

Watch Carefully the Child's Diet

**Start Them Off Right With a Good
Laxative and Then Watch
Their Food.**

Mothers are often unconsciously very careless about the diet of their children, forcing all to eat the same foods. The fact is that all foods do not agree alike with different persons. Hence, avoid what seems to constipate the child or to give it indigestion, and urge it to take more of what is quickly digested.

If the child shows a tendency to constipation it should immediately be given a mild laxative to help the bowels. By this is not meant a physic or purgative, for these should never be given to children, nor anything like salts, pills, etc. What the child requires is simply a small dose of the gentlest of medicines, such as Dr. Caldwell's Syrup Pepsin, which, in the opinion of thousands of watchful mothers, is the ideal remedy for any child showing a tendency to constipation. So many things can happen to a constipated child that care is necessary. Colds, plies, headaches, sleeplessness, and many other annoyances that children should not have can usually be traced to constipation.

Many of America's foremost families are never without Syrup Pepsin, because one can never tell when some member of the family may need it, and all can use it. Thousands endorse it, among them Mrs. M. E. Patten, Valley Junction, Iowa, who is never without it in the house. Mrs. Patten



RALPH M. PATTEN

says that Syrup Pepsin has done wonders for her boy Ralph, who was constipated from birth but is now doing fine. Naturally, she is enthusiastic about it and wants other mothers to use it. Dr. Caldwell's Syrup Pepsin is sold by druggists at fifty cents and one dollar a bottle, the latter size being bought by those who already know its value, and it contains proportionately more.

Everyone likes Syrup Pepsin, as it is very pleasant to the taste. It is also mild and non-gripping and free from injurious ingredients.

Families wishing to try a free sample bottle can obtain it postpaid by addressing Dr. W. E. Caldwell, 203 Washington St., Monticello, Ill. A postal card with your name and address on it will do.

INTERNATIONAL SUNDAY SCHOOL LESSON

(By E. O. SELLERS, Director of Evening Department, The Moody Bible Institute, Chicago.)

LESSON FOR MARCH 1

TRUSTING IN RICHES AND TRUSTING IN GOD.

LESSON TEXT—Luke 12:13-24.
GOLDEN TEXT—"Where your treasure is, there will be your heart also."—Luke 12:34

The section before us has a very logical progression from the introductory request to the words of Jesus which constitute the golden text. Jesus is still in the midst of his Perea ministry. This lesson occurred but a few months before the crucifixion.

1. The lesson vv. 13-15. "One out of the multitude" desired to bolster his claim to a portion of an inheritance. He was sure that his brother needed admonition from Jesus, the result of which would accrue to his advantage. Jesus made a sharp, quick reply. He had been teaching about the sin of covetousness, but by his answer he intimates that his mission was not to judge men of that or any other sin. His work as a judge was to come later, John 5:19-32. There are thousands who for the prospect of personal gain would strictly enforce the ethical principles of the gospel though at the same time they are not willing themselves to abide thereunder. Covetousness is a desire to secure more and it is not confined to the rich nor to the poor. Therefore Jesus sounds a warning, "take heed" (v. 15) e. g., beware. This itching is so gradual and often begins with a desire to possess things that are good of themselves and frequently good for him that has possession. But as it creeps in we find it becoming a great sin. A desire to build up a church, or even to compass the salvation of a loved one, may be animated by a selfish, covetous motive, see 1 Cor. 5:10, 11; 6:10, and Eph. 5:3, 5. A man's life consists not of the things possessed and the desire to get should be lost in the desire to be for the glory of God.

Lighten Other's Burdens.

II. The illustration, vv. 16-21. This warning of Jesus against wrong sense valuations and his suggestion as to the true source of life, are emphasized by his illustration from life. All material values come from the earth. Mine, forest and field are the sources of all wealth. But in this illustration the ground yielded "plentifully." He took great counsel with himself. In these three verses are twelve personal pronouns. Prosperity is heaped upon prosperity, yet his enterprises were lawful and legitimate for there is no suggestion of wrong methods. The trouble was that in his self-centered pride he saw only the gratification of his material appetites. Any human activity, even the highest, may become grossly self-centered. His plans of enlargement were wise in the sight of men, but he left God out of his calculations, and this is the common mistake worldly men are making, Jas. 4:13-15. His anxiety, a characteristic of those who trust in riches, was uncalculated for, and the folly of that course was revealed in a flash when he was called into the presence of God: "The things which thou hast prepared, whose shall they be?" Jesus reveals the worthlessness of such motives, the uselessness of such anxiety, and its unworthiness in view of what God is in himself, vv. 20, 21. He who can array the lily and cloth the grass of the field. The place to lay up goods is not in barns, Mark 10:21; the right way to be merry is to lighten the burden of another, and the way to satisfy the soul is not to pamper the body. Read John 4:13, 14; John 7:37-39; 1 Tim. 6:6; Jas. 5:5; Rev. 18:7.

True Way of Life.

III. The application, vv. 22-34. Jesus then proceeds to set before his disciples the true way of life from the positive side, just as in the illustration he had set before them the negative side. Those who are living in right relationships with God are not to seek satisfaction in the things of time and sense, those things of which their father knows they have need, and which he will supply, Phil. 4:19. They are, however, to seek his kingdom and to rest in confidence in the knowledge that it is his pleasure to give to them that kingdom (v. 32). The way to get is to give, Prov. 11:24, 25. This is laying up treasure in heaven. Every man is the judge of his own acts. If by deciding to divine standards, his decision is wise, if not, the Bible characterizes that man as a fool. It is our sense of values which determines our wisdom.

IV. The teaching. Jesus does not begin in his dealings with the subjects of his kingdom by making compulsory division of their possessions. In this lesson we can see the false and the true method by which to establish right social conditions. This man's idea was to "divide"; Christ's idea is expressed in the words, "sell and give alms." The passion of this man was to possess, the passion of Christ was to give, Matt. 20:28. In the mind of Christ, life does not consist of the things possessed, John 6:27. Things have a value only as life is strong.

Sin— Against Whom?

By REV. J. H. RALSTON
Secretary of Correspondence Department
Moody Bible Institute, Chicago

TEXT—"Against thee, thee only, have I sinned, and done this evil in thy sight."—Psa. 51:4.



Very much as to ultimate results depends on the answer to this question. Sin Against Self. It is not very difficult to show a man that a certain kind of life will land him in poverty, shame, and consequent wretchedness. It is among those who thus fail that rescue missions have their field.

That which is referred to is often spoken of as sin against one's self, and sad to say, much of the preaching of this day is the appeal to self, as far as sin is concerned, and the strength of this appeal is in the consequences of sin that are in this life and temporal. The words: "He that soweth to the flesh, shall of the flesh reap corruption," are frequently quoted and their truth is rarely questioned.

But even in this there is something forgotten, the consequences of such a life in the future world. The hell beyond this life is not alluded to frequently, except often in a sneering way as suggesting the hell on earth into which so many fall. There are many who work along religious lines, who appear to have very little in view, except the consequences of sin as seen in the present life. Many who are enthusiastic in the support of foreign missions are so simply because they wish to lift up the heathen who live in huts and caves of the earth into which they crawl as the wild beasts crawl into their dens, who are altogether unclothed, or slightly clothed, and subsist on foods that are not properly prepared, to the comforts of the sanitary homes, modern dress, and the delicacies of the modern dining table.

The Effect of Sin on Others.

The appeal here is not as strong as in the first case, but there are persons who have so much of the better man in them that they really regard the welfare of those who are about them. The husband has regard to his obligations to his children, and he provides for their comfort. The son recognizes that the father and mother have deepest love for him, and if he acts in a way that wounds that love he feels that he has sinned against them. This is all very worthy, and it is proper on certain occasions to call the attention of certain persons to their sinning in this regard.

Sin Against God.

There is another sphere that in these days needs notice. Harry Monroe, the man who in years long gone, knew the depths of sin, but who for thirty years at the Pacific Garden Mission in Chicago has been the means of leading hundreds of sinful men and women to God said to the writer of these words only a few days ago: "It is not hard to get men and women to raise their hands, and to stand up and go forward to the altar—but that is not enough, the trouble is, there is not enough conviction of sin," and he quoted the words of David, "Against thee, thee only have I sinned." One of the greatest difficulties that workers for God have to meet is to get men and women to get hold of the idea of God. A man's moral degradation may be acknowledged with very little thought of God. Even one's sins against others may be conceded with very little or no thought of God, and there are many men and women who are faithful to their dependents who do not know God. But in deeper thinking on sin practically everything is lost if God is left out. There is no proper apprehension of sin until God is brought into the foreground. The man readily says: "Yes, I have sinned against myself, and I have sinned against society," but when asked if he has sinned against God he is dazed, and is silent. If the man who acknowledges sins against himself and society, would only think a little, he would ask the question, "Who established the law that enforced these results?" he will soon come to the place where he must acknowledge God, and if he does so, the solution of the problem of his sin is at hand. David was near that solution when he said: "I acknowledge my transgressions, and my sin is ever before me. Against thee, thee only have I sinned, and done this evil in thy sight." Job was near it when he said: "Behold, I am vile; what shall I answer thee? I will lay my hand upon my mouth."

This is properly called conviction of sin. It is not produced by trial in a court of justice, nor is it the result of carrying an abstract proposition to its logical conclusion, but to a sense of personal wrong doing in the sight of God. A great evangelical teacher of the last century said that conviction of sin involves a sense of wrong doing, distress in view of the past and an apprehension in view of what is to come. How much of the conviction of the present day contains these elements?

"CASCARETS" FOR LIVER; BOWELS

No sick headache, biliousness,
bad taste or constipation
by morning.

Get a 10-cent box.
Are you keeping your bowels, liver, and stomach clean, pure and fresh with Cascarets, or merely forcing a passageway every few days with Salts, Cathartic Pills, Castor Oil or Purgative Waters?

Stop having a bowel wash-day. Let Cascarets thoroughly cleanse and regulate the stomach, remove the sour and fermenting food and foul gases, take the excess bile from the liver and carry out of the system all the constipated waste matter and poisons in the bowels.

A Cascaret at night will make you feel great by morning. They work while you sleep—never gripe, sicken or cause any inconvenience, and cost only 10 cents a box from your store. Millions of men and women take a Cascaret now and then and never have Headache, Biliousness, Coated Tongue, Indigestion, Sour Stomach or Constipation. Adv.

Something Different.

"Let us get up a piscatorial excursion."
"Can't do it. I've just arranged to go on a fishing party."

**SAGE TEA DARKENS GRAY
HAIR TO ANY SHADE. TRY IT!**

Keep Your Locks Youthful, Dark,
Glossy and Thick With Common
Garden Sage and Sulphur.

When you darken your hair with Sage Tea and Sulphur, no one can tell, because it's done so naturally, so evenly. Preparing this mixture, though, at home is messy and troublesome. For 50 cents you can buy at any drug store the ready-to-use tonic called "Wyeth's Sage and Sulphur Hair Remedy." You just dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at a time. By morning all gray hair disappears, and, after another application or two, your hair becomes beautifully darkened, glossy and luxuriant. You will also discover dandruff is gone and hair has stopped falling.

Gray, faded hair, though no disgrace, is a sign of old age, and as we all desire a youthful and attractive appearance, get busy at once with Wyeth's Sage and Sulphur and look years younger.—Adv.

Its Kind.

"How do they propose to entertain the convention after business hours?"
"I supposed with canned music."

IF YOU'RE GROUCHY

It is likely that your liver needs stirring up. Wright's Indian Vegetable Pills will set you right quickly. Adv.

If men were as perfect as their wives expect them to be the monotony of married life would be debilitating.

Only One "BROMO QUININE"
To get the genuine, call for full name, LAXATIVE BROMO QUININE. Look for signature of E. W. GROVE. Cures a Cold in One Day. 25c.

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Cuts, Lameness,
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To the first man in your town who writes us, we will give the first opportunity to get our Complete Sample Outfit Free. You need no experience, but you must start right off making money—\$2.00 to \$5.00 profit on every suit you sell. Wholesale Prices for Suits \$12 to \$15—Facts \$12 to \$15. We pay the postage or express on every shipment.
Every garment is made-to-order and strictly hand tailored. Satisfaction Guaranteed or Your Money Back.
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Relieves itching dandruff.
For Restoring Color and
Beauty to Gray or Faded Hair.
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CURES CROUP & PNEUMONIA
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NOTHING TO BOTHER WITH

Possibly Uncle Cal Clay's Rebuke to
Pastor May Have Had Some-
thing Behind It.

Booker T. Washington told at Tuskegee a Christmas story.
"Old Uncle Cal Clay," he said, "invited the pastor to eat Christmas dinner with him. The parson accepted, and the spread was magnificent—sweet potatoes and celery, cranberries and mince pie, plum pudding, and a turkey so big and yet so tender that the parson had never seen the like before."

"Uncle Cal," the parson said, as he spread the pink cranberry sauce on a great, pearly-white, succulent slice of breast, "Uncle Cal, where did you get this wonderful turkey?"
"Pawson," said Uncle Calhoun Clay solemnly, "when you preached that wonderful Christmas sermon dis mawin', did I ax you what you got him? Nuh, no. Dat's a trivial matter."

ENDS DYSPEPSIA, INDIGESTION, GAS

"Pape's Diapepsin" cures sick,
sour stomachs in five minutes
—Time It!

"Really does" put bad stomachs in order—really does" overcome indigestion, dyspepsia, gas, heartburn and sourness in five minutes—that—just that—makes Pape's Diapepsin the largest selling stomach regulator in the world. If what you eat ferments into stubborn lumps, you belch gas and eructate sour, undigested food and acid; head is dizzy and aches; breath foul; tongue coated; your insides filled with bile and indigestible waste, remember the moment "Pape's Diapepsin" comes in contact with the stomach all such distress vanishes. It's truly astonishing—almost marvelous, and the joy is its harmlessness.

A large fifty-cent case of Pape's Diapepsin will give you a hundred dollars' worth of satisfaction.

It's worth its weight in gold to men and women who can't get their stomachs regulated. It belongs in your home—should always be kept handy in case of a sick, sour, upset stomach during the day or at night. It's the quickest, surest and most harmless stomach doctor in the world.—Adv.

Logical Result.

"What is to be the outcome of the romance?"
"Depends on the fellow's income."

A vivid imagination is as dangerous
as a little learning.

No More "Black Broth" for Him.

Among the forgotten dishes of the past was the "black broth of Lacedaemon." "What the ingredients of this sable composition were," says a writer, "we cannot exactly ascertain. Doctor Lister (in 'Apicius') supposed it to have been hog's blood. . . . It could not be a very alluring mess, since a citizen of Sybaris, having tasted it, declared it was no longer a matter of astonishment with him why the Spartans were so fearless of death, since any one in his senses would much rather die than exist on such execrable food."

GIRLS! GIRLS! TRY IT, BEAUTIFY YOUR HAIR

Make It Thick, Glossy, Wavy, Luxuriant and Remove Dandruff—Real
Surprise for You.

Your hair becomes light, wavy, fluffy, abundant and appears as soft, lustrous and beautiful as a young girl's after a "Danderine hair cleanse." Just try this—moisten a cloth with a little Danderine and carefully draw it through your hair, taking one small strand at a time. This will cleanse the hair of dust, dirt and excessive oil and in just a few moments you have doubled the beauty of your hair.

Besides beautifying the hair at once, Danderine dissolves every particle of dandruff; cleanses, purifies and invigorates the scalp, forever stopping itching and falling hair.

But what will please you most will be after a few weeks' use when you will actually see new hair—fine and downy at first—yes—but really new hair—growing all over the scalp. If you care for pretty, soft hair and lots of it, surely get a 25 cent bottle of Knowlton's Danderine from any store and just try it. Adv.

The Insult.

Lady (ordering boots for her husband)—Do you keep men's boots?
Shopman—No, madam, but we keep up to nines in women's.—London Opinion.

Drive that cough from your system.
Dean's Mentholated Cough Drops will surely help you—5c at all Drug Stores.

Even the high cost of living doesn't seem to have any effect on the wages of sin.

Dr. Peery's Vermifuge "Dead Shot" kills and expels Worms in a very few hours Adv.

A man who makes a bluff at hustling succeeds in making others tired.

Strength and Beauty

Come With Dr. Pierce's
Golden Medical Discovery

This is a blood cleanser and alterative that starts the liver and stomach into vigorous action. It thus assists the body to manufacture rich red blood which feeds the heart—nerves—brain and organs of the body. The organs work smoothly like machinery running in oil. You feel clean, strong and strenuous instead of tired, weak and faint. Nowadays you can obtain Dr. Pierce's Golden Medical Discovery Tablets, as well as the liquid form from all medicine dealers, or trial box of tablets by mail, on receipt of 50c. Address R. V. Pierce, M. D., Buffalo, N. Y.

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Fac Simile Signature of
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