

Are You a Weak, Nervous Woman?

Does your strength give out quickly when you work?
Do you have dark circles under your eyes?

Do you have dull aches and bearing down pains across your back and hips?

Are you troubled with constipation, indigestion, irregular periods, painful monthly periods?

STELLA-VITAE has benefited thousands of women who were suffering as you suffer.

STELLA-VITAE has brought them back to joyous health and abundant strength.

MRS. WILLIE MOORE, of Center, Okla., says: "I suffered with women's ills for 11 years. When I decided to try STELLA-VITAE I had little faith in it, as I had been humbugged for 10 years, but I can truthfully say that I have found more relief in STELLA-VITAE than in all the other remedies I have ever taken, and can highly recommend it."

We are so confident that STELLA-VITAE will do as much for YOU as it did for Mrs. Moore, that we authorize YOUR dealer to sell you under this positive guarantee—YOUR MONEY BACK for the first bottle if it does not benefit you.

You risk nothing in trying STELLA-VITAE.

AFTER you have TRIED it and KNOW what it will do for you, buy six bottles for \$5.00 and continue treatment until you have regained PERFECT HEALTH.

Thacher Medicine Company
Chattanooga Tennessee

If a wife is unable to reign she is likely to storm.

Let Mary Do It.

Redd—Do you ever have to get out and start your automobile?
Greene—No, not when my wife is along.

Calomel is an Injurious Drug and is being displaced in a great many sections of the South by Dr. G. B. Williams' Liver and Kidney Pills. These pills stimulate the Liver and Bowels without that weakening after effect which Calomel causes. Sold by dealers 25c. bottle. Sample mailed free on request. The G. B. Williams Co., Quitman, Ga.—Adv.

And What Could She Say?

The presence of mind of an impeccable lover was illustrated at a recent bazaar where there was a stall for the sale of watch charms.

"Oh, Charles," coaxed his fiancée, "buy me a charm."
"Mabel," he answered, "you have too many already."

Quite Impartial.

George, the sexton's youngest, was recounting the prowess of his grandfather to Herbert, the rector's son, who was properly impressed, and asked:

"Your grandfather on your father's or mother's side?"
"Oh, he sticks up for both of 'em," said George.—Harper's Monthly.

Selfish Optimism.

Dr. Chauncey M. Depew, at a dinner to the earl of Kintore in New York, was declaring gravely that the bill which grants free canal tolls to American coastwise shipping must be repealed under pain perhaps of war, when a coastwise shipper shouted jocularly:

"Oh, be an optimist, doctor."
"Be an optimist, eh?" said Dr. Depew. "Well, there's too much optimism already—too much optimism of a certain kind."

"What is an optimist, sir?" a little boy once asked me.
"An optimist, sonny," I replied, "is a man who doesn't care what happens, so long as it doesn't happen to him."

Smiles

Usually show up with Post Toasties.

And why not, when the famous "toastie" flavor begins operations!

There's a deal of skill required in cooking and toasting these thin bits of corn so that every one of the millions of crinkly flakes has the delicious Toasties taste that invites one to call for more.

Post Toasties come in sealed packages—fresh, crisp and appetizing—

Ready to eat with cream or good milk, and a sprinkling of sugar if you like.

Post Toasties

—sold by Grocers.

Dealing With Those Who Say "Not Now"

By REV. HOWARD W. POPE
Superintendent of Men
Moody Bible Institute, Chicago

TEXT—For he saith, behold, now is the accepted time; behold, now is the day of salvation. II Cor. 6:2.



Let us consider first the cause and then the cure. Perhaps there is some habit which must be abandoned, or some companion who must be dropped, or some unpleasant duty which must be done. It may be only the natural inertia of the soul which shrinks from grappling with a subject so serious, but more likely there is some secret sin which the man is unwilling to abandon. The real cause is that the man is not willing to surrender his will to God. He wants his own way, and though he flatters himself that he will yield to God by and by, he is not willing to do it now.

Whatever the cause, the cure is always the same—God's Word. Ask the man by whom he expects to be saved, if he is ever saved. He will answer, "God alone can save me." Emphasize that thought by having him read aloud John 6:44, "No man can come to me, except the Father which sent me, draw him." Call his attention to

God's Command.

Acts 17:30, God "now commandeth all men everywhere to repent." After he has read the verse ask him if God has a right to make such a command. Ask him if he, who is dependent on God for salvation, has the audacity to refuse to obey this plain command. Show him the consequences of such a refusal. Proverbs 1:24, 25, 26, 28, "Because I have called, and ye refused, I have stretched out my hand, and no man regarded; I also will laugh at your calamity; I will mock when your fear cometh; then shall they call upon me, but I will not answer; they shall seek me early, but they shall not find me."

II Cor. 6:2, "Behold, now is the accepted time; behold, now is the day of salvation." Show him that God's time is the best time, and the only sure time. There is no certainty that he will be accepted tomorrow, but there is a positive promise for today. Make him realize that the habit of putting off duty will grow constantly stronger, and that ten years from now he will be less disposed to repent than he is today. Show him that there must be some moment of definite surrender to God, and that no lapse of time will make that surrender any easier. Indeed, it will grow harder as the years pass by, and if he puts it off, the chances are that he will never do it.

Proverbs 27:1, "Boast not thyself of tomorrow, for thou knowest not what a day may bring forth." Show him that in putting off repentance he is reckoning upon the continuance of life which is entirely uncertain. Remember that Satan is persuading him in his subtle way to wait a little longer. The old serpent does not dare suggest that he never repent, or even that he put it off a long time, but he cunningly says, "Not now."

Occasionally a soul may be won by taking the devil's side of the argument, and pleading his cause so boldly that the absurdity of his reasoning is apparent. A friend of mine at a Northfield conference was asked to speak to a young man with whom many had labored in vain. Meeting him alone one day, he said to him, "These people in the hotel are bothering you a good deal on the subject of religion, are they not?" The man blushed and admitted that he had been somewhat annoyed. Then followed a conversation something like this:

"You don't need to give any thought to this matter for a long time yet. You had better put it off for at least a couple of years, don't you think so?"

"I am not sure it would be well to put it off so long as that." "Why not?" "Because I might not live two years." "That is true. Well, put it off one year. That is safe enough, is it not?" "No, I don't suppose it is entirely safe, for I might die in one year." "Sure enough, you might. Well, put it off six months. Are you willing to do that?" The young man hesitated. "Call it three months. Will you promise not to think of it for three months?" "I wouldn't like to promise that." "Why not?" "Because I might die in three months." "Will you promise not to think of it for a week? That is safe enough, isn't it?" "No one can be sure of a week, I suppose." "You are certainly sure of one day, aren't you?" "No, not positively sure of even one day." "Well," said my friend, "if you are not sure of even a single day, hadn't you better give your heart to the Lord now?" And he did, right then and there.

Let's All Repeat Fervently.

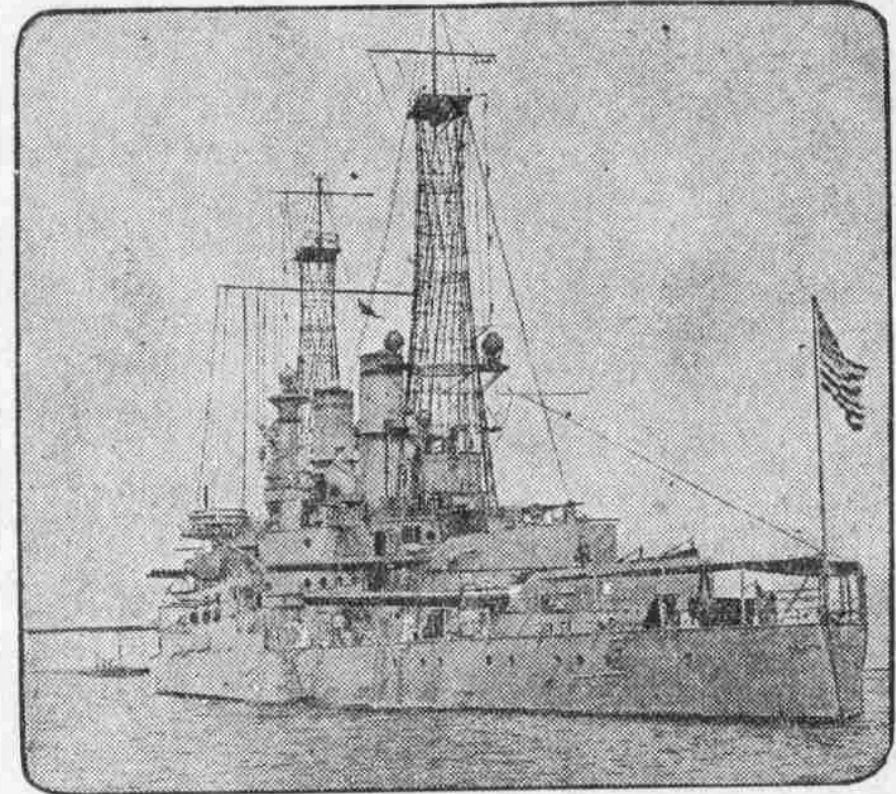
One of the most concise and meaty prayers ever offered was that of an earnest New England deacon. "Lord, give us grace to know Thy will and grit to do it."

COMMANDERS IN MEXICAN WATERS



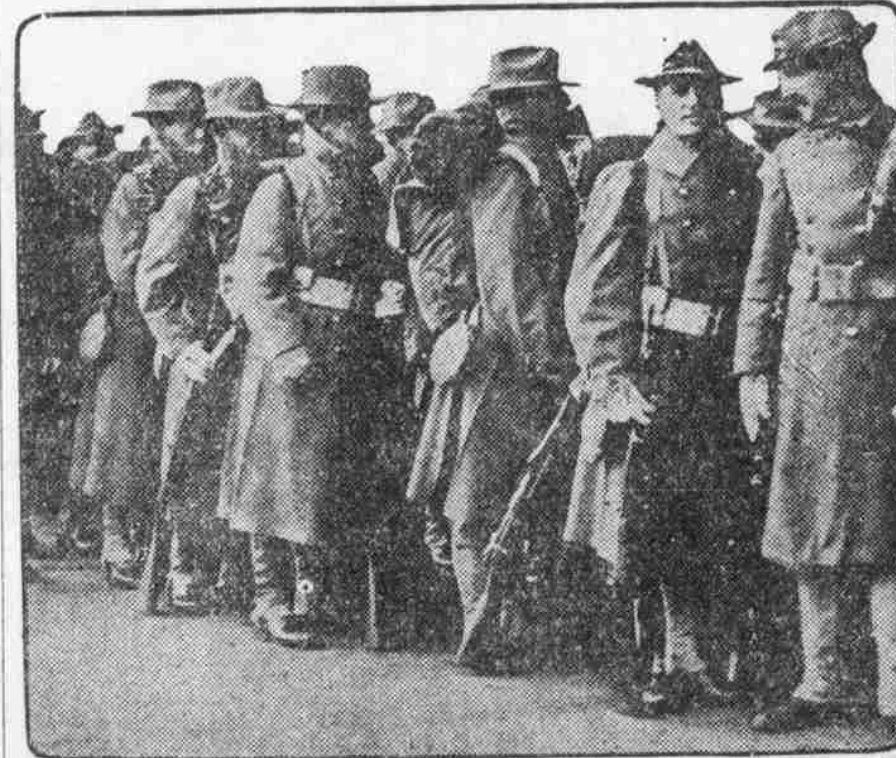
1, Rear Admiral Charles J. Badger, commanding the Atlantic fleet; 2, Rear Admiral T. B. Howard, commanding the Pacific fleet; 3, Rear Admiral Henry T. Mayo, commanding the fourth division, at Tampico; 4, Rear Admiral Frank F. Fletcher, commanding the first division, at Vera Cruz.

UNITED STATES BATTLESHIP SOUTH CAROLINA



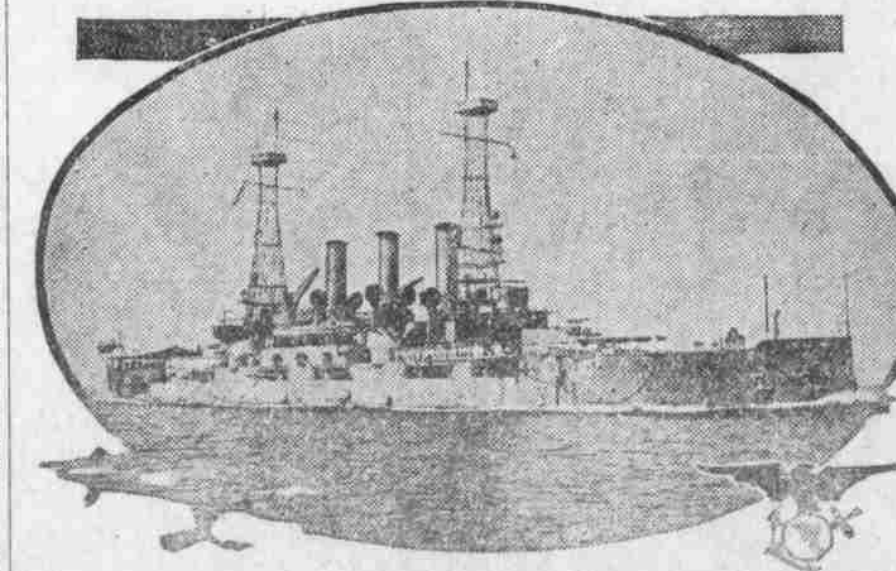
Among the 16,000-ton battleships in Admiral Badger's Atlantic fleet is the South Carolina. Her armament comprises 34 guns.

MARINES START FOR THE FRONT



United States marines starting from the Portsmouth navy yard to go aboard the vessels of the Atlantic fleet and hurry to Mexican ports.

ADMIRAL FLETCHER AND HIS FLAGSHIP



Rear Admiral Frank F. Fletcher, commanding the first division of the Atlantic fleet, has been stationed at Vera Cruz. The battleship Florida is his flagship.

FARM POULTRY

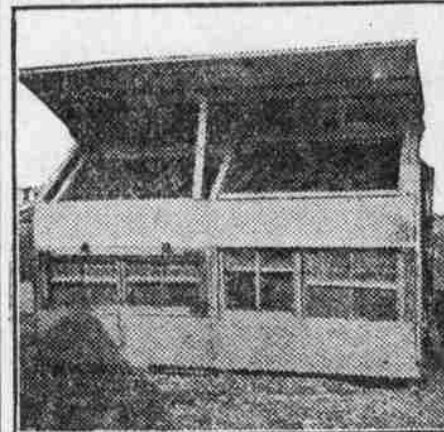
CARING FOR THE CHICKENS

Mother Hen and Little Ones Should Not Be Crowded Into Filthy Coop—Keep Houses Clean.

What's the use of jamming an old mother hen into the coop with a brood of chicks every night, making the crowded coop more filthy and liable to promote disease? Separate the old hen from the chicks at once, and get her to laying.

Don't think for one moment that, simply because the poultry have plenty of range, they need no grit furnished them. Try offering them a handful and see how quickly they devour it; then keep it before them constantly, at the rate of about a quart for every fifty fowls three times a week.

As all grass and other green feed soon will grow dry and short, try planting some small beds of lettuce, beets and radishes in the poultry yard, and when the plants come up and are beginning to grow well, remove the



Laying House for Small Flock.

brush and watch the fowls devour the tender greenness to their satisfaction and your profits.

The early chicks are the ones that will make the winter layers. Oh, yes, they'll bring in a little more money just now than the later chicks, but if you ever expect any improvement in your flock, and want to get eggs during the winter months, when they are the highest price, you'll have to take a long-range, future squint at the proposition, and act accordingly.

Don't, for goodness' sake, allow the poultry to form the habit of roosting out in the trees and the open places during the hot summer months. If you do, ten chances to one you'll let them roost right there till they are caught by a severe freeze. By keeping the poultry houses fresh and clean, and furnishing plenty of ventilation, all this trouble of roosting outside may be prevented.

DRY MASH FOR LAYING HENS

Ground Grains May Be Mixed in About Equal Proportions by Weight—Feed in a Hopper.

Cornmeal, wheat bran, wheat middlings and finely ground oats are suitable ingredients for a dry mash for laying hens. Any one of these ingredients may be omitted without seriously affecting either the health or the egg yield, though it is an excellent plan to retain the wheat bran on account of its laxative qualities. These ground grains may be mixed in about equal proportions by weight. Add also, unless fed separately, finely ground alfalfa or clover, a level teaspoonful of salt to each dry quart of mash, and for the best egg yield 20 to 25 per cent of beef scraps and bone meal in the proportion of 5 per cent. Feed your mash in a hopper that does not waste it. If you do not have such, use a shallow box, 15 to 18 inches square and no more than 6 inches high. Cover the mash with one-half inch mesh wire, and just a little smaller than the box.

IMPROVEMENT OF THE FLOCK

Fowls for Show Purposes Require Closer Inbreeding Than Those Intended for General Use.

After carefully looking over your male birds if you do not notice any predominant points which will tend toward the improvement of your flock it would pay you to purchase some good male birds of the same breed with the points desired. If your flock has been too closely inbred it is also advisable to buy males from another flock. Birds for show purposes, as the first consideration, require closer inbreeding than those for utility purposes. This is necessary to gain any noteworthy headway, and it is carried on by most of the successful poultry fanciers of today. There is a limit to such line of breeding, and for best results it requires study and careful selection of the matings.

Vigorous Breeding Stock.

Much depends upon strong, vigorous stock. See that your breeding fowls are vigorous know their ancestors are good producers.

MOTHER COMES TO DAUGHTER'S RESCUE

When, Daughter Thought, Eve Avenue of Escape Closed, Mother Came to Rescue.

Louisville, Ala.—In referring to her recent troubles, Mrs. Bessie E. Bru of this town, says: "After childbirth I suffered greatly with wasting, various womanly troubles, and was bed for six weeks. Half the time could not move, only when I was turned over by some one. Oh! how I suffered, no one knows."

I was told that I would have to undergo an operation, but at the time of the operation, I was too weak to undergo it, and I decided there was chance for me.

As a last resort, my mother advised me to try Cardui, the woman's tonic and my husband bought me a bottle. I could tell from the first that it was doing me good, and by the time I had taken the first bottle, I could stand on my feet. I got another bottle, and before I had taken it up, I was just about well. The pains all stopped and in a short while I was able to do my work.

I know that Cardui saved my life and I would not be without it in my house. I almost waited too long, and I advise all suffering women not to wait, but to begin taking Cardui once."

Your druggist sells Cardui. Get the bottle today.

N. B.—Write for Ladies' Advisory Dept., Special Medicine Co., Chattanooga, Tenn. Special Instructions, and 64-page book, "Home Remedies for Women," sent in plain wrapper, request. Adv.

Didn't Seem to Do Any Good. Tommy was playing in the garden when he happened to notice that the door's blinds were drawn down.

"Only to keep the sun out," said she. Two days later his mother informed him that their neighbor had got a son. After thinking deeply for a few minutes, Tommy said:

"Seems to me, mother, it was much good keeping the blinds down."

Surprised.

"I'm a great eater of fish."
"You are! I thought fish was bad food."

IMMIGRATION INSPECTOR

Port of San Francisco Praises Peruna for personal benefit received.



San Francisco, January 6, 1911. Mr. A. de la Torre, Jr., formerly S. Inspector of Immigration, Port of San Francisco, writes from No. 1111 Powell St., San Francisco, Cal.: "I take great pleasure in recommending your great national catarrh cure, Peruna, as the best I ever used. I sincerely express my thanks to you for the health which I now enjoy. It has done me and a number of friends good, and I can assure you that I shall take every opportunity to speak in favor of what I consider to be the best remedy for catarrh in existence."

Constipation Vanishes Forever

Prompt Relief—Permanent Cure. CARTER'S LITTLE LIVER PILLS never fail. Purely vegetable—act surely but gently on the liver. Stop after dinner distress—cure indigestion, improve the complexion, brighten the eyes. SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature.



Prentiss Wood

MOTHERS JOY
MAKES
MOTHERS JOYFUL
FOR PRICE'S
GROUP AND PERSONAL ADVICE
PRICE, 10 CENTS PER BOX. 50 CENTS PER DOZEN. MONEY REFUND FOR 50 CENTS PER BOX. GOOSE GREASE CO. GREENSBORO, N.C.

Goose Grease Liniment cures all aches and pains

U-MOR SALVE

gives immediate relief for all kinds of PILES, HAIR, SORES and any form of SKIN DISEASE. Beware—There are many cheap imitations. For FREE SAMPLES, Dept. D-1.

THE COURTNEY DRUG COMPANY
Baltimore, Md.

PARKER'S HAIR BALM
A toilet preparation of merit. Helps to eradicate dandruff. For Restoring Color and Beauty to Gray or Faded Hair. 50c and \$1.00 at Druggists.

ATTENTION FARMERS Will sell Farm or City patents. Write for details. HAY, STRAW, FEED, SEEDS. CONTINENTAL CO., Box 41, Richmond.