tries to boycott their products. If they could bind every one it would bring suffering upon hundreds of thousands, immeasurable ruin upon the country, and land it absolutely under control of the men now attempting to dictate the daily acts of our people and extract from each a monthly fee.

There are babies, children, women and honest, hard-working and skillful fathers who rely upon the protection of their fellows, when they seek to sell their labor where they choose, when they choose, and for a sum they believe it to be worth.

Every citizen having the rights, privileges and protection of a citizen has also the responsibility of a citizen. The Labor Trust leaders may suavely "request" (or order those they can) to buy only "union label" articles, and you can of course obey if you are under orders.

Depend upon it, the creatures of the Labor Trust will, upon reading this, visit stores and threaten dire results unless all the things bear "the label."

They go so far as to have their women pretend to buy things, order yards of silk or cloth torn off and various articles wrapped up and then discover "no label," and refuse them. That's been done hundreds of times and is but one of the petty acts of hatred and tyranny.

Let no one who reads this article understand that he or she is asked to boycott any product whether it bears a "union label" or not. One has a constitutional right to examine the article and see whether its makers are Labor Trust contributors and slaves or are free and independent Americans.

I have tried to tell you something about those who are oppressed, vilified, hated, and when opportunity offers are attacked because they prefer to retain their own independent American manhood. These men are in the vast majority and include the most skillful artisans in the known world. They have wives and babes dependent on them.

These men are frequently oppressed and have no way to make their wrongs known. They are worthy of defense. That's the reason for the expenditure of a few thousands of dollars to send this message to the American people. Remember, I didn't say my "excuse" for sending it. The cause needs no "excuse."

C. W. POST,
Battle Creek, Mich.

N. B.

Some "parlor socialist" who knows nothing of the Russian Czarism of the great Labor Trust will ask right here: "Don't you believe in the right

of certain workmen to 'organize?'" Oh, yes, brother, when real workmen manage wisely and peacefully, but I would challenge the right of even a church organization when its affairs had been seized by a motley crew of heartless, vicious men who stopped industries, incited mobs to attack citizens and destroy property in order to establish their control of communities and affairs, and subject every one to their orders and exact the fees. When you see work of this kind being done call on or write the prosecuting officers of your district and demand procedure under the Sherman anti-trust law, and prosecution for conspiracy and restraint of trade. We have the law, but the politicians and many of our officers even while drawing pay from the people are afraid to enforce it in protection of our citizens, and now the big Labor Trust is moving heaven and earth to repeal the law so their nefarious work may be more safely carried on.

But You. Why don't you strike out and demand defense for your fellows?

Put your prosecuting officers to the test and insist that they do their sworn duty, and protest to your Congressmen and legislators against the repeal of the Sherman Anti-Trust law. Its repeal is being pushed by the Labor Trust and some big capital trusts in order to give each more power to oppress. Do your duty and protest. In this great American Republic every one must be jealous of the right of individual liberty and always and ever resent the attempts made to gain power for personal aggrandizement.

Only the poor fool allows his liberty to be wrested from him.

Some one asks "how about your own workmen?"

I didn't intend to speak of my own affairs, but so long as the question is almost sure to be asked I don't mind telling you.

The Postum workers are about a thousand strong, men and women, and don't belong to labor unions. The Labor Trust has, time without number, sent "organizers" with money to give "smokers," etc., and had their "orators" declaim the "brotherhood of man" business, and cry salty tears describing the fearful conditions of the "slaves of capital" and all that. But the "confidence game" never worked, for the decent and high grade Postum workers receive 10 per cent. over the regular wage scale. They are the highest paid, richest and best grade of working people in the State of Michigan and I believe in the United States. They mostly own their own homes, and good ones. Their wages come 52 weeks in a year and are never stopped on the order of some paid agent of the Labor Trust. They have savings accounts in the banks, houses of their own and steady work at high wages.

They like their daily occupation in the works (come and ask them) and are not slaves, and yet the Labor Trust leaders have done their best to ruin the sale of their products and force them into idleness and poverty.

It would cost the workmen of Battle Creek (our people and about 3000 others) from \$1000.00 to \$2000.00 a month in fees to send out to the leaders of the Labor Trust, if they would allow themselves to become "organized" and join the Trust.

Not for them, they keep the money, school the children and live "free." That's some comfort for white people. Once in a while one of the little books "The Road to Wellville," we put in the pkgs. of Postum, Grape-Nuts and Post Toasties, is sent back to us with a sticker pasted across it saying "Returned because it don't bear the union label."

Then we join hands and sing a hymn of praise for the discovering by some one that our souls are not seared with the guilt of being conspirators to help bind the chains of slavery upon fellow Americans by placing added power in the hands of the largest, most oppressive and harmful trust the world has ever seen.

When you seek to buy something look for the "union label" and speak your sentiments. That's an opportunity to reach out a helping hand to the countless men and women in all kinds of industry who brave bricks, stones and bullets, to maintain their American manhood and freedom by making the finest goods in America and which do not bear the seal of industrial slavery, the "Union Label."