imported German Scientific discov A new imported German Scientific discovery. A food tonic comprising pure beer yeast and other valuable ingredients compounded in powder form. No more yeast cakes. No more tablets. Tasteless and odorless, A pure, wholesome food for building up your vitality and preventing disease, Add NOVAFAEX to your regular diet and obtain a strong, healthy, vigorous body. Compiles with the requirements of the U.S. Pure Food and Drug Laws. A proven success in cases of lowered vitality, indigestion, constipation, mainutrition and various skin affections, Enclose One Dollar bill for large 4-oz, package. Satisfaction guaranteed or money refunded.

THE NOVAFAEX COMPANY

THE NOVAFAEX COMPANY IMPORTERS



A safe, dependable and effective remedy for Coughs, Colds, Distemper, Influenza, Heaves and Worms among horses and mules. Absolutely harmless, and as safe for colts as it is for stallions, mares or geldings. Give "Spohn's" occasionally as a preventive. Sold at all drug stores.

SPOHN MEDICAL CO. GOSHEN IND. U.S.A.

Vaseline PETROLEUM JELLY

No skin break too small for notice.

Be very wary of cuts, scratches and skin abrasions, no matter how slight. "Vaseline" Carbolated Petroleum Jelly-applied at once-lessens the possibility of infection.

It comes in bottlesat all druggists and general stores.

CHESEBROUGH MFG. COMPANY State St. New York

Every "Vaseline" product is recom-mended everywhere because of its abso-lute purity and effectiveness.

WATCH THE BIG 4

Stomach-Kidneys-Heart-Liver Keep the vital organs healthy by

regularly taking the world's standardremedy for kidney, liver, bladder and uric acid troubles-



The National Remedy of Holland for centuries. At all druggists in three sizes. Guaranteed as represented.

Look for the name Gold Medal on every box and accept no imitation



HAIR BALSAM Restores Color and
Beauty to Gray and Faded Hair
60c, and \$1.00 at Drungists.
Buscox Chem. Wks. Patchogue, N. Y.

PARKER'S

HINDERCORNS Removes Corns, louses, etc., stops all pain, ensures comfort to the feet, makes walking easy. 15c. by mail or at Drug-gista. Hiscox Chemical Works, Patchogue, N. Y.

Received by School Teachers. "Please excuse Mary for being jumpy. She's just got better of St.

"Please excuse Willie for going home at recess. He got a pain in the boy's basement and couldn't get up the stairs."-Boston Transcript.

"COLD IN THE HEAD"

is an acute attack of Nasal Catarrh.
Those subject to frequent "colds" are
generally in a "run down" condition.
HALL'S CATARRH MEDICINE is a Treatment consisting of an Ointment, to be used locally, and a Tonic, which acts Quickly through the Blood on the Mucous Surfaces, building up the System, and making you less liable to "colds." Sold by druggists for over 40 Years.

F. J. Chency & Co., Toledo, O.

Population and Square Miles. There would be about nine people to the square mile if the entire population of the world were distributed equally over the earth's total surface area of about 197,000,000 square miles.

To Have a Clear, Sweet Skin Touch pimples, redness, roughness er itching, if any, with Cuticura Ointment, then bathe with Cuticura Soap and hot water. Rinse, dry gently and dust on a little Cuticura Talcum to leave a fascinating fragrance on skin. Everywhere 25c each.—Advertisement.

Getting Back.

"That musician said that the tune haunted him." "Why shouldn't it? He murdered it."-Jack-o-Lantern.

Possible Reason.

"Why does the boss get down so early in the morning?" "I think he enjoys seeing us come in late."

CASTORIA For Infants and Children

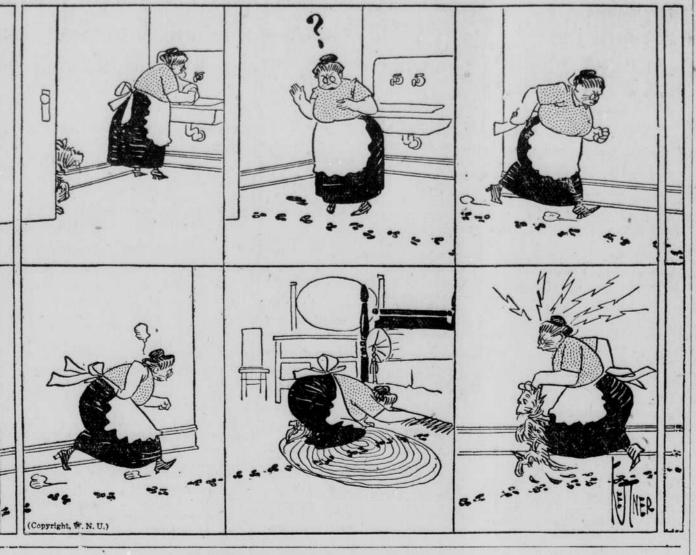
In Use For Over 30 Years Signature of hat St. Thickers

WRITE FOR OUR LOWEST PRICES on genuine Catawba County grown cowpeas, soy beans, peanuts, etc., best in South. CATAWBA SEED STORE, HICKORY, N. C.

OUR COMIC SECTION

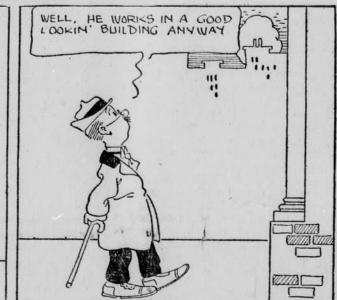
Our Pet Peeve





Guilty Conscience We Guess









Harold Used It Too Strong

SAY, FOLKS, HAVE YOU NOTICED ANYTHING IN TH' PAPERS TH' LAST COUPLA MONTHS BOUY THIS HERE DOC COUE ? YOU KNOW. TH' FRENCHMAN WHO SEL YAKIN CURE A CASE OF NERVES BY SAYIN' EVRY MORNING





"EVERY DAY I'M GETTIN' BETTER 'N BETTER!"

RIDGE OWNS TH' FUNNIEST SET OF BOW LEGS

WELL, HAROLD GOOCH DOWN ON YURKEY



HE DECIDED TO TRY OUT TH' DOC'S IDEA ON HIS WARPED UNDER PINNING 'N KEPY SAYIN' "THEYRE GITTIN' BETTER'N BETTER" 'N IT SURE WORKED WONDERFUL!



Serve Raisin Food-Raisin Week-April 23 to 29



Have You Tried Them

from your modern bakers' ovens?

These big, brown loaves of "old-fashioned" full-fruited raisin bread?

Note the raisin flavor that permeates these loaves.

Count the big, plump, tender, juicy raisins in each slice. It's real raisin bread—the kind you're looking for.

Ready-baked to save baking at home. Delicious and convenient - and economical in cost.

We've arranged with bakers in almost every town and city to bake this full-fruited raisin bread.

Order from your grocer or a neighborhood bake shop.

Say you want the bread that's made with Sun-Maid

Good raisin bread is a rare combination of the benefits of nutritious cereal and fruit—both good and good for you, so serve it at least twice a week.

Use more raisins in your cakes, puddings, etc.

You may be offered other brands that you know less well than Sun-Maids, but the kind ou want is the kind you know is good. Insist, therefore, on Sun-Maid brand. They cost no more than ordinary raisins.

Mail coupon for free book of tested Sun-Maid recipes.

SUN-MAID RAISINS The Supreme Bread Raisin

Sun-Maid Raisins are grown and packed in California by Sun-Maid Raisin Growers, a co-operative organization comprising 14,000 grower members.



Bine Package

Sun-Maid Raisin Growers, Fresno, California Please send me copy of your free book, 'Recipes with Raisins.'

CUT THIS OUT AND SEND IT

CITY.....STATE.....

STONECYPHER'S IRISH Every year you plant Irish Potatoes. Every year you have Potato Bugs. Every year you should use

STONECYPHER'S Irish Potato Bug Killer

Guaranteed to destroy the bug without damage to the plant. Also destroys all leaf eating insects on cabbage, cucumber, cantaloupe, squash and tomato vines. Apply lightly. Cost low. Applicaton easy.

For Sale by Drug, Seed and General Stores STONECYPHER DRUG & CHEMICAL CO.

Some Girl! Some Girl!! Exchange-The bride is a woman of wonderful fascination and a rethe odor of flowers, and spirit as mind as brilliant as those glittering known. tresses that adorn the brow of winter and with heart as pure as the dewdrops trembling in a coronet of viowhere the heaven-tuned harp of marriage shall send forth those strains of lar." felicity that thrill the senses with the rhythmic pulsing of ecstatic rapture.

-Boston Transcript. We Believe Him.

A university professor declares that the money spent for cosmetics and perfumes last year was 50 per cent more than the endowments of all universities and colleges. And judging from the number of times the dear things have to make up their faces every day we believe him.

Odd Cause for Rejoicing. Nothing tickles us as much as hav-

ing Opportunity knock at a woman's door when she's away somewhere playing bridge.—Buffalo Evening Times

Taught England to Smoke. The first man to make cigarettes for the benefit of these islands was Mr. markable attractiveness, for with Nicholas Coundouris, a Greek who bemanner as enchanting as the wand came an American citizen. It was in of a siren and disposition as sweet as | 1858 that he brought ten bales of Turkish tobacco to England and started to joyous as the caroling of birds and make cigarettes, which were then un-

"At first," Mr. Coundouris told me, "only a few people adopted the new habit; they included the then Prince lets, she will make the home of her of Wales and Lady Mordaunt. It took husband a paradise of enchantment, much patience and perseverance before cigarette smoking became popu-

Mr. Coundouris, who is one of the most picturesque figures in London, is eighty-seven, and is able to speak 20 languages.-London Tit-Bits.

Individual Dictionary.

Leonidas W. Van Quentin is going to write a letter of protest to the maker of his dictionary. "The dictionary is always careful to define 'cat,' 'dog,' 'house' and the other words everybody knows. But when I come to look up a new word I rarely find it. Why doesn't somebody get out a dictionary with the words I want to know and leave out the words that not even a child in the first grade would have to look up?"-Kansas City Star.

What to Eat and Why Making a Big Word an Easy Part of Your Diet

grain starches are partially predigested. They are changed to "dextrins" and "maltose"—forms foods.

Car-bo-hy-drates make up about 60 per cent of the average diet. It is a food for strength and energy. They are largely secured from the grain and vegetable starches.

In the long, slow baking by which Grape-Nuts is produced from wheat and malted barley, the formula which first brought this charm for taste and aid to health to the world's dining table. Grape-Nuts contains the iron, phosphorus and the essential vitamin so of

of Carbohydrates so easy to digest that they form the basis of the most successful baby foods.

Many people have digestive trouble caused by the food-starch in its original form, but Grape-Nuts has been famous for a quarter-century for its exceptional ease of digestion, and assimilation, and