LETTER FROM MRS. COOK

Entirely Recovered From Illness, And Now Growing Stronger Each Day.

Cave Springs, Ga .- "I sleep better than ever," writes Mrs. Kate Cook from this place, "and get stronger every day. Before I tried Cardui, the woman's tonic, I was very sick, and the doctor's medicine did me no good. I can never speak too highly of your medicine."

Sleeplessness and nervousness, from which many women suffer, often make living unendurable.

If you are ailing, no need to stay so. Most of the ailments peculiar to women are preventable, curable.

Others have obtained relief by taking Cardui. Why not you?

Cardui is a popular medicine with women. It is popular because it has been found to banish nervousness, relieve pain, bring roses back to pale cheeks, and strength to weak bodies.

Cardui acts specifically on the cause of most female ills, and thus it is a medicine especially useful in women's ailments, in the treatment of which it has a record of over 50 years of suc-

At least it can do you no harm, to give Cardui a fair trial.

It may be the very medicine you need.

Get a bottle today.

N. B.—Write to: Ladles' Advisory Dept., Chattanooga Medicine Co., Chattanooga, Tenn., for Special Instructions, and 64-page book, "Home Treatment for Women," sent in plain wrapper on request.

Repentance as a habit would keep one turning in a circle.

To Put It Mildly.

"They say he has a swelled head." "I must admit that he seems to appreciate himself very much."

FOR HEADACSIE-Hicks' CAPUDINE Whether from Colds, Heat, Stomach or Nervous Troubles, Capudine will relieve you. liquid-pieasant to take-acts immedi-y. Try it. 10c., 25c., and 50 cents at drug

Anyway Eve never had occasion to marry Adam by asking two or three times a day if she was the only woman he ever loved.

Important to Mothers Examine carefully every bottle of CASTORIA, a safe and sure remedy for

infants and children, and see that it Bears the Signature of Chat H. Helteher. In Use For Over 30 Years.

As Time Passes.

The Kind You Have Always Bought.

"Before you were married you used

"Yes," replied Mr. Meekton. "Now it takes a diamond necklace to make her as enthusiastic as she used to be over a five-dollar bunch of roses."

SPOHN'S DISTEMPER CURE will cure any possible case of DISTEMPER, PINK EYE, and the like among horses of all ages, and prevents all others in the same stable from having the disease. Also cures chicken cholers, and dog distemper. Any good druggist can supply you, or send to mirs. 50 cents and \$1.00 a bottle. Agents wanted. Free book. Spohn Medical Co., Spec. Contagious Diseases, Goshen, Ind.

Discouraging.

"George," said her husband's wife, "I don't believe you have smoked one of those cigars I gave you on your birthday."

"That's right, my dear," replied his wife's husband. "I'm going to keep them until our Willie wants to learn to smoke "

MIX THIS FOR RHEUMATISM

Easily Prepared and Inexpensive and Really Does the Work, Says Noted Authority.

Thousands of men and women who have felt the sting and torture of that dread disease, Rheumatism, which is no respecter of age, persons, sex, color or rank, will be interested to know that it is one of the easiest afflictions of the human body to conquer. Medical science has proven it not a distinct disease in itself, but a symptom caused by inactive kidneys. Rheumatism is uric acid in the blood and other waste products of the system which should be filtered and strained out in the form of urine. The function of the kidneys is to sift these poisons and acids out and keep the blood clean and pure. The kidneys however, are of sponge-like substance, the holes or pores of which will sometimes, either from overwork, cold or exposure become clogged, and falling In their function of eliminating these poisons from the blood, they remain in the veins, decompose and settling about the joints and muscles, cause the untold suffering and pain of rheumatism and backache, often producing complications of bladder and urinary

disease, and general weakness. The following simple prescription is said to relieve the worst cases of rheumatism because of 's direct action upon the blood and kidneys, relieving, too, the most severe forms of bladder and urinary troubles: Fluid Extract Dandelion, one-half ounce; Compound Kargon, one ounce; Compound Syrup Sarsaparilla, three ounces. Mix by shaking well in a bottie and take in teaspoonful doses after each meal and at bedtime. The ingredients can be had from any prescription pharmacy, and are absolutely harmless and safe to use at any time.



High Court Decides Rights of Jurors



WASHINGTON.—The Supreme court of the United States has decided a case which involved the proper treatment of jurors. Because jurors had been permitted to separate and to read newspapers during a trial the court was asked to set aside the verdict. The case was a conviction for murder at military barracks in the state of Washington, where the jury had been allowed to be present while counsel argued about the admission of alleged confessions as evidence. The Supreme court holds. in an opinion written by Justice Holmes, that the presence of the jury during the argument was not wrong, and that the members might rightly read newspapers and need not be kept together as a body.

The decision upsets the common practise of trial courts. In important cases, notably those for murder, jurors are kept under surveillance, almost as prisoners. In their selection their intelligence is questioned and knowledge of current events made ground for challenge. Then chain gang in custody of an officer, society and of property.

forbidden free converse with family and friends. In theory jurors are ministers of justice, a part of the court. They are chosen as honest men from the worthy citizens, and they serve not as suspects, but as honorable officials. They lose no privileges as members of the community when they are called to assist the judge by rendering a verdict. Experience shows the need of guarding jurors from tampering and sinister approach, but this must be done without sacrificing their liberty. That rural juror had much sense on his side when he asked: "If we can't read the papers and must be kept together 'incommunicado' why should not the judge be treated in the same

The tribunal of final resort decides that jurors do not cease to be free citizens and do not leave their consciences at home when they enter the box. If they are fit for their duties at all they can be trusted to read papers and listen to lawyers and they need not be herded all the while in a mass while a case is on.

The Supreme court thus gives its influence in favor of proper privileges and courteous treatment to the picked men who are summoned to help hold steady the scales of justice.

Often jury service is irksome and it cannot be wise to add to its hardships they are marched and and from the beyond what is necessary. The syscourt room after the fashion of a tem is a vital part of the defenses of

Foreigners Help Enforce Food Laws



UNDER the pure-food laws of the United States It is as much a fraud on the public to give an incorrect impression regarding the origin or place of production of an article for human consumption as it is to give a wrong impression regarding the contents, nature or composition of such an article.

Foreign governments have been cosparkling wine produced elsewhere under their proper designation. than in the legally defined champagne country cannot legally be sold as champagne, even though experts might de- had been shipped to Arabia in order clare that it possessed all the qualities of wine so grown and even was Aden as Mocha coffee, and they said superior to them. The same thing that the practise was still in force, alholds as regards cognac, and it is though, as Dr. Wiley remarked, the probable that similar regulations will dealers did not always go to the troube adopted regarding certain popular brands of cheese and other things export before branding it as fine Arawhich the public associates with trade bian coffee.

names. Olive oil labeled Lucca has been found by the pure-food inspectors coming from Greece and from Spain and from other places aside from Lucca itself. The government is now taking up

the question of requiring the numerous varieties of coffee imported into this country to be honestly labeled. A recent meeting of the pure-food board was held for the purpose of taking testimony regarding the labeling of Brazilian coffee. After hearing testimony from experts present showing that the practise has grown up of labeling coffee with the name of the port whence it is shipped regardless of the place of crigin, Doctor Wiley stated that an effort would be operating with the government of the made to reform this practise, which United States to prevent the mis- the importers admitted to be wrong, branding and incorrect labeling of and that the matter would be properfood products originating in those | ly taken up in due form with the countries. France has been very ac- government of Brazil through the tive in this respect, and it is now il- state department, to the end that the legal in France to label as cham- Brazilian coffees, which form by far pagne any wine produced outside of the greater part of the coffee used in certain well-defined boundaries. A the United States, should be sold

Prominent importers from New York testified that Brazilian coffee that it might be reimported from ble of shipping coffee to Arabia for re-

The Bonding of Government Officials



NOW many government officials are It will cost about \$10,000.

the bonding of governmental officials. formation concerning the departments, About a year ago several officials appealed to congress to raise their salaries because the bonding companies investigate the subject. This commithad increased the cost of their bonds | tee hired a corps of experts to go over to such an extent it made their sal- the field, figure out the percentage of aries look like withered autumn faithless officials and the cost of insurleaves. For instance, one man's prede- ing the government against loss.

cessor played the races and his surety paid the fiddler, whose bill amounted to about \$10,000. The successor was shares of this company are scattercompelled to pay about 15 per cent, of ed from one end of the Union to the his salary in order to induce a surety other. This is more than a private or bonding company to run the risk corporation. It is a great national of his following in the footsteps of the

Chairman Tawney of the house com-II honest and what it is worth to in- mittee on appropriations proposed to sure their honesty are questions that limit the amount to be paid for bondwill be answered on a scientific basis ing government officials. That called shortly. Experts in the service of the down the wrath of the bonding comcongress have passed much time re- panies. A hearing resulted. The govcently attempting to reduce the an-ernment employes made more comswers to a few concrete figures. Their plaints about the increase in rates and work is said to be drawing to a close, the surety companies complained about the government officials being The question arose in reference to so stingy with statistics and other in-The result was the appointment of a

committee by the house and senate to

Minister Wonders



W HEN the frollicky little monarch of Portugal had to flee before the uprising insurgents he left one of his most loyal subjects in Washington up in the air, and he has been wondering as Portugal, republic or monarchy, since where he is at. Senor de Alte. known as Viscount de Alte, is, or was, the regularly accredited minister to ground, thoroughly established and Washington from Portugal. He is a gentleman as well as a diplomat, one would be right good diplomacy to not always following the other, unfortunately, and has been very well liked, ister has been consistently "out" ndeed, in Washington, but he would whenever newspaper people have give something pretty right now to called upon him. In fact, the policy plain gentleman of leisure.

Where He Is At'

self in the safest, sanest and most conservative manner. It has not been possible to find a flaw in his comportment or deportment since he found himself a diplomat without a country. He does not know whether he is "mishe may be all three, as the pruning nife of the Republicans has not yet opped off any of his titles.

Senhor de Alte has not resigned his post, for, as he has been perfectly acceptable to all parties concerned and wants a representative in the United itates and has a very good man on the equainted with the ins and outs, it leave him here. The Portuguese minnow whether he is a diplomat or just of lying low or sitting tight, just as ou care to put it, is the diplomatic Since fat little Manuel was deposed ne which Senhor de Alte has found to scount de Alte has comported him best fit the situation.

NEW ERA IN FINANCE

ACCURACY AND PUBLICITY PROVES TO BE A POPULAR мотто.

Prompt Response to Bold Move of President Vall .- "Accuracy" Reduced Western Union's Surplus \$13,-000,000 .- "Publicity" Restored Confidence and Its Stock Went Up.

Are the great financiers of the country beginning to see a new light? Time was, until recently in fact, when the men at the head of the big corporations "kept their business to themselves," as far as the law would allow. Capable men at the head of the big concerns, long realized the weakness of their position, but what was needed obviously, as in all great reforms, was an unmistakable occasion and a courageous man. The occasion arose in the purchase of the Western Union Telegraph company by the American Telephone and Telegraph company, and the man appeared m Theodore N. Vail, President of the Durchasing corporation

It was last December when public announcement was made that the Gould holdings of Western Union had been taken over by the Telephone company.

On account of the high esteem in which the management of the telephone company is so generally held, great things were predicted as a result of the absorption of Western Union. By the press of the country the "deal" was most favorably commented on, it being widely pointed out that under the direction of such men as Theodore N. Vail and his associates, the telegraph company was bound soon to work itself into a position where it could offer the public far more efficient service than it had ever before been able to offer.

But a very few months had elapsed when it became apparent to the new management that a modern and upto-date appraisal of the company's assets would make possible a far greater degree of efficiency of operatlon. "Here," they said to themselves, "we've bought control of this property and we know it's immensely valuable, but we don't know just how valuable. These appraisals of real estate and securities owned were made a long time ago. If we have a complete inventory made of every thing we've got we can announce the facts to the public, start a new set of books, and begin our responsibility to stockholders right there."

How Inventory Was Taken. The most expert accountants and appraisers to be had were put at the task. Their labors lasted over eight months. Their report and its publication by the company marks an epoch in finance.

It began by recommending an adjustment of the difference between the appraised and book values by a charge of \$5,595,089 against surplus. Book values of securities held were reduced to market values, bad and doubtful accounts were "charged off," an allowance of \$2,000,000 was made for "depreciation," another of \$500,000 for "reserve," and so on, until the old surplus of \$18,867,000 came down to \$5,136,000.

It required courage, the publication of this statement to stockholders, saying in effect: "The property of your company has been revalued: the surplus isn't nineteen millions, as you have been led to believe, but five millions," but it was the truth, and President Vail did not flinch. "Accuracy and publicity," he declared, was essential. "The stockholder has a right to know. The enterprise. The public is entitled to the facts."

The report was ordered published forthwith. Financiers of the old school and speculators generally were aghast. What would happen? Would the bottom drop out of Western Union when the shareholders realized that their propetry was worth \$13,000,000 less than they had supposed? But the amazing thing happened. The stock went up and stayed up. The public had responded to this remarkable display of frankness and confidence; to the new motto, "Accuracy and Publicity."

The full significance of the action of the new board is stated concisely by Harper's Weekly in these words: "Is this policy of publicity and of open-handed dealing with shareholders and public the forerunner of a similar movement on the part of other big corporations? Certainly it is to be hoped that it is. In the case of these big companies, dependent upon public patronage and doing business under public franchise, can there be any question of the right of the people to know?

"That right is being recognized. er," "senhor" or "viscount." Possibly It is recognized now in this epochal act on the part of the telephone and telegraph interests. It is the dawn of a new era in corporation finance."

> Rider and Ridden. I never could believe that Providence had sent a few men into the world ready booted and spurred to ride, and millions ready saddled and bridled to be ridden.-Richard Rumbold.

> Longevity In Birds. Wild geese have been known to live to the age of 100, and the raven commonly lives 50 years. A record is said to be extant showing that a cockatoo once attained the ripe old age of 81 years.

THE **CRUCIFIXION**

Sunday School Lesson for Dec. 11, 1910 Specially Arranged for This Paper

LESSON TEXT-Matthew 27:15-50. Memory verses, 4, 41-42. GOLDEN TEXT—"He was wounded for our transgressions. He was bruised for our iniquities."—Isa, 53:5,

TIME-Friday morning, April 7, A. D. ..., from six o'clock A. M. till three o'clock P. M.

PLACE-(1) Pilate's judgment hall either in Herod's Palace in the western part of the city; or in Castle Antonia adjoining the Temple area on the north.

The Roman trial, before Pilate,

was in the palace of Pilate, opening

into a large court. See place. In the

Jewish court the charge brought against Jesus was blasphemy, that is treason against God and the Jewish commonwealth. The penalty was When the leaders brought Jesus before Pilate they hoped that the governor would accept their verdict, and simply countersign their sentence

without inquiring further, taking for granted that they would not have condemned a man to death unless he deserved it. But Pilate asked: "What accusation bring ve against this man?"

The verdict of Pilate was, "I find no fault in this man."

From the mockeries in Pilate's court Jesus was led away to be cruci-

Jesus was so weak from his long and intense sufferings that an African from Cyrene was compelled to help him bear the cross.

The distance was from half a mile to a mile, according to the place of starting (the tower of Antonia, or Herod's palace) and the location of Calvary. In advance was a soldier carrying a white wooden board on which was written the nature of the crime. Next came four soldiers, under a centurion, with the hammer and the nails, guarding Jesus, who bore, as always in such cases, the cross on which he was to suffer (John 19:17, r. v.). Then came two robbers, each bearing his cross and guarded by four soldiers. As they went forth into the street they were followed by a great multitude-many with eager curiosity: priests exulting over their enemy; Mary, with other women, weeping (Luke 23:27). This scene is vividly described in

"Ben Hur:" "He was nearly dead. Every few steps he staggered as if he would fall. A stained gown, badly torn, hung from his shoulders over a seamless under-tunic. An inscription on a board was tied to his neck. A crown of thorns had been crushed hard down upon his head. The mob sometimes broke through the guard and struck him with sticks, and spit upon him. Yet no sound escaped him." The seven words from the cross:

1. Father, forgive them; for they know not what they do, was probably spoken in the height of the agony, when the cross with the victim upon it was dropped with a sudden wrench into its place in the ground. 2. Today shalt thou be with me in

paradise. To the penitent robber, toward noon. 3. Woman, behold thy son. Behold

thy mother! Toward noon, when committing his mother to the loving care 4. Elo i, Elo i, la ma sabach thani.

Aramaic for My God, my God, why hast thou forsaken me? Spoken in the darkness and depression of spirit near his death, about three o'clock in the afternoon. The sole expression of spiritual suffering. 5. I thirst, in the intense thirst of

his dying hour. The sole expression of bodily suffering. 6. It is finished. "The Workers's

Cry of Achievement, the Sufferer's Cry of Relief."

7. Father, into thy hands I commend my spirit. His dying cry, "the triumphant note of a conquerer." "Redemption through his blood," so

frequently referred to in the New Testament, gives the highest possible expression of love. Blood is life, the life he gave to save us. But this includes the whole life of Christ, his coming, his life work, his death on the cross, and his resurrection-it was this Christ who expressed his supreme love and his Father's love by giving his life that we might live. The sacrifice on the cross was the highest proof and the strongest expression of the love of God to man. Christ proved the greatness of his love by what he was willing to suffer for those he loved. Ruskin says that "the fountain in which sins are indeed washed away is that of love, not of agony." But the agony was the measure and the proof of love. It declares God's love to man "in letters that can be read from the stars." The fact is that there is no other way to express in language that all can understand the highest degrees of heroism courage, self-sacrifice, and love. It is these qualities we see rather than the agony, as we do not see the particles of matter in the air by which the sunlight is diffused, but we see the light.

Every power and every motive that can touch the heart of man to lift him out of sin into the kingdom of heaven radiates from the cross, as the completion of the sacrifice of Christ. It shows to us the evil of sin, since redemption from sin demanded such a cost. It reveals to us the loving heart of God. It shows that we cannot enter heaven unless we are cleansed from sin. It teaches us the value of salvation, great beyond our conception. It shows the value of our souls, of character, of a right life. It sets us an example of doing right at any cost, even of our lives.



Snowdrift Hogless Lard has snowed them all under?

Snowdrift is made of highly refined cotton seed oil and beel fat. It is the most economical shortening you could select, goes one-third further than lard, and in contrast with hog grease, is absolutely healthful in result and effect. It produces the most beautiful pastries and delicacies, and is an rich as butter for frying. It is sold by leading progressive dealers everywhere. Be sure to call for Snowdrift Hogless Lard, and emphasize the fact that you will not tolerate substitution. Made by

THE SOUTHERN COTTON OIL CO. New York Savannah A-1 New Orleans Chicago

WHAT'S Your Health Worth?

You start sickness by mistreating nature and it generally shows first in the bowels and liver. A 10c box (week's treatment) of CASCARETS will help nature help you. They will do more—using them regularly as you need them—than any medicine on Earth. Get a box today; take a CASCARET tonight. Better in the morning. It's the result that makes millions take them.

CASCARETS noc a box for a week's treatment, all druggists. Biggest seller in the world. Million boxes a month.

BUY GEORGIA FARM

LANDS NOW; \$10 to \$30 an acre, according to location. Two crops a year; 60 to 100 bushels of corn or oats to acre. Fine fruit country. Mild winters; pleasant summers. Best and cheapest lands in U.S. To locate in section with brightest future, write Fine fruit country.

Frank Weldon, Atlanta, Ga.

NTHINEHAIR

Restores Gray Hair to Natural Colory REMOVES DANDRUFF AND SCURF Invigorates and provents the hair from falling of XANTHINE CO., Richmond, Virginia Price 51 Per Bottle; Sample Bottle 35c. Send for Circulars



f amicted with Thompson's Eye Water

Time to Think Over Suicide. He took paris green to commit suicide. Too big a dose to kill him. Emi-

nent specialist happened to be called in, and started to fix him up. "No said paris green performer, do it anyhow after you have done with me." Doctor got mad. "If that's the way you feel about it, you fool," he said, "I'll not waste my time on you." Paris green performer much astonished and grieved. "Well," he said, 'give me 24 hours to think it over." Doctor gave him 24 hours and went away. At the end of the time paris green performer telephoned: "I've thought it over and want to get well; come and see me some more.'

An Unmistakable Hint. "Young Staylate got a delicate hint from the young lady he was calling on the other evening." "What was it?"

"She found looking at the clock and other familiar devices useless, so she ordered some refreshments and her mother sent her a plate of breakfast food."

Was All Right.

Howard-Did you telephone Mrs. Howard that I would be detained at the office until midnight? Office Boy-Yes, sir.

"And what did she say?" "Said she didn't blame you-she had

made an engagement to go to the theater tonight herself."-Smart Set. Some women jump at conclusions,

because they want to see how the story is going to end.

Post **Toasties**

With Cream

With Milk

With Fruit.

Savoury Wholesome

Economical "The Memory Lingers"

Postum Cereal Co., Ltd.,

Battle Creek, Mich.