

# Home-Club News

By Mrs. MARY F. DARDEN, Home Agent

Monday, July 30, Beech Grove, Tuesday, July 31, Cross Road, Mrs. Mary Tarkenton, 3:00, Thursday, August 2, Piney Grove, Mrs. Asia Barber, 3:00.

**4-H Club Week**  
The assistant farm agent and home agent are in Raleigh as the delegates from this county. Five girls and two boys are participating in the various events of the week. The meeting closes Saturday morning.

The foods leaders again gave the demonstrations and were hostess to their clubs this past week. Mrs. Frank Williams for County Bridge club, Mrs. Joe Davenport for Plea-

son Grove club, Mrs. B. F. Skiles for Swain club, and Mrs. Fred Smith for Creswell club. Congratulations to each leader. Not a leader out of 17 clubs failed to be hostess and give the demonstration. The recreation leaders had charge of the recreational part of the program.

Alba club reported as follows: food frozen 25 lbs. and 10 pints; canned 88 1/2 pints; made 9 garments and 1 crocheted rug; 2 rooms painted and combination freezer and refrigerator bought.

The Creswell Home Demonstration Club met with Mrs. Fred Smith on July 19. A very good report was given as follows: Painted 2 porch floors, 3 rooms and porch furniture; Canned 100 pints, froze 75 pints, made 14 dresses, altered 5 dresses, 1 new kitchen rug, 2 rockers, 1 window fan, 2 porch boxes and 1 flower garden planted. Mrs. Smith, the club's nutrition leader, gave the demonstration on "Fruits to Top the Meals." After the demonstration the hostess then served baked pear halves on cake. The meeting was then adjourned until its September meeting.

## Takes Knowledge Buy Food Wisely

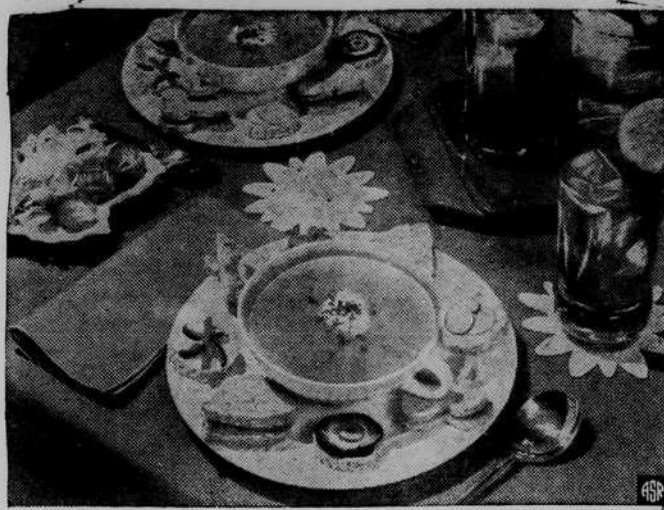
"How does the consumer decide on what is a good buy?" asks George Abshier, extension consumer marketing specialist at State College. He says that wise food buying requires a high degree of skill and a broad knowledge of many products.

In its simplest economic terms, according to Abshier, a good buy is determined by the amount of satisfaction received per unit of cost, compared to other choices. Cost and satisfaction must be weighed carefully, along with other factors, such as convenience, facilities, and family tastes.

Cost involves more than money. Proper judgment of the real cost, says Abshier, involves calculation of cost per pound, and the ultimate cost per serving of the final edible product.

The cost per serving may vary greatly according to the form of the product whether fresh, frozen,

## Cool Off With Cold Soups



The very best way to start a summer meal is a delicious chilled soup with rich, subtle flavor. In fact, a good cold soup with small sandwiches, crisp salad relishes and iced tea makes a refreshing luncheon menu.

Wonderful cold soups can be made from canned condensed soup combined with evaporated milk. Try the cream soups such as chicken mushroom and celery, and other varieties like tomato, vegetable and black bean. The evaporated milk blends in beautifully, and contributes smooth, creamy texture and rich, deep flavor. These soups take just seconds to blend and about an hour to chill.

**Chilled Cream of Tomato Soup**  
1 tall can (1 1/2 cup) evaporated milk  
1 can condensed tomato soup  
1 tablespoon lime or lemon juice  
Chopped chives

Blend evaporated milk into soup with fork or rotary beater. Add lemon juice. Chill well. Garnish with whipped lemon topping and chopped chives.

YIELD: 3 to 4 servings.

**Whipped Lemon Topping:** Chill 1/2 cup evaporated milk in freezer tray of refrigerator until ice crystals form around edges. Turn into chilled bowl and whip with rotary beater or high speed of electric mixer until milk is stiff. Add 2 teaspoons lemon juice and whip until very stiff.

YIELD: 1 cup.



**Preparing Green Vegetables**—To prepare fresh green vegetables for cooking, discard any bruised, wilted, or yellowed outer leaves, and cut off tough or dried stem ends. If you are preparing kale, strip leaves off the woody midribs.

Wash vegetables thoroughly, using plenty of water for leafy greens. Lift vegetables out of the water instead of pouring the water off the vegetable. That way, grit, which settles to the bottom of the pan, isn't poured back over the vegetables.

Soak brussels sprouts and broccoli 30 minutes to an hour in cold salt water to remove any insects in the tight leaves of flower buds. Quick Cooking for Best Quality — Cook green vegetables quickly for best quality.

Use a cover on the pan to speed cooking, and cook until vegetable is just tender and still slightly crisp. Long cooking makes the vegetables limp, and changes color and flavor.

**Window Washing** — Wash windows with warm soapy water containing a few drops of kerosene

or canned, and the manner of packaging.

According to Abshier, convenience of preparation, serving and storing should be considered. Prepared foods provide greater convenience at greater cost. The extra cost of this "built-in maid service" may offset the time and energy saved, especially for homemakers working outside the home.

The satisfaction a food provides the consumer is the major test in determining a good buy. The taste, attractiveness, and general quality affect the satisfaction.

Wise buying is a big job, says Abshier, and determining the good buys is a matter of weighing all the factors. The results will vary, but the final test is whether the maximum amount of family satisfaction is obtained from the expenditure for food.

**Smaller Potato Crop in Acreage, Acreage Yield**  
Raleigh. — Based upon reports from growers as of July 1, a potato crop of 4,578,000 bushels is forecast for 1956, according to the North Carolina Crop Reporting Service. The current production estimate is about 20 per cent below 1955.

July 1 prospects point to a yield per acre of 127 bushels, compared with 155 last year.

Acreage for harvest is estimated to be 36,000 acres, compared with 37,000 last year; thus, the decreased production is attributed to both reduced yields and a reduction in acreage.

## Plymouth Theatre

The World's Cheapest and Best Entertainment — The Movies! See One Today!

Thurs.-Fri. July 26-27

JOHN AGAR  
MAMIE VAN DOREN  
"STAR IN THE DUST"  
(Color by Technicolor)

Sat. July 28

Continuous Shows From 1 P. M.  
ROBERT TAYLOR  
BRIAN DONLEVY  
"BILLY, THE KID"  
(Technicolor Western)

Sun.-Mon. July 29-30

The Hit You've Been Waiting For!  
GEORGE Gobel  
MITZI GAYNOR  
"The Birds and the Bees"  
(Color by Technicolor)

Tues.-Wed. July 31- Aug. 1

Entire Cast — New Faces  
Including Jody Lawrence  
"THE SCARLET HOUR"

# MANNING MOTOR COMPANY'S Full Moon Specials ON A-1 USED CARS

- 1955 Olds Super 88 Holiday Coupe, Radio, Heater, Whitewall Tires, Extra Clean car at Bargain Price
- 1955 Ford 8-Passenger Country Sedan
- 1954 Chevrolet 4-Door
- 1953 DeSoto Firedome V-8 4-Door
- 1953 Chevrolet 4-Door
- 1953 Ford Tudor
- 1952 Chevrolet 2-Door Special
- 1952 Chevrolet 2-Door Deluxe
- 1951 Ford, Fordomatic
- 1951 Ford Tudor
- 1951 Olds 88 4-Door
- 1951 Ford Crestline
- 1951 Studebaker 4-Door
- 1950 Mercury Fordor
- 1950 Ford Tudor
- 1950 Chevrolet 2-Door, Powerglide
- 1950 Chevrolet 4-Door Sedan

## TRUCKS

- 1954 Ford 1/2 Ton Pickup, Fordomatic
- 1951 Chevrolet 1/2 Ton Pickup
- 1950 Ford 1/2 Ton Pickup

**Manning Motor Co.**  
Your Authorized Ford and Mercury Dealer  
Franchise Dealer License No. 1461  
Phone 223-1 Plymouth, N. C.

**OLD J.T.S. BROWN**  
Kentucky Straight Bourbon Whiskey  
6 YEARS OLD  
\$3.85 4/5 QUART  
\$2.45 PINT  
J.T.S. BROWN'S SON CO. EARLY TIMES, KY.

and a little bluing for extra sparkle. A bottle-washing brush dipped in suds picks up dust from corners or window pane molding. Rinse with warm water and polish dry with a clean, lintless cloth. Dust venetian blinds weekly with a lamb's wool duster or vacuum attachment. Then tilt the slats down and wipe with a cloth or sponge wrung almost dry from warm soapsuds; repeat with slats turned up. When necessary, immerse blinds in a deep washtub or bathtub full of warm soapsuds. Scrub tapes on both sides with a well-lathered brush, and lift the opened blind up and down through suds and rinses. Drain, wipe, and let blinds hang free while drying to prevent tapes from shrinking. **Proven Bull Pays**  
The production from one good daughter will usually cover the difference in cost of a good, proven dairy bull, and a run-of-the-mill sire, say State College specialists.

A&P's Own Pure Vegetable Shortening  
**dexo** Equal To The Best Yet Costs You Less 1-Lb. Tin **31c** 3 Lb. Tin **83c**

"OUR FINEST" QUALITY" A&P Pineapple Juice 46 Oz. Can **23c** WHITE HOUSE DRY NON-FAT Milk Solids 1-Lb. Ctn. **29c**

# SEE YOUR Savings A&P

**GROW AND GROW!** WHEN YOU SHOP AT A&P

- Armour Treet Luncheon Meat 12-Oz. Can **35c**
- Armour's Star Beef Stew 16-Oz. Can **35c**
- Armour's Vienna Sausage 4-Oz. Can **17c**
- Armour's Corn Beef Hash 16-Oz. Can **29c**
- Armour's Star Roast Beef 12-Oz. Can **49c**
- Armour's Star Corned Beef 12-Oz. Can **47c**
- Armour's Potted Meat 2 3/4-Oz. Cans **17c**
- Armour's Chopped Ham 12-Oz. Can **47c**
- Strietmann Cookies Cocoanut Choc. Drops 1-Lb. Bag **47c**
- Sunshine Vanilla Wafers 12-Oz. Pkg. **31c**
- A&P Instant Coffee 2-Oz. Jar **49c** 6-Oz. Jar **\$1.29**
- Ann Page Mayonnaise Qt. Jar **49c**
- Ann Page Gelatins 3 Pkgs. **20c**

# LIGHT MEAT TUNA 25c

GREEN GIANT No. 303 16-Oz. Can **19c** WHITE HOUSE EVAPORATED MILK 6 Can Carton **77c**

- Bright Sail Bleach Qt. Bot. **13c** 1/2-Gal. Bot. **25c**
- 20 Mule Team Borax 1-Lb. Box **19c**
- Boraxo Hand Soap 8-Oz. Tin **19c**
- Clorox Bleach Qt. Bot. **17c** 1/2-Gal. Bot. **31c**
- Flit Sprayers Each **25c**
- Flit Fly Spray Pt. Bot. **39c** Qt. Bot. **59c**
- Flit Bug Spray Pt. Bot. **39c** Qt. Bot. **59c**
- Florient Room Deodorant Reg. Can **79c**
- Delsey Toilet Tissue 4 Rolls **49c**
- Pard Dog Food 2 1-Lb. Cans **27c**
- Ajax Cleanser 2 Reg. Cans **23c** Gt. Can **15c**
- Vel Liquid Detergent 12-Oz. Can **39c**

**Karo Syrup** Pt. Bot. **23c**  
**Wesson Oil** Pt. Bot. **35c** Qt. Bot. **67c**  
Shortening  
**Snowdrift** 1-Lb. Can **33c** 3 Lb. Can **87c**  
**Kleenex Tissues** Box of 400 **25c**  
**Peanut Butter**  
**Peter Pan** 12-Oz. Glass **39c** 18-Oz. Jar **55c**

# Peach Pies - 49c

HEINZ'S FOODS Baked Beans 2 1-Lb. Cans **37c** Spaghetti 15 1/2-Oz. Can **15c** Macaroni 15 1/2-Oz. Can **19c**  
JANE PARKER—BLUEBERRY OR  
"Super-Right" Meats!  
Armour's Star Smoked Short Shank Skinned 10-14-LB. AVG. — HALF OR WHOLE  
**HAMS** Per Lb. **49c**  
**SHANK PORTION** Per Lb. **39c** **CENTER SLICES** Per Lb. **95c**  
"SUPER-RIGHT" HEAVY WESTERN BEEF BLADE  
**Chuck Roasts** Per Lb. **33c**

"SUPER-RIGHT" ALL MEAT  
**Franks** 1-Lb. Pkg. **39c**  
"Super-Right" Sliced Boneless Cooked  
**Ham** 6-oz. Pkg. **53c**  
"OUR FINEST QUALITY" CONCENTRATE A&P  
**ORANGE JUICE** 6-Oz. Can **15c** 12-Oz. Can **29c**  
Frozen Downyflake Waffles 2 Pkgs. **29c** A&P Green Peas 2 10-Oz. Pkgs. **35c**

**All Detergent** Lg. Pkg. **35c**  
**Super Suds** Lg. Pkg. **32c** Gt. Pkg. **79c**  
**Vel Powder** Large Package **31c**

Store Address EAST WATER STREET PLYMOUTH N. C. **Super Markets**  
THE GREAT ATLANTIC & PACIFIC TEA COMPANY  
These Prices Effective Through Sat., July 28th

'Super-Right' Dressed and Drawn FRESH  
**Fryers** Per Lb. **35c**  
CUT UP OR WHOLE

**Sanitary Napkins**  
**Kotex** 2 Boxes of 12 **77c** Box of 48 **\$1.49**  
**Swan Soap** Large Bar **15c**  
**Swan Soap** Regular Bar **9c**  
**Fab Powder** Lg. Pkg. **31c** Gt. Pkg. **75c**  
**Ad Detergent** Lg. Pkg. **37c** Gt. Pkg. **73c**  
**Wrisley Soap** 8-Bar Bag **56c**  
**Dash Detergent** Lg. Pkg. **39c** Gt. Pkg. **\$2.29**

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Frozen Downyflake Waffles 2 Pkgs. **29c** A&P Green Peas 2 10-Oz. Pkgs. **35c**

**A&P'S FRESH FRUITS AND VEGETABLES**  
RIPE & JUICY CRISP FRESH SWEET MEATED  
**Watermelons** Per Lb. **3c** **Lettuce** Lg. Hds. **25c** **Honeydews** Lg. Size Each **53c**