ubbing wears othes out - wears
$u$ out-wastes time wastes work. RUB-O-MORE WASH G POWDER saves othes-saves you-
ves time; because ves time; because it rubbing.

his is the BEST Saw Mill The Twentieth


## IANTED




 fo fall co fy teirid duty.

## ADVICE TO THE AGED

## Tuiti's Pills

Cu-x요 SALVE


## THENTIIE CABINET




Warning to Women
Do not neglect Nature's Warn-
ing Signals.
If you suffer from headache, ner-
vousness, sick stomach, constipa-
tion, palpitation, hysterics, or a dull vousness, sick stomach, constipa-
tion, palpitation, hysterics, or a dull
heavy feeling in the head, TAKE HEED for nature is saying to you
as plainly as if the words were
spoken, ${ }^{\text {I }}$ NEED HELP." The tissues, muscles and mem.
branes supporting your womanly
organs need strengthening-meed a tonic, need FOOD.
STELLA-vITAE will supply what is
needed, will supply it in the form that will STELLA-VITAE, tested and approved
by pepeciasss, has been PROVEN TO BE
nature's Great Restorer of strength to the it has been helping sufiering women.
No matter how many remedies you have
trie, no mater how many doctors have
failed to help you-you owe IT TO YOURSELF to try this great medicine for the
ailments of women.
THE TRIAL WILL COST YOU NOTHWe have authorized Your deaier to sell
yo ONE bootle on our positive binding
GUARANTEE of "money back if NoT He will soll you wix botles for $\$ \$ .00$
Go or send this very day, this very hour that you have at last set our cour feet frmply
on the road to perfoct health and strength

Neuralgia

## SLOANS LINIMENT

Kills Pain




The word
loked at cotoen
will be found
 epitomize ald
work of Chri




| erel if it is nicely prepared. Salt mackerel must be soaked gome time to bo fresh enough to be palatable. Soakk it skin side up, and at least 24 hours th It is a large fish. Dratn and wipe and and serve with melted butter and emon or pour hot cream over it on femon or pour hot cream over it on the platter. Broiled Hamburg steak-This is a most appetizing dish when well having it of even thickness. Place on a well greased double broiler wirh wires close together. Turn otten as in broiling any steak and when well browned place on the platter with a little butter and chopped parsley, for a sauce. pineapple, cut an orange and a a banana into small pleces, shred a green pep- per, cut in halt a cup of white graper, removing the seeds, place these all in a bowl and add 2 or 3 silices of frm tomato, then chill and serve on lettuce onnise to which whipped cream has been added <br> Pineapple Anchovy-Take six anchovies cut fine; add a very little cayenion penper and a squeeze of lemon juico, shred enough pineapple to make half a cun and add a tablespoonful of onloo Theeni- Marmele. Waste of Noise. in. The servant in the next room knocked down some ashes with a tri- menous latter. Hargsis nerves were quite unstrung and ha called out in a rage: ${ }_{1}$ nuppose you have broken all the "No," replied the servant, meekis, <br>  Magasthe. |
| :---: |
|  |  |

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 Periect Digestion
 WILL WAKE IT UP AND
YOUR SYSTEM WILL NOT

## GESAT THE JOINTS FROMTHEASNE RHEUMABIDE





