

WHAT A WOMAN CAN AND DID DO

Mrs. Hennessee, of McMinnville, Tells How She Succeeded in Spite of Many Discouragements.

McMinnville, Tenn.—Mrs. Lucy Hennessee, of this place, says, "I suffered, about six years, more or less, with womanly troubles. My head hurt so terribly that I could get no sleep.

My husband had no faith in it, but I commenced using Cardui, according to directions, and now he is thoroughly convinced that Cardui is doing me more good than all the doctors.

Before I had used all of one bottle of that wonderful medicine, I had commenced to improve. Now, I feel like a different woman.

The misery is all gone, and I have a good appetite and feel greatly improved in every respect.

It will certainly benefit others, as it has me, and I am glad to know that such a remedy is within the reach of every suffering woman."

If you suffer from any form of womanly weakness or irregularity, try Cardui, the woman's tonic. It helps nature to perform a cure in a natural, easy way.

The ingredients used in Cardui are mild herbs, which have a gentle, tonic effect, on the womanly constitution.

It builds up the strength, improves the appetite, tones up the nervous system, and helps to make pale, sallow cheeks fresh and rosy.

If you are a woman, try it.

N. B.—Write to Ladies' Advisory Dept., Chattanooga Medicine Co., Chattanooga, Tenn., for Special Instructions, and 64-page book, "Home Treatment for Women," sent in plain wrapper, on request.

It often happens that when a man knows his duty he tries to stave it off by seeking advice.

Barduco Liver Powder

Nature's Remedy: is purely vegetable. As a cathartic, its action is easy, mild and effectual. No griping, no nausea, makes a sweet breath and pretty complexion. Teaches the liver to act. Sold by all medicine dealers, 25c.

Virtue may be its own reward, but the reward isn't always legal tender at the corner grocery.

A Household Remedy

Which works from outside. Chestol (Chest Ointment) Will relieve quickly croup, coughs, colds, pneumonia and all affections of chest and throat. 25c, everywhere.

Same Thing.

"I hear that firm's going under."
"Yes, they're going up."

For HEADACHE—Heck's CAPUDINE—Whether from Colds, Heat, Stomach or Nervous Troubles, Capudine will relieve you. It's liquid—pleasant to take—acts immediately. Try it. 10c, 25c., and 50 cents a drug store.

If you are poorer than your relations it is easy for you to dodge them.

As a corrective for indigestion and a regulator of the system, no remedy can excel in purity and efficiency Garfield Tea.

But it takes a woman to keep a secret she doesn't know.

"Pink Eye" is Epidemic in the Spring. Try Murine Eye Remedy for Reliable Relief.

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tells how you can get the very latest effects on your walls.

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KILL BOLL WEEVILS

Necessity of Reducing Number of Insects Very Urgent.

Most Important Step in Producing Cotton as Found by Experimenters is Destruction of Foliage and Squares.

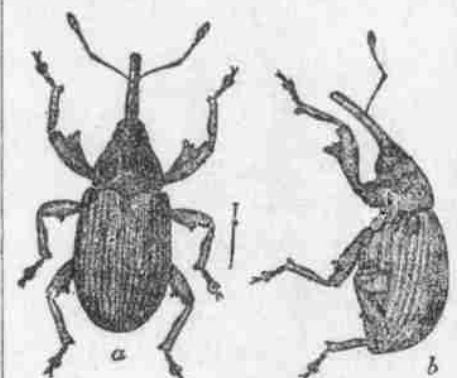
(By G. H. ALFORD, Special Agent of the Farmers' Co-operative Demonstration Work, Jackson, Miss.)

This is lesson No. one, and it should be thoroughly learned. The need of so reducing the over-wintered weevils as to reduce the cost and labor of picking the weevils and punctured squares to the minimum is very urgent.

There are four methods of reducing the number of weevils to the minimum: First, completely denude the cotton stalks of foliage, squares and bolls, the weevils sole food supply, plow the stalks under good and deep, or burn the stalks at the earliest possible moment in the fall. Second, at some time during the winter, destroy the rubbish in and about the fields which might serve as hibernating quarters for weevils. Third, when the weevils appear on the little cotton in the spring pick them off and destroy them. Fourth, pick up the punctured squares and destroy them for at least one month after the first squares form on the cotton.

The results obtained by the United States bureau of entomology, the farmers' demonstration work, the Louisiana State Crop Pest commission and thousands of successful farmers point to the supreme importance of the early fall destruction of the boll weevil's sole food supply, the squares, small bolls, and foliage on the cotton stalks. The conclusion reached by thousands of experimenters justify me in making the statement that the most important step in producing cotton in boll weevil territory is the early fall destruction of the foliage, squares, and immature punctured bolls on the cotton stalks. In fact, I feel almost justified in saying that the early fall destruction of the cotton stalks outbalances all other remedies that may be employed to destroy the weevils.

In an experiment performed by the Bureau of Entomology in Calhoun County, Tex., the stalks growing on 410 acres of land were destroyed early in October. Careful records kept during the following season showed that the destruction of stalks on this land increased the yield \$14.56 per acre. An experiment was conducted on opposite sides of the Guadalupe river near Victoria, Tex. The stalks were burned on one farm the latter part of September, and on the other they were allowed to stand until in spring before planting time. Forty acres on the farm on which the stalks were destroyed made 15 bales. Forty acres on the other farm made 3 and 1-2 bales.



Cotton boll weevil: a, beetle from above; b, same from side. About five times natural size. Dr. W. D. Hunter's illustration.

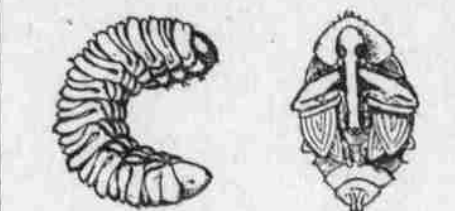
Experiments conducted by the Louisiana State Crop Pest commission are summed up in the following extracts from Circular No. 28. Where the cotton plants were destroyed before October 15th, only 3 per cent. of the weevils survived the winter to infest the next year's crop. Where the stalks were destroyed from October 15th to October 27th, an average of about 15 per cent. of the weevils passed through the winter successfully. Where the stalks were destroyed between November 1st and 25th, an average approximately of 22 per cent. of the weevils survived the winter. Postponing fall destruction of cotton stalks until the middle of December or later, permitted over 42 per cent. of the weevils to survive the winter and attack the next crop. Where the stalks were destroyed before October 15th only 3 per cent. of the weevils passed the winter. Where the stalks remained in the field until December 15th over 43 per cent. of the weevils survived the winter. These figures will certainly silence all opposition to the early fall destruction of the boll weevil's food supply.

No definite rule can be laid down as to the exact time for destroying the sole food supply of the boll weevil in the fall. However, the rule should be to destroy the squares, bolls, and foliage on the cotton stalks at the earliest possible moment in the fall. It is much better to turn the cattle in the field, cut the stalks into pieces and plow them under good and deep, or cut and burn the stalks at an early date and thereby destroy a small amount of cotton than to defer the work until a later date. When the weevil's only food is destroyed early in the fall, they will either starve for lack of food before cold drives them into winter quarters or will go into winter quarters "hank and lean" and very few will survive for spring reproductions.

There are three methods of destroying the squares, bolls and foliage on the cotton stalks, (1) pasturing, (2) plowing under, (3) burning. Pasturing cotton fields is a good method of destroying the squares, bolls, and foliage—the sole food supply of the mature weevils and the incubators of the immature weevils—where the cotton fields are fenced and the number of cattle turned into a field is sufficient to eat all the squares, bolls and foliage in a few days. However, let it be distinctly understood that the practice of turning a few head of cattle into a fifteen or twenty acre cotton and corn field accomplishes no particular good. We all know from observation that two or three head of cattle per acre, even when confined to the cotton field will eat very little of the green foliage in one week. And let us not forget that it is necessary to completely destroy the food supply of the mature weevils and the breeding places of the immature weevils at the earliest possible moment.

Plowing under cotton stalks is a good method of destroying the squares, bolls, and foliage—the sole food supply of the mature weevils and the incubators of the immature weevils—where the cotton fields are fenced and the number of cattle turned into a field is sufficient to eat all the squares, bolls and foliage in a few days. However, let it be distinctly understood that the practice of turning a few head of cattle into a fifteen or twenty acre cotton and corn field accomplishes no particular good. We all know from observation that two or three head of cattle per acre, even when confined to the cotton field will eat very little of the green foliage in one week. And let us not forget that it is necessary to completely destroy the food supply of the mature weevils and the breeding places of the immature weevils at the earliest possible moment.

Plowing under cotton stalks is a good method of destroying the only food supply of the mature weevils and of ending the life of all the immature weevils where there are few stumps and roots, small cotton stalks, and where large plows and strong teams can be had. I have held the plow handles in the piney woods, in the prairie section and in rich bottom lands and I know whereof I speak when I say that it is very difficult to completely bury average size cotton stalks. I have hitched three large mules to a twelve inch steel beam turning plow with a log chain attachment and failed to completely turn under average size cotton stalks on land clear of stumps. I have failed to turn under large size cotton stalks with four large mules hitched to a thirty inch disk plow. In fact, farmers who have attempted to plow under green cotton stalks early in the fall laugh at the advice sometimes given to plow under the stalks at all times and under all conditions as a means of destroying the food supply of the weevils. However, let us use large plows and strong teams and completely bury the stalks wherever it can be done.



Cotton boll weevil: Larvae at left, pupae at right. About five times natural size. Dr. W. D. Hunter's illustration.

There is an insufficient number of cattle on many farms and plantations to thoroughly and completely denude the cotton stalks of every vestige of foliage, squares and bolls in a short time and it is impossible to completely bury the cotton stalks on many farms and plantations, hence, it is absolutely necessary to burn the stalks as soon as the cotton is picked out. When the stalks are burned the food supply of the adult weevils is destroyed at once. The weevils in the immature stages in the squares and bolls are all destroyed at once, and the large majority of the adult weevils perish in the flames especially when the stalks are burned after sundown. Weevils retire for the night on the cotton stalk piles at about sundown. They seldom move about at night. If the farmers are careful not to unduly shake the stalk piles when applying the torch after sundown, practically all the weevils on the stalk piles will be burned.

Of course, if the stalks are allowed to remain until a heavy frost has come and practically all of the mature weevils have gone into winter quarters, it is not advisable to burn the stalks. It is then advisable to turn the stalks under as deeply as possible. Surprising numbers of weevils have been found hibernating in cracks and holes in the ground and under grass, weeds and other trash. In January, 1907, in one instance, the bureau of entomology found 5,870 weevils per acre, of which 70 per cent. were alive. Most of the many examinations that have been made by the bureau of entomology have shown more than 1,000 live weevils per acre in the cotton fields. Thousands of weevils are found hibernating in corn fields in old sorghum and cane fields, and in hay fields.

Deep winter breaking and the turning under of trash, corn stalks and so on means death to thousands of weevils. The thousand or more weevils per acre in the cracks and holes in the ground and under the grass, weeds and trash and corn stalks can practically all be killed by deep winter breaking of the land. There is enough rainfall in this section to thoroughly saturate the soil many times and for this reason it is not at all necessary to burn the corn stalks, grass, cut and pea stubble and other vegetable matter on the tillable land. Every acre in cultivation in the weevil territory should be plowed good and deep during the fall and winter.

Many weevils will escape from the fields but all will not fly beyond the reach of the farmer. Many will be found along the fence rows, hedges, ditch banks, and in decayed logs and dead trees. The cleaning and burning of the hedges, ditch banks and fenced rows and the burning of sap on logs, stumps and dead trees in and around the fields will destroy many weevils that would live to do great damage.

Grafted Pear.

The pear may be grafted upon the apple and bear fruit of much larger size, but the graft seldom lives but a few years.

Salvation Through Christ

By Rev. James M. Gray, D. D., Dean of Moody Bible Institute, Chicago

TEXT—Who his own self bare our sins in his own body on the tree, that we being dead to sins, should live unto righteousness; by whose stripes we were healed: For ye were as sheep going astray; but are now returned unto the Shepherd and Bishop of your souls.—I Peter 2:24-25.



Peter in this chapter is speaking to Christians who are undergoing persecution and suffering because of their faith at the hands of the pagans, and he is urging them to have their manner of living "honest," open and above board in the presence of their callulators, whose own conversion may be brought about by it. He teaches that Christians should submit themselves to those in authority over them, whether governmental or industrial, for the Lord's sake, and they should do it even in the case of those masters that are not good and gentle, but "forward." In the course of the argument he adduces the example of Christ, who, although without sin, was reviled, but did not revile again, and whose sufferings were carried to the extent of the cross. The description of these sufferings is fourfold, each one of the four particulars illustrating a different aspect of the salvation men may receive through him.

The Strange Law of Tokyo. First, he tells us his sufferings were substitutionary, "Who his own self bare our sins in his own body in the tree." It is not long ago since there was an ordinance in Tokyo, Japan, to the effect that no foreigner could take up his residence there without providing for himself a native substitute, who, in the event of his violating any law, would suffer the penalty in his stead. As soon as he arrived the question would be put to him, "Who stands for you?" Jesus Christ stands for all who put their trust in him.

In the second place, he tells us that the design of Christ's sufferings was that men "might live unto righteousness," that is that they might become enabled to live that kind of life set before them in the preceding verses. I know a lad who, when he does anything very questionable and his conscience begins to trouble him, always asks his mother, "Will that keep me out of heaven?" If the answer is in the negative he is satisfied. But the salvation of Jesus Christ is not for the purpose merely of getting into heaven, but of living right at the present time.

The Croquet Ball. There used to be a rule in croquet that when you struck your opponent's ball you were "dead" upon it so far as that play was concerned. The Christian believer may be said to be represented by the ball, while sin is the mallet in Satan's hand. Sin has struck the believer once in the person of his substitute, Jesus Christ, and can not strike him again. When Christ died, he died to sin in the sense that it could never again bring him to the place of judgment, and it is the teaching of the New Testament that the believer died in him in the same sense. It is this fact which sets the believer free to live a life of righteousness, and it is the apprehension of it as a fact through the Holy Spirit, that communicates the power and inspiration to him so to live.

The third thing Peter tells us about the sufferings of Christ is their necessity. "Ye were as sheep going astray." Travelers in the Orient tell us that the tendency of a sheep is always to go farther and farther astray; and so man, if left to himself, never will return to God of his own accord. No process of education or evolution will ever bring him there. Man is not a member of a rising but a falling race, and he who delays to receive the son of God now will be farther away from him tomorrow than he is today. Hence the urgency of the gospel invitation that "now is the accepted time, today the day of salvation."

Finally, he teaches us the result of Christ's sufferings. "Ye are now returned to the Shepherd and Bishop of your souls." "Returned" signifies that man in Christ is brought back to that place of fellowship with God he enjoyed before the fall. Indeed, his fellowship now is on a surer foundation. There was a contingency in the case of the first Adam, but there is none in that of the second. The latter has kept the law as well as paid the penalty for those who receive him, and their restored condition is thus eternally secure.

Let me exhort you therefore to receive the Saviour by a definite act of faith today, that the peace of God may become yours—the peace that springs from the knowledge that your sins are forever put away. And thus receiving the Holy Spirit as the further gift of God, you will have power to live a life of righteousness unto him.

Sick Women

When shown positive and reliable proof that a certain remedy had cured many cases of female ills, wouldn't any sensible woman conclude that the same remedy would also benefit her if suffering with the same trouble? Here are five letters from southern women which prove the efficiency of Lydia E. Pinkham's Vegetable Compound.

LETTER FROM VIRGINIA.

Elliston, Va.—"I feel it my duty to express my thanks to you and your great medicine. I was a sufferer from female troubles and had been confined in bed over one third of my time for ten months. I could not do my housework and had fainting spells so that my husband could not leave me alone for five minutes at a time.

"Now I owe my health to Lydia E. Pinkham's Vegetable Compound and Blood Purifier. Whenever I see a suffering woman I want to tell her what these medicines have done for me and I will always speak a good word for them."—Mrs. ROBERT BLANKENSHIP, Elliston, Montgomery Co., Va.

LETTER FROM LOUISIANA.

New Orleans, La.—"I was passing through the Change of Life and before I took Lydia E. Pinkham's Vegetable Compound I was troubled with hot flashes, weak and dizzy feelings, backache and irregularities. I would get up in the morning feeling tired out and not fit to do anything.

"Since I have been taking your Compound and Blood Purifier I feel all right. Your medicines are worth their weight in gold."—Mrs. GASTON BLONDEAU, 1541 Polymnia St., New Orleans, La.

LETTER FROM FLORIDA.

Wauchula, Fla.—"Some time ago I wrote to you giving you my symptoms, headache, backache, bearing-down, and discomfort in walking, caused by female troubles.

"I got two bottles of Lydia E. Pinkham's Vegetable Compound and a package of Sanative Wash and that was all I used to make me a well woman. "I am satisfied that if I had done like a good many women, and had not taken your remedies, I would have been a great sufferer. But I started in time with the right medicine and got well. It did not cost very much either. I feel that you are a friend to all women and I would rather use your remedies than have a doctor."—Mrs. MATTIE HODNOT, Box 406, Wauchula, Florida.

LETTER FROM WEST VIRGINIA.

Martinsburg, W. Va.—"I am glad to say that Lydia E. Pinkham's Vegetable Compound has done wonders for my mother, daughter and myself. "I have told dozens of people about it and my daughter says that when she hears a girl complaining with cramps, she tells her to take your Compound."—Mrs. MARY A. HOCKENBERRY, 713 N. 3rd St., Martinsburg, W. Va.

ANOTHER LETTER FROM VIRGINIA.

Newport News, Va.—"About five years ago I was troubled with such pains and bloating every month that I would have to go to bed.

"A friend told me to take Lydia E. Pinkham's Vegetable Compound and I soon found relief. The medicine strengthened me in every way and my doctor approved of my taking it.

"I will be glad if my testimony will help some one who is suffering from female weakness."—Mrs. W. J. BLAXTON, 1029 Hampton Ave., Newport News, Va.

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