### It's Foolish to Suffer

You may be brave enough to stand backache, or headache, or dizziness. But if, in addition, ur-ination is disordered, look out! If you don't try to fix your sick kidneys, you may fall into the clutches of kidney trouble before you know it. But if you live more carefully and help your kidneys with Doan's Kidney Pills, you can stop the pains you have and avoid future danger as well.

### A North Carolina Case



C. H. Rogers, 299
Lindsey St., Reidsville, N. C., says:
"Kidney trouble clung
to me for many years
and I had bad backaches. The kidney secretions passed ir-regularly at times. Fives boxes of Doan's Kidney Pills completely cured me. I have a lso given Doan's Kidney Pills to my children for kidney weakness and they too have been bene-fited." children for

Get Doan's at Any Store, 50c a Bez DOAN'S RIDNEY FOSTER-MILBURN CO., BUFFALO, N. Y.

Intimidated.

Aunt-Why didn't you scream when he kissed you?

Niece-He threatened me, Aunt-Threatened you? Niece-Yes; he said if I did he'd

never kiss me again.

Wright's Indian Vegetable Pills have stood the test of time. Test them yourself now. Send for sample to 372 Pearl street, N. Y.—Adv.

A Cautious Girl.

"There's a mouse in the corner." "Poke him out, Vanessa. Here's foot rule."

"Not for me. I want a yardstick when I poke at a mouse."

A codfish weighing 97 pounds was caught off Popham, Me., and when placed on exhibition at Bath was pronounced the father of all cod.

#### CONSUMPTION

Did you know that hundreds of sufferers with consumption, asthms and their kindred troubles are getting relief by using Lung-Vita? Are YOU using it? If not, you are depriving YOURSELF of an aid that will multiply your chances for health. Lung-Vita is not an experiment, it has proven its worth.

#### BRONCHIAL ASTHMA

Mrs. Minnie Baker, 1317 Grundy St., Nashville, Tenn. says: "I can truthfully say Lung-Vita cured me of my asthma after twenty years of suffering." Don't neglect this help, geta bottle TODAT. Your druggist, or If he hasn't it by mail, prepaid. Fifteen-day treatment \$1.00; thirty-day treatment \$1.70. NAShVILLH MEDICINE CO., Dept. B, Nashville, Tenn.

#### TAKE LUNG-VITA

PREVENTION better than cure. Tutt's Pills if taken in time are not only a remedy for, but will prevent SICK HEADACHE,

## billiousness, constipation and kindred diseases.

#### Q-BAN DARKENS GRAY HAIR

Gray, streaked, prematurely gray or faded hair quickly restored to original dark shade by shampooing hair and scalp a few times with Q-Ban Hair Color Restorer. No dye-perfectly harmless. Q-Ban acts on roots-revives color glands-makes hair healthy, gradually changing all your gray hair to an even natural dark shade, making entire head of hair clean, fluffy, abundant without a trace of gray showing. 50c a big bottle by parcel post. (Sold by most druggists.) Address Q-Ban, Memphis, Tenn. Adv.

His Regimen.

"Regimens! Regimens!" said Prof. Hilary McMasters before the Harvard Medical school.

"There are too many nonsensical regimens, young gentlemen. I prefer the regimen of Mark Twain to all such rubbish.

"Mark had a very strict regimen, you know. He never smoked but one cigar at a time, and never smoked while sleeping.

"He never ate meat except with his meals, and he never drank except at meals and between meals.

"His father took a drug store for a bad debt in Mark's boyhood, and among the stores were nine barrels of cod liver oil. These lasted Mark seven years, The rest of the family had to get along with the lpecae and nux vomica. Mark being the pet. He was, in fact, the first oil trust. He got it

To Drive Out Malaria

And Build Up The System Take the Old Standard GROVE S TASTELESS chill TONIC. You know what you are taking, as the formula is printed on every label showing it is Quinine and Iron in a tasteless form Quinine drives out malaria, the Iron builds up the system. 50 cents.

Farm Lands Increase in Value.

The value of farm lands of the United States is estimated at \$45.55 per acre, as compared with \$40.85 a year ago, \$40.31 two years ago, \$38.10 three years ago and \$36.23 four years ago. The census reported the value of farm lands in 1910 as \$32.40, and in 1900 as \$15.57 per acre.

In recent years the value of farm lands has been increasing at the rate of about 5 per cent a year, or approximately \$2 per acre per year. The exceptional increase of the past year may be explained partly by the reaction in the southern cotton states following a temporary depression last year, and partly by the stimulus given by the war to prices, particularly of

One of Life's Mysteries. "Singular thing, isn't it?"

"What?"

"That people who are different from us seem to be satisfied with themselves,"-Boston Evening Transcript.

Cherishing a Sentiment.

"Do you ever bet on a horse race?" "No. I'm fond of horses and I don't ROUGH en RAIS Dis outdoors. Be and 280 like the ill feeling that betting on



New Sports Suits for Autumn.

Before the summer sports or pas-|times the skirt is white and the coat time suits have vanished from our of the plaid with white collar and midst their successor has entered and cuffs. Or a white skirt is banded with made its bow. It is destined to bloom | plaid, and a white coat has plaid cuffs with the goldenrod and asters and it and collar, belt and pockets. is naturally of heavier materials than

plain materials or of plaids and plain made plain. fabrics made up together, and they matron's appearance in a way to make longer. One may wear a suit of this her rise up and call them blessed, kind with assurance. It is good to good money for them.

ored plaids are triumphing. Some- commonplace about it.

When the story is not told in plaids the suits for summer weather. Serge, it veers to colored velveteens or corvelveteen, and corduroy contribute to duroys. In the picture a white serge its durability and to its style as well. skirt is worn with a taupe gray coat It is likely that these new sports of velveteen with girdle of soft satin. sults for autumn will be innocent of Buttons and tassels make the quiet stripes. Those shown so far are of finish. The blouse is of crepe de chine

It will be noticed that the skirt exare undeniably smart. Young or old, tends only a little below the shoe women wear about the same styles in tops and it is not likely that the sports them, and they subtract years from the skirt will lose character by growing besides cheerfully parting with her look at and full of its own style. Although the color combination is as Among the most enticing suits, those quiet as possible the fabrics and the made of white serge combined with cut of the garment give the suit plenty the same materials in bandsome color "snap." There is nothing tame or



Elegant Hats for Those in Mourning.

Two very elegant hats, made for | venient size to be worn with a veil. those in mourning, are shown. They will satisfy the most discriminating taste, for they fulfill all the requirements for correct millinery of this par- dered with bands of narrow grosgrain ticular kind. They are made in conservative and becoming shapes, of of first mourning is passed. There is English crape or of a specially woven much latitude in the choice of styles silk and crape, and the workmanship and the wearing of mourning in this in them is above reproach. An all-crape hat is shown at the

for the first period of mourning. The shape is a drooping brimmed sailor of

smoothly with crape. The facing is ing. of the same exquisite material. Crape is of a texture that lends itself to the making of flower forms, and the trimming of this hat is made of crape. There are four large roses, each made of three sizes of crape petals set about a cabochon of crape at the center of the flower. The hat is lined with a

The second hat is of silk with a . Int and terminates in a large sichon at the right side.

It must not break certain rules. No left, and all the world over its import extremes of styles are in keeping with is understood. It is the material used the reserve that marks mourning apparel, Fabrics must be good and workmanship of the best. Crape remains moderate size, and it is covered the unquestioned indication of mourn-

Vells of silk net, bordered with crape,

take the place of all-crape vells in

new millinery. Or mesh veils bor-

ribbon may be used after the period

country. But those who elect to wear

#### Net Wraps Five Layers Deep. Before the beautiful brocaded cloaks,

which are already in New York ready for the opera season, are allowed to see the light there is being shown and worn joyously a new sort of evening coat, called the outdoor dinner cape. These are made of five layers of slik net colving made of folds of the silk and ored often like a flame opal. They fur-13 pc. It extends across the front of nish just enough protection against the night air and do not "limp" with the damp, for there is no dressing in the Wher of these hats is of a con- net.

the World The value is guaranteed and d against high prices for inferior shoes. The the wearer protected against high prices for inferior shoes. The retail prices are the same everywhere. They cost no more in San Francisco than they do in New York. They are always worth the The quality of W.

The quality of W. L. Douglas product is guaranteed by more than 40 years experience in making fine shoes. The smart styles are the leaders in the Fashion Centres of America. They are made in a well-equipped factory at Brockton, Mass., by the highest paid, skilled shoemakers, under the direction and supervision of experienced men, all working with an honest determination to make the best shoes for the price that money

Ask your shoe dealer for W. L. Douglas shoes. If he cannot supply you with the kind you want, take no other make. Write for interesting booklet explaining how to get shoes of the highest standard of quality for the price, by return mail, postage free.

LOOK FOR W. L. Douglas W. L. Douglas Shoe Co., Brockton, Mass. name and the retail price stamped on the bottom.

Respite.

"Poor Mr. Grimes next door is laid up with rheumatism."

"That so? I thought it was funny I hadn't heard that darned old player If so, write us today for our new plane of his for the last three or four

ELIXIR BABEK A GOOD TONIC
And Drives Malaria Out of the System.
"Your 'Babek' acts like magic; I have given
it to numerous people in my parish who were
suffering with chills, maiaria and fever. I recommend it to those who are sufferers and in
need of a good tonic."—Rev. S. Szymanowski,
St. Stephen's Church, Perth Amboy, N. J.
Elixir Babek, 50 cents, all druggists or by
Parcels Post, prepaid, from Kloczewski & Co.
Washington, D. O.

King George's Collection.

King George of England is making a collection which may some day prove very valuable. It is a complete set of the trench periodicals that are being issued for private circulation by the men at the various fronts. Many of them are extremely curious.

Dr. Peery's "DEAD SHOT" is an effective medicine for Worms or Tapeworm in adults or children. One dose is sufficient and no supplemental purge necessary .- Adv.

Promoters of Vigilance. "Aren't you afraid your course will

make you some enemies?" "I'll have to take a chance," replied Senator Sorghum. "Sometimes it's better to have a few enemies so as to keep you from getting too good-natured and careless."

## Do You Want To Sell Your Land?

Beautifully Illustrated Pictorial We sub-divide and sell at auction City, Suburban and Farm Property.

Farm Sales Our Specialty Write for Booklet "A" Today Atlantic Coast Realty Company

Offices: GREENVILLE, N.C., and PETERSBURG, VA. Bank References: National Bank of Petersburg, Va. Greenville Banking & Trust Co., - Greenville, N.C. Wachovia Bank & Trust Co., Winston-Salem, N.C. WANTED Men to learn barber trade few weeks required Steady position for com Wonderful demand for bar-

bers. Wages while learning; free c#talog; write RICHMOND BARBER COLLEGE. Richmond. Va.

If Only. President Wilson said one day, during his Princeton presidency, to an athlete who had flunked:

"My boy, it's too bad you do so wretchedly in the lecture room and so well on the gridiron! Ah, my boy, my boy, if people only hopped up and cheered us when we quote Greek the same as they do yhen we score touchdowns, eh!"

Sties, Granulated Eyelids, Sore and Inflamed Eyes healed promptly by the use of ROMAN EYE BALSAM.—Adv.

Butter and cowardly soldiers develop like reactions if exposed to fire.



TO hold "its place in the sun," is the avowed purpose of a great nation's conflict. To hold "its place in the sun," is the object of every business in the great fight for industrial and commercial supremacy.

To be able to hold "its place in the sun," is the supreme test of an asphalt roof. It is the sun, not rain or snow, that plays havoc with a roof. If it can resist the drying out process of the sun beating down upon it, day after day, the rain or snow will not affect it except to wash it clean and keep it sanitary.

# Certain-teed

## Roofing

takes "its place in the sun" and holds it longer than other similar roofing, because it is made of the very best quality roofing felt, thoroughly saturated with the correct blend of soft asphalts, and coated with a blend of harder asphalts. This outer coating keeps the inner saturation soft, and prevents the drying out process so destructive to the ordinary roof.

The blend of asphalts used by "The General" is the result of long experience. It produces a roofing more pliable than those which have less saturation, and which are, therefore, harder and drier.

At each of the General's big mills, expert chemists are constantly employed to refine, test and blend the asphalts used; also to experiment for possible improvements. Their constant endeavor is to make the best roofing still better.

The quality of CERTAIN-TEED is such that it is guaranteed for 5, 10 or 15 years, according to thickness (1, 2 or 3 ply). Experience proves that it lasts longer. Behind this guarantee is the responsibility of the world's largest manufacturer of roofings and building papers.

CERTAIN-TEED is sold by responsible dealers all over the world at reasonable prices. Investigate it before you decide on any type of root. General Roofing Manufacturing Company

World's Largest Manufacturer of Roofings and Building Papers New York City Chicago Philadelphia St. Louis Boston Claveland Pittsburgh Detroit San Francisco Los Angeles Milwaukeso Cincinnati New Orleans Minnapolis Seattle Kannas City Indianapolis Atlanta Richmond Des Moines Houston Duluth London Sydney Copyrighted 1916, General Roofing Manufacturing Co.



The General makes

one third of Ameri-

ca's supply of as-phaltrollroofing. His

facilities are unequaled, and he is able to

produce the highest quality roofing at the lowest manufactur-

CERTAIN-TEED is made in rolls; also

in slate covered shin-

gles. There is a type of

CERTAIN-TEED

for every kind of

building, with flat or pitched roofs, from

the largest sky-scrap-

er to the smallest

residence or out-

ing cost.

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-great business activity is here. Will you get on the crest of the wave tha carries you swiftly to success? This school gives you the necessary training This is a year filled with opportunity for you. FOR HANDSOME CATALOGUE Address KING'S BUSINESS COLLEGE, RALEIGH, N. C., or CHARLOTTE, N. C

## W. N. U., CHARLOTTE, NO. 38-1916. them is sure to create." A Woman's Problem

## How to Feel Well During Middle Life Told by Three Women Who Learned from Experience.

The Change of Life is a most critical period of a woman's existence, and neglect of health at this time invites disease and pain. Women everywhere should remember that there is no other remedy known to medicine that will so successfully carry women through this trying period as Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs. Read these letters:—



Philadelphia, Pa.—"I started the Change of Life five years ago. I always had a headache and backache with bearing down pains and I would have heat flashes very bad at times with dizzy spells and nervous feelings. After taking Lydia E. Pinkham's Vegetable Compound I feel like a new person and am in better health and no more troubled with the aches and pains I had before I took your wonderful remedy. I recommend it to my friends for I cannot praise it enough."—Mrs. Margaret Grass-Man, 759 N. Ringgold St., Philadelphia, Pa.

Beverly, Mass .- "I took Lydia E. Pinkham's Vegetable Compound, for nervousness and dyspepsia, when I was going through the Change of Life. I found it very helpful and I have always spoken of it to other women who suffer as I did and

have had them try it and they also have received good results from it."—Mrs. George A. Dunbar, 17 Roundy St., Beverly, Mass.

Erie, Pa. —"I was in poor health when the Change of Life started with me and I took Lydia E. Pinkham's Vegetable Compound, or I think I should not have got over it as easy as I did. Even now if I do not feel good I take the Compound and it restores me in a short time. I will praise your remedies to every woman for it may help them as it has me."—Mrs. E. Kissling, 931 East 24th St., Erie, Pa.

No other medicine has been so successful in relieving woman's suffering as has Lydia E. Pinkham's Vegetable Compound. Women may receive free and helpful advice by writing the Lydia E. Pinkham Medicine Co., Lynn, Mass. Such letters are received and answered by women only and held in strict confidence.